



# Final Programme

## Sport Science in a Metropolitan Area

**22<sup>nd</sup> Annual Congress of the  
European College of Sport Science**

**ECSS MetropolisRuhr 2017**

Hosted by

Ruhr-University Bochum

TU Dortmund University

University of Duisburg-Essen



RUHR  
UNIVERSITÄT  
BOCHUM

RUB

UNIVERSITÄT  
DUISBURG  
ESSEN

tu technische universität  
dortmund



# Sport Science in a Metropolitan Area

22<sup>nd</sup> annual ECSS Congress  
5 - 8 July 2017, Essen-Germany

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# **Sport Science in a Metropolitan Area**

22<sup>nd</sup> Annual Congress of the European College of Sport Science  
ECSS MetropolisRuhr 2017 – Germany, 5 – 8 July

## **Final Programme**

**Hosted by**

Ruhr-University Bochum, TU Dortmund University, University of Duisburg-Essen

# Welcome to MetropolisRuhr

## Welcome to the 22nd Annual Congress of the European College of Sport Science

Welcome to MetropolisRuhr

On behalf of the European College of Sport Science and the University Alliance Ruhr (consisting of the three institutions: Ruhr-University Bochum, TU Dortmund University, University of Duisburg-Essen), we welcome you to Essen for the 22nd Annual Congress of the ECSS – ECSS MetropolisRuhr 2017.

Our conference topic "Sport Science in a Metropolitan Area" reflects the role of sport and physical activity in the Ruhr area, which is one of the largest multicultural urban agglomerations in the world and is heavily coined by industry. This environment results in tremendous sport scientific challenges, including the broad range from Inactivity to intense physical stress, the trend of increased Individuality in lifestyle and physical activity, as well as the Inclusion of minorities. Historically, some high-performance sports, such as football, have been an important factor to strengthen the people's Identification with our region. These topics will run as a red thread through the congress and will be taken up by the four plenary sessions.

ECSS MetropolisRuhr 2017 brings people together from all around the world and provides a platform for the exchange of views and new research ideas. As young investigators are the future key-players in sport science research, ECSS MetropolisRuhr 2017 will specifically attract and very warmly welcome highly motivated early stage researchers. We therefore provide instructional workshops and satellites in addition to several young investigator awards, and we are offering new attractive presentation formats like the ECSS Sport Science Slam, which takes place on Thursday, July 4, at Ruhr University Bochum, in Bochum.

Due to excellent submissions, we were able to build an outstanding scientific programme consisting of four plenary sessions and 37 invited and exchange symposia on current topical issues in the field of sport-scientific research. 1,750 abstracts have been submitted from 60 countries. 1,600 abstracts were selected for the final programme and were allocated to 112 oral, 41 mini-oral and 30 conventional poster sessions, or assigned to e-poster presentations. Out of these contributions, 61 oral and 25 mini-oral presentations were selected for the finals of the ECSS Young Investigators Award (YIA).

A congress is not only an opportunity for transfer of knowledge, but also a chance to grab the spirit of the hosting country and its people. In the area of MetropolisRuhr, there has been a huge transformation from an area of coal mining and steel production to a modern metropolis of the 21st century. Come and visit the famous "Grugapark" near to the Congress Center Essen (CCE) which is free of charge for congress participants. In this place, one can find a botanical garden with rare and beautiful plants, restaurants, bars, as well as a health facility and spa. It only takes you a mere five-minute-walk from the CCE and you are in the middle of the popular dining and nightlife area "Rüttenscheider Straße", where local pubs invite you to linger after a long and busy congress day. If you like to learn more about Germany, we will recommend you to visit the city of Cologne and other spots in the region of North-Rhine Westphalia. Just ask our volunteers who are pleased to assist you.

Enjoy the Congress, enjoy MetropolisRuhr!

Petra Platen, Alexander Ferrauti, Elke Grimminger-Seidensticker & Thomas Jaitner  
Congress Presidents and Chairs of the local scientific committee







The **University Alliance Ruhr** is an alliance between **Ruhr University Bochum**, **TU Dortmund University**, and the **University of Duisburg-Essen**, the three strongest universities in Germany's thriving Ruhr Area.

The Ruhr Area is not only Germany's largest academic hub, but also an epicentre of innovation that fosters close interaction between academia and the private sector.



The **Faculty of Sport Science at the Ruhr University Bochum** is one of the largest university sport science institutions in Germany. Approximately 1,200 sport students study different Bachelor or Master programs. All major humanities, social and natural sport science disciplines are presented by professors. Research includes topics like neuromuscular control, training,

testing and recovery management, exercise and altitude, sports nutrition, injury prevention and low back pain. The social sciences and humanities focus on different aspects of sports history, physical and cultural education, with many of these issues being covered by an interdisciplinary approach.

[www.sportwissenschaft.rub.de](http://www.sportwissenschaft.rub.de)



The **Department of Sport and Sport Science at the TU Dortmund University** is located at the eastern edge of the Metropolis Ruhr area. The members of the Department are engaged in research ranging from social sciences to natural sciences and technologies as well as in teaching physical education students at undergraduate and graduate level.

Common transdisciplinary research activities are concentrated in the Dortmund Centre of Physical Education and School Sport Research and aim at the establishment and the systematic development of research in physical education as a multidisciplinary designed and independent area of the science of sports.

[www.sport.tu-dortmund.de](http://www.sport.tu-dortmund.de)



The **Institute of Sport and Movement Sciences of the University of Duisburg-Essen** combines expertise in the three areas: social sciences, sports pedagogy & didactics and biomechanics & movement science. The institute offers Bachelor and Master study programs on physical education in school. In research, one specific interest is on physical, soci-

al, and ethical competences of children and adolescents in their different social, educational and sportive environments, which are investigated by empirically based holistic approaches. Further research focuses on injury prevention, innovative concepts for sports equipment and shoes as well as on postural control.

[www.uni-due.de/sport-und-bewegungswissenschaften](http://www.uni-due.de/sport-und-bewegungswissenschaften)

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# General Information

## General Information

### VENUE

The Congress Center Essen (CCE) is just a five minute tram ride away from Essen city centre and just 20 minutes by car to Düsseldorf International Airport. There are 11 conference rooms and direct access to the Grugapark with free entrance. The venue buildings used for the ECSS congress are CCE South and CCE West which are easily connected through an outdoor pathway. The closest tram station is Messe West-Süd/Gruga.

Messe Essen, Germany

Norbertstr. 2

45131 Essen

Germany

[www.messe-essen.de](http://www.messe-essen.de)

### CONGRESS OFFICE AND REGISTRATION

The congress registration desks and information desks are located in the foyer of CCE South.

### OPENING HOURS

- Wednesday, July 5, 08:00 – 18:00
- Thursday, July 6, 08:00 – 18:00
- Friday, July 7, 08:00 – 18:00
- Saturday, July 8, 08:00 – 16:00

### REGISTRATION FEES

The registration fee for participants includes:

- Admission to all scientific sessions
- Admission to exhibition
- Admission to the Opening Ceremony
- Admission to the Opening Reception\*
- Congress material (congress bag, final programme – print, book of abstracts – print on demand: EUR 25\*/EUR 35 on-site)
- Coffee or tea breaks (6) and lunches (3)\* at the congress venue
- Admission to the Closing Ceremony
- Admission to the Congress Party\*

\*pre-booking required.

### THE REGISTRATION FEE FOR ACCOMPANYING PERSONS INCLUDES:

- Admission to exhibition
- Admission to the Opening Ceremony
- Admission to the Opening Reception\*
- Congress material (congress bag, final programme – print, book of abstracts – print on demand: EUR 25\*/EUR 35 on-site)
- Coffee or tea breaks (6) and lunches (3)\* at the congress venue
- Admission to the Closing Ceremony
- Admission to the Congress Party\*

\*pre-booking required

Please note that accompanying persons do not have admission to scientific sessions.

### THE REGISTRATION FEE FOR ADDITIONAL EXHIBITORS (MINIMUM OF TWO FREE DELEGATES PER COMPANY) INCLUDES:

- Admission to all scientific sessions
- Admission to exhibition
- Admission to the Opening Ceremony
- Admission to the Opening Reception\*
- Congress material (congress bag, final programme – print, book of abstracts – print on demand: EUR 25\*/EUR 35 on-site)
- Coffee or tea breaks (6) and lunches (3)\* at the congress venue
- Admission to the Closing Ceremony
- Admission to the Congress Party\*

\*pre-booking required

### CONGRESS STAFF

The congress staff will be available to answer any questions about the congress programme, the location of the lecture halls, rooms, and meals etc. Staff members can be identified by light green shirts with the ECSS and congress logos.

### SUSTAINABILITY AT THE CONGRESS

Please follow the sustainable guidelines and help us to support the environment. Please read more on the congress website.

## SCIENTIFIC PROGRAMME

Researchers and scholars from all over the world contribute to the scientific programme and address the congress topic "Sport Science in a Metropolitan Area" from different angles. Physical activity, exercise, and sport is examined from theoretical, empirical and applied-scientific viewpoints, and from molecular to societal contexts. The content ranges from inactivity to high intensive physical stress, the distinct trend of achieving more individuality in lifestyle and physical activity, as well as the inclusion of minorities. As it is unique for the identification with the region, there will also be an emphasis on professional football. These specific challenges will run as a red thread through the congress and the 1,750 contributions which are presented as:

- 4 plenary sessions
- 37 invited sessions
- 112 oral sessions
- 41 mini-oral sessions
- 30 conventional print poster sessions
- 203 e-posters (not debated)

### YOUNG INVESTIGATORS AWARD (YIA), SPONSORED BY EUROPEAN JOURNAL OF SPORT SCIENCE (EJSS)

ECSS has received 244 applications for this year's YIA. Out of those, 86 have met the administrative requirements for the YIA, and after a thorough review, have entered the final stage of the competition. All YIA candidates will present their papers in front of the judging committee in Essen.

The applicants are competing for 20 prizes (10 oral and 10 mini-oral). The Scientific Board and the Scientific Committee will select the 10 best presentations for each category. Four finalists of the oral presentations will present their papers again. They will have 15 minutes each: 10 minutes presentation time and 5 minutes to answer questions of the Scientific Board and/or Scientific Committee on Saturday afternoon, July 8. Following a final evaluation by the ECSS Scientific Board and Committee, all winners will be announced and they receive their prizes at the YIA ceremony.

- The top 10 candidates of each category (oral/mini-oral) will be announced on Friday afternoon, July 7, 2017, at the ECSS congress booth next to the registration desks.
- The 20 winners will be invited to join the YIA Cocktail event taking place on the evening of Friday, July 7, 2017, at the Red Dot Design Museum.
- In order to receive their certificate and prize money, all prize winners are asked to be personally present at the YIA ceremony, taking place on Saturday, July 8, 2017, at 17:30.
- Prize winners who do not attend and accept their prize within the



# General Information

framework of the YIA ceremony on Saturday, July 8, 2017, cannot be considered for the award prize.

## PRIZE MONEY

Generous cash prizes for YIA finalists are provided by European Journal of Sport Science (EJSS).

## ORAL PRESENTATIONS

- 1st – EUR 4,000
- 2nd – EUR 3,000
- 3rd – EUR 2,000
- 4th – EUR 1,000
- Equal 5th – EUR 500

## MINI-ORAL PRESENTATIONS

- 1st – EUR 3,000
- 2nd – EUR 2,000
- 3rd – EUR 1,000
- 4th – EUR 500
- Equal 5th – EUR 300

## GSSI NUTRITION AWARD

Abstracts submitted in the area of nutrition, in oral or mini-oral presentation formats, can opt in to apply for the GSSI Nutrition Award during the abstract submission process. A reviewing panel has selected the top five candidates of all submissions to present their work in front of the panel on Wednesday, July 5. The winners will be awarded at the GSSI and Aspeta Award Ceremony (Wednesday, July 5, 2017, 18:30, Hall Europa).

## PRIZE MONEY

- 1st – EUR 3,000
- 2nd – EUR 1,500
- 3rd – EUR 500

## ASPETA EXCELLENCE IN FOOTBALL RESEARCH AWARD

Abstracts submitted in the area of football (soccer), in oral or mini-oral presentation formats, can opt in to apply for the Excellence in Football Research Award sponsored by Aspeta during the abstract submission process. A reviewing panel has selected the top five candidates of all submissions to present their work in front of the panel on Wednesday, July 5, 2017. The winners will be awarded at the GSSI and Aspeta Award Ceremony (Wednesday, July 5, 2017, 18:30, Hall Europa).

## PRIZE MONEY

- 1st – EUR 2,500
- 2nd and 3rd – EUR 500

## GERMAN TENNIS FEDERATION AWARD

Abstracts submitted in the area of tennis, in oral presentation format can opt in to apply for this award, sponsored by the German Tennis Federation (Deutscher Tennis Bund, DTB) during the abstract submission process. A jury has selected the top twelve candidates of all submissions to present their work in front of the jury during two specific oral tennis sessions on Thursday, July 6, 2017, at 08:00 and at 09:45 (Hall New York/West). The winners will be awarded at the DTB Award Ceremony on Thursday, July 6, 2017, at 12:45 (Hall New York/West).

## PRIZE MONEY

- EUR 2,000 (a split is possible for two winners)

## PRESENTATION REGULATIONS AND SPEAKERS READY ROOM

### ORAL SESSIONS

#### BEFORE

The Speakers Ready Room is located in CCE West, on the ground floor across from the escalators. Please locate your lecture hall well in advance of your session and familiarise yourself with the setup. The format for invited and oral presentations is PowerPoint (16:9). All PowerPoint presentations must be pre-uploaded in the Speakers Ready Room. This must be done the day before your session and as early as possible on Wednesday for sessions on that day.

Once at your session/hall, please check that the file is available on the PC and that it is functional. Note that private laptops cannot be used.

All presenters must be available at the respective lecture hall 15 minutes before the session starts. Please introduce yourself to the session Chair(s). There will be one or two volunteers in each lecture room to help with the logistics, IT, and timing of presentations.

### DURING

The Chair will introduce you and call you to speak (name, institution, title of presentation, and if the speaker is running for YIA). Please keep to the exact timeline for the session:

- 10 minutes presentation
- 5 minutes discussion

A volunteer will show you (and the Chair) a yellow card at 9 minutes and a red card at 10 minutes, in order to guide you with the timing of the presentation. When necessary, a red card will be shown to you again after the allocated 15 minutes, in order to advise you and the Chair to move on to the next presentation.

### AFTER

Please clear the room as soon as possible at the end of the session as the next session will start within 15 minutes.

### MINI-ORAL SESSIONS

#### BEFORE

Mini-oral sessions require the pre-upload of the presentation in PDF (format: 4 slides only, in landscape (horizontal, 16:9)). The presentation time is 3 minutes plus 2 minutes for questions and answers. The presentation must be pre-uploaded in advance of the congress via your ECSS account (deadline: June 15, 2017).

Please locate the lecture room of your mini-oral session in advance. Once at your session, please check if the file of your presentation is available on the PC and that it is functional. Introduce yourself to your session's Chair(s).

Be present at least 10 minutes before your session starts.

#### DURING

The Chair introduces the speakers (name, institution, title of presentation, and if the speaker is running for YIA). Please keep to the exact timeline for the session:

- 3 minutes presentation
- 2 minutes discussion

The Chair will initiate discussion allowing the audience to pose questions first.

#### AFTER

Please clear the room as soon as possible at the end of the mini-oral sessions as there may be a session following shortly afterwards.



# General Information

## CONVENTIONAL POSTER SESSIONS

Prepare your poster (Size A0, height: 120cm, width: 90cm) before the congress and bring it with you to the venue. There will be a chaired poster session at the indicated time slot. You will have 2 minutes to present the poster and 2 minutes to discuss afterwards.

Pin up your poster at the designated spot (poster board) at 08:00 in the morning of the day of your presentation. Remove your poster at 18:00 on the evening of the day of your presentation. Posters that have not been removed by 18:00 will be removed by ECSS.

## CONGRESS LANGUAGE

The official congress language is English. No simultaneous translation will be provided.

## MEALS AND COFFEE BREAKS

Congress lunches and coffee breaks are included in the fee congress participants have paid. Lunches (if pre-booked) are served in the Exhibition Area (CCE South, lower ground floor, Hall 1A) from Thursday to Friday. On Saturday the lunch will be served in the foyer of the CCE West.

Please note that on Wednesday July 5 there will be snacks served in the exhibition hall 1A at 13.30 - 14.00 h. For the snack, pre-booking is not required.

Coffee breaks alike are served in the Exhibition Area (CCE South, lower ground floor, Hall 1A) from Wednesday to Friday. On Saturday the coffee will also be served in the foyer of the CCE West.

## LUNCH TICKETS (IF PRE-BOOKED)

Participants have been asked to pre-book lunches, indicating special dietary requirements. They will receive a lunch ticket for each day (Thursday, Friday, and Saturday) at the registration desk upon arrival.

## BADGES

All registered participants and accompanying persons will receive a badge. Exhibiting companies receive Exhibitor Passes and accredited members of media receive Media Passes. The badge is your ticket to enter the congress site or any of the social activities. Badges must be worn at all times.

## TRANSPORT

The city of Essen is easily accessible via plane from several different airports (e.g. Dortmund (DTM), Düsseldorf (DUS), Cologne (CGN), Frankfurt (FRA)) and via train and car from elsewhere in Europe. Essen main railway station is very well connected to many big German cities and several ICEs (high speed trains) stop in Essen.

It is easy to travel within the Metropolis Ruhr area by train. The cities are well connected with high speed and regional train connections. Within the city of Essen you are able to use regional trains, metros, buses and trams to get around. The closest metro station at Messe Essen is Messe West-Süd/Gruga, which is the last stop of the metro line U11. It takes approximately 5 minutes to reach Messe Essen from the main train station.

## MESSAGES AND CHANGES TO THE PROGRAMME

Messages to participants are sent via email. Any changes to the programme will also be announced via email.

## INTERNET SERVICES

Wireless internet will be available at the congress venue. The name of the network is ECSS2017.

## ECSS EXHIBITION

The exhibition is located in CCE South on the lower ground floor (Hall 1A). The opening hours, at which exhibitors' attendance is mandatory, are:

- Wednesday, July 5, 2017, 9:00–18:00 and 20:00–21:00 (during opening reception sponsored by City of Essen, booth attendance optional)
- Thursday, July 6, 2017, 9:00–18:00
- Friday, July 7, 2017, 9:00–18:00

## THE 1ST ECSS EXHIBITION RAFFLE

By participating the competition delegates have the possibility to win a unique ECSS iPad and great product prizes sponsored by ECSS exhibitors! Delegates receive a raffle coupon with their congress bag. To make use of this coupon attendees need to visit selected exhibitors and complete a task given at their exhibition booth. After accomplishing the task delegates will get awarded with the company stamp on their coupon. Once collected at least ten stamps, they qualify for the raffle which will take place on Saturday at the ECSS information booth (exhibition ends on Friday at 18:00).

Date: Wednesday, 5 July - Friday 7 July

Time: Exhibition opening hours

Location: Exhibition hall

## TOURIST INFORMATION

Essen is located in the Ruhr Area. One of the largest agglomerations in Germany and the world. The Ruhr Area consists of eleven cities and four administrative districts and is home to over 5.2 million people. The region has been heavily influenced by the coal and steel industry but has developed into a vibrant service and culture oriented metropolitan area. The three biggest cities in the area are: Essen, Bochum and Dortmund – the organising cities of the congress. The Ruhr Area has many museums and sights to offer – often with an emphasis on the (former) industries. Sport is also a predominant topic in this part of Germany: two of the top football clubs are situated in the Ruhr Area (Borussia Dortmund and FC Schalke). In Dortmund you can visit the German Football Museum.

The river Ruhr flows through the Ruhr Area (hence the name) and there are artificial and natural lakes that invite you for a dip or walk in the nature. Next door to the Congress Center Essen (CCE) you can enter the Grugapark which is free of charge for congress participants. Here you can find botanical gardens with rare and beautiful plants, restaurants, bars, and a health centre and spa. The illuminated main path is perfect for doing your own recreational activities, such as running or walking. In just a five minute walk from CCE you can reach the popular dining and nightlife area "Rüttenscheider Straße", where local pubs invite you to linger after a long and busy congress day. If you would like to learn more about Germany, we recommend that you visit the city of Cologne and other spots in the region of North-Rhine Westphalia. Please find more information about things to do on the ECSS congress website.

## SOCIAL PROGRAMME

The ECSS congress in MetropolisRuhr offers you a wide range of social events outside the scientific programme. All functions are included in the congress registration fees, unless otherwise indicated.

## PRESS CONFERENCE

The press conference takes place on Wednesday, July 5, 2017 at 09:45 in room: N/South

# General Information

## ECSS GENERAL ASSEMBLY

All ECSS members are invited to join the ECSS general assembly to receive the latest facts, figures and information about the development of the college.

Wednesday, July 5, 2017, 11:00 – 12:00, room: Berlin/West

## OPENING CEREMONY

This is the official opening of the congress and will feature opening addresses from the congress presidents and the ECSS president together with some exciting local entertainment.

Opening reception sponsored by the City of Essen (pre-booking required)

The opening ceremony will be followed by an opening reception, which is also the official opening of the exhibition, with some finger food and a welcome drink sponsored by the City of Essen.

## FEPSAC EVENING

Join the FEPSAC president, Anne-Marie Elbe, for an informal gathering after the opening reception to network and discuss. Registration required.

Wednesday, July 5, 2017, 21:30, Das Schön, Rüttenscheider Strasse 199, 45131 Essen

## 3<sup>RD</sup> BENGT SALTIN RUN (REGISTRATION REQUIRED)

The run is scheduled for Friday, July 7, 2017, at 07:00 in remembrance of ECSS founding member and ECSS Patron Prof. Bengt Saltin. It will take place in the Grugapark next to the venue, and the race track will be a 5km run consisting of two laps through the beautiful park.

## FRIDAY NIGHT OUT

Two options are offered for you to spend your Friday night (July 7) with ECSS colleagues, friends, and acquaintances.

- Option 1: Classic version – a pub crawl at one of Essen's hotspots

Meeting Point: at 20:00 in front of the main entrance of Messe Essen

- Option 2: Rock & Pop version – an open air music festival in the famous Bermuda3eck of Bochum City

Meeting Point: at 18:00 in front of the info desk next to the registration

## MOVIE LUNCH "TOWN OF RUNNERS"

We offer you an opportunity to watch an interesting documentary of Kenyan runners during the lunch break on Saturday.

Saturday, July 8, 2017, 12:55 – 14:00, room: Berlin/West

## CLOSING CEREMONY

The closing ceremony will immediately follow the Young Investigators Award ceremony and will feature a thank you and goodbye from MetropolisRuhr and a presentation from the 23rd ECSS Congress in Dublin 2018.

## ECSS CONGRESS PARTY (PRE-BOOKING REQUIRED)

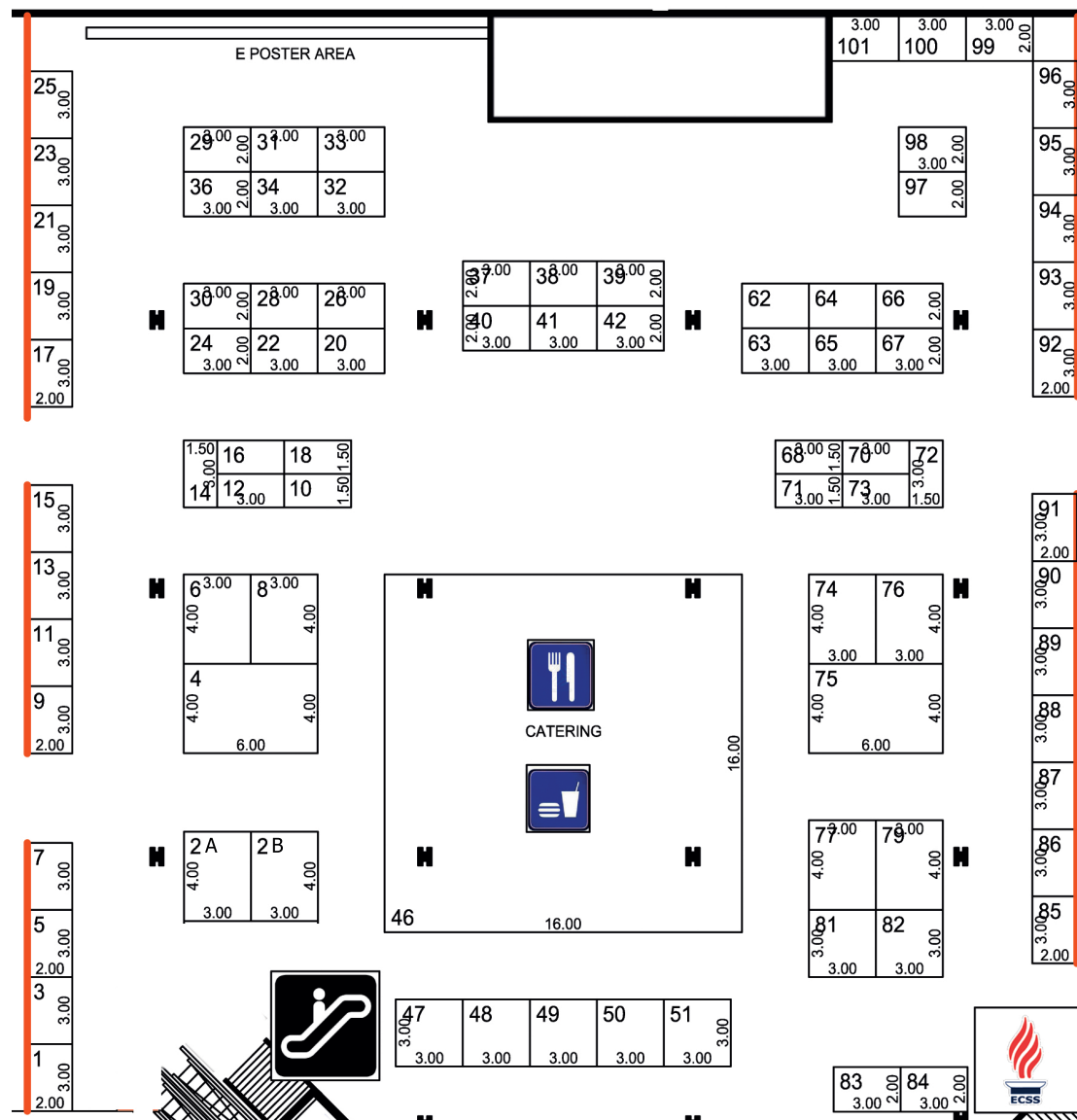
The ECSS congress party will take place at Schöner Alfred (Delta Essen), Frohnhauser Str. 75, 45143 Essen on Saturday, July 8, 2017. Doors open at 19:45, with a buffet available from 20:30 until 22:30. This is a good time to network, socialise and enjoy again the great atmosphere of the ECSS congress and most importantly, DANCE! Pre-booking is required.

Schöner Alfred (Delta Essen) is easily accessible by public transport. The closest bus station is Westendstr., with line number 145, which is 15 minute ride from the Essen Main Railway Station (Hauptbahnhof). There is also a night bus taking you back to the main railway station every hour after midnight.

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# Congress Exhibitors





## 15 - 1080 MOTION AB

1080 Sprint and 1080 Quantum  
SWEDEN

## 92 - ACTIVINSIGHTS LTD

Professional wearables  
UNITED KINGDOM

## 26 - AMTI

Biomechanics force platform  
USA

## 91 - ARTINIS MEDICAL SYSTEMS B.V.

Near Infrared Spectroscopy  
THE NETHERLANDS

## 7 - BIOPAC SYSTEMS, INC.

Data Acquisition Systems  
USA

## 2A - BTS BIOENGINEERING

Motion analysis and advanced rehabilitation treatment devices  
ITALY

## 97 & 98 - BUNDESINSTITUT FÜR SPORTWISSENSCHAFT (BISP)

Research management  
GERMANY

## 37 - CAMNTECH LTD.

Actiheart  
UNITED KINGDOM

## 9 - CAREFUSION GERMANY 234 GMBH

Lung function devices  
GERMANY

## 49 & 50 - CATAPULT SPORTS PTY LTD

Athlete analytics  
UNITED KINGDOM

## 36 - CHECKMYLEVEL

Checkmylevel solution  
FINLAND

## 88 - CONTEMPLAS GMBH

Professional Motion Analysis Systems  
GERMANY

## 10, 12, 16 & 18 - CORTEX BIOPHYSIK GMBH

CPET systems  
Germany

## 68, 70, 71 & 73 - COSMED S.R.L.

Comprehensive Cardiopulmonary, Metabolic and Body Composition solutions for the Research, Sport Science and human Performance field  
ITALY

## 51 - DELSYS INC.

Wearable sensors for movement sciences (EMG, IMU and other biomechanical and physiological sensors)  
USA

## 19 - ECSS DUBLIN 2018

23rd annual congress of the ECSS, 4th to 7th July 2018  
IRELAND

## 66 - EXELIO SRL

GPEXE System  
ITALY

## 11 - FIRSTBEAT TECHNOLOGIES LTD.

Firstbeat Sports  
Finland

## 64 - GAIT UP SA

Wearable Motion analysis solutions for professionals (Running, Gait, Activity monitoring,...)  
SWITZERLAND

## 4 - H/P/COSMOS SPORTS & MEDICAL GMBH

h/p/cosmos treadmill solutions  
GERMANY

## 17 - HUMAN KINETICS EUROPE LTD

Sport Science books  
UNITED KINGDOM

## 40, 41 & 42 - HUR

Performance testing products and intelligent exercise equipment introducing automated Power and Intensity measurement  
FINLAND

## 89 - INBODY

body composition analyzers  
GERMANY

## 82 - JOURNAL OF SPORT AND HEALTH SCIENCE (JSHS)

SCI/SSCI indexed journal in sport/exercise/health sciences; IF: 1.685; Quarterly; Peer review; Open access; Hosted by Elsevier  
CHINA

## 77 - KISTLER INSTRUMENTE AG

Force Plates, Force and Acceleration Sensors, Software for Performance and Balance analysis  
SWITZERLAND

## 75 - LODE B.V.

Bicycle and treadmill ergometers as well as recumbent, arm and supine ergometers and ergometry software  
THE NETHERLANDS

## 76 - MDT INT'L S.A.

Medical Devices  
SWITZERLAND

## 13 - MEDICAP HOMECARE GMBH

topO2-Measurement, Hypoxie-Training  
GERMANY

## 6 & 8 - MICROGATE SRL

Systems for training and performance evaluation  
ITALY

# Congress Exhibitors

## 20 & 22 - MONARK EXERCISE AB

Exercise bikes, cycle ergometers  
SWEDEN

## 67 - MOTICON GMBH

Sensor insoles  
GERMANY

## 72 - MOVISENS GMBH

Ambulatory assessment and mobile monitoring products as well as services for science and research  
GERMANY

## 39 - MYON AG

Wireless electromyography and wireless inertial measurement units, software  
SWITZERLAND

## 1 - PAL TECHNOLOGIES LTD

activPAL™ & Activator™ - research tools for objective measurement of free-living physical behaviours  
SCOTLAND, UK

## 32 - PHYSIOFLOW / MANATEC BIOMEDICAL

Non-invasive cardiac output measurements  
FRANCE

## 2B - PHYSIOMED ELEKTROMEDIZIN AG

High-quality equipment for traditional and innovative physical and biomechanical diagnostics and therapy forms  
GERMANY

## 14 - PODO MEDI NETHERLANDS B.V.

Podo-Orthesiology/Vitamines  
THE NETHERLANDS

## 83 & 84 - POWERBREATHE INTERNATIONAL LTD

Inspiratory Muscle Training, Better Breathing and Altitude Simulation Training  
UNITED KINGDOM

## 47 & 48 - RBM ELEKTRONIK-AUTOMATION GMBH

Cyclus2 - The Ergometer for Pros - performance diagnostics and training on your own bike  
GERMANY

## 38 - REALTRACK SYSTEMS

Player Tracking Data System  
SPAIN

## 79 - RENEW HEALTH LIMITED

Renew ECP Therapy  
IRELAND

## 74 - ROUTLEDGE TAYLOR & FRANCIS GROUP

Publisher of European Journal of Sport Science  
UNITED KINGDOM

## 87 - S. KARGER AG

Books  
SWITZERLAND

## 65 - SIMI REALITY MOTION SYSTEMS GMBH

3D Motion Capture Systems  
GERMANY

## 81 - SRM - SCHÖBERER RAD MESSTECHNIK GMBH

SRM High Performance Ergometer, Powermeter, Indoortrainer  
Germany

## 85 - TMG-BMC D.O.O.

TMG SI - System for muscle diagnostics  
Slovenia

## 33 - UCAM UNIVERSITY

UCAM University  
Spain

## 62 & 63 - VELAMED GMBH, QUALISYS AB, BERTEC CORP.

Biomechanic Full Supplier  
Germany

## 3 - VICON MOTION SYSTEMS LTD.

Motion capture hardware and software  
UNITED KINGDOM

## 5 - VICON MOTION SYSTEMS LTD.

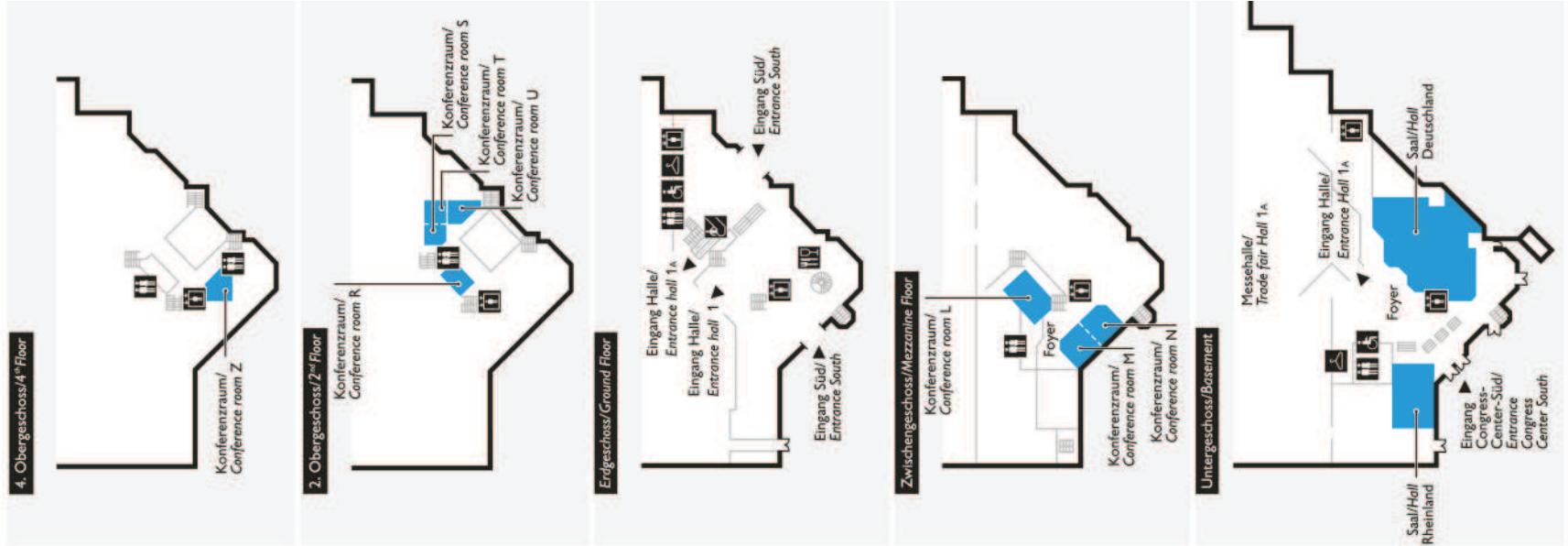
Motion capture hardware and software  
UNITED KINGDOM

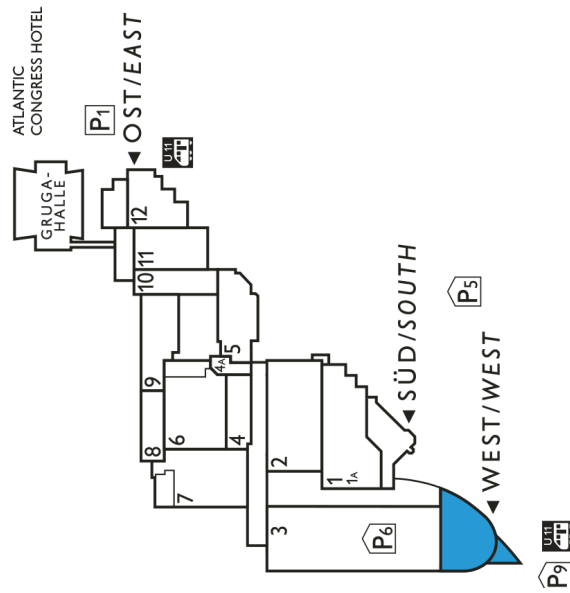
## 100 & 99 - WISEPRESS LTD

Books & Journals  
UNITED KINGDOM

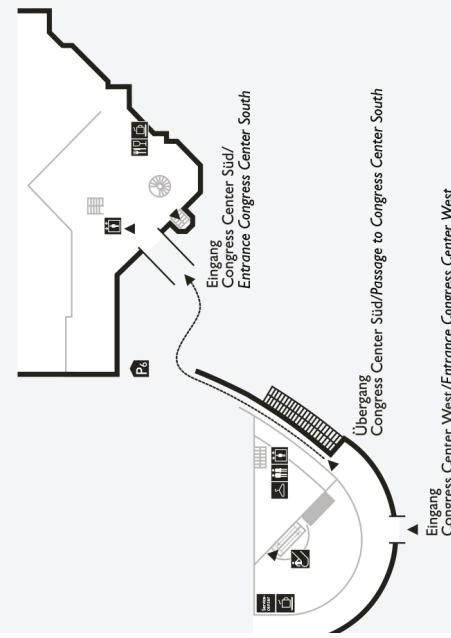
## 24 - WOODWAY GMBH

WOODWAY Treadmills for professional Sports, Fitness, Medical and Rehabilitation / WATTBIKE Indoor Training Bikes  
Germany



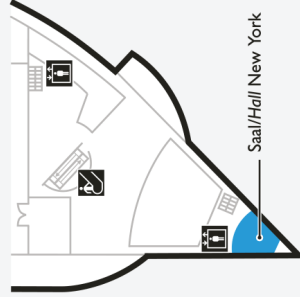


Kombination CC West/Süd/Combination CC West/South

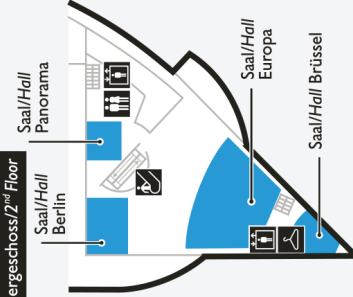


## Lecture Rooms

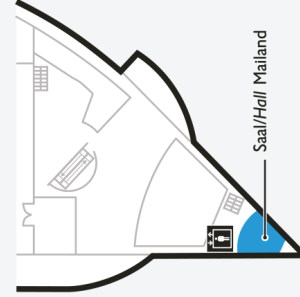
3. Obergeschoss/3rd Floor



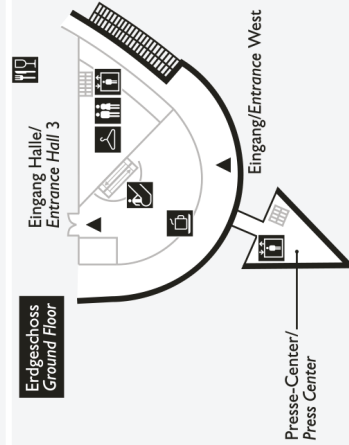
2. Obergeschoss/2nd Floor



1. Obergeschoss/1st Floor



Erdgeschoss  
Ground Floor





# Parallel Programme

## Satellites

### **From the Lab to the Track – Current Aspects of Testing, Training and Recovery in Elite Sports – hosted by RUB**

Tuesday, July 4, 2017  
10:00 – 18:00  
RUB - Bochum

### **2017 Catapult Performance Symposium – hosted by Catapult**

Tuesday, July 4, 2017  
13:00 –  
Room: Berlin/West

### **Lab to the Field: Translation of Sports Nutrition into Practical Application – hosted by Gatorade Sport Science Institute (GSSI)**

Wednesday, July 5, 2017  
09:00 – 12:00  
Room: Deutschland/South

## ECSS Workshops

### **EWSSa – Publishing tips to help you succeed**

Wednesday, July 5  
10:30 – 12:00  
Room: Brüssel/West

### **EWSSb – Rethinking ‘Q’ualitative methods: From concept to practice**

Wednesday, July 5  
09:00 – 10:30  
Room: M/South

## Sponsored Workshop

### **Metabolic Power in Team Sports – Fundamentals, Applications and Controversies**

Wednesday, July 5  
09:00 – 10:30  
Room: L/South

### **Evidence-based exercise prescription with cardiopulmonary exercise testing – hosted by Cortex**

Wednesday, July 5  
10:30 – 12:00  
Room: Mailand/West

### **SimplifyForce Measurement, Analysis & Reporting Worldwide – hosted by Kistler**

Wednesday, July 5  
10:30 – 12:00  
Room: New York/West

### **Analysing wearable data for performance and lifestyle – hosted by Activinsights**

Wednesday, July 5  
10:30 – 12:00  
Room: M/South

### **Advances in Skeletal Muscle Function Assessment (ASMFA) – new journal introduction – hosted by TMG**

Wednesday, July 5  
10:30 – 12:00  
Room: L/South

### **No Intensity Training... An Evidence Based Introduction to Renew Therapy in Aiding Sports Recovery and Performance – hosted by Renew Health**

Thursday, July 6  
12:45 – 14:00  
Room: Rheinland/West

### **Performance monitoring muscle activation in real time, indoor and outdoor – hosted by WIMU PRO & Myontec**

Date: Friday, July 7, 2017  
Room: Mailand (South)  
Time: 13:00 - 14:00

Please find more information here.  
No registration required.

## Awards

### **ECSS Young Investigators Award (YIA)**

#### **Presentations**

Wednesday, July 5  
Thursday, July 6  
(Sessions marked YIA)

#### **Finalists Presentations**

(top 4 oral presentations)  
Saturday, July 8  
15:30 – 16:45  
Room: Europa/West

#### **Awards Ceremony**

Saturday, July 8  
17:30 – 18:00  
Room: Europa/West

### **GSSI Nutrition Award**

#### **Finalists' Presentations**

Wednesday, July 5  
14:00 - 15:30  
Room: Deutschland/South

#### **Awards Ceremony**

Wednesday, July 5  
18:30 – 19:00  
Room: Europa/West

## Parallel Programme

### Aspetar Excellence in Football Award

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#### Finalists' Presentations

Wednesday, July 5  
12:00 - 13:30  
Room: Deutschland/South

#### Awards Ceremony

Wednesday, July 5  
18:30 – 19:00  
Room: Europa/West

### EJSS Best Paper Award

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#### Award ceremony

Saturday, July 8  
18:00  
Room: Europa/West

### German Tennis Federation Award

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#### Finalists' Presentations

Thursday, July 6  
08:00 - 11:15  
Room: New York/West

#### Awards Ceremony

Thursday, July 6  
12:45 – 14:00  
Room: New York/West

### Special Interest Groups (SIG)

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#### Environmental Physiology

Wednesday, July 5  
10:30 - 12:00  
Room: Rheinland/South

#### Elite Sport Performance

Thursday, July 6  
14:00 - 15:30  
Room: N/South

#### Sports Nutrition

Thursday, July 6  
18:00 - 19:30  
Room: Rheinland/South

### ECSS General Assembly

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#### ECSS General Assembly

Wednesday, July 5  
11:00 – 12:00  
Room: Berlin/West

### Movie Lunch

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#### Town of runners

Saturday, July 8  
12:55 – 14:00  
Room: Berlin/West

### Media

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#### Press conference

A press conference takes place on  
Wednesday, July 5, 2017 at 10:00 – 10:30.  
Room: N/South

### Sport Science Slam

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#### RUB

Tuesday, July 4  
19:00 - 21:00  
Hochschule für Gesundheit  
Bochum, Gesundheitscampus Nord  
Room: AudiMax

Plen

# Plenary sessions

Wednesday, July 5<sup>th</sup>, 2017

17:15 - 18:30

Europa/West

PS-PL01

**INDIVIDUALITY - SOCIAL AND PHYSIOLOGIC PERSPECTIVES FOR FITNESS AND HEALTH**

CHAIR(S):

PEDERSEN, B. [DENMARK]

GRIMMINGER-SEIDENSTICKER, E. [GERMANY]

17:15 PS-PL01-1  
CONSUMERS, ACTIVE LEISURE AND PERFORMATIVE RATIONALIZATION  
SASSATELLI, R. [ITALY]

17:55 PS-PL01-2  
INDIVIDUALITY - A PHYSIOLOGICAL PERSPECTIVE  
HOPPELER, H. [SWITZERLAND]

Thursday, July 6<sup>th</sup>, 2017

11:30 - 12:45

Europa/West

PS-PL02

**DEVELOPMENT OF TALENTED PLAYERS TO WORLD CHAMPIONS IN FOOTBALL**

CHAIR(S):

DUDA, J. [UNITED KINGDOM]

FERRAUTI, A. [GERMANY]

11:30 PS-PL02-1  
DEVELOPING ELITE FOOTBALL PLAYERS: PRACTICE, SPECIFICITY, AND PLASTICITY  
WILLIAMS, A. [UNITED STATES]

12:10 PS-PL02-2  
SCIENTIFIC SUPPORT FOR ELITE FOOTBALL - LESSONS FROM BRAZIL 2014  
MEYER, T. [GERMANY]

Friday, July 7<sup>th</sup>, 2017

11:30 - 12:45

Europa/West

PS-PL03

**INCLUSION IN SPORT**

CHAIR(S):

ABEL, T. [GERMANY]

JAITNER, T. [GERMANY]

11:30 PS-PL03-1  
PROSTHESES AND ORTHOSES - HOW DO THEY EFFECT LOAD MANAGEMENT AND SPORTS PERFORMANCE?  
BRÜGGEMANN, G. [GERMANY]

12:10 PS-PL03-2  
THE BUSINESS OF INCLUSIVE SPORT: A PHILOSOPHICAL ANTHROPOLOGY OF UTOPIA  
HOWE, P. D. [UNITED KINGDOM]

Saturday, July 8<sup>th</sup>, 2017

11:30 - 12:45

Europa/West

PS-PL04

**BACK PAIN - PREVENTION AND THERAPY IN THE MODERN SOCIETY**

CHAIR(S):

MAYER, F. [GERMANY]

PLATEN, P. [GERMANY]

11:30 PS-PL04-1  
NEW INSIGHTS INTO MOTOR ADAPTATIONS IN LOW BACK PAIN AND NECK PAIN: IMPLICATIONS FOR SPORTS MEDICINE AND REHABILITATION  
FALLA, D. [UNITED KINGDOM]

12:10 PS-PL04-2  
PHYSICAL ACTIVITY AND BIOPSYCHOSOCIAL MODULATION IN MUSCULOSKELETAL PAIN: HOW TO CONCEPTUALIZE HEALTH-PROMOTING ACTIVITY?  
HASENBRING, M. [GERMANY]

# Oral & Invited Presentations

**Wednesday, July 5<sup>th</sup>, 2017**

**12:00 - 13:30**

## Europa/West OP-PM03

### ENDURANCE AND PERFORMANCE

Chair(s):

Hartmann, U. [Germany]

Beneke, R. [Germany]

12:00 [YIA] OP-PM03-1  
A COMPARISON OF DICARBONYL STRESS AND ADVANCED GLYCATION ENDPRODUCTS IN LIFELONG ENDURANCE ATHLETES VERSUS SEDENTARY CONTROLS  
MAESSEN, M. ET AL [NETHERLANDS]

12:15 [YIA] OP-PM03-2  
DIETARY NITRATE SUPPLEMENTATION ATTENUATES PROGRESSIVE LOSS OF EFFICIENCY DURING PROLONGED MODERATE-INTENSITY EXERCISE  
TAN, R. ET AL [UNITED KINGDOM]

12:30 [YIA] OP-PM03-3  
HOW DO ELITE CYCLISTS COMBINE HIGH SPRINT AND ENDURANCE PERFORMANCE?  
VAN DER ZWAARD, S. ET AL [NETHERLANDS]

12:45 [YIA] OP-PM03-4  
INFLUENCE OF LIGHT EXPOSURES ON CYCLING PERFORMANCE AND MELATONIN LEVELS IN MALE ELITE ENDURANCE ATHLETES – A DOUBLE-BLIND RANDOMIZED CONTROLLED TRIAL  
KNAIER, R. ET AL [SWITZERLAND]

13:00 [YIA] OP-PM03-5  
MUSCULOSKELETAL CHARACTERISTICS FOR ELITE DISTANCE RUNNERS AND NON-

COMPETITIVE KENYANS  
KUNIMASA, Y. ET AL [JAPAN]

13:15 [YIA] OP-PM03-6  
EFFECT OF DIFFERENT MORNING PRIMING EXERCISES ON AFTERNOON PERFORMANCE IN ROAD CYCLISTS  
DONGHI, F. ET AL [ITALY]

## Deutschland/South OP-PM02

### ASPETAR FOOTBALL SCIENCE AWARD

Chair(s):

Hopkins, W. [Australia]

Ali, A. [New Zealand]

Coutts, A. [Australia]

12:00 [YIA] OP-PM02-1  
THE EFFECT OF IN-GAME FOOTBALL COOLING STRATEGIES UPON CORE TEMPERATURE  
CHALMERS, S. ET AL [AUSTRALIA]

12:15 OP-PM02-2  
BETTER MATCH PHYSICAL PERFORMANCE ACHIEVED IN PROFESSIONAL FOOTBALL WITH HIGHER VARIABILITY DURING TRAINING: A MACHINE-LEARNING APPROACH  
FERNÁNDEZ, J. ET AL [SPAIN]

12:30 OP-PM02-3  
PERFORMANCE, PHYSIOLOGICAL AND PSYCHOLOGICAL EFFECTS OF ADDITIONAL COGNITIVE WORKLOAD DURING SMALL-SIDED SOCCER GAMES  
BOSIO, A. ET AL [ITALY]

12:45 OP-PM02-4  
MULTIVARIATE MODELLING OF NON-CONTACT INJURY RISK IN ELITE AUSTRALIAN FOOTBALLERS  
COLBY, M. ET AL [AUSTRALIA]

13:00 OP-PM02-5  
SCHEDULING OF INJURY PREVENTION EXERCISES DURING THE SOCCER MICRO-

CYCLE: INSIGHTS FROM MUSCLE DAMAGE, SORENESS AND PERFORMANCE RECOVERY PROFILES

LOVELL, R. ET AL [AUSTRALIA]

## Panorama/West OP-PM61

### CARDIOVASCULAR EFFECTS OF EXERCISE

Chair(s):

González-Alonso, J. [United Kingdom]

Hecksteden, A. [Germany]

12:00 OP-PM61-1  
LINKAGE BETWEEN HEART RATE KINETICS AND CARDIOVASCULAR CONTROL DURING ORTHOSTATIC STRESS  
KOSCHATE, J. ET AL [GERMANY]

12:15 OP-PM61-2  
MIXED-EFFECTS MODELLING OF HEART RATE VARIABILITY INDICES IN ELITE SWIMMERS  
PERERA-LLUNA, A. ET AL [SPAIN]

12:30 OP-PM61-3  
PHYSICAL TRAINING PROMOTES SIMILAR EFFECTS TO THE BLOCKADE OF ANGIOTENSIN-CONVERTING ENZYME ON THE CARDIAC MORPHOLOGY AND FUNCTION IN OLD FEMALE RATS SUBJECTED TO PREMATURE OVARIAN FAILURE  
SOUZA, H. ET AL [BRAZIL]

12:45 OP-PM61-4  
THE EFFECT OF SEDENTARY BEHAVIOUR ON CARDIOVASCULAR BIOMARKERS IN ACTIVE, HEALTHY ADULTS.  
HOLDER, S. ET AL [UNITED KINGDOM]

13:00 OP-PM61-5  
NON-INVASIVE EVALUATION OF CARDIOVASCULAR AND METABOLIC RESPONSES TO ARM AND LEG EXERCISE IN ELITE KAYAKERS  
ZUCCARELLI, L. ET AL [ITALY]

## Berlin/West OP-BN02

### MUSCLE-TENDON FUNCTION

Chair(s):

Seynnes, O. [Norway]

Baar, K. [United States]

12:00 [YIA] OP-BN02-1  
MUSCLE-TENDON LENGTH AND FORCE AFFECT HUMAN TIBIALIS ANTERIOR CENTRAL APONEUROSIS STIFFNESS IN VIVO  
RAITERI, B. ET AL [AUSTRALIA]

12:15 [YIA] OP-BN02-2  
MUSCLE-TENDON INTERACTION DURING AN ENERGY DISSIPATION TASK  
WERKHAUSEN, A. ET AL [NORWAY]

12:30 [YIA] OP-BN02-3  
MONITORING MUSCLE-TENDON ADAPTATION IN ELITE ATHLETES: PRELIMINARY DATA FROM A 1-YEAR LONGITUDINAL INVESTIGATION  
KÖNIG, M. ET AL [GERMANY]

12:45 [YIA] OP-BN02-4  
ACHILLES TENDON MECHANOSENSITIVITY IS PRESERVED IN OLD AGE: IN VIVO EVIDENCE FROM A 1.5 YEARS LONG RESISTANCE TRAINING INTERVENTION  
EPRO, G. ET AL [GERMANY]

13:00 [YIA] OP-BN02-5  
EIGHT WEEKS OF PROGRESSIVE RESISTANCE TRAINING DO NOT CHANGE PLANTARFLEXOR MUSCLE-TENDON PROPERTIES IN CHILDREN WITH SPASTIC CEREBRAL PALSY  
KRUSE, A. ET AL [AUSTRIA]

13:15 [YIA] OP-BN02-6  
THE EFFECT OF COLD WATER IMMERSION ON MEDIAL GASTROCNEMIUS MUSCLE ARCHITECTURE AND PERFORMANCE POST-EXHAUSTIVE STRETCH-SHORTENING CYCLE EXERCISE  
KOSITSKY, A. ET AL [FINLAND]

## Rheinland/South OP-PM60

### STROKE AND PARKINSON DISEASES

Chair(s):

Taube, W. [Switzerland]

Hauer, R. [Austria]

12:00 OP-PM60-1  
EFFECTS OF A SINGLE SESSION OF BIHEMISPHERIC TRANSCRANIAL DIRECT CURRENT STIMULATION ON THE STRENGTH AND ACTIVATION LEVEL OF KNEE EXTENSORS IN PATIENTS WITH STROKE.  
GEIGER, M. ET AL [FRANCE]

12:15 OP-PM60-2  
CO-CONTRACTION OF LOWER LIMB MUSCLES DURING GAIT IN POST-STROKE PATIENTS  
SOUSSI, H. ET AL [FRANCE]

12:30 OP-PM60-3  
CORRELATION BETWEEN STRENGTH AND FUNCTIONAL TESTS IN ELDERLY PEOPLE WITH PARKINSON'S DISEASE  
CLAEL, S. ET AL [BRAZIL]

12:45 OP-PM60-4  
ARE ANTICIPATORY POSTURAL ADJUSTMENTS PRIOR TO GAIT INITIATION COMPROMISED IN PEOPLE WITH PARKINSON'S DISEASE WITH FREEZING OF GAIT?  
SCHLENSTEDT, C. ET AL [GERMANY]

13:00 OP-PM60-5  
PERTURBATION DURING TREADMILL TRAINING IMPROVES DYNAMIC BALANCE AND GAIT IN PARKINSON'S DISEASE: A SINGLE-BLIND RANDOMIZED CONTROLLED PILOT TRIAL  
STEIB, S. ET AL [GERMANY]

New York/West	OP-PM05	Mailand/West	OP-BN09	Brüssel/West	OP-BN01	L/South	OP-PM16	M/South	OP-SH01
<b>PARALYMPICS</b>		<b>MOVEMENT VARIABILITY</b>		<b>MOTOR CONTROL: SKILL ACQUISITION</b>		<b>TRAINING IN KINDERGARTEN AND SCHOOL</b>		<b>COGNITION AND WELLBEING</b>	
Chair(s):		Chair(s):		Chair(s):		Chair(s):		Chair(s):	
Müller, A. [Germany]		Ainsworth, B. [United States]		Schmitz, G. [Germany]		McNarry, M. [United Kingdom]		Ando, S. [Japan]	
Hoos, O. [Germany]		McPhee, J. [United Kingdom]		Muehlbauer, T. [Germany]		Williams, C. [United Kingdom]		Abeln, V. [Germany]	
12:00	[YIA] OP-PM05-1	12:00	OP-BN09-1	12:00	[YIA] OP-BN01-1	12:00	[YIA] OP-PM16-1	12:00	[YIA] OP-SH01-1
RELATIONSHIP BETWEEN PHYSIOLOGY AND PERFORMANCE OF HANDCYCLING IN ABLE-BODIED SUBJECTS		DIFFERENTIAL LEARNING APPLIED IN STRENGTH TRAINING FOR WOMEN		PRACTICING A MOTOR SKILL WITH ONE HAND DISRUPTS EARLY CONSOLIDATION OF ANOTHER SKILL PREVIOUSLY ACQUIRED WITH THE OTHER HAND		FEASIBILITY AND EFFECTIVENESS OF A PHYSICAL ACTIVITY INTERVENTION DURING RECESS IN PRIMARY SCHOOL		EFFECT OF HIGH-GROOVE MUSIC COMBINED WITH MILD EXERCISE ON MOOD AND EXECUTIVE FUNCTION	
QUITTMANN, O.J. ET AL [GERMANY]		BUDJIA, N.C. ET AL [AUSTRIA]		RUFFIEUX, J. ET AL [SWITZERLAND]		CASOLO, A. ET AL [ITALY]		FUKUIE, T. ET AL [JAPAN]	
12:15	OP-PM05-2	12:15	OP-BN09-2	12:15	[YIA] OP-BN01-2	12:15	OP-PM16-2	12:15	[YIA] OP-SH01-2
EVALUATION OF DIFFERENT BLOOD LACTATE THRESHOLD CONCEPTS FOR CONSTANT LOAD PERFORMANCE PREDICTION IN HAND-CYCLING		TOWARDS THE CONTROL OF MINIMAL TOE CLEARANCE IN WALKING		EFFECTS OF REAL-TIME AUDITORY FEEDBACK ON PROPRIOCEPTIVE ACCURACY		PROFILING MOVEMENT QUALITY, MOTOR COMPETENCE AND GAIT CHARACTERISTICS IN 3-5 YEAR OLD CHILDREN		THE INTERACTIVE EFFECT OF WANTED, REQUESTED AND RECEIVED SOCIAL SUPPORT ON SUPPORT SATISFACTION AND AFFECT	
STANGIER, C. ET AL [GERMANY]		HAMACHER, D. ET AL [GERMANY]		GHAI, S. ET AL [GERMANY]		CLARK, C.C.T. ET AL [UNITED KINGDOM]		FU, D. ET AL [UNITED KINGDOM]	
12:30	OP-PM05-3	12:30	OP-BN09-3	12:30	[YIA] OP-BN01-3	12:30	OP-PM16-3	12:30	[YIA] OP-SH01-3
WHAT DOES "INCLUSIVITY" MEAN WHILE PLAYING SITTING VOLLEYBALL? : FOCUSING ON THE COMPETITION BETWEEN DISABLED AND NON-DISABLED PLAYERS		IS THERE A DIFFERENCE IN THE CONTROL OF THE DOMINANT LEG COMPARED TO THE NON-DOMINANT LEG?		SURROUND INHIBITION IS INSTANTLY MODULATED BY CHANGING THE ATTENTIONAL FOCUS		THE IMPACT OF SUMMER HOLIDAYS AND SCHOOL DEPRIVATION INDEX UPON CARDIORESPIRATORY FITNESS LEVELS IN PRIMARY SCHOOL CHILDREN		THE INFLUENCE OF MUSIC ON REAL-LIFE PHYSICAL ACTIVITY: AN EEG STUDY	
TANAKA, A. [JAPAN]		PROMSRI, A. ET AL [AUSTRIA]		KUHN, Y. ET AL [SWITZERLAND]		MANN, S. ET AL [UNITED KINGDOM]		BIGLIASSI, M. ET AL [UNITED KINGDOM]	
12:45	OP-PM05-4	12:45	OP-BN09-4	12:45	OP-BN01-4	12:45	OP-PM16-4	12:45	[YIA] OP-SH01-4
HEAD IMPACT OF SLALOM GATES ON PARALYMPIC ALPINE SIT-SKIER - A PILOT STUDY		THE EFFECT OF ISOTROPY BIAS FOR OWN MOTOR VARIABILITY ON AIMING POINT IS LIMITED		THE EFFECT OF ATTENTIONAL FOCUS ON MINDFULNESS DURING A 6-WEEK BALANCE EXERCISE TRAINING PROGRAM IN YOUNG ADULTS		COMPARISON OF THREE METHODS OF PHYSICAL ACTIVITY TRAINING ON BODY COMPOSITION, PHYSICAL FITNESS FACTORS AND BLOOD PRESSURE AMONG OVERWEIGHT OR OBESE PRIMARY SCHOOL GIRLS		COGNITIVE IMPAIRMENT IS ACCOMPANIED BY LOWER PHYSICAL ACTIVITY LEVELS AMONG ELDERLY WITH MEMORY COMPLAINTS	
GOLL, M. ET AL [GERMANY]		YAMAMOTO, H. ET AL [JAPAN]		PANTANO, K. ET AL [UNITED STATES]		ZIDASHTI, Z. [IRAN]		STUCKENSCHNEIDER, T. ET AL [GERMANY]	
13:00	OP-PM05-5	13:00	OP-BN09-5	13:00	OP-BN01-5	13:00	OP-PM16-5	<b>N/South</b>	
PARTICIPATION IN PHYSICAL ACTIVITY OF CHILDREN AND YOUTH WITH DISABILITIES		VARIABLE INERTIA TRAINING: OPTIMIZATION OF EXPLOSIVE-POWER EXERCISES WITH ROBOTIC-RESISTANCE STRENGTH MACHINES		MOTOR VARIABILITY IN DIFFERENTIAL LEARNING COMPARED WITH LOW, INCREASING AND HIGH CONTEXTUAL INTERFERENCE IN A BASKETBALL TASK		THE SPORT EXPERIENCE AND BALANCE CONTROL: A DEVELOPMENTAL PERSPECTIVE		<b>OP-SH03</b>	
ZUELL, A. ET AL [GERMANY]		BISCARINI, A. ET AL [ITALY]		BECKMANN, H. ET AL [GERMANY]		OLIVEIRA, A. ET AL [BRAZIL]		<b>SPORT ORGANISATION AND POLITICS</b>	
		13:15	OP-BN09-6					Chair(s):	
		COMPARING A MOVEMENT AND SKILL ADAPTABILITY PROGRAM TO A CONVENTIONAL TENNIS TRAINING PROGRAM						Luh, A. [Germany]	
		POTTER, A. ET AL [AUSTRALIA]						Mutz, M. [Germany]	
								12:00	OP-SH03-1
								SPORTS GOVERNANCE IN METROPOLITAN REGIONS. THEORETICAL AND EMPIRICAL IMPLICATIONS	
								TROSIE, G. ET AL [GERMANY]	



# Oral & Invited Presentations

12:15 OP-SH03-2  
INDEPENDENCE OF INDEPENDENT SPORTS  
FEDERATIONS OF TURKEY  
ÖZGÜN, A. ET AL [TURKEY]

12:30 OP-SH03-3  
ORGANIZATION DEVELOPMENT THROUGH  
SPORT PROGRAMS – THE CASE OF THE  
PROGRAM „BEWEGT ÄLTER WERDEN IN NRW“  
DEITERSEN-WIEBER, A. ET AL [GERMANY]

12:45 OP-SH03-4  
THE SPORTS ORGANIZATIONS ROLE TO  
COUNTER TERRORISM 'A STRATEGIC STUDY  
OF THE EGYPTIAN SPORTS CLUBS'  
ABDELKHALEK, M. [EGYPT]

13:00 OP-SH03-5  
THE DEVELOPMENT OF HIGH PERFORMANCE  
SPORT THROUGH LEAGUE SYSTEMS IN INDIVIDUAL SPORTS  
ZIMMERMANN, T. ET AL [GERMANY]

**Wednesday, July 5<sup>th</sup>, 2017**

**14:00 - 15:30**

**Europa/West OP-PM07**

## HYPOXIA AND ALTITUDE

Chair(s):  
Girard, O. [Qatar]  
Krusche, T. [Germany]

14:00 [YIA] OP-PM07-1  
CONSUMPTION OF A HIGH FAT BREAKFAST  
ATTENUATES THE SUPPRESSION OF APPETITE  
AND ACYLATED GHRELIN DURING EXERCISE

AT 4300M SIMULATED ALTITUDE  
MATU, J. ET AL [UNITED KINGDOM]

14:15 [YIA] OP-PM07-2  
PERFORMANCE CHANGES FOLLOWING LHTH  
AT 1600 OR 1800 M IN NATIONAL LEVEL  
RUNNERS  
SHARMA, A. ET AL [AUSTRALIA]

14:30 OP-PM07-3  
THE EFFECTS OF CLASSIC ALTITUDE TRAINING  
ON HEMOGLOBIN MASS IN ELITE ENDURANCE  
ATHLETES  
VIKMOEN, O. ET AL [NORWAY]

14:45 OP-PM07-4  
EFFECT OF HYPOXIA ON WORK ABOVE  
CRITICAL POWER, MUSCLE ACTIVATION  
AND FATIGUE DURING INTERMITTENT HIGH-  
INTENSITY CYCLING  
TOWNSEND, N. ET AL [QATAR]

15:00 OP-PM07-5  
THE RELATIONSHIP BETWEEN INTER-INDIVIDUAL  
VARIATION OF SPO2 AND ENDOCRINE  
RESPONSES UNDER MODERATE HYPOXIC  
CONDITION  
MORI, H. ET AL [JAPAN]

15:15 OP-PM07-6  
EFFECT OF SWIM INTENSITY ON RESPONSES  
TO DYNAMIC APNEA  
GUIMARD, A. ET AL [FRANCE]

**Deutschland/South OP-PM01**

## GSSI NUTRITION AWARD

Chair(s):  
Breen, L. [United Kingdom]  
Raastad, T. [Norway]

14:00 [YIA] OP-PM01-1  
SIMILAR METABOLIC AND FUNCTIONAL  
RESPONSE TO BEETROOT JUICE SUPPLEMENTATION  
DURING REPEATED WINGATE

TESTS IN RECREATIONAL, COMPETITIVE AND  
ELITE ATHLETES  
JONVIK, K.L. ET AL [NETHERLANDS]

14:15 [YIA] OP-PM01-2  
EFFECT OF ADJUVANT B-HYDOXY-B-METHYL  
BUTYRATE SUPPLEMENTS ON HYPER-  
TROPHIC, FUNCTIONAL AND METABOLIC  
RESPONSES TO RESISTANCE EXERCISE TRAINING  
IN OLDER MEN  
DIN, U. ET AL [UNITED KINGDOM]

14:30 OP-PM01-3  
POST-PRANDIAL PROTEIN HANDLING FOLLOWING  
INGESTION OF DIFFERENT AMOUNTS OF  
PROTEIN DURING POST-EXERCISE RECOVERY  
IN OLDER MALES  
HOLWERDA, A.M. ET AL [NETHERLANDS]

14:45 OP-PM01-4  
EFFECTS OF TEN MONTHS OF INTERMITTENT  
FASTING ON STRENGTH, BODY COMPOSITION  
AND METABOLISM IN ATHLETES  
PAOLI, A. ET AL [ITALY]

15:00 OP-PM01-5  
PROTEIN SUPPLEMENTATION, WHAT IS REALLY  
NEEDED TO IMPROVE MUSCLE MASS AND  
PERFORMANCE GAIN?  
FABRE, M. ET AL [FRANCE]

**Panorama/West OP-PM53**

## ANKLE AND ACL INJURIES

Chair(s):  
Cabri, J. [Norway]  
Levin, O. [Belgium]

14:00 OP-PM53-1  
CHANGES IN DYNAMIC STABILITY AFTER ACL  
RECONSTRUCTION AND REHABILITATION  
KRAFFT, F.C. ET AL [GERMANY]

14:15 OP-PM53-2  
AUGMENTED FEEDBACK TO REDUCE ACL INJURY  
RISK IN VOLLEYBALL PLAYERS: A SINGLE  
BLIND, RANDOMIZED CONTROLLED TRIAL.  
BOSSARD, D. ET AL [IRELAND]

14:30 OP-PM53-3  
DEFICITS IN SUBTALAR FORCE SENSE AND  
JOINT POSITION SENSE IN SUBJECTS WITH  
UNSTABLE ANKLES  
HAGEN, M. ET AL [GERMANY]

14:45 OP-PM53-4  
THE EFFECTS OF EARLY PROPRIOCEPTIVE  
TRAINING ON BALANCE AND REACTION  
TIME IN ACUTE ANKLE INVERSION TRAUMA  
YIGIT, B. ET AL [TURKEY]

15:00 OP-PM53-5  
SPORT INJURY PREVENTION IN INDIVIDUALS  
WITH CHRONIC ANKLE INSTABILITY: FASCIAL  
MANIPULATION VS CONTROL GROUP  
RANDOMIZED CONTROLLED TRIAL  
BRANDOLINI, S. ET AL [ITALY]

15:15 OP-PM53-6  
CHRONIC ANKLE INSTABILITY IS ASSOCIATED  
WITH DEFICITS IN PROXIMAL LOWER LIMB  
STRENGTH AND BALANCE: A CASE-CONTROL  
STUDY  
KHALAJ, N. ET AL [AUSTRALIA]

**Berlin/West OP-PM09**

## PERFORMANCE AND RECOVERY

Chair(s):  
Kellmann, M. [Germany]  
Trompeter, K. [Germany]

14:00 [YIA] OP-PM09-1  
EFFECTS OF POST-EXERCISE SAUNA BATHING  
ON RECOVERY OF SWIM PERFORMANCE  
SCHIMPCHEN, J. ET AL [GERMANY]

14:15 [YIA] OP-PM09-2  
EFFECT OF PLYOMETRIC TRAINING ON SPRINT  
PERFORMANCE IN PREADOLESCENT BOYS  
TOTTORI, N. ET AL [JAPAN]

14:30 [YIA] OP-PM09-3  
A RETROSPECTIVE ANALYSIS OF ATHLETIC  
PERFORMANCE DEVELOPMENT IN ELITE JUNIOR  
TENNIS PLAYERS: A SEVEN YEAR REVIEW  
FETT, J. ET AL [GERMANY]

14:45 OP-PM09-4  
RECOVERY OF CYCLING GROSS EFFICIENCY  
AFTER TIME-TRIAL EXERCISE  
VAN DE WESTELAKEN, L. [NETHERLANDS]

15:00 OP-PM09-5  
WHOLE- BODY COMPRESSION GARMENTS  
AND NEUROMUSCULAR ELECTRICAL STIMULATION  
DO NOT PROMOTE RECOVERY FROM A  
CROSS-COUNTRY SPRINT SKIING COMPETITION  
IN ELITE SKIERS  
GOVUS, A. ET AL [SWEDEN]

**Rheinland/South OP-PM39**

## HEALTH AND FITNESS IN CHILDREN AND ADOLESCENTS 1

Chair(s):  
Pieles, G. [United Kingdom]  
Muehlbauer, T. [Germany]

14:00 OP-PM39-1  
CHILDREN AND ADOLESCENT'S INTERPRETATIONS  
AND UNDERSTANDING OF 3D PRINTED  
MODELS OF PHYSICAL ACTIVITY  
CROSSLEY, S.G.M. ET AL [UNITED KINGDOM]

14:30 OP-PM39-2  
ADIPOSY, MUSCULAR FITNESS AND CARDIOVASCULAR  
RISK FACTORS IN ADOLESCENTS:  
DEFINING ROLES THROUGH MEDIATION  
ANALYSIS.  
PÉREZ-PÉREZ, A. ET AL [SPAIN]

14:45 OP-PM39-3  
CARDIORESPIRATORY FITNESS CUT POINTS  
FOR EARLY DETECTION OF CARDIOVASCULAR  
RISK IN CHILDREN: A FOLLOW-UP STUDY  
CASTRO-PIÑERO, J. ET AL [SPAIN]

15:00 OP-PM39-4  
ACUTE EFFECTS OF EXERCISE ON NEURO-  
PHYSIOLOGICAL INDICES OF INHIBITORY  
CONTROL IN CHILDREN WITH ADHD  
LUDYGA, S. ET AL [SWITZERLAND]

15:15 OP-PM39-5  
CHILDREN WITH MODERATE TO SEVERE INTEL-  
LECTUAL DISABILITY HAVE LOW PHYSICAL  
FITNESS LEVELS.  
WOUTERS, M. ET AL [NETHERLANDS]

## New York/West OP-BN04

### NEUROPHYSIOLOGY

Chair(s):  
Ishikawa, M. [Japan]  
Folland, J. [United Kingdom]

14:00 [YIA] OP-BN04-1  
RATE OF TORQUE DEVELOPMENT IS ASSOCI-  
ATED WITH MUSCLE FIBER CONDUCTION  
VELOCITY IN POWER ATHLETES  
DEL VECCHIO, A. ET AL [ITALY]

14:15 [YIA] OP-BN04-2  
NEURAL CORRELATES OF EXPERT VISUOMO-  
TOR PERFORMANCE AS REVEALED BY VISUAL  
EVOKED POTENTIALS  
HÜLSDÜNKER, T. ET AL [GERMANY]

14:30 [YIA] OP-BN04-3  
MOTOR IMAGERY COMBINED WITH SENSORY  
ELECTRICAL STIMULATION INDUCES SPECIFIC  
SPINAL AND CORTICOSPINAL MODULATIONS  
TRAVERSE, E. ET AL [FRANCE]

14:45 [YIA] OP-BN04-4  
EFFECTS OF 1-HOUR ACHILLES TENDON VI-  
BRATION ON POSTURAL CONTROL IN YOUNG  
AND OLDER ADULTS  
PENZER, F. ET AL [BELGIUM]

15:00 [YIA] OP-BN04-5  
MODULATION OF THE SOLEUS H REFLEX  
WHEN ASCENDING AND DESCENDING A  
STAIRCASE IN YOUNG AND OLDER ADULTS  
JOHANNSSON, J. ET AL [BELGIUM]

15:15 OP-BN04-6  
ACUTE EFFECTS OF MOTOR IMAGERY ON  
SPINAL FACILITATION AND INHIBITION  
GROSSETTE, S. ET AL [FRANCE]

## Milano/West OP-BN07

### BIOMECHANICS: SOCCER

Chair(s):  
Gollhofer, A. [Germany]  
Wagner, H. [Austria]

14:00 OP-BN07-1  
RELATIONSHIP BETWEEN MUSCLE SIZE OF  
PSOAS MAJOR AND KICKED BALL SPEED IN  
SOCCER PLAYERS.  
WAKAHARA, T. ET AL [JAPAN]

14:15 OP-BN07-2  
CAN FOOTBALL GOALKEEPERS DIVE FASTER?  
IBRAHIM, R. ET AL [NETHERLANDS]

14:30 OP-BN07-3  
NO DIFFERENCES IN MUSCLE AND TENDON  
TISSUE PROPERTIES OF COMPETITIVE FOOT-  
BALL GOALKEEPERS AND MIDFIELDERS: A  
PILOT-STUDY  
KONRAD, A. ET AL [AUSTRIA]

14:45 OP-BN07-4  
WITHIN SESSION SEQUENCING EFFECTS OF  
BALANCE AND PLYOMETRIC EXERCISES ON  
PHYSICAL PERFORMANCE IN YOUTH SOC-

CER ATHLETES  
CHAOUACHI, A. ET AL [TUNISIA]

15:00 OP-BN07-5  
EXPLOSIVE TECHNICAL ACTIONS INCREASE  
FATIGUE INDEX IN THE RSA UIRFIDE SOC-  
CER TEST  
BLASCO-LAFARGA, C. ET AL [SPAIN]

## Brüssel/West OP-PM17

### COMBAT SPORTS

Chair(s):  
Gerber, M. [Switzerland]  
Abel, T. [Germany]

14:00 OP-PM17-1  
PHYSIOLOGICAL RESPONSES AND ENERGY  
EXPENDITURE MEASUREMENT DURING SIM-  
ULATED TAEKWONDO COMBAT PAD-WORK  
PROTOCOLS: INFLUENCE OF DIFFERENT  
WORK:REST RATIOS.  
LANGAN-EVANS, C. ET AL [UNITED KING-  
DOM]

14:15 OP-PM17-2  
STANDARDIZING A WHOLE-BODY ACCUSTIC-  
BASED ENDURANCE TEST IN U15 GERMAN  
JUDO ATHLETES – APPROACHING PERCENT-  
ILE RANKS  
KIRBSCHUS, K. ET AL [GERMANY]

14:30 OP-PM17-3  
ENERGY SYSTEM CONTRIBUTIONS IN UP-  
PER- AND LOWER-BODY WINGATE TESTS IN  
JUDO ATHLETES  
FRANCHINI, E. ET AL [BRAZIL]

14:45 OP-PM17-4  
ACUTE EFFECTS OF DIFFERENT WARM UP  
PROTOCOLS, ON 30 M. SPEED, FLEXIBILITY,  
VERTICAL JUMP, STRENGTH, BALANCE AND  
ANAEROBIC POWER PERFORMANCES IN  
JUDOKAS  
EKEN, Ö. ET AL [TURKEY]

15:00 OP-PM17-5  
QUANTIFYING NEUROMUSCULAR FATIGUE  
INDUCED BY REPEATED THAI-STYLE ROUND-  
HOUSE KICKS  
CIMADORO, G. ET AL [UNITED KINGDOM]

15:15 OP-PM17-6  
EPIDEMIOLOGY OF COMPETITION INJURIES IN  
OLYMPIC-STYLE JUDO ATHLETES: A PROSPEC-  
TIVE COHORT STUDY  
DUŠANA, C. ET AL [SLOVAKIA]

## L/South OP-PM62

### METHODS IN EXERCISE PHYSIOLOGY 1

Chair(s):  
McPhee, J. [United Kingdom]  
Beneke, R. [Germany]

14:00 OP-PM62-1  
WHEELCHAIR BASKETBALL: ARE ARM CRANK  
AND WHEELCHAIR TREADMILL ERGOMETRY  
SUITABLE ASSESSMENT TOOLS?  
REER, R. ET AL [GERMANY]

14:15 OP-PM62-2  
A CROSS-SECTIONAL STUDY ON SARCOPE-  
NIA USING DIFFERENT METHODS: REFERENCE  
VALUES FOR HEALTHY SAUDI YOUNG MEN  
AL-KAHTANI, S. [SAUDI ARABIA]

14:30 OP-PM62-3  
ESTIMATION OF THE MECHANICAL POWER  
FOR THE SELF-MOVEMENT OF THE EXTREMI-  
TIES IN THE ENDURANCE SPORTS DEPENDING  
ON THE MOVEMENT FREQUENCY  
CLAUSS, M. ET AL [GERMANY]

14:45 OP-PM62-4  
THE IMPACT OF LOAD CARRIAGE ON LADDER  
ERGOMETER CLIMBING  
BARRON, P.J. ET AL [UNITED KINGDOM]

15:00 OP-PM62-5  
MORE INSIGHT INTO ANAEROBIC CAPACITY:  
W' AND ANAEROBIC WORK PERFORMED  
COMPARED  
TE POELE, K.J.A. ET AL [NETHERLANDS]

15:15 OP-PM62-6  
SIMULATED ECCENTRIC AND CONCENTRIC  
SHOCKS - IMPACT ON FORCE, TIME AND  
KNEE ANGLE PARAMETERS  
RASCHNER, C. ET AL [AUSTRIA]

## M/South OP-SH02

### HISTORY AND ETHICS

Chair(s):  
Müller, A. [Germany]  
Luh, A. [Germany]

14:00 [YIA] OP-SH02-1  
EARLY DEVELOPMENTAL ENVIRONMENT AND  
OLYMPIC SUCCESS: HISTORICAL ANALYSIS OF  
AN AUSTRALIAN SPORTING "HOTSPOT"  
O'NEILL, K. [AUSTRALIA]

14:15 OP-SH02-2  
SPORT – MORE THAN THE GLORY OF A  
GOLD MEDAL: EMPOWERING AT-RISK YOUTH  
THROUGH SPORT EXCELLENCE PROGRAMS  
PILZ-BURSTEIN, R. ET AL [ISRAEL]

14:30 OP-SH02-3  
OLYMPIC PHILOSOPHY AND ITS CONTEMPO-  
RARY REFLECTION  
HOGENOVA, A. [CZECH REPUBLIC]

14:45 OP-SH02-4  
EVALUATION OF THE NATIONAL ANTI-  
DOPING CODE IN GERMANY  
WÖRDEHOFF, A. [GERMANY]

15:00 OP-SH02-5  
DRIVERS OF THE PUBLIC'S OPINION REGARD-  
ING ELITE SPORTS  
HALLMANN, K. ET AL [GERMANY]

# Oral & Invited Presentations

## N/South

## OP-SH04

### DETERMINANTS OF PA IN ADULTS

Chair(s):

Netz, Y. [Israel]

Brixius, K. [Germany]

14:00 OP-SH04-1  
SEASONALITY OF PHYSICAL ACTIVITY, SEDENTARY BEHAVIOR AND SLEEP IN MIDDLE AGED AND ELDERLY ADULTS OF THE ROTTERDAM STUDY  
KOOLHAAS, C.M. ET AL [NETHERLANDS]

14:15 OP-SH04-2  
ACTION FOR MEN – PARTICIPATORY ACTION RESEARCH FOR PHYSICAL ACTIVITY PROMOTION OF MEN AGED 50 PLUS  
STROBL, H. ET AL [GERMANY]

14:30 OP-SH04-3  
DISENTANGLING DAILY ASSOCIATIONS FROM INDIVIDUAL DIFFERENCES IN STUDYING THE INTERPLAY BETWEEN PHYSICAL ACTIVITY, SEDENTARY BEHAVIOR, BODILY PAIN AND FATIGUE IN OLDER ADULTS: A DIARY STUDY  
NTOUMANIS, N. ET AL [AUSTRALIA]

14:45 OP-SH04-4  
THE DIFFERENTIATED IMPACT OF PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR ON THE COGNITIVE FUNCTION OF THE BRAIN IN THE ELDERLY.  
SCHWARZ, S. ET AL [GERMANY]

15:00 OP-SH04-5  
BEHAVIOURAL AUTOMATICITY MODERATES AND MEDIATES THE ASSOCIATION BETWEEN SELF-CONTROL AND PHYSICAL ACTIVITY BEHAVIOUR  
PFEFFER, I. ET AL [GERMANY]

15:15 OP-SH04-6  
ATTITUDE AND HABITS TOWARDS REGULAR PHYSICAL ACTIVITY – LARGE SAMPLE RESEARCH IN HUNGARY  
SZÉKELY, M. [HUNGARY]

## Wednesday, July 5<sup>th</sup>, 2017

### 15:30 - 17:00

## Europa/West

## IS-PM04

### INDIVIDUALISATION IN RECOVERY SCIENCE

Chair(s):

Meyer, T. [Germany]

15:30 IS-PM04-1  
INDIVIDUALIZED DIAGNOSIS OF FATIGUE AND RECOVERY NEEDS  
HECKSTEDEN, A. [GERMANY]

16:00 IS-PM04-2  
INDIVIDUAL RESPONSE TO INTERVENTIONS SUPPORTING RECOVERY  
HALSON, S. [AUSTRALIA]

16:30 IS-PM04-3  
SLEEP AND RECOVERY IN ELITE ATHLETES - A GOOD EXAMPLE FOR LARGE INTERINDIVIDUAL VARIABILITY  
NEDELEC, M. [FRANCE]

## Deutschland/South OP-PM06

### NUTRITION AND SUPPLEMENTS 1

Chair(s):

Fujita, S. [Japan]

Oertzen-Hagemann, V. [Germany]

15:30 [YIA] OP-PM06-1  
FRUCTOSE AND SUCROSE INGESTION INCREASE EXOGENOUS CARBOHYDRATE OXIDATION RATES DURING EXERCISE IN TRAINED CYCLISTS  
TROMMELEN, J. ET AL [NETHERLANDS]

15:45 [YIA] OP-PM06-2  
IMPACT OF HIGH-CARBOHYDRATE AND HIGH-FAT DIET IN COMBINATION WITH NITRATE ON O<sub>2</sub> UPTAKE KINETICS AND PERFORMANCE DURING HIGH-INTENSITY AEROBIC EXERCISE  
PIATRIKOVA, E. ET AL [UNITED KINGDOM]

16:00 [YIA] OP-PM06-3  
REGULATION OF EXERCISE-INDUCED IL-15 PROTEIN EXPRESSION BY ROS IN HUMAN SKELETAL MUSCLE  
PÉREZ-LÓPEZ, A. ET AL [SPAIN]

16:15 [YIA] OP-PM06-4  
CF INTAKE AFFECTS OXIDATIVE STRESS, ENDOTHELIAL FUNCTION AND CEREBRAL AND MUSCULAR OXYGENATION DURING EXERCISE IN HYPOXIA  
DECROIX, L. ET AL [BELGIUM]

16:30 OP-PM06-5  
THE EFFECT OF CAFFEINATED COFFEE ON ANAEROBIC PERFORMANCE IN RECREATIONALLY ACTIVE MALES  
KARAYIGIT, R. ET AL [TURKEY]

## Panorama/West OP-PM04

### GENOMICS, PROTEOMICS AND MUSCLE MOLECULAR BIOLOGY

Chair(s):

Wessner, B. [Austria]

Bishop, D. [Australia]

15:30 [YIA] OP-PM04-1  
A POLYGENIC PROFILE TO PREDICT RATE OF RECOVERY AFTER REPEATED MAXIMAL SPRINTS  
BAUMERT, P. ET AL [UNITED KINGDOM]

15:45 [YIA] OP-PM04-2  
A PROSPECTIVE ASSOCIATION AND VALIDATION STUDY OF GENETIC VARIANTS AND HAMSTRING INJURY IN ELITE FOOTBALL

PLAYERS  
LARRUSKAIN, J. ET AL [SPAIN]

16:00 [YIA] OP-PM04-3  
LOW CARBOHYDRATE TRAINING ACTIVATES MARKERS OF MITOPHAGY INDEPENDENT OF PROVISION OF PROTEIN LOW OR HIGH IN LEUCINE CONTENT  
IMPEY, S. [UNITED KINGDOM]

16:15 [YIA] OP-PM04-4  
THE VITAMIN D RECEPTOR IS A "BIOMARKER" OF HYPERTROPHIC RESPONSES TO RESISTANCE EXERCISE AND MECHANISTICALLY REGULATES MUSCLE MASS  
BASS, J.J. ET AL [UNITED KINGDOM]

16:30 [YIA] OP-PM04-5  
AGE-RELATED ANABOLIC RESISTANCE OF MYOFIBRILLAR PROTEIN SYNTHESIS TO MODERATE-DOSE PROTEIN INGESTION IS EXACERBATED IN OBESE INACTIVE INDIVIDUALS  
SMEUNINX, B. ET AL [UNITED KINGDOM]

OP-PM04-6  
THE EFFECTS OF WHOLE BODY VIBRATION AND IMMOBILIZATION ON PROTEIN SYNTHESIS AND DEGRADATION PATHWAYS  
AKIN, S. ET AL [TURKEY]

## Berlin/West OP-PM10

### HEALTH AND FITNESS IN CHILDREN AND ADOLESCENTS 2

Chair(s):

Staiano, A. [United States]

Ilkay, D. [Germany]

15:30 OP-PM10-1  
GIRLS ARE LESS PHYSICALLY ACTIVE DURING SCHOOL HOURS BUT MORE ACTIVE AFTER SCHOOL COMPARED TO BOYS  
MOOSES, K. ET AL [ESTONIA]

15:45 OP-PM10-2  
THE DASH-STUDY: DISEASE, ACTIVITY AND SCHOOLCHILDREN'S HEALTH IN MARGINALIZED SCHOOLS IN PORT ELIZABETH, SOUTH AFRICA: SELECTED BASELINE RESULTS  
PÜHSE, U. ET AL [SWITZERLAND]

16:00 OP-PM10-3  
CORRELATES OF PRESCHOOLS CHILDREN'S OBJECTIVELY MEASURED PHYSICAL ACTIVITY, PHYSICAL FITNESS LEVELS AND MORPHOLOGICAL DEVELOPMENT OF MUSCLE: A CROSS-SECTIONAL STUDY  
PENGYU, D. ET AL [JAPAN]

16:15 OP-PM10-4  
3D PRINTING AS A TOOL TO ENHANCE CHILDREN'S UNDERSTANDING OF PHYSICAL ACTIVITY LEVELS  
MACKINTOSH, K.A. ET AL [UNITED KINGDOM]

16:30 OP-PM10-5  
TESTING THE MOTOR PROFICIENCY BARRIER HYPOTHESIS FOR PHYSICAL ACTIVITY AND WEIGHT STATUS  
LOPES, V. ET AL [PORTUGAL]

16:45 OP-PM10-6  
THE EFFECTIVENESS OF A SCHOOL-BASED MOTOR DEVELOPMENT INTERVENTION ON FUNDAMENTAL MOVEMENT SKILL PROFICIENCY AND MARKERS OF HEALTH AMONG IRISH CHILDREN  
BOLGER, L.A. ET AL [IRELAND]

**Rheinland/South**

**OP-PM11**

**COACHING: PERFORMANCE**

Chair(s):

Lames, M. [Germany]

Hohmann, A. [Germany]

15:30 [YIA] OP-PM11-1  
IMPLEMENTATION OF A MULTI-DIMENSIONAL  
MONITORING SYSTEM TO IDENTIFY PERFOR-  
MANCE DECREMENTS IN HIGHLY TRAINED  
SWIMMERS  
CROWCROFT, S. ET AL [AUSTRALIA]

15:45 OP-PM11-2  
COACHES' PHILOSOPHIES ON THE USE OF  
STRENGTH TRAINING TO ENHANCE ELITE  
SPORTS PERFORMANCE  
BURNIE, L. ET AL [UNITED KINGDOM]

16:00 OP-PM11-3  
ENDURANCE PERFORMANCE INDICATORS  
ARE INFLUENCED BY STRESS AND RECOVERY  
OTTER, R.T.A. ET AL [NETHERLANDS]

16:15 OP-PM11-4  
FROM TALENT TO ELITE BY DEVELOPING AN  
APPROPRIATE PACING BEHAVIOUR IN JUN-  
IOR SPEED SKATING.  
STOTER, I.K. ET AL [NETHERLANDS]

16:30 OP-PM11-5  
CHANGES IN SUBMAXIMAL PERFORMANCE  
PARAMETERS AFTER AN ULTRA-MARATHON;  
PRACTICAL APPLICATIONS TO MONITOR  
OVERREACHING  
LAMBERTS, R.P. ET AL [SOUTH AFRICA]

**New York/West**

**OP-BN03**

**BIOMECHANICS: COORDINATION AND  
RUNNING**

Chair(s):

Girard, O. [Qatar]

Wakeling, J. [Canada]

15:30 [YIA] OP-BN03-1  
CHALLENGING LOCOMOTION: STABILITY AND  
MODULAR ORGANIZATION IN PERTURBED  
RUNNING  
EKIZOS, A. ET AL [GERMANY]

15:45 OP-BN03-2  
THE EFFECTS OF SHANK INERTIA MASS  
MANIPULATION ON TECHNIQUE OF ELITE  
SPRINTER AT MAXIMUM VELOCITY  
ZHANG, C. ET AL [CHINA]

16:00 OP-BN03-3  
ADAPTATIONS IN FOOT-GROUND INTERAC-  
TIONS DURING A PROGRESSIVE 12-WEEK  
RUNNING INTERVENTION IN FOOTWEAR  
WITH REDUCED CUSHIONING  
COETZEE, D. [SOUTH AFRICA]

16:15 OP-BN03-4  
HOW ACCURATE IS VISUAL DETERMINATION  
OF FOOT STRIKE PATTERN AND PRONATION  
ASSESSMENT  
MEYER, F. ET AL [SWITZERLAND]

16:30 OP-BN03-5  
DOES "LIVE HIGH-TRAIN LOW <AND HIGH>"  
HYPOXIC TRAINING ALTER RUNNING ME-  
CHANICS IN ELITE TEAM-SPORT ATHLETES?  
BROCHERIE F. ET AL [FRANCE]

16:45 OP-BN03-6  
EFFECTS OF EXERCISE-INDUCED CHANGES  
IN MUSCLE MECHANICAL ADVANTAGE ON  
ENERGY COST AND MODULAR ORGANISA-  
TION OF RUNNING  
SANTUZ, A. ET AL [GERMANY]

**Maidland/West**

**OP-BN21**

**NEUROMUSCULAR FATIGUE**

Chair(s):

Baudry, S. [Belgium]

Macintosh, B. [Canada]

15:30 OP-BN21-1  
FATIGUING NEUROMUSCULAR ELECTRICAL  
STIMULATIONS ALTER FORCE PERCEPTION  
BY DECREASING THE PERCEIVED EFFORT AT  
SUBMAXIMAL FORCE LEVELS  
MONJO, F. ET AL [FRANCE]

16:00 OP-BN21-3  
EFFECT OF CONTRACTION INTENSITY AND  
SEX ON TORQUE FLUCTUATIONS DURING  
SUSTAINED ISOMETRIC KNEE EXTENSION  
CONTRACTIONS  
WU, R. ET AL [IRELAND]

16:15 OP-BN21-4  
IS REACTION TIME ALTERED BY MENTAL OR  
PHYSICAL EXERTION?  
LE MANSEC, Y. ET AL [FRANCE]

OP-BN21-5  
EFFECTS OF ANODAL TRANSCRANIAL DIRECT  
CURRENT STIMULATION ON CORTICOSPINAL  
EXCITABILITY DURING A SUBMAXIMAL  
VOLUNTARY CONTRACTION SUSTAINED TO  
FAILURE  
ABDELMOULA, A. ET AL [BELGIUM]

**Brüssel/West**

**OP-PM59**

**EFFECTS OF EXERCISE IN OBESITY**

Chair(s):

Ainsworth, B. [United States]

McNarry, M. [United Kingdom]

15:30 OP-PM59-1  
EFFECT OF EIGHT WEEKS OF YOGA EXERCISES  
ON C-REACTIVE PROTEIN AND SLEEP QUALITY

IN NON-ATHLETE OBESE MEN  
KARIMI, M. [IRAN]

15:45 OP-PM59-2  
THE EFFECTS OF 12 WEEKS PILATES REFORMER  
TRAINING ON MAXIMUM KNEE STRENGTH  
AND ENDURANCE IN OBESE AND LEAN  
WOMEN  
UZUN, S. ET AL [TURKEY]

16:00 OP-PM59-3  
THE EFFECT OF EIGHT WEEKS COMBINED  
AEROBIC EXERCISE ON ED VARIABLES OF  
OBESE WOMEN  
YILMAZ, N. ET AL [TURKEY]

16:15 OP-PM59-4  
AN 8-WEEK COMBINED EXERCISE AND DIET  
INTERVENTION IMPROVES ENDOTHELIAL  
FUNCTION, ENDOTHELIAL PROGENITOR CELLS  
AND CIRCULATING IRISIN IN OBESE ADULTS  
HUANG, J. ET AL [CHINA]

16:30 OP-PM59-5  
CYTOKINES AND MAKERS OF INSULIN RE-  
SISTANCE RESPONSE DURING A MONTH OF  
DETRAINING IN AEROBIC- AND RESISTANCE-  
TRAINED OBESE MEN  
NIKSERESHT, M. ET AL [IRAN]

16:45 OP-PM59-6  
SEDENTARY BEHAVIOUR AND OBESITY IN  
ADULTS: APPLYING THE BRADFORD HILL  
CAUSALITY CRITERIA  
BIDDLE, S. [AUSTRALIA]

**L/South**

**IS-SH08**

**SERIOUS GAMES IN SPORT AND HEALTH  
- CHANCES AND CHALLENGES**

Chair(s):

Wiemeyer, J. [Germany]

15:30 IS-SH08-1  
SERIOUS GAMES IN SPORT AND HEALTH - A  
CRITICAL REVIEW  
WIEMEYER, J. [GERMANY]

16:00 IS-SH08-2  
PERSONALIZED TRAINING IN EXERGAMES  
[AUSTRIA]

16:30 IS-SH08-3  
FRIEND OR FOE? COMPETITION VERSUS CO-  
OPERATION IN GAMES FOR HEALTH  
STAIANO, A.E. [UNITED STATES]

**M/South**

**OP-SH05**

**PHYSICAL EDUCATION AND LEARNING**

Chair(s):

McCuaig, L. [Australia]

Gebken, U. [Germany]

15:30 OP-SH05-1  
PLACEMENT OF VOLLEYBALL UNIT AS A  
TEACHING MATERIAL THROUGH ACTION  
RESEARCH  
NAKAZAWA, K. ET AL [JAPAN]

15:45 OP-SH05-2  
DELIVERING PHYSICAL EDUCATION AND  
SPORT IN SELECTED SCHOOLS IN SOWE-  
TO <SOUTH AFRICA>: SOWETO ACTIVE  
SCHOOLS PROGRAMME  
HOLLANDER, W. [SOUTH AFRICA]

16:00 OP-SH05-3  
EXTRACURRICULAR SCHOOL SPORT IN THE  
SCHOOL - A NEW APPROACH BESIDES



# Oral & Invited Presentations

OUTSOURCING TO SPORTS CLUBS  
KRAKOWSKI-ROOSEN, H. ET AL [GERMANY]

16:15 OP-SH05-4  
INCLUSIVE OR EXCLUSIVE? AN EXAMINATION  
OF INTERPRETATIONS OF THE BODY IN PHYSI-  
CAL EDUCATION FROM THE PERSPECTIVE OF  
ABLEISM  
RUIN, S. ET AL [GERMANY]

16:30 OP-SH05-5  
A PART OF A BIGGER PICTURE – A COM-  
PARISON OF PETE- STUDENTS' ATTITUDES  
TOWARDS INCLUSIVE PE IN GERMANY AND  
THE NETHERLANDS  
MEIER, S. ET AL [GERMANY]

## N/South OP-SH06

### SPORT MANAGEMENT AND SOCIETY

Chair(s):  
Grimminger-Seidensticker, E. [Germany]  
Hartmann-Tews, I. [Germany]

15:30 OP-SH06-1  
ETHNIC IDENTITIES, SENSE OF BELONGING  
AND THE SIGNIFICANCE OF SPORT  
BURRMANN, U. ET AL [GERMANY]

15:45 OP-SH06-2  
THE ACQUISITION OF MARKETING PERMIS-  
SIONS IN GERMAN PROFESSIONAL FOOTBALL  
CLUBS  
HABENSTEIN, D. [GERMANY]

16:00 OP-SH06-3  
INCULCATING THE CONCEPT OF THE NATION  
WITH AFFECTIVITY AND MORALITY: EFFECTS  
OF THE MEDIA'S FRAMING OF MAJOR SPORT  
EVENTS ON NATIONAL PRIDE AND NATIONAL  
VALUES  
MUTZ, M. ET AL [GERMANY]

## Thursday, July 6<sup>th</sup>, 2017

### 08:00 – 09:30

#### Europa/West IS-PM03

##### TRAINING CHILDREN'S HEARTS – CARDIAC ADAPTATIONS TO EXERCISE AND TRAINING IN THE CHILDHOOD

Chair(s):

Williams, C. [United Kingdom]

08:00 IS-PM03-1  
INSIGHTS FROM EXERCISE STRESS IMAGING  
IN CHILDHOOD ATHLETES AND CHILDREN  
WITH CONGENITAL HEART DISEASE.  
PIELES, G. [UNITED KINGDOM]

08:30 IS-PM03-2  
INTEGRATION OF ECHOCARDIOGRAPHY AND  
CARDIOPULMONARY TESTING WITH YOUNG  
ADOLESCENTS  
WILLIAMS, C.A. [UNITED KINGDOM]

09:00 IS-PM03-3  
EXERCISE PERFORMANCE AND TRAINING  
ADAPTATION OF YOUNG ATHLETES  
OBERHOFFER, R. [GERMANY]

#### Deutschland/South IS-PM08

##### DIETARY NITRATE AS AN ERGOGENIC AID

Chair(s):

Verdijk, L. [Netherlands]

08:00 IS-PM08-1  
DIETARY NITRATE AS AN ERGOGENIC AID  
VANHATALO, A. [UNITED KINGDOM]

08:30 IS-PM08-2  
WHO WILL BENEFIT FROM THE ERGOGENIC  
PROPERTIES OF NITRATE SUPPLEMENTATION?  
VERDIJK, L. [NETHERLANDS]

09:00 IS-PM08-3  
PRACTICAL APPLICATION OF DIETARY NITRATE  
SUPPLEMENTATION IN SPORTS  
BURKE, L. [AUSTRALIA]

#### Panorama/West OP-PM08

##### ESSA – ECSS EXCHANGE:THERMOREGULATION

Chair(s):

Racinais, S. [Qatar]

Bärtsch, P. [Switzerland]

08:00 [YIA] OP-PM08-1  
ESSA – ECSS EXCHANGE : SHOULD ENDUR-  
ANCE ATHLETES COMPETING IN THE HEAT  
FOCUS ON COOLING BEFORE OR DURING  
COMPETITION?  
STEVENS, C. ET AL [AUSTRALIA]

08:15 OP-PM08-2  
ENDOGENOUS AND EXOGENOUS HEATING  
HAVE DIFFERENT EFFECTS ON THE SWEAT  
GLANDS ION REABSORPTION RATES  
GERRETT, N. ET AL [JAPAN]

08:30 OP-PM08-3  
COGNITIVE FUNCTION DURING EXERCISE IN  
THE HEAT AND THE EFFECT OF PRE-COOLING  
SALDARIS, J.M. ET AL [AUSTRALIA]

08:45 OP-PM08-4  
EXERCISE TRAINING IN THE COLD ENHANCES  
CEREBROVASCULAR FUNCTION MORE THAN  
TRAINING IN THERMONEUTRAL ENVIRON-  
MENT  
MILLER, G.D. ET AL [UNITED KINGDOM]

#### Berlin/West IS-BN04

##### RESIDUAL FORCE ENHANCEMENT – AN UNDERRATED NEUROMUSCULAR PROPERTY FOR SPORT & HEALTH

Chair(s):

Seiberl, W. [Germany]

Hahn, D. [Germany]

08:00 IS-BN04-1  
RESIDUAL FORCE ENHANCEMENT – THE  
NEGLECTED NEUROMUSCULAR PROPERTY  
IN SPORT AND HEALTH  
HERZOG, W. [CANADA]

08:30 IS-BN04-2  
THE STRETCH-SHORTENING-CYCLE REVISITED:  
HOW RESIDUAL FORCE ENHANCEMENT  
CONTRIBUTES TO INCREASED PERFOR-  
MANCE.  
HAHN, D. ET AL [GERMANY]

09:00 IS-BN04-3  
ACUTELY AND CHRONICALLY ALTERED NEU-  
ROMUSCULAR STATES INFLUENCE RESIDUAL  
FORCE ENHANCEMENT  
POWER, G. ET AL [CANADA]

#### Rheinland/South OP-PM18

##### COACHING OF ATHLETES

Chair(s):

Sullivan, P. [Canada]

Plessner, H. [Germany]

08:00 OP-PM18-1  
THE DETERMINANTS OF A GOOD LUNGE  
PERFORMANCE IN FENCING  
CORRÊA, S.C. ET AL [BRAZIL]

08:15 OP-PM18-2  
INTEGRATION OF PHYSIOLOGICAL AND  
PSYCHOLOGICAL ACTIVITY DURING FENC-  
ING COMPETITION: CONSEQUENCES ON

PHYSICAL PREPARATION  
DEDIEU, P. ET AL [FRANCE]

08:30 OP-PM18-3  
A LABORATORY STUDY ON THE ATTENTIONAL  
BIAS AS AN UNDERLYING MECHANISM  
BETWEEN CORTISOL AND SPORT PERFOR-  
MANCE  
LAUTENBACH, F. [GERMANY]

08:45 OP-PM18-4  
TRADITIONAL BASQUE ROWING: COACHES'  
LEADERSHIP BASED ON DIFFERENT POSITIONS  
WITHIN THE TEAM  
LEÓN GUEREÑO, P. [SPAIN]

#### New York/West OP-DTB1

##### DTB TENNIS AWARD 1

Chair(s):

Ferrauti, A. [Germany]

Lames, M. [Germany]

08:00 OP-DTB1-1  
EVALUATION OF SILHOUETTE-BASED MARK-  
ERLESS AND HYBRID TRACKING FOR KIN-  
EMATICS IN TENNIS  
FRÜHSCHÜTZ, H. ET AL [GERMANY]

08:15 OP-DTB1-2  
BIOMECHANICAL ANALYSIS OF TENNIS SERVE  
IN YOUNG ELITE PLAYERS: EFFECT OF THE  
"WAITER'S SERVE" ON UPPER LIMB LOADS  
TOUZARD, P. ET AL [FRANCE]

08:30 OP-DTB1-3  
RELATIONSHIPS BETWEEN ANTHROPOMETRIC  
OR FUNCTIONAL CHARACTERISTICS AND  
MAXIMAL SERVE VELOCITY IN PROFESSIONAL  
TENNIS PLAYERS  
BONATO, M. ET AL [ITALY]



08:45 OP-DTB1-4  
POST-ACTIVATION POTENTIATION IN TENNIS  
SERVE  
TERRAZA REBOLLO, M. [SPAIN]

09:00 OP-DTB1-5  
BIOMECHANICAL PROFILE OF TENNIS MATCH  
PLAY: EFFECTS OF PLAYING SURFACE  
PONZANO, M. ET AL [ITALY]

09:15 OP-DTB1-6  
SYSTEMATIC GAME OPENING ANALYSIS AT  
TOP LEVEL IN MEN'S TENNIS – APPROACHING  
A NEW COURT-DIVISION METHOD  
BORN, P. ET AL [GERMANY]

#### Mailand/West OP-BN05

##### INJURY PREVENTION

Chair(s):  
Gehring, D. [Germany]  
Hagen, M. [Germany]

08:00 [YIA] OP-BN05-1  
REGION-DEPENDENT HAMSTRING MUSCLE  
ACTIVITY IN COMMON REHABILITATION  
EXERCISES  
HEGYI, A. ET AL [FINLAND]

08:15 OP-BN05-2  
BALANCE IN HAMSTRING MUSCLES STIFF-  
NESS AMONG ELITE ATHLETES  
AVRILLON, S. ET AL [FRANCE]

08:30 OP-BN05-3  
THE EFFECT OF STRIDE LENGTH MANIPULA-  
TION ON LOADING IN HABITUAL RUNNERS:  
A CASE STUDY  
DOYLE, S. ET AL [UNITED KINGDOM]

08:45 OP-BN05-4  
IMPACT FORCES DURING JUMP LANDING:  
DOES SPORTS FLOORING MATTER?  
MALISOUX, L. ET AL [LUXEMBOURG]

09:00 OP-BN05-5  
CAN SHOE CUSHIONING REDUCE SHOCK  
AND AFFECT MUSCLE ACTIVATION DURING  
DIFFERENT LANDINGS?  
FU, W. ET AL [CHINA]

#### Brüssel/West OP-PM63

##### METHODS IN EXERCISE PHYSIOLOGY 2

Chair(s):  
Wagenmakers, A. [United Kingdom]  
Schulz, H. [Germany]

08:00 OP-PM63-1  
MITOCHONDRIAL OXYGEN AFFINITY AND  
ITS ROLE IN DETERMINATION OF MAXIMAL  
OXYGEN CONSUMPTION  
CARDINALE, D.A. ET AL [SWEDEN]

08:15 OP-PM63-2  
MONITORING ACUTE FATIGUE IN SOCCER  
PLAYERS  
ALI, A. ET AL [NEW ZEALAND]

08:30 OP-PM63-3  
EFFECTIVE RECOVERY AND DYNAMIC SLEEP:  
OBJECTIVE METHOD FOR EVALUATING TRAN-  
SIENT SLEEPING ENVIRONMENTS  
TROYNIKOV, O. ET AL [AUSTRALIA]

08:45 OP-PM63-4  
MEASURE OF THE METABOLIC CAPACITIES IN  
SWIMMER: COMPARISON OF A STANDARD  
APPROACH WITH THE ENERGY MUSCLE  
METABOLISM SIMULATION METHOD.  
HELLARD, P. ET AL [FRANCE]

09:00 OP-PM63-5  
SUPPORT VECTOR MACHINE <SVM> LEARN-  
ING TOOL FOR THE INTERPRETATION OF  
CARDIOPULMONARY EXERCISE TEST RESULTS  
INBAR, O. ET AL [ISRAEL]

#### L/South OP-PM40

##### TRAINING IN LEISURE SPORT

Chair(s):  
Lane, A. [United Kingdom]  
Heinonen, I. [Australia]

08:00 OP-PM40-1  
SELF-REGULATED COMBINED HIGH-INTENSI-  
TY AND SPRINT INTERVAL TRAINING CONFERS  
VASCULOPROTECTION  
KILDING, A.E. ET AL [NEW ZEALAND]

08:15 OP-PM40-2  
MICROPAUSE RUNNING: A MORE PALAT-  
ABLE ALTERNATIVE TO MODERATE INTENSITY  
CONTINUOUS RUNNING  
WALSH, A. ET AL [IRELAND]

08:30 OP-PM40-3  
TEACHING MOTIVES, GOALS, AND STRATE-  
GIES OF EXPERIENCED YOGA TEACHERS.  
VERGEER, I. ET AL [AUSTRALIA]

08:45 OP-PM40-4  
EFFECTS OF A 12-WEEK LOW FREQUENCY  
LOW-VELOCITY RESISTANCE TRAINING PRO-  
GRAM ON KNEE EXTENSOR STRENGTH, BODY  
COMPOSITION, AND CARDIOVASCULAR FIT-  
NESS IN HEALTHY SEDENTARY INDIVIDUALS;  
A PILOT STUDY.  
GERRITS, K. ET AL [NETHERLANDS]

09:00 OP-PM40-5  
MIND-MUSCLE CONNECTION: EFFECT OF  
VERBAL INSTRUCTIONS ON EMG DURING  
BENCH PRESS IN RESISTANCE TRAINED  
MALES.  
SAONCELLA, M. ET AL [ITALY]

#### M/South OP-PM65

##### EFFECTS OF TRAINING: MIXED SESSION

Chair(s):  
Hettinga, F. [United Kingdom]  
Tschan, H. [Austria]

08:00 OP-PM65-1  
INFLUENCE OF A NEW DEVELOPED SWIM  
SNORKEL – AN INTERVENTION STUDY  
ZELLER, S. ET AL [GERMANY]

08:15 OP-PM65-2  
EFFECT OF ENDURANCE TRAINING ON SKEL-  
ETAL MUSCLE AND PLASMA APELIN LEVELS  
IN TYPE 2 DIABETIC RATS  
SONG, W. [KOREA, SOUTH]

08:30 OP-PM65-3  
NEUROPHYSIOLOGICAL CORRELATES OF  
FLEXIBILITY GAINS THROUGH MOTOR IM-  
AGERY  
KANTHACK, T.F.D. ET AL [FRANCE]

08:45 OP-PM65-4  
EFFECTS OF 60 DAYS OF SIMULATED MI-  
CROGRAVITY AND THE INFLUENCE OF JUMP  
EXERCISE COUNTERMEASURE ON CARDI-  
ORESPIRATORY KINETICS  
THIESCHAEFER, L. ET AL [GERMANY]

09:00 OP-PM65-5  
THE EFFECTS OF HANDCYCLE UPPER BODY  
TRAINING ON PHYSICAL CAPACITY AND  
WHEELCHAIR PROPULSION EFFICIENCY IN  
ABLE-BODIED MALES  
CHAIKHOT, D. ET AL [UNITED KINGDOM]

09:15 OP-PM65-6  
MONITORING OF FUNCTIONAL AND PSY-  
CHOPHYSIOLOGICAL STATE OF ATHLETES  
DURING TRAINING CAMP  
KLYUCHNIKOV, M. ET AL [RUSSIA]

#### N/South OP-SH07

##### EXPERIENCES IN SPORT

Chair(s):  
Hecksteden, A. [Germany]  
Gerber, M. [Switzerland]

08:00 OP-SH07-1  
AN EXPLORATIVE STUDY OF EXPERIENCE OF  
RECREATIONAL TEAM SPORT ATHLETES: A  
QUALITATIVE RESEARCH  
IGBOKWE, E. [GERMANY]

08:15 OP-SH07-2  
CHILDREN'S PERSPECTIVE OF GAME: A COM-  
PARISON OF STATE SCHOOLS AND COLLEGE  
GUNDUZ, N. ET AL [TURKEY]

08:30 OP-SH07-3  
THE INVESTIGATION OF BODILY KINESTHETIC  
INTELLIGENCE LEVELS OF ADOLESCENTS WHO  
TAKE PART IN SPORT SCHOOLS  
OZTURK, A. ET AL [TURKEY]

08:45 OP-SH07-4  
EDUCATION-BASED SPORT-FOR-DEVELOP-  
MENT: EXPERIENCES FROM PAPUA NEW  
GUINEA  
FRAWLEY, S. ET AL [AUSTRALIA]

09:00 OP-SH07-5  
SPORTS CLUBS APPROACH TO MAIN-  
STREAMING OF DISABILITY SPORT: A CRITICAL  
ANALYSIS  
CHRISTIAENS, M. [UNITED KINGDOM]

09:15 OP-SH07-6  
DESIGN AND CODIFICATION STRATEGIC PLAN  
OF IRAN SPORTS FEDERATION FOR THE BLIND  
HABIBIRAD, A. ET AL [IRAN]

# Oral & Invited Presentations

Thursday, July 6<sup>th</sup>, 2017

09:45 - 11:15

**Europa/West** **IS-EX02**

**JSPFSM-ECSS EXCHANGE SYMPOSIUM: CHALLENGING PHYSICAL INACTIVITY IN CHILDHOOD AND ADOLESCENCE - WHAT CROSS-BORDER EVIDENCE AND ISSUES DO WE HAVE?**

Chair(s):

Nagatomi, R. [Japan]

09:45 IS-EX02-1  
COMPARISON OF PHYSICAL ACTIVITY AND FITNESS OF ADOLESCENTS IN MAJOR ASIAN CITIES: THE ASIA-FIT STUDY  
SUZUKI, K. [JAPAN]

10:15 IS-EX02-2  
THE RELATION OF CHILDHOOD FITNESS TO EXECUTIVE FUNCTION AND MEMORY  
KAMIJO, K. [JAPAN]

10:45 IS-EX02-3  
EFFECT OF SCHOOL BASED PHYSICAL ACTIVITY INTERVENTIONS  
ANDERSEN, L. [NORWAY]

**Deutschland/South** **IS-SP01**

**NUTRITION FOR MUSCLE AND TENDON ADAPTATION - SPONSORED BY GSSI**

Chair(s):

Carter, J. [United States]

09:45 IS-SP01-1  
INDIVIDUAL RESPONSES TO RESISTANCE TYPE EXERCISE TRAINING  
VAN LOON, L. [NETHERLANDS]

10:15 IS-SP01-2  
THE ROLE OF ANTIOXIDANTS IN EXERCISE RECOVERY AND ADAPTATION  
STEVENSON, E. [UNITED KINGDOM]

10:45 IS-SP01-3  
NUTRITION AND EXERCISE TO MINIMIZE MUSCULOSKELETAL INJURY AND ACCELERATE RETURN TO PLAY  
BAAR, K. [UNITED STATES]

**Panorama/West** **OP-PM12**

**ECCENTRIC EXERCISE**

Chair(s):

Theisen, D. [Luxembourg]

Falla, D. [United Kingdom]

09:45 [YIA] OP-PM12-1  
WHAT CAUSES A DECREASE IN RUNNING ECONOMY AFTER DOWNHILL RUNNING?  
LIMA, L.C.R. ET AL [BRAZIL]

10:00 OP-PM12-2  
COMPARISON AMONG NINE DIFFERENT ECCENTRIC EXERCISES FOR DELAYED ONSET MUSCLE SORENESS AND LOSS OF MUSCLE STRENGTH  
NOSAKA, K. ET AL [AUSTRALIA]

10:15 OP-PM12-3  
REPEATING NON-DAMAGING LOW-INTENSITY ECCENTRIC EXERCISE LARGELY ATTENUATES MUSCLE DAMAGE INDUCED BY MAXIMAL ECCENTRIC EXERCISE OF THE ELBOW FLEXORS  
CHEN, T.C. ET AL [TAIWAN]

10:30 OP-PM12-4  
PROTECTIVE EFFECT OF LOW-INTENSITY ECCENTRIC CONTRACTIONS ON MUSCLE DAMAGE INDUCED BY INTENSIVE WHOLE BODY ECCENTRIC EXERCISES  
HUANG, M.Y. ET AL [TAIWAN]

10:45 OP-PM12-5  
THE EFFECTS OF ISCHEMIC PRECONDITIONING ON MAXIMAL ECCENTRIC EXERCISE-INDUCED MUSCLE DAMAGE  
FRANZ, A. ET AL [GERMANY]

11:00 OP-PM12-6  
ADAPTATIONS AND MUSCLE DAMAGE PROTECTION CONFERRED BY 4-WEEK ECCENTRIC OVERLOAD TRAINING PROGRAM  
ILLERA-DOMINGUEZ, V. ET AL [SPAIN]

**Berlin/West** **IS-BN06**

**NEW INSIGHTS IN BIOMECHANICS OF MUSCLE CONTRACTION**

Chair(s):

Siebert, T. [Germany]

09:45 IS-BN06-1  
NEW INSIGHTS IN MUSCLE MICROSTRUCTURE AND FORCE GENERATION  
RODE, C. [GERMANY]

10:15 IS-BN06-2  
MULTIDIMENSIONAL MODELS FOR PREDICTING MUSCLE STRUCTURE AND FASCICLE PENNATION  
WAKELING, J.M. [CANADA]

10:45 IS-BN06-3  
INFLUENCE OF MUSCLE COMPRESSION ON MUSCLE FORCE: EXPERIMENTATION AND SIMULATION  
SIEBERT, T. [GERMANY]

**Rheinland/South** **OP-PM13**

**CARDIOVASCULAR PHYSIOLOGY**

Chair(s):

Birch, K. [United Kingdom]

González-Alonso, J. [United Kingdom]

09:45 [YIA] OP-PM13-1  
BRAIN GREY MATTER VOLUME AND CEREBRAL HAEMODYNAMIC AND METABOLIC RESPONSES TO EXERCISE: IMPACTS OF AGE AND CARDIORESPIRATORY FITNESS  
HALE, A. ET AL [UNITED KINGDOM]

10:00 [YIA] OP-PM13-2  
DAILY REMOTE ISCHEMIC PRECONDITIONING IMPROVES SYSTEMIC VASCULAR FUNCTION IN TYPE 2 DIABETES MELLITUS  
MAXWELL, J.D. ET AL [UNITED KINGDOM]

10:15 [YIA] OP-PM13-3  
SIMILARITY BETWEEN CAROTID AND CORONARY ARTERY RESPONSES TO SYMPATHETIC STIMULATION AND THE ROLE OF ALPHA-1 RECEPTORS IN HUMANS  
VAN MIL, A. ET AL [NETHERLANDS]

10:30 [YIA] OP-PM13-4  
LEG BLOOD FLOW AND SKELETAL MUSCLE MICROVASCULAR PERFUSION RESPONSES TO EXERCISE IN PERIPHERAL ARTERIAL DISEASE  
MENESES, A.L. ET AL [AUSTRALIA]

10:45 [YIA] OP-PM13-5  
HIGH-INTENSITY INTERVAL TRAINING: POTENTIAL ALTERNATIVE TO MODERATE AEROBIC EXERCISE ON HEMODYNAMIC PARAMETERS AT REST AND DURING STRESS TESTING  
KETELHUT, S. ET AL [GERMANY]

11:00 [YIA] OP-PM13-6  
ALLOMETRIC MODELLING OF PEAK OXYGEN UPTAKE ENHANCES THE PROGNOSTIC VALUE OF CARDIORESPIRATORY FITNESS FOR PREDICTING ALL-CAUSE MORTALITY IN HEART

FAILURE PATIENTS  
LOLLI, L. ET AL [UNITED KINGDOM]

**New York/West** **OP-DTB2**

**DTB TENNIS AWARD 2**

Chair(s):

Ferrauti, A. [Germany]

Wiewelhove, T. [Germany]

09:45 OP-DTB2-1  
NEW TECHNOLOGIES FOR DETERMINING EXTERNAL AND INTERNAL LOADS IN TENNIS  
HOPPE, M. ET AL [GERMANY]

10:00 OP-DTB2-2  
MEASURES OF LOAD AND INJURY IN TENNIS: ARE THERE RELATIONSHIPS?  
GESCHEIT, D.T. ET AL [AUSTRALIA]

10:15 OP-DTB2-3  
THE HEALTH BENEFITS OF TENNIS: A COMPARISON OF THE PHYSIOLOGICAL CHARACTERISTICS OF SENIOR PLAYERS AND NON-PLAYERS  
JACKSON, M.J. ET AL [UNITED KINGDOM]

10:30 OP-DTB2-4  
OPTIMAL COOLING STRATEGIES FOR TENNIS IN HOT/DRY AND HOT/HUMID CONDITIONS  
LYNCH, G. ET AL [AUSTRALIA]

10:45 OP-DTB2-5  
EXPLAINING TENNIS PERFORMANCE IN TALENTED TENNIS PLAYERS BY PHYSICAL FITNESS  
KRAMER, T. ET AL [NETHERLANDS]

11:00 OP-DTB2-6  
THE CONTRIBUTION OF VISUAL AND KINESTHETIC IMAGERY ON LEARNING TENNIS SKILLS FOR NOVICE PLAYERS  
HEGAZY, K. ET AL [GERMANY]

**Mailand/West**

**OP-PM19**

**DEVELOPING YOUNG ATHLETES**

Chair(s):

Granacher, U. [Germany]

Hohmann, A. [Germany]

09:45 OP-PM19-1  
A SYSTEMATIC REVIEW OF THE TRAINING SPECIFICITY OF YOUTH STRENGTH AND POWER TRAINING ADAPTATIONS  
QUIGLEY, P. ET AL [CANADA]

10:00 OP-PM19-2  
THE EFFECTS OF CONCURRENT STRENGTH AND ENDURANCE TRAINING ON MAXIMAL STRENGTH, MUSCLE POWER, ENDURANCE, AND ATHLETIC PERFORMANCE IN THE GENERAL YOUTH POPULATION AND IN YOUTH ATHLETES  
GÄBLER, M. ET AL [GERMANY]

10:15 OP-PM19-3  
INTER AND INTRA-SEASONAL VARIATIONS IN ENDURANCE AND MUSCULAR PERFORMANCE IN ELITE YOUTH SOCCER PLAYERS  
CONNOLLY, D. ET AL [ITALY]

10:30 OP-PM19-4  
THE EFFECT OF AGE AND MATURITY STATUS ON MOTOR COORDINATION, SPEED AND AGILITY IN ELITE YOUTH SOCCER PLAYERS  
ROMMERS, N. ET AL [BELGIUM]

10:45 OP-PM19-5  
YOUTH SOCCER AND THE RELATIVE AGE EFFECT: INFLUENCE OF THE CHANGES IN THE TALENT IDENTIFICATION POLICY IN A PROFESSIONAL CLUB  
GIL, S.M. ET AL [SPAIN]

11:00 OP-PM19-6  
RELATIVE AGE EFFECTS IN SWISS TALENT DEVELOPMENT – A NATIONAL ANALYSIS OF ALL SPORTS  
ROMANN, M. ET AL [SWITZERLAND]

**Brüssel/West**

**OP-PM64**

**TRAINING IN THE ELDERLY**

Chair(s):

Donath, L. [Switzerland]

Thiel, C. [Germany]

09:45 OP-PM64-1  
MUSCLE WASTING IS THE PRIMARY CAUSE OF WEAKNESS IN 'HEALTHY' AGEING, WITH MODEST-TO-NEGLECTIBLE CONTRIBUTIONS OF REDUCED MUSCLE QUALITY, NEURAL ACTIVATION AND ARCHITECTURAL REMODELLING  
MCPHEE, J.S. JONES, D.A. DEGENS, H. [UNITED KINGDOM]

10:00 OP-PM64-2  
A HEALTHY DIET RICH IN N-3 PUFA ENHANCES THE EFFECTS OF RESISTANCE TRAINING IN ELDERLY WOMEN  
EDHOLM, P. ET AL [SWEDEN]

10:15 OP-PM64-3  
EFFECTS OF SUPERVISION OF BALANCE AND STRENGTH TRAINING INTERVENTIONS ON BALANCE AND MUSCLE STRENGTH IN OLD ADULTS: A META-ANALYSIS  
LACROIX, A. ET AL [GERMANY]

10:30 OP-PM64-4  
THE TIME COURSE OF MUSCLE MORPHOLOGICAL AND ARCHITECTURAL ADAPTATIONS TO MODERATE-LOAD CONCENTRIC AND ECCENTRIC TRAINING IN YOUNG AND OLDER MEN  
FRANCHI, M.V. ET AL [UNITED KINGDOM]

10:45 OP-PM64-5  
AEROBIC EXERCISE ON BRAIN PERFUSION AND COGNITION IN AMNESTIC MILD COGNITIVE IMPAIRMENT DUE TO AD  
TEIXEIRA, C.V.L. ET AL [BRAZIL]

11:00 OP-PM64-6  
INFLUENCE OF FEAR OF FALLING AND PHYSICAL LIMITATIONS ON GAIT PERFORMANCE

UNDER SINGLE AND DUAL TASK CONDITIONS  
WOLLESEN, B. ET AL [GERMANY]

**L/South**

**OP-PM41**

**OCCUPATIONAL ASPECTS OF HEALTH AND PHYSICAL ACTIVITY**

Chair(s):

Biddle, S. [Australia]

Reer, R. [Germany]

09:45 OP-PM41-1  
EFFECTS OF WORK DEMANDS ON ASSOCIATIONS BETWEEN MEASURES OF PHYSICAL FITNESS AND PSYCHO-COGNITIVE PERFORMANCE IN THE YOUNG AND MIDDLE-AGED WORKFORCE  
PRIESKE, O. ET AL [GERMANY]

10:00 OP-PM41-2  
COMPARISON OF ENERGY EXPENDITURE AND MUSCULAR ACTIVITY WHILE SITTING ON A STABILITY BALL VERSUS OFFICE CHAIRS  
KUMAHARA, H. ET AL [JAPAN]

10:15 OP-PM41-3  
REQUIREMENTS FOR EXERCISES IN PRIMARY PREVENTION FOR STATIONARY NURSING AND GERIATRIC NURSING  
OTTO, A. ET AL [GERMANY]

10:30 OP-PM41-4  
SELF-RATED PHYSICAL LOADS OF WORK TASKS AMONG CERTIFIED NURSING ASSISTANTS  
LINDBERG, A. [SWEDEN]

10:45 OP-PM41-5  
IMPLEMENTATION OF A SIX MONTHS WORK-SITE SUPERVISED ADAPTED PHYSICAL ACTIVITY PROGRAM AMONG VINEYARD-WORKERS: LONG-TERM EFFECTS ON TRUNK MUSCLE ENDURANCE, FLEXIBILITY AND PAIN SENSITIVITY  
BALAGUIER, R. ET AL [FRANCE]

11:00 OP-PM41-6  
OCCUPATIONAL COGNITIVE LOAD PREDICTS MAINTENANCE OF ENDURANCE PERFORMANCE WITH MENTAL FATIGUE  
MARTIN, K. ET AL [AUSTRALIA]

**M/South**

**IS-SH01**

**LEVERAGING SPORT EVENTS FOR SPORT PARTICIPATION AND DEVELOPMENT**

Chair(s):

Klein, M. [Germany]

09:45 IS-SH01-1  
LEVERAGING SPORT PARTICIPATION FROM MEGA-SPORT EVENTS: TRANSLATING POSSIBILITIES INTO POLICIES  
WEED, M. [UNITED KINGDOM]

10:15 IS-SH01-2  
SPORT EVENTS AND SPORT PARTICIPATION: QUEST FOR A RESEARCH AGENDA  
TAKS, M. [CANADA]

10:45 IS-SH01-3  
THE INSPIRATIONAL EFFECT OF ATTENDING SPORT EVENTS ON SPORT PARTICIPATION IN A METROPOLITAN SETTING: EVIDENCE FROM FIFA WOMEN'S WORLD CUP 2011 IN THE RHINE-RUHR AREA  
KURSCHEIDT, M. [GERMANY]

**N/South**

**OP-SH08**

**PERFORMANCE ANALYSIS**

Chair(s):

Basseti, C. [Italy]

Jaitner, T. [Germany]

09:45 OP-SH08-1  
SEARCHING FOR THE APPLIED PERFORMANCE ANALYST  
MARTIN, D. ET AL [IRELAND]

10:00 OP-SH08-2  
ANTICIPATING THE INTENTIONS OF OTHERS IN SOCCER: THE IMPACT OF PROBABILISTIC INFORMATION  
GREDIN, V. [UNITED KINGDOM]

10:15 OP-SH08-3  
ANALYTIC METHOD FOR EVALUATING PLAYERS' DECISIONS IN TEAM SPORTS  
LAMAS, L. ET AL [BRAZIL]

10:30 OP-SH08-4  
HOW DO INDIVIDUAL TEAM MEMBERS REGULATE THEIR BEHAVIOR TO ACHIEVE SPATIOTEMPORAL COLLECTIVE BEHAVIOR ?  
FEIGAN, M. ET AL [SWITZERLAND]

**Thursday, July 6<sup>th</sup>, 2017**

**16:15 - 17:45**

**Europa/West**

**IS-PM10**

**STRATEGIES FOR OPTIMIZING ELITE ENDURANCE EXERCISE PERFORMANCE**

Chair(s):

Jeukendrup, A. [United Kingdom]

16:15 IS-PM10-1  
NUTRITIONAL STRATEGIES FOR OPTIMIZING ELITE ENDURANCE EXERCISE PERFORMANCE  
JEUKENDRUP, A.E. [UNITED KINGDOM]

16:45 IS-PM10-2  
HIGH INTENSITY INTERVAL TRAINING AND PERIODIZATION  
RØNNSTAD, B.R. [NORWAY]

# Oral & Invited Presentations

17:15 IS-PM10-3  
ALTITUDE AND HEAT TRAINING STRATEGIES  
CARSTEN LUNDBY [SWITZERLAND]

## Deutschland/South IS-PM05

### HOT TOPICS IN ALTITUDE MEDICINE AND ALTITUDE TRAINING

Chair(s):

Schmidt, W. [Germany]

16:15 IS-PM05-1  
THE BRAIN IN ACUTE MOUNTAIN SICKNESS  
AND HIGH ALTITUDE PULMONARY EDEMA  
BÄRTSCH, P. [SWITZERLAND]

16:45 IS-PM05-2  
HBMASS AND ALTITUDE – AN UPDATE  
FOCUSSING ON PERFORMANCE, TRAINING  
AND HEALTH  
SCHMIDT, W. [GERMANY]

17:15 IS-PM05-3  
BEST PRACTICES IN ALTITUDE TRAINING FOR  
TEAM SPORTS  
GIRARD, O. [QATAR]

## Panorama/West OP-PM14

### BODY COMPOSITION

Chair(s):

Paoli, A. [Italy]

Gil, S. [Spain]

16:15 [YIA] OP-PM14-1  
WATER LOADING IN COMBAT SPORT ATH-  
LETES AS A MEANS TO ACUTELY MANIPULATE  
BODY MASS  
REALE, R. ET AL [AUSTRALIA]

16:30 [YIA] OP-PM14-2  
A STEP TOWARDS REMOVING PLASMA  
VOLUME VARIANCE FROM THE ATHLETE'S  
BIOLOGICAL PASSPORT: THE USE OF BIO-

MARKERS TO DESCRIBE VASCULAR VOLUMES  
FROM A SIMPLE BLOOD TEST  
LOBIGS, L. ET AL [AUSTRALIA]

16:45 OP-PM14-3  
COMPARISON OF TWO MULTIFREQUENCY  
BIOIMPEDANCE DEVICES IN ASSESSING BODY  
COMPOSITION, HYDRATION STATUS AND  
BASAL METABOLIC RATE.  
SÁNCHEZ-DELGADO, A. ET AL [SPAIN]

17:00 OP-PM14-4  
EXERCISE TRAINING COMBINED WITH  
INTERMITTENT FASTING AND ALKALINE  
SUPPLEMENTATION AS EFFECTIVE STRATEGY  
TO REDUCE BODY WEIGHT AND IMPROVE  
RUNNING PERFORMANCE  
HOTTENROTT, L. ET AL [GERMANY]

## Berlin/West OP-PM15

### ENERGY METABOLISM AND HORMONES

Chair(s):

Bogdanis, G. [Greece]

Steinacker, J. [Germany]

16:15 [YIA] OP-PM15-1  
THE EFFECT OF EXERCISE ON APPETITE AND  
APPETITE-REGULATORY HORMONES IN  
SUBJECTS WITH THE FTO RS9939609 POLY-  
MORPHISM.  
DORLING, J.L. ET AL [UNITED KINGDOM]

16:30 OP-PM15-2  
ACUTE HORMONAL RESPONSE TO 3 DIF-  
FERENT TYPES OF "CONCURRENT" TRAINING  
CHUNG, L.H. ET AL [SPAIN]

16:45 OP-PM15-3  
PITUITARY AND ADRENAL HORMONAL LEVELS  
CHANGE DURING 8 DAYS OF EXHAUSTIVE  
CYCLING BUT ARE UNRELATED TO PERFOR-  
MANCE DECREMENT  
TEN HAAF, T. ET AL [NETHERLANDS]

## Rheinland/South OP-PM20

### INTERVAL TRAINING 2

Chair(s):

Holmberg, H. [Sweden]

Triska, C. [Austria]

16:15 OP-PM20-1  
EFFECT OF DIFFERENT SPRINT INTERVAL TRAIN-  
ING WORK: REST RATIOS ON PERFORMANCE  
ADAPTATIONS  
LLOYD JONES, M. ET AL [UNITED KINGDOM]

16:30 OP-PM20-2  
EFFECTS OF HIGH INTENSITY INTERVAL  
TRAINING IN CYCLING ON RUNNING PER-  
FORMANCE IN ATHLETES  
MALLOL SOLER, M. [AUSTRALIA]

16:45 OP-PM20-3  
HIGH-INTENSITY INTERVAL TRAINING IN  
PHYSICAL EDUCATION  
ENGEL, F. ET AL [GERMANY]

17:00 OP-PM20-4  
DIFFERENT HIGH-INTENSITY SHOCK MIC-  
ROCYCLES DO NOT AFFECT PERFORMANCE  
COMPONENTS IN PREPUBESCENT ELITE  
SOCCER PLAYERS  
SLOPIANKA, M. ET AL [GERMANY]

17:15 OP-PM20-5  
EFFECT OF DIFFERENT TRAINING INTENSITIES  
ON PLASMA ESTIMATED VOLUME VARIATION  
AND ENDURANCE PERFORMANCE  
RHIBI, F. ET AL [FRANCE]

17:30 OP-PM20-6  
HIGH INTENSITY INTERVAL TRAINING DE-  
CREASES INFLAMMATORY CYTOKINES AND  
IMPROVES BONE TURNOVER MARKERS IN  
OBESE WOMEN  
ATAKAN, M. ET AL [TURKEY]

## New York/West OP-BN06

### FATIGUE

Chair(s):

Baudry, S. [Belgium]

Hahn, D. [Germany]

16:15 [YIA] OP-BN06-1  
CAN NON-INVASIVELY DETERMINED MUSCLE  
TYPOLOGY PREDICT FATIGUE AND RECOVERY  
PROFILE?  
LIEVENS, E. ET AL [BELGIUM]

16:30 [YIA] OP-BN06-2  
MAINTAINED FIRING OF GROUP III/IV MUS-  
CLE AFFERENTS INHIBITS THE RECOVERY OF  
QUADRICEPS MOTONEURONE EXCITABILITY  
AFTER A SUSTAINED CONTRACTION  
FINN, H. ET AL [AUSTRALIA]

16:45 [YIA] OP-BN06-3  
PERIPHERAL FATIGUE RECOVERS FASTER  
IN SHERPA THAN LOWLANDERS AT HIGH-  
ALTITUDE  
RUGGIERO, L. ET AL [CANADA]

17:00 OP-BN06-4  
EFFECTS OF TRAINING ON NEUROMUSCULAR  
FATIGUE IN CYCLING  
MIRA, J. ET AL [CANADA]

17:15 OP-BN06-5  
NON-LOCAL MUSCLE FATIGUE IS MEDIATED  
AT SPINAL AND SUPRASPINAL LEVELS  
AMIRI, E. ET AL [IRAN]

OP-BN06-6  
INSIGHTS INTO MUSCLE EXCITABILITY DUR-  
ING MAXIMAL VOLUNTARY CONTRACTIONS  
BY A SEPARATE ANALYSIS OF THE FIRST AND  
SECOND M-WAVE PHASES  
RODRIGUEZ-FALCES, J. ET AL [SPAIN]

## Mailand/West OP-BN10

### BIOMECHANICS: GAIT

Chair(s):

Gehring, D. [Germany]

Theisen, D. [Luxembourg]

Falla, D. [United Kingdom]  
16:15 OP-BN10-1  
MOTOR CONTROL OF WALKING FORWARDS  
AND BACKWARDS ACROSS DIFFERENT  
INCLINES  
ANGELOUDIS, K. ET AL [UNITED KINGDOM]

16:30 OP-BN10-2  
WALKING AND POLE WALKING AT DIFFERENT  
SPEEDS: ANALYSIS OF MOVEMENT PATTERN  
AND COMPLEXITY  
ZOFFOLI, L. ET AL [ITALY]

16:45 OP-BN10-3  
INDIVIDUAL GAIT PATTERNS IDENTIFIED  
WITHIN A LONG-TERM FOLLOW-UP STUDY  
HORST, F. ET AL [GERMANY]

17:00 OP-BN10-4  
BIOMECHANICAL EVALUATION OF WALKING  
AND CYCLING IN CHILDREN  
GRECA, J.P.A. ET AL [UNITED KINGDOM]

OP-BN10-5  
EFFECTS OF TRACKING LANDMARKS AND  
TIBIAL POINT OF FORCE APPLICATION ON  
THE ASSESSMENT OF PATELLAR TENDON  
MECHANICAL PROPERTIES IN VIVO  
MERSMANN, F. ET AL [GERMANY]



## Brüssel/West

IS-BN09

### MODALITIES OF INTERPERSONAL COORDINATION

Chair(s):

Effenberg, A. [Germany]

16:15 IS-BN09-1  
AVAILABILITY OF SHARED VISUAL INFORMATION IN SOCIAL INTERACTION  
VESPER, C. [HUNGARY]

16:45 IS-BN09-2  
AUDITORY INFORMATION MODULATES INTERPERSONAL COORDINATION  
SCHMITZ, G. ET AL [GERMANY]

17:15 IS-BN09-3  
INDIVIDUAL DIFFERENCES IN TEMPORAL ANTICIPATION AND ADAPTATION DURING REAL-TIME INTERPERSONAL COORDINATION IN JOINT DRUMMING  
KELLER, P. [AUSTRALIA]

## L/South

IS-SH02

### STRESS REGULATION AND PHYSICAL ACTIVITY

Chair(s):

Klaperski, S. [United Kingdom]

16:15 IS-SH02-1  
CARDIORESPIRATORY FITNESS MODERATES THE RELATIONSHIP BETWEEN PERCEIVED STRESS AND CARDIOVASCULAR RISK FACTORS  
GERBER, M. ET AL [SWITZERLAND]

16:45 IS-SH02-2  
DOES PHYSICAL ACTIVITY MODERATE THE STRESS-BURNOUT RELATIONSHIP?  
ISOARD-GAUTHEUR, S. ET AL [FRANCE]

17:15 IS-SH02-3  
DIRECT AND BUFFERING EFFECTS OF PHYSICAL EXERCISE ON HEALTH: A RCT TO TEST

AND EXAMINE THE STRESS BUFFER EFFECT  
KLAPERSKI, S. ET AL [UNITED KINGDOM]

## M/South

OP-SH09

### SPORT EVENTS AND SOCIETY

Chair(s):

Yoshinori, O. [Japan]

Klein, M. [Germany]

16:15 OP-SH09-1  
SPORT FOR ALL? EXPLORING THE PUBLIC HEALTH REACH OF THE BIRKEBEINER RACES, NORWAY'S ULTIMATE MASS-PARTICIPATION SPORTING EVENTS  
CALOGIURI, G. [NORWAY]

16:30 OP-SH09-2  
A QUALITATIVE RESEARCH ON THE MOTIVATION AND CONSTRAINT FACTORS OF CHINESE RECREATIONAL MARATHON PARTICIPANTS  
CHEN, X. ET AL [CHINA]

16:45 OP-SH09-3  
LEVERAGING SPORT EVENTS TO MAXIMIZE COMMUNITY BENEFITS IN LOW- AND MIDDLE-INCOME COUNTRIES: EXPERIENCES FROM S&#256;MOA  
SCHULENKORF, N. ET AL [AUSTRALIA]

# Thursday, July 6<sup>th</sup>, 2017

## 18:00 - 19:30

## Europa/West

IS-SP02

### SPORTS ENGINEERING METHODS FOR SPORTS SCIENCE: WEARABLE SENSORS AND MACHINE LEARNING - SPONSORED BY ADIDAS

Chair(s):

Eskofier, B. [Germany]

Jaitner, T. [Germany]

18:00 IS-SP02-1  
IN-FIELD USE OF WEARABLE MAGNETO-INERTIAL SENSORS FOR MOTOR CAPACITY, SPORT PERFORMANCE, OR RISK OF INJURY EVALUATION: STATE OF THE ART AND PERSPECTIVES  
CAMOMILLA, V. [ITALY]

18:30 IS-SP02-2  
WEARABLE COMPUTING SYSTEMS AND MACHINE LEARNING FOR SPORTS SCIENCE RESEARCH  
BJOERN, E. [GERMANY]

19:00 IS-SP02-3  
WHEN MODELING BECOMES THE KEY TO UNDERSTANDING: THE POWER OF MODELING APPROACHES IN SPORTS SCIENCE AND ENGINEERING  
SENNER, V. ET AL [GERMANY]

## Deutschland/South

IS-PM01

### THE ROLE OF THE SYSTEMIC AND LOCAL ENVIRONMENT IN SKELETAL MUSCLE HOMEOSTASIS WITH AGEING AND

## EXERCISE

Chair(s):

Mackey, A. [Denmark]

18:00 IS-PM01-1  
THE SYSTEMIC ENVIRONMENT AND AGING: INFLUENCE OF LIFESTYLE FACTORS AND BIOLOGICAL EFFECTS  
KADI, F. [SWEDEN]

18:30 IS-PM01-2  
CIRCULATING MICRORNAS: INTERPLAY BETWEEN HORMONAL AND INFLAMMATORY SYSTEMS, BODY COMPOSITION AND MUSCLE PERFORMANCE  
KOVANEN, V. [FINLAND]

19:00 IS-PM01-3  
CHANGING THE LOCAL AND SYSTEMIC ENVIRONMENT TO IMPROVE THE ADAPTATION OF HUMAN SKELETAL MUSCLE  
MACKEY, A. [DENMARK]

## Panorama/West

OP-PM21

### TALENT IDENTIFICATION AND DEVELOPMENT

Chair(s):

Lamberts, R. [South Africa]

Pfeiffer, M. [Germany]

18:00 OP-PM21-1  
VALIDITY OF EARLY TALENT SCREENING AND TALENT ORIENTATION  
HOHMANN, A. ET AL [GERMANY]

18:15 OP-PM21-2  
LONG-TERM STABILITY OF SPORT PERFORMANCE DURING CHILDHOOD  
SIENER, M. ET AL [GERMANY]

18:30 OP-PM21-3  
PERFORMANCE PREDICTION IN YOUTH SOCCER TALENTS  
PIETZONKA, M. ET AL [GERMANY]

18:45 OP-PM21-4  
EXPLORING DIFFERENCES AND SIMILARITIES FOR TALENT TRANSFER IN BASKETBALL, SOCCER AND VOLLEYBALL.  
PION, J. ET AL [NETHERLANDS]

19:00 OP-PM21-5  
TALENT IDENTIFICATION AND DEVELOPMENT IN SWIMMING  
ELFERINK-GEMSER, M.T. ET AL [NETHERLANDS]

## Berlin/West

IS-BN03

### MUSCLE-TENDON UNIT PROPERTIES AND RUNNING ECONOMY

Chair(s):

Arampatzis, A. [Germany]

18:00 IS-BN03-1  
TENDOMUSCULAR FACTORS AFFECTING THE METABOLIC COST OF RUNNING  
ARAMPATZIS, A. [GERMANY]

18:30 IS-BN03-2  
SKELETAL MUSCLE ENERGETICS AND TENDON STIFFNESS: IMPLICATIONS FOR ENERGY COST OF RUNNING  
MACINTOSH, B.R. [CANADA]

19:00 IS-BN03-3  
MUSCULOSKELETAL CHARACTERISTICS AND FUNCTION DURING RUNNING FOR TOP LEVEL ENDURANCE RUNNERS  
ISHIKAWA, M. ET AL [JAPAN]





08:30 IS-PM02-2  
FROM SPACE TO SCHOOL - NEURO-EN-  
HANCEMENT THROUGH EXERCISE  
SCHNEIDER, S. [GERMANY]

09:00 IS-PM02-3  
RELATIONSHIP BETWEEN COGNITION, ANTI-  
OXIDANT DEFENCE SYSTEM AND VASCULAR  
FUNCTION: RATIONALE FOR EXERCISE INTER-  
VENTIONS IN ADVANCED AGE  
POLIDORI, M.C. ET AL [GERMANY]

## Deutschland/South OP-PM44

### EFFECTS OF CAFFEINE, TYROSINE AND CREATINE ON PERFORMANCE

Chair(s):  
Wardenaar, F. [Netherlands]  
Verdijk, L. [Netherlands]

08:00 OP-PM44-1  
THE EFFECT OF CARBOHYDRATE AND CAF-  
FEINE INGESTION ON INTERMITTENT SPRINT  
CYCLING IN THE HEAT  
ROSS, C. ET AL [UNITED KINGDOM]

08:15 OP-PM44-2  
THE EFFECTS OF CAFFEINE, TAURINE OR  
CAFFEINE-TAURINE CO-INGESTION ON  
REPEAT-SPRINT CYCLING PERFORMANCE  
AND PHYSIOLOGICAL RESPONSES  
WALDRON, M. ET AL [UNITED KINGDOM]

08:30 OP-PM44-3  
LOW, MEDIUM OR HIGH DOSE TYROSINE  
SUPPLEMENTATION DOES NOT INFLUENCE  
PROLONGED CYCLING PERFORMANCE IN  
THE HEAT.  
TUMILTY, L. ET AL [UNITED KINGDOM]

08:45 OP-PM44-4  
LOADING THE CHALLENGE: TYROSINE INTAKE  
AND CARDIOVASCULAR RESPONSES TO  
COMPETITION  
HASE, A. ET AL [UNITED KINGDOM]

09:00 OP-PM44-5  
THE EFFECT OF O CREATINE SUPPLEMENTA-  
TION COMBINED WITH A SHORT TERM  
WHOLE BODY VIBRATION TRAINING ON  
MOBILITY, BALANCE, AND STRENGTH IN  
OLD FEMALES  
KAVIANI, M. ET AL [CANADA]

09:15 OP-PM44-6  
THE EFFECTS OF CREATINE SUPPLEMENTATION  
ON EXPLOSIVE PERFORMANCE AND OPTIMAL  
INDIVIDUAL POSTACTIVATION POTENTIATION  
TIME OF UPPER BODY IN KAYAK ATHLETES  
WANG, C.C. ET AL [TAIWAN]

## Panorama/West IS-EX01

### CSSS-ECSS EXCHANGE SYMPOSIUM: EXERCISE PERFORMANCE AND HEALTH PROMOTION

Chair(s):  
ZHAO, J. [China]

08:00 IS-EX01-1  
DEVELOPMENT AND VALIDATION OF BODY  
FAT PREDICTION EQUATION IN 20-69 ADULTS  
ZHAO, J. ET AL [CHINA]

08:30 IS-EX01-2  
INVESTIGATION THE HEALTH BEHAVIOR  
OF SCHOOL-AGED CHILDREN IN HARBIN,  
NORTHEAST CHINA  
WANG, M. ET AL [CHINA]

09:00 IS-EX01-3  
USING EXERCISE AND ALTERNATE STRATEGIES  
TO OPTIMISE CARDIOVASCULAR HEALTH  
CABLE, N.T. [UNITED KINGDOM]

## Berlin/West IS-BN07

### BIG DATA IN SPORTS

Chair(s):  
Lames, M. [Germany]  
08:00 IS-BN07-1  
BIG DATA IN SPORTS: THE DEVELOPER PER-  
SPECTIVE  
MCCORMICK-SMITH, A. [GERMANY]

08:30 IS-BN07-2  
BIG DATA IN SPORTS: THE ANALYTICS PER-  
SPECTIVE  
LUCY, P. [UNITED STATES]

09:00 IS-BN07-3  
BIG DATA IN SPORTS: THE SPORTS PERSPEC-  
TIVE  
VOLOSOSVITCH, A. [PORTUGAL]

## Rheinland/South OP-BN11

### ADAPTATIONS OF THE MUSCLE-TENDON SYSTEM

Chair(s):  
Seynnes, O. [Norway]  
Raiteri, B. [Germany]

08:00 OP-BN11-1  
OPERATING LENGTH AND ACTIVATION OF  
M. VASTUS LATERALIS FASCICLES DURING  
WALKING AND RUNNING  
BOHM, S. ET AL [GERMANY]

08:15 OP-BN11-2  
COMPARISON OF TWO MINUTES STATIC  
STRETCHING WITH CONSTANT TORQUE  
OR CONSTANT ANGLE - EFFECTS ON THE  
MUSCLE-TENDON-UNIT  
TILP, M. [AUSTRIA]

08:30 OP-BN11-3  
STRETCHING OF ACTIVE MUSCLE EVOKES  
GREATER ACUTE INCREASES IN PLANTAR-

FLEXOR RANGE OF MOTION THAN STATIC  
STRETCHING  
KAY, A.D. ET AL [UNITED KINGDOM]

08:45 OP-BN11-4  
SHORT-TERM INCIDENCES OF ISOMETRIC  
CONTRACTION ASSOCIATED TO VIBRATION  
ON MUSCLE ELASTIC COMPONENTS  
GERMAIN, PH. ET AL [FRANCE]

09:00 OP-BN11-5  
CONDITIONING HOPS INCREASE TRICEPS  
SURAE MUSCLE FORCE AND ACHILLES  
TENDON STRAIN ENERGY IN THE STRETCH-  
SHORTENING CYCLE  
KÜMMEL, J. ET AL [GERMANY]

09:15 OP-BN11-6  
EFFECTS OF WARM-UP ON HAMSTRING MUS-  
CLES STIFFNESS: CYCLING VS. FOAM ROLLING  
GUILHEM, G. ET AL [FRANCE]

## New York/West OP-PM24

### TESTING IN GAME SPORTS

Chair(s):  
Zemkova, E. [Slovakia]  
Gruber, M. [Germany]  
08:00 OP-PM24-1  
ARE GENERAL PHYSICAL TESTS SUITABLE TO  
PREDICT SPECIFIC TEAM SPORT PERFOR-  
MANCE?  
WAGNER, H. ET AL [AUSTRIA]

08:15 OP-PM24-2  
EXPLORING PASSING SKILLS OF SOCCER  
PLAYERS ACCORDING TO THEIR PLAYING  
POSITIONS  
SAAL, C. ET AL [GERMANY]

08:30 OP-PM24-3  
RELATIONSHIP BETWEEN LINEAR RUNNING  
PERFORMANCE AND CHANGE OF DIRECTION

PERFORMANCE OF MALE SOCCER PLAYERS  
ÇINARLI, F.S. ET AL [TURKEY]

08:45 OP-PM24-4  
NO RELATIONSHIP BETWEEN MATCH MIN-  
UTES PLAYED AND YYIRT1 IMPROVEMENTS  
MURATORE, M. ET AL [ITALY]

09:00 OP-PM24-5  
THE RELATIONSHIPS AMONG TWO REPEATED  
ACTIVITY TESTS AND AEROBIC FITNESS OF  
VOLLEYBALL PLAYERS  
MECKEL, Y. ET AL [ISRAEL]

09:15 OP-PM24-6  
CONSTRUCT VALIDITY AND TEST-RETEST RELI-  
ABILITY OF THE FORCE-VELOCITY PROFILE IN A  
GOLF SPECIFIC ROTATION MOVEMENT  
PARKER, J. [SWEDEN]

## Maidland/West OP-PM25

### PERFORMANCE IN JUMPING AND SPRINTING

Chair(s):  
Tschan, H. [Austria]  
Ishikawa, M. [Japan]  
08:00 OP-PM25-1  
RELATIONSHIP BETWEEN ONE-REPETITION  
MAXIMUM OF PLANTAR FLEXORS WITH  
JUMPING AND SPRINTING PERFORMANCES  
MICKEL, C. ET AL [GERMANY]

08:15 OP-PM25-2  
NEUROMUSCULAR EFFECTS TO SIX WEEKS  
OF LOADED COUNTERMOVEMENT JUMPING  
WITH TRADITIONAL AND DAILY UNDULATING  
PERIODIZATION  
ULLRICH, B. ET AL [GERMANY]

08:30 OP-PM25-3  
COMPARISON OF VERTICAL JUMPS PERFOR-  
MANCES IN PHYSICAL EDUCATION STUDENT  
WITH CAUCASIAN OR WEST AFRICAN

# Oral & Invited Presentations

ORIGINS  
DRISS, T. ET AL [FRANCE]

08:45 OP-PM25-4  
SPRINT MECHANICAL PROPERTIES OF FE-  
MALE AND DIFFERENT AGED MALE SOCCER  
PLAYERS  
BAUMGART, C. ET AL [GERMANY]

## Brüssel/West OP-SH11

### DEVELOPMENT OF YOUTH FOOTBALL PLAYERS

Chair(s):  
Isoard-Gauthier, S. [France]  
Pelka, M. [Germany]

08:00 OP-SH11-1  
HOW TO FACILITATE SOCCER ACTIVITY OUT-  
SIDE OF ORGANIZED TEAM TRAININGS? RELA-  
TIONSHP WITH AUTONOMY-SUPPORT AND  
BASIC PSYCHOLOGICAL NEED SATISFACTION.  
GJESDAL, S. ET AL [NORWAY]

08:15 OP-SH11-2  
TALENT DEVELOPMENT IN FOOTBALL: THE  
SPECIALISED SAMPLING MODEL  
SIEGHARTSLEITNER, R. ET AL [SWITZERLAND]

08:30 OP-SH11-3  
UNDERSTANDING PLAYER PROGRESSION  
FROM YOUTH LEVEL TO SENIOR ENVIRON-  
MENTS IN PROFESSIONAL FOOTBALL: A  
COACH PERSPECTIVE  
RØYNESDAL, Ø. ET AL [NORWAY]

08:45 OP-SH11-4  
YOUNG AUSTRALIAN FOOTBALLERS' EXPERI-  
ENCE OF ROLE STRAIN IN THEIR DRAFT YEAR  
SAUNDERS, J. ET AL [AUSTRALIA]

09:00 OP-SH11-5  
THE IMPACT OF A PRE-MATCH VIDEO  
INTERVENTION ON PERFORMANCE AND  
PSYCHOLOGICAL VARIABLES IN ELITE YOUTH

FOOTBALL  
MIDDLEMAS, S. ET AL [UNITED KINGDOM]

## L/South IS-SH07

### VOLITION IN SPORT AND PHYSICAL ACTIVITY

Chair(s):  
Kellmann, M. [Germany]

08:00 IS-SH07-1  
VOLITION, PERSONALITY AND SPORT PER-  
FORMANCE  
BECKMANN, J. [GERMANY]

08:30 IS-SH07-2  
VOLITION IN THE PHYSICAL ACTIVITY CON-  
TEXT: MEASUREMENT OF VOLITION AND ITS  
IMPORTANCE FOR KEEPING UP REGULAR  
EXERCISE  
ELBE, A.M. ET AL [DENMARK]

09:00 IS-SH07-3  
STRENGTH MODEL OF VOLITION  
ENGLERT, C. [SWITZERLAND]

## M/South OP-PM38

### HEALTH AND PHYSICAL ACTIVITY IN DIFFERENT CONDITIONS

Chair(s):  
Howe, D. [United Kingdom]  
Schaar, B. [Germany]

08:00 OP-PM38-1  
CROSS-SECTIONAL AND LONGITUDINAL AS-  
SOCATIONS BETWEEN DIFFERENT EXERCISE  
TYPES AND FOOD CRAVINGS IN YOUNG  
ADULTS  
DRENOWATZ, C. ET AL [AUSTRIA]

08:15 OP-PM38-2  
ABILITY OF PSYCHO-SOCIAL VARIABLES TO  
EXPLAIN PHYSICAL ACTIVITY PATTERNS OF IN-

DIVIDUALS TRANSITIONING INTO UNIVERSITY.  
LE ROSSIGNOL, P. ET AL [AUSTRALIA]

08:30 OP-PM38-3  
RELATIONSHIP BETWEEN PHYSICAL ACTIVITY  
AND PHYSICAL PERFORMANCE IN BLACK  
AFRICAN WOMEN FROM A LOW RESOURCED  
ENVIRONMENT: B-HEALTHY STUDY  
MOSS, S.J. ET AL [SOUTH AFRICA]

08:45 OP-PM38-4  
GOOD PRACTICES IN ADAPTED PHYSICAL  
ACTIVITY FOR CANCER PATIENTS AND SUR-  
VIVORS: OPINION OF THE RAVIVA PROGRAM  
PARTICIPANTS  
ROMPEN, J. ET AL [BELGIUM]

OP-PM38-5  
ENVIRONMENTAL FACTORS INFLUENCING  
PHYSICAL ACTIVITY BEHAVIOR AMONG  
QATARI WOMEN  
ZIMMO, L. ET AL [QATAR]

## Friday, July 7<sup>th</sup>, 2017

### 09:45 - 11:15

## Europa/West IS-SP03

### ACHIEVING TOP PERFORMANCE AND INJURY PREVENTION IN FOOTBALL: FROM SCIENCE TO PRACTICE - SPONSORED BY ASPETAR

Chair(s):  
Nassis, G. [Qatar]

09:45 IS-SP03-1  
WORKLOAD MONITORING, PERFORMANCE  
ENHANCEMENT AND INJURY RISK  
NASSIS, G. [QATAR]

10:15 IS-SP03-2  
PSYCHOLOGICAL PREDICTORS OF INJURIES  
IN TEAM SPORTS  
PODLOG, L. [UNITED STATES]

10:45 IS-SP03-3  
AN INTEGRATED SPORTS MEDICINE AND  
SPORTS SCIENCE APPROACH FOR INJURY  
AND DISEASE PREVENTION IN FOOTBALL:  
THEORY AND PRACTICAL APPLICATION  
MEYER, T. [GERMANY]

## Deutschland/South OP-PM52

### NUTRITION AND SUPPLEMENTS 2

Chair(s):  
Wardenaar, F. [Netherlands]  
Stevenson, E. [United Kingdom]

09:45 OP-PM52-1  
DIETARY NITRATE SUPPLEMENTATION DOES  
NOT IMPROVE CYCLING TIME-TRIAL PERFOR-  
MANCE IN THE HEAT  
KENT, G.L. ET AL [AUSTRALIA]

10:00 OP-PM52-2  
SEASONAL VITAMIN D INSUFFICIENCY, PHYSI-  
CAL PERFORMANCE AND INJURY INCIDENCE  
IN UK-DWELLING UNIVERSITY ATHLETES: PRE-  
LIMINARY DATA FROM THE D-BICEP STUDY  
WILSON-BARNES, S. ET AL [UNITED KING-  
DOM]

10:15 OP-PM52-3  
HYDROLYSED KERATIN SUPPLEMENTATION IN  
PHYSICALLY ACTIVE INDIVIDUALS INCREASES  
LEAN BODY MASS COMPARED WITH CASEIN  
STANNARD, S. ET AL [NEW ZEALAND]

10:30 OP-PM52-4  
A NOVEL BITTER SOLUTION CAN INCREASE  
SHORT-TERM POWER OUTPUT IN A 3 KM  
CYCLING TIME-TRIAL  
ETXEBARRIA, N. ET AL [AUSTRALIA]

10:45 OP-PM52-5  
EPHEDRA ALKALOIDS CONTENT IN CHINESE  
HERBAL FORMULAS SOLD IN TAIWAN  
CHANG, C.W. ET AL [TAIWAN]

11:00 OP-PM52-6  
BREATH CARBON STABLE ISOTOPE RATIOS AS  
A POTENTIAL BIOMARKER OF ENERGY INTAKE  
AND ENERGY BALANCE STATUS  
HORNER, K.M. ET AL [IRELAND]

## Panorama/West IS-PM11

### RESISTANCE TRAINING IN YOUTH ATHLETES

Chair(s):  
Muehlbauer, T. [Germany]  
09:45 IS-PM11-1  
YOUTH ATHLETE DEVELOPMENT  
ARMSTRONG, N. [UNITED KINGDOM]

10:15 IS-PM11-2  
YOUTH ATHLETIC DEVELOPMENT: MINIMIS-  
ING RISKS AND MAXIMISING REWARDS  
OLIVER, J. [UNITED KINGDOM]

10:45 IS-PM11-3  
EFFECTS OF RESISTANCE TRAINING IN YOUTH  
ATHLETES ON MUSCULAR FITNESS AND  
ATHLETIC PERFORMANCE: A CONCEPTUAL  
MODEL FOR LONG-TERM ATHLETE DEVEL-  
OPMENT  
GRANACHER, U. [GERMANY]

## Berlin/West IS-BN02

### BRAIN AND NEUROMUSCULAR FUNCTION IN OLD AGE- IMPLICATIONS FOR COGNITIVE AND MOTOR

**PERFORMANCE**

Chair(s):

Narici, M. [United Kingdom]

09:45 IS-BN02-1  
BRAIN METRICS AND IMPAIRED MOTOR PERFORMANCE: THE EFFECTS OF AGING ON STRUCTURAL AND FUNCTIONAL INTERHEMISPHERIC INTERACTIONS  
LEVIN, O. [BELGIUM]

10:15 IS-BN02-2  
NEUROMUSCULAR PROTECTIVE EFFECTS OF REGULAR PHYSICAL ACTIVITY  
NARICI, M.V. ET AL [UNITED KINGDOM]

10:45 IS-BN02-3  
RELATIONSHIP BETWEEN POSTURAL CONTROL AND POSTURE-UNRELATED ATTENTION CONTROL IN ADVANCED AGE  
NETZ, Y. [ISRAEL]

**Rheinland/South OP-PM27****INTERVENTIONS TO OPTIMIZE RECOVERY**

Chair(s):

Donath, L. [Switzerland]

Kölling, S. [Germany]

09:45 OP-PM27-1  
REGULAR ACTIVE RECOVERY DURING A HIGH-INTENSITY INTERVAL-TRAINING MESOCYCLE DOES NOT ATTENUATE TRAINING ADAPTATION  
WIEWELHOVE, T. ET AL [GERMANY]

10:00 OP-PM27-2  
DOES REGULAR COLD WATER IMMERSION AFTER STRENGTH TRAINING ATTENUATE TRAINING ADAPTATION? A RANDOMIZED CONTROLLED TRIAL  
POPPENDIECK, W. ET AL [GERMANY]

10:15 OP-PM27-3  
EFFECTS OF EXTERNAL COUNTERPULSATION THERAPY ON RECOVERY FOLLOWING A RUGBY LEAGUE MATCH.  
KELLY, V. ET AL [AUSTRALIA]

10:30 OP-PM27-4  
RESTING TO RECOVER: INFLUENCE OF SLEEP EXTENSION ON RECOVERY FOLLOWING HIGH-INTENSITY EXERCISE.  
PITCHFORD, N.W. ET AL [AUSTRALIA]

**New York/West OP-PM26****SPORTS TECHNOLOGY: GAME SPORTS**

Chair(s):

Ali, A. [New Zealand]

Coufts, A. [Australia]

09:45 OP-PM26-1  
EVALUATION OF LATEST GPS AND LPS FOR DETERMINING MOVEMENT PATTERNS IN SOCCER  
HOPPE, M. ET AL [GERMANY]

10:00 OP-PM26-2  
HIGH-ACCURACY UWB & MEMS-BASED INDOOR LOCALIZATION SYSTEM FOR INDOOR SPORTS ACTIVITIES  
LIU, Y. ET AL [CHINA]

10:15 OP-PM26-3  
GPS VARIABLES CLASSIFICATION PROPOSAL BASED ON RATIONAL QUALITATIVE FEATURES  
GOMEZ, A. ET AL [SPAIN]

10:30 OP-PM26-4  
RUNNING AND METABOLIC DEMANDS OF ELITE RUGBY UNION ASSESSED USING TRADITIONAL, METABOLIC POWER AND HEART RATE MONITORING  
DUBOIS, R. ET AL [FRANCE]

10:45 OP-PM26-5  
QUANTITATIVE ASSESSMENT OF OFF-THE-BALL MOVEMENTS BASED ON QUALITATIVE ASSESSMENT IN INVASION GAMES  
FUCHITA, K. ET AL [JAPAN]

11:00 OP-PM26-6  
METABOLIC POWER: A SENSITIVE TOOL TO DETECT REPEATED HIGH INTENSITY EFFORTS IN TEAM SPORT  
POLGLAZE, T. ET AL [AUSTRALIA]

**Mailand/West OP-BN12****BALANCE AND POSTURE**

Chair(s):

Lauber, B. [Germany]

Linnamo, V. [Finland]

09:45 OP-BN12-1  
THE EFFECT OF ISOLATED CORE STABILITY TRAINING ON UPPER EXTREMITY PERFORMANCE IN OVERHEAD ATHLETES  
BASANDAC, G. ET AL [TURKEY]

10:00 OP-BN12-2  
SENSORY INTEGRATION OF LIGHT TOUCH CUES IN HUMAN STANDING BALANCE  
ASSLÄNDER, L. ET AL [GERMANY]

10:15 OP-BN12-3  
RELATIONS BETWEEN BALANCE ABILITY AND POSTURAL SWAY IN VISUAL DEPRIVED MONOPEDEAL STANCE  
FISCHER, H. ET AL [GERMANY]

10:30 OP-BN12-4  
A MATERNITY SUPPORT BELT AFFECTS POSTURE BUT NOT STATIC STABILITY IN PREGNANT

WOMEN  
BEY, M.E. ET AL [GERMANY]

10:45 OP-BN12-5  
DYNAMIC POSTURAL STABILITY ASSESSMENT: DO DIFFERENT TESTS MEASURE THE SAME?  
RINGHOF, S. ET AL [GERMANY]

11:00 OP-BN12-6  
INVESTIGATION OF THE USE OF THE ARMS IN RECOVERING FROM POSTURAL PERTURBATIONS  
AK, E. ET AL [TURKEY]

**Brüssel/West OP-PM58****TRAINING AND EXERCISE IN CLINICAL POPULATIONS 1**

Chair(s):

Wagenmakers, A. [United Kingdom]

Mougios, V. [Greece]

09:45 OP-PM58-1  
MELATONIN DECREASES DIABETES MUSCULAR INFLAMMATION INDUCED BY STRENUOUS EXERCISE  
HATANAKA, E. [BRAZIL]

10:00 OP-PM58-2  
IMPROVEMENTS IN FITNESS ARE NOT OBLIGATORY FOR EXERCISE TRAINING-INDUCED IMPROVEMENTS IN CV RISK FACTORS  
HARTMAN, Y. ET AL [NETHERLANDS]

10:15 OP-PM58-3  
THE USE OF THE CR-10 SCALE TO ALLOW SELF-REGULATION OF ISOMETRIC EXERCISE INTENSITY IN PRE-HYPERTENSIVE AND HYPERTENSIVE PARTICIPANTS.  
MORRIN, N. ET AL [UNITED KINGDOM]

10:30 OP-PM58-4  
EVALUATION OF MUSCLE OXIDATIVE METABOLISM DURING EXERCISE IN PATIENTS

WITH AMYOTROPHIC LATERAL SCLEROSIS  
FERRI, A. ET AL [AUSTRALIA]

ACUTE BIOMARKER RESPONSES TO EXERCISE IN PEOPLE WITH AND WITHOUT ABDOMINAL AORTIC ANEURYSM  
WINDSOR, M. ET AL [AUSTRALIA]

**L/South IS-SH05****DOPING PREVENTION – THE ROLE OF COACHES**

Chair(s):

Patterson, L. [United Kingdom]

09:45 IS-SH05-1  
INVESTIGATING UK-BASED COACHES' ROLES IN THE QUEST FOR CLEAN SPORT  
PATTERSON, L. [UNITED KINGDOM]

10:15 IS-SH05-2  
DOPING IN SPORT: AUSTRIAN COACHES' KNOWLEDGE, ATTITUDES, AND PREVENTIVE BEHAVIOUR  
BLANK, C. ET AL [AUSTRIA]

10:45 IS-SH05-3  
THE NATURE OF COACHES' EFFICACY IN CONFRONTING DOPING ATHLETES  
SULLIVAN, P. [CANADA]

**M/South OP-SH12****FACTORS INFLUENCING PHYSICAL ACTIVITY**

Chair(s):

Sassatelli, R. [Italy]

Schulz, H. [Germany]

09:45 OP-SH12-1  
ACTIVE YOUTH - PHYSICAL ACTIVITY AND MOBILITY OF ADOLESCENTS IN PUBLIC



# Oral & Invited Presentations

SPACES IN VIENNA  
DIKETMUELLER, R. ET AL [AUSTRIA]

10:00 OP-SH12-2  
STUDY ON THE INTERGENERATIONAL RELATIONSHIP OF FAMILY PHYSICAL EXERCISE IN CHINA  
FUBAIHUI, W. [CHINA]

10:15 OP-SH12-3  
EFFECTIVENESS AND COST-EFFECTIVENESS OF A VERY BRIEF Pedometer-BASED INTERVENTION: THE VBI RANDOMISED CONTROL TRIAL  
THEIL, F. ET AL [UNITED KINGDOM]

10:30 OP-SH12-4  
A PERSON-CENTERED ANALYSIS OF MOTIVATION FOR PHYSICAL ACTIVITY AND PERCEIVED NEIGHBOURHOOD ENVIRONMENT IN RESIDENTS OF ASSISTED LIVING FACILITIES  
THOGERSEN-NTUOMANI, C. ET AL [AUSTRALIA]

10:45 OP-SH12-5  
CORRELATES OF PHYSICAL ACTIVITY PARENTING  
LAUKKANEN, A. ET AL [FINLAND]

## N/South OP-PM74

### PHYSIOLOGY IN LONG DISTANCE SPORTS

Chair(s):

Macintosh, B. [Canada]

Sousa, A. [Portugal]

09:45 OP-PM74-1  
COMPARISON OF PHYSIOLOGICAL STRESS BETWEEN THE FRONT SADDLE CYCLIST AND THE REAR SADDLE CYCLIST DURING A FIVE-HOUR ENDURANCE TANDEM-BICYCLE RACE  
ONODERA, S. ET AL [JAPAN]

10:00 OP-PM74-2  
WHAT DOES IT TAKE TO COMPLETE A MULTI-STAGE MOUNTAIN BIKE RACE?  
ENGELBRECHT, L. ET AL [SOUTH AFRICA]

10:15 OP-PM74-3  
PHYSIOLOGICAL AND BIOMECHANICAL DETERMINANTS OF PERFORMANCE IN WORLD-CLASS RACEWALKERS  
SANTOS-CONCEJERO, J. ET AL [SPAIN]

10:30 OP-PM74-4  
CHANGES IN THE NUMBER AND ACTIVATION OF CIRCULATORY T-REGULATORY CELLS AFTER A MARATHON  
CLIFFORD, T. ET AL [UNITED KINGDOM]

## Friday, July 7th, 2017

### 16:15 - 17:45

#### Europa/West IS-PM06

##### FASCIA - AN EXTENSIVELY OVERLOOKED TISSUE

Chair(s):  
Behm, D. [Canada]

16:15 IS-PM06-1  
FASCIAE - THE FORGOTTEN TISSUE  
STECCO, C. [ITALY]

16:45 IS-PM06-2  
THE IMPACT OF NUTRITION ON THE FASCIAL SYSTEM  
OESSER, S. [GERMANY]

17:15 IS-PM06-3  
THE EFFECTS AND POTENTIAL MECHANISMS OF FOAM ROLLING ON ATHLETIC PERFOR-

MANCE  
BEHM, D. [CANADA]

#### Deutschland/South IS-EX03

##### ACSM-ECSS EXCHANGE SYMPOSIUM: THE COMPELLING LINK BETWEEN PHYSICAL ACTIVITY AND YOUR BODY'S DEFENSE SYSTEM

Chair(s):

Meeusen, R. [Belgium]

16:15 IS-EX03-1  
PRACTICAL STRATEGIES TO AVOID IMMUNE IMPAIRMENT IN THE ENDURANCE ATHLETE AND WARFIGHTER  
WALSH, N. [UNITED KINGDOM]

16:45 IS-EX03-2  
THE IMMUNE SYSTEM DOES ITS JOB BETTER WITH EXERCISE  
NIEMAN, D. [UNITED STATES]

#### Panorama/West OP-PM49

##### MOLECULAR BIOLOGY 1

Chair(s):

Baar, K. [United States]

Morales-Álamo, D. [Spain]

16:15 OP-PM49-1  
ELASTIC BAND RESISTANCE TRAINING INDUCES EXTRACELLULAR MATRIX GENES IN SKELETAL MUSCLE OF OLDER FEMALES AS EVALUATED BY RNA SEQUENCING  
WESSNER, B. ET AL [AUSTRIA]

16:30 OP-PM49-2  
THE EFFECT OF LIFE-LONG SPORT ON MICRORNA EXPRESSION PATTERN IN HUMAN SKELETAL MUSCLE  
BORI, Z. ET AL [HUNGARY]

16:45 OP-PM49-3  
WHY CHANGES IN MRNA CONTENT MIGHT GIVE LIMITED INSIGHTS INTO ADAPTATIONS TO EXERCISE  
BISHOP, D. ET AL [AUSTRALIA]

17:00 OP-PM49-4  
THE BASAL EXPRESSION OF GENES AND PROTEINS INVOLVED IN ADAPTATION TO AEROBIC TRAINING IN HUMAN SKELETAL MUSCLE  
POPOV, D.V. ET AL [RUSSIA]

17:15 OP-PM49-5  
SEX-BASED DIFFERENCES IN SKELETAL MUSCLE FIBER COMPOSITION AND THE ROLE OF GENETIC POLYMORPHISMS  
KUMAGAI, H. ET AL [JAPAN]

17:30 OP-PM49-6  
MOLECULAR RESPONSE TO STRENGTH EXERCISE IN HUMAN SKELETAL MUSCLE: EFFECTS OF FITNESS LEVEL AND MUSCLE FIBER COMPOSITION  
LYSENKO, E.A. ET AL [RUSSIA]

#### Berlin/West IS-BN05

##### VARIABILITY AND COORDINATION IN HUMAN MOVEMENT

Chair(s):

Müller, E. [Austria]

16:15 IS-BN05-1  
MOTOR CONSTRAINTS AND FUNCTIONAL VARIABILITY  
MÜLLER, E. ET AL [AUSTRIA]

16:45 IS-BN05-2  
EXAMINING MOVEMENT COORDINATION AND ITS VARIABILITY TO UNDERSTAND PATHOLOGICAL GAIT.  
BOYER, K. [UNITED STATES]

17:15 IS-BN05-3  
BALANCE AND COORDINATION  
FEDEROLF, P. [AUSTRIA]

#### Rheinland/South OP-PM28

##### PHYSIOLOGY AND TRAINING IN CYCLING

Chair(s):

Lamberts, R. [South Africa]

Maassen, N. [Germany]

16:15 OP-PM28-1  
A COMPARISON OF MODELS TO QUANTIFY TRAINING LOAD IN CYCLING  
JAVALOYES, A. [SPAIN]

16:30 OP-PM28-2  
EFFECTS OF RESISTANCE TRAINING FREQUENCY ON CYCLING ECONOMY IN OLDER MEN  
SCHUMANN, M. ET AL [GERMANY]

16:45 OP-PM28-3  
EFFECT OF CADENCE ON INTRACORTICAL INHIBITION AND FACILITATION DURING SUBMAXIMAL CYCLING  
LAUBER, B. ET AL [GERMANY]

17:00 OP-PM28-4  
THE EFFECTS OF POWER OUTPUT ON JOINT MOMENT VARIABILITY AND SYNERGY IN WORLD CLASS FEMALE PURSUIT CYCLISTS  
WHEAT, J.S. ET AL [UNITED KINGDOM]

17:15 OP-PM28-5  
SUCCESSFUL TRAINING DESIGN FOR A ROAD CYCLING ATHLETE WITH KNEE PAIN AND MUSCULAR DYSFUNCTION: A CASE REPORT  
KRAUS, K. [GERMANY]



**New York/West****OP-BN13****EXERCISE AND THE BRAIN**

Chair(s):

Levin, O. [Belgium]

Roelands, B. [Belgium]

16:15 OP-BN13-1  
THE STIMULATED CEREBELLUM: APPLICATION OF TRANSCRANIAL DIRECT CURRENT STIMULATION <TDCS> ON THE CEREBELLUM IMPROVES MOTOR ADAPTATION  
PIXA, N. ET AL [GERMANY]

16:30 OP-BN13-2  
GRAY MATTER VOLUME AND WHITE MATTER INTEGRITY ARE CORRELATED WITH SUBSEQUENT COMPLEX MOTOR SKILL ACQUISITION  
LEHMANN, N. ET AL [SWITZERLAND]

16:45 OP-BN13-3  
A CAFFEINE-MALTODEXTRIN MOUTH RINSE COUNTERS MENTAL FATIGUE.  
VAN CUTSEM, J. ET AL [BELGIUM]

17:00 OP-BN13-4  
PREPARATORY CORTICAL AND SPINAL SETTINGS TO COUNTERACT ANTICIPATED AND NON-ANTICIPATED PERTURBATIONS  
WÄLCHLI, M. ET AL [SWITZERLAND]

17:15 OP-BN13-5  
SKILL-RELATED CENTRAL MOTOR BEHAVIOUR PRECEDING LATERALIZED PRACTICE PATTERNS IN SHORT BADMINTON BACKHAND SERVES  
SKRZEBA, C. ET AL [GERMANY]

17:30 OP-BN13-6  
SPORT-SPECIFIC MOVEMENT-PRECEDING CORTICAL MOTOR LEARNING PROCESSES DURING ARCHERY – APPROACHING SKILL ACQUISITION  
VOGT, T. ET AL [GERMANY]

**Maidland/West****OP-PM29****MONITORING TEAM SPORT ATHLETES**

Chair(s):

Sperlich, B. [Germany]

Fernandez-Fernandez, J. [Spain]

16:15 OP-PM29-1  
SEASONAL VARIATIONS IN TRAINING, PHYSICAL FITNESS, AND ANTHROPOMETRY IN FEMALE ELITE YOUTH SOCCER PLAYERS: THE ROAD TO THE GERMAN CHAMPIONSHIP  
LESINSKI, M. ET AL [GERMANY]

16:30 OP-PM29-2  
EFFECTS OF THE COMPETITIVE SEASON ON THE ISOKINETIC MUSCLE PARAMETERS CHANGES IN WORLD CLASS HANDBALL PLAYERS  
MAURELLI, O. [FRANCE]

16:45 OP-PM29-3  
AN AUTOMATED SOLUTION FOR PLANNING, TRAINING AND ANALYZING PERFORMANCE IN TEAM SPORTS: APPLICATION TO BASKETBALL  
SANTOS, W. ET AL [BRAZIL]

17:00 OP-PM29-4  
HEART RATE MEASURES DURING A HIIT SHOCK MICROCYCLE - A METHODOLOGICAL COMPARISON  
SCHNEIDER, C. ET AL [GERMANY]

17:15 OP-PM29-5  
JUMP TESTING TO ASSESS RESTORATION OF PERFORMANCE IN ELITE RUGBY UNION PLAYERS  
ADAM, G. ET AL [IRELAND]

17:30 OP-PM29-6  
EFFECT OF THE COLLECTING METHOD ON SESSION-RPE IN YOUTH SOCCER PLAYERS  
FANCHINI, M. ET AL [ITALY]

**Brüssel/West****OP-PM57****TRAINING AND EXERCISE IN CLINICAL POPULATIONS 2**

Chair(s):

Mougios, V. [Greece]

Pilz-Burstein, R. [Israel]

16:15 OP-PM57-1  
SAFETY AND TOLERANCE OF THE INFLUENZA VACCINE IN POLISH ELITE ATHLETES - OUR EXPERIENCE FROM THE OLYMPIC GAMES IN 2016.  
KRZYWANSKI, J. ET AL [POLAND]

16:30 OP-PM57-2  
EFFECTS OF A 1-WEEK STAY IN THE MOUNTAINS ON 20-M SHUTTLE RUN TEST PERFORMANCE IN CHILDREN WITH ASTHMA  
FRANCESCATO, M.P. ET AL [ITALY]

16:45 OP-PM57-3  
PREVALENCE OF THE FEMALE ATHLETE TRIAD AMONG SECONDARY SCHOOL ATHLETES IN SINGAPORE  
MUKHERJEE, S. ET AL [SINGAPORE]

OP-PM57-4  
THE INNOVATIVE MOTOR INTERVENTION EFFECT IN CHILDREN ATTENDING THE TEACH ROOM  
LOURENÇO, C. ET AL [PORTUGAL]

OP-PM57-5  
EFFECT OF EXERCISE INTENSITY ON THE ACUTE RESPONSE OF ARTERIAL STIFFNESS IN PEOPLE WITH AND WITHOUT ABDOMINAL AORTIC ANEURYSM  
PERISSIOU, M. ET AL [AUSTRALIA]

**L/South****IS-SH06****HOW TO INTEGRATE PEDAGOGY OF HEALTH AND PHYSICAL EDUCATION FOR SCHOOL SUBJECT?**

Chair(s):

Yoshinori, O. [Japan]

16:15 IS-SH06-1  
HOW TO INTEGRATE PEDAGOGY OF HEALTH AND PHYSICAL EDUCATION FOR SCHOOL SUBJECT?  
YOSHINORI, O. [JAPAN]

16:45 IS-SH06-2  
HEALTH AND PHYSICAL EDUCATION FROM A EUROPEAN PERSPECTIVE  
CLOES, M. [BELGIUM]

17:15 IS-SH06-3  
EXPLORING THE IMPACT OF PUBLIC HEALTH AGENDAS IN PHYSICAL EDUCATION TEACHER EDUCATION: AN AUSTRALIAN PERSPECTIVE  
MCCUAIG, L. [AUSTRALIA]

**M/South****OP-SH13****ATHLETIC CAREER**

Chair(s):

Beckmann, J. [Germany]

Raschner, C. [Austria]

16:15 OP-SH13-1  
IDENTIFICATION OF WITHIN-CAREER CHALLENGES FOR DUTCH FEMALE GYMNASTS DURING DIFFERENT STAGES OF ATHLETIC DEVELOPMENT  
BLIJLEVENS, S. ET AL [BELGIUM]

16:30 OP-SH13-2  
HELPING DUAL CAREER ATHLETES TO RECOVER FROM INJURY: A DUAL CAREER SUPPORT PROVIDERS' <DCSPS> PERSPECTIVE  
DEFRUYT, S. ET AL [BELGIUM]

16:45 OP-SH13-3  
GOLD IN EDUCATION AND ELITE SPORT <GEES>: WHICH COMPETENCES DO STUDENT-ATHLETES REQUIRE IN COPING WITH CHALLENGING DUAL CAREER SCENARIOS?  
DE BRANDT, K. ET AL [BELGIUM]

17:00 OP-SH13-4  
RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND SELF-EFFICACY AMONG ELITE YOUNG ATHLETES  
KNISEL, E. ET AL [GERMANY]

17:15 OP-SH13-5  
EMOTIONAL STATES ASSOCIATED WITH BEST PERFORMANCE; RESULTS FROM A LARGE ONLINE STUDY  
LANE, A. ET AL [UNITED KINGDOM]

**N/South****OP-PM70****RESPIRATION AND OXYGEN UPTAKE**

Chair(s):

Triska, C. [Austria]

Sousa, A. [Portugal]

16:15 OP-PM70-1  
ELEVATED BASELINE WORK RATE SLOWS PULMONARY OXYGEN UPTAKE KINETICS AND DECREASES CRITICAL POWER DURING UPRIGHT CYCLING  
GOULDING, R. ET AL [UNITED KINGDOM]

16:30 OP-PM70-2  
THE VO2 PLATEAU IS RELATED TO OXYGEN DEFICIT AND OXYGEN KINETICS  
NIEMEYER, M. ET AL [GERMANY]

16:45 OP-PM70-3  
THREE WEEKS EXPOSURE TO AIR POLLUTION AND ITS INFLUENCE ON LUNG FUNCTION OF WHEELCHAIR ELITE ATHLETES  
PERRET, C. ET AL [SWITZERLAND]

# Oral & Invited Presentations

**Friday, July 7<sup>th</sup>, 2017**

**18:00 - 19:30**

## Europa/West IS-PM07

### THE INDIVIDUAL HUMAN PHENOTYPE - EFFECTS OF GENETICS, EPIGENETICS, EXERCISE AND NUTRITION

Chair(s):

Bloch, W. [Germany]

18:00 IS-PM07-1

GENETIC ASPECTS  
WOLFARTH, B. [GERMANY]

18:30 IS-PM07-2

INDIVIDUAL RESPONSES TO RESISTANCE TYPE EXERCISE TRAINING  
VAN LOON, L. [NETHERLANDS]

19:00 IS-PM07-3

EPIGENETIC ASPECTS  
BLOCH, W. [GERMANY]

## Deutschland/South IS-PM13

### MACRO AND MICRO VASCULAR DYSFUNCTION: ADAPTATIONS TO EXERCISE TRAINING

Chair(s):

Birch, K. [United Kingdom]

18:00 IS-PM13-1

UNDERSTANDING THE CARDIOPROTECTIVE BENEFITS OF EXERCISE TRAINING: ROLE OF HEMODYNAMICS  
THIJSEN, D. [UNITED KINGDOM]

18:30 IS-PM13-2

EXERCISE TRAINING: INTERVAL EXERCISE, SHEAR AND PROGENITOR CELLS  
BIRCH, K. [UNITED KINGDOM]

19:00 IS-PM13-3

MICROVASCULAR ADAPTATION TO EXERCISE IN HEALTH AND DISEASE  
HELLSTEN, Y, HOIER, B. [DENMARK]

## Panorama/West OP-PM51

### NUTRITIONAL STATUS AND ANALYSIS

Chair(s):

Breen, L. [United Kingdom]

Oertzen-Hagemann, V. [Germany]

18:00 OP-PM51-1

DIETARY SUPPLEMENT USE, IMPACT ON MICRONUTRIENT INTAKE OF YOUNG ELITE GERMAN ATHLETES  
BRAUN H. ET AL [GERMANY]

18:15 OP-PM51-2

NUTRITIONAL INTAKE IN ELITE CROSS-COUNTRY SKIERS DURING A SIMULATED SPRINT RACE  
CARR, A. ET AL [AUSTRALIA]

18:30 OP-PM51-3

NUTRITION STATUS OF YOUNG FEMALE ELITE GERMAN FOOTBALL PLAYERS  
VON ANDRIAN-WERBURG, J. ET AL [GERMANY]

18:45 OP-PM51-4

ENERGY EXPENDITURE AND FOOD INTAKE OF PROFESSIONAL FOOTBALL PLAYERS IN THE DUTCH PREMIER LEAGUE: IMPLICATIONS FOR NUTRITIONAL COUNSELING  
BRINKMANS, N.Y.J. ET AL [NETHERLANDS]

19:00 OP-PM51-5

THE HORSERACING INDUSTRY'S PERCEPTION OF JOCKEY NUTRITION AND WEIGHT-

MAKING  
MARTIN, D. ET AL [UNITED KINGDOM]

19:15 OP-PM51-6

A COMPARISON OF DIETARY ASSESSMENT METHODS WITHIN ELITE YOUTH SOCCER PLAYERS: A PLACE FOR NEW TECHNOLOGY?  
NAUGHTON, R.J. ET AL [UNITED KINGDOM]

## Berlin/West IS-BN01

### SPECIFICITY OF BALANCE AND BALANCE TRAINING

Chair(s):

Wenderoth, N. [Switzerland]

18:00 IS-BN01-1

BALANCE CONTROL - SPECIFIC NEUROMUSCULAR CHANGES WITH AGE  
BAUDRY, S. [BELGIUM]

18:30 IS-BN01-2

BALANCE TRAINING - SPECIFIC ADAPTATIONS WITH AGE  
TAUBE, W. [SWITZERLAND]

19:00 IS-BN01-3

BALANCE AND BALANCE TRAINING - TASK SPECIFICITY  
GRUBER, M. ET AL [GERMANY]

## Rheinland/South OP-PM31

### PACING IN CYCLING AND WINTER SPORTS

Chair(s):

Hettinga, F. [United Kingdom]

Hottenrott, K. [Germany]

18:00 OP-PM31-1

THE PSYCHOPHYSIOLOGICAL DETERMINANTS OF PACING AND PERFORMANCE: FALLING BEHIND AND ITS PSYCHOPHYSIOLOGICAL

CONSEQUENCES  
VENHORST, A. ET AL [SOUTH AFRICA]

18:15 OP-PM31-2

PRIOR EXPERIENCE INFLUENCES PACING AND PERCEPTION DURING MIDDLE-DISTANCE CYCLING TIME TRIALS  
WU, S.S.X. ET AL [AUSTRALIA]

18:30 OP-PM31-3

INCLUSION OF MAXIMAL SPRINTS WITHIN THE WARM UP DOES NOT EFFECT PACING AND PERFORMANCE DURING A 10KM CYCLE TIME TRIAL  
VEEN, J. ET AL [UNITED KINGDOM]

18:45 OP-PM31-4

EFFECT OF INTENSIFIED TRAINING ON PACING IN 4000 M CYCLING TIME-TRIALS  
THOMPSON, K.G. ET AL [AUSTRALIA]

19:00 OP-PM31-5

SKATING TECHNIQUE CHANGES IN WOMEN'S WC XC-SKIING COMPETITION  
OLLONEN, P. ET AL [FINLAND]

19:15 OP-PM31-6

INFLUENCE OF START PERFORMANCE ON RACE RESULTS IN SKI CROSS AND SNOWBOARD CROSS  
SPITZENPFEIL, P. ET AL [GERMANY]

## New York/West OP-PM30

### ATHLETIC TRAINING IN GAME SPORTS

Chair(s):

Zemkova, E. [Slovakia]

Coutts, A. [Australia]

18:00 OP-PM30-1

PHYSICAL CONDITIONING AND MATCH PARTICIPATION IN ELITE WOMEN'S SOCCER  
ARAÚJO, M.C. ET AL [GERMANY]

18:15 OP-PM30-2

PHYSICAL PERFORMANCE, ANTHROPOMETRIC PROFILE AND MATURITY DEPEND ON PLAYING-POSITION AND HANDEDNESS IN YOUNG ELITE HANDBALL PLAYERS  
KARCHER, C. ET AL [FRANCE]

18:30 OP-PM30-3

ACUTE EFFECTS OF TWO DIFFERENT TYPES WARM-UP STRATEGIES ON PHYSICAL PERFORMANCE IN PROFESSIONAL JUNIOR TENNIS PLAYERS  
LÓPEZ-SAMANES, A. ET AL [SPAIN]

18:45 OP-PM30-4

THE EFFECT OF TRAINING ON PERIPHERAL NEUROMUSCULAR FATIGUE INDUCED BY REPEATED CHANGE OF DIRECTION IN BASKETBALL  
FERIOLI, D. ET AL [ITALY]

## Maidland/West OP-BN14

### PERFORMANCE ANALYSIS IN TEAM SPORTS

Chair(s):

Volossovitch, A. [Portugal]

Wagner, H. [Austria]

18:00 OP-BN14-1

DISCUS POSSESSION IN THE ULTIMATE FRISBEE UNDER 23 WORLD CHAMPIONSHIP FINALS  
RUSSOMANNO, T. ET AL [BRAZIL]

18:15 OP-BN14-2

ANALYSIS OF SETTERS PASSING BEHAVIOR WITHIN COMPLEX 1 IN VOLLEYBALL BY MEANS OF ARTIFICIAL NEURAL NETWORKS  
SCHRAPF, N. ET AL [AUSTRIA]

18:30 OP-BN14-3

DEFENDING IN FOOTBALL: THE KEY TO ANTICIPATE SUCCESSFULLY  
VICENTE, A. ET AL [PORTUGAL]

18:45 OP-BN14-4  
DEFENSIVE BALANCE IN ELITE FOOTBALL: APPLICATION OF EXPERT OBSERVATIONS  
SCHULZE, E. ET AL [GERMANY]

19:00 OP-BN14-5  
PACKING IN FOOTBALL: A DIFFERENTIAL ECOLOGICAL PERSPECTIVE ON PASSES  
STEINER, S. ET AL [SWITZERLAND]

19:15 OP-BN14-6  
AN APPROACH TO ANALYZE THE RELATIONSHIPS BETWEEN BASKETBALL REFEREES AND TEAM PERFORMANCE  
WANG, S. ET AL [TAIWAN]

## Brüssel/West OP-BN20

### CORTICAL AND CORTICOSPINAL EXCITABILITY

Chair(s):  
Aagaard, P. [Denmark]  
Federolf, P. [Austria]

18:00 OP-BN20-1  
THE EFFECT OF ACUTE LOW-INTENSITY AEROBIC EXERCISE ON INHIBITORY AND EXCITATORY CIRCUITS IN THE PRIMARY MOTOR CORTEX  
YAMAZAKI, Y. ET AL [JAPAN]

18:15 OP-BN20-2  
PROLONGED MOTOR IMAGERY INCREASES MOTOR-RELATED CORTICAL POTENTIAL AMPLITUDE AND PERCEPTION OF EFFORT DURING IMAGINED AND ACTUAL ISOMETRIC KNEE EXTENSIONS  
PAGEAUX, B. ET AL [FRANCE]

18:30 OP-BN20-3  
EFFECT OF STIMULATION FREQUENCY ON CORTICOSPINAL EXCITABILITY  
VITRY, F. ET AL [FRANCE]

18:45 OP-BN20-4  
CORTICOSPINAL CHANGES INDUCED BY CONCENTRIC VERSUS ECCENTRIC SINGLE-JOINT EXERCISES  
GARNIER, Y. ET AL [FRANCE]

19:00 OP-BN20-5  
MOTOR CORTICAL REPRESENTATION IN TWO DIFFERENT STRENGTH-TRAINING MODALITIES REVEALED BY TRANSCRANIAL MAGNETIC STIMULATION  
JØRGENSEN, R. ET AL [DENMARK]

## L/South IS-SH04

### PREVENTION OF SEXUAL HARASSMENT AND ABUSE IN SPORTS

Chair(s):  
Fasting, K. [Norway]

18:00 IS-SH04-1  
PREVENTING SEXUAL HARASSMENT IN ZAMBIAN SPORT – THE VOICES OF ATHLETES AND COACHES  
FASTING, K. ET AL [NORWAY]

18:30 IS-SH04-2  
CHILD SEXUAL ABUSE IN SPORT AND LEISURE SETTINGS: REPORTS TO ENGLISH LOCAL AUTHORITIES 2010-15  
HARTILL, M. [UNITED KINGDOM]

## M/South OP-SH14

### SOCIAL FACTORS AND SPORT

Chair(s):  
Patterson, L. [United Kingdom]  
Blank, C. [Austria]

18:00 OP-SH14-1  
INVESTIGATING THE MANAGEMENT OF THE ELITE SPORT SUCCESS FACTOR TRAINING FACILITIES  
BÖHLKE, N. ET AL [GERMANY]

18:30 OP-SH14-2  
THE COMPARISON OF SPORT SYSTEM AND SUPPORT FROM SOCIAL ENVIRONMENT BETWEEN CHINA AND EUROPEAN COUNTRIES IN ATHLETIC TRANSITION AND CAREER DEVELOPMENT  
CHENG, W. ET AL [GERMANY]

18:45 OP-SH14-3  
PARENT-ADOLESCENT INTERPERSONAL RELATIONSHIPS IN YOUTH SPORT: A MIXED METHODS STUDY  
LISINSKIENE, A. [LITHUANIA]

19:00 OP-SH14-4  
A HOLISTIC PERSPECTIVE ON INCENTIVES AND DETERRENTS FOR DRUG-TAKING BEHAVIOUR IN ELITE ATHLETES  
KEGELAERS, J. ET AL [BELGIUM]

## N/South OP-PM69

### METHODS IN EXERCISE PHYSIOLOGY 3

Chair(s):  
de Ruijter, J. [Netherlands]  
Abel, T. [Germany]

18:00 OP-PM69-1  
VALIDITY OF THE 16-METRE PACER AND SIX-MINUTE WALK TEST IN ADULTS WITH DOWN SYNDROME  
BOER, P. [SOUTH AFRICA]

18:15 OP-PM69-2  
POSSIBILITIES AND LIMITATIONS OF THE PLAYSIGHT SMART COURT SYSTEM. DETERMINATION OF STROKE SPEED AND ACCURACY WITH THE PLAYSIGHT SMART COURT SYSTEM IN TENNIS.  
STEIDL, C. ET AL [GERMANY]

18:30 OP-PM69-3  
ASSESSING THE VALIDITY AND TEST RETEST RELIABILITY OF THE KINECT SENSOR WHEN SCORING THE FUNCTIONAL MOVEMENT

SCREEN  
SMITH, P. ET AL [IRELAND]

18:45 OP-PM69-4  
ONE METABOLIC EQUIVALENT <MET> IN POSTMENOPAUSAL OBESE WOMEN IS NOT EQUAL TO THE TRADITIONALLY ACCEPTED RESTING OXYGEN CONSUMPTION VALUE  
KOSAR, S.N. ET AL [TURKEY]

19:00 OP-PM69-5  
SELF- AND OBSERVER-RATED TALK TEST FOR EXERCISE PRESCRIPTION IN SEDENTARY SUBJECTS  
THIEL, C. ET AL [GERMANY]

# Saturday, July 8<sup>th</sup>, 2017

# 08:00 - 09:30

## Europa/West IS-PM12

### MUSCLE CARNITINE: THE KEY PLAYER IN MUSCLE FUEL SELECTION?

Chair(s):  
Greenhaff, P. [United Kingdom]

08:00 IS-PM12-1  
THE LIMITATIONS TO FATTY ACID OXIDATION IN THE TRANSITION FROM MODERATE TO HIGH INTENSITY EXERCISE IN HUMANS AND THE MECHANISTIC BASIS OF THIS LIMITATION  
JORN WULFF HELGE [DENMARK]

08:30 IS-PM12-2  
THE IMPACT OF CARNITINE DEPLETION ON TISSUE CARNITINE AVAILABILITY AND MUSCLE METABOLISM AND FUNCTION  
STEPHAN KRAHENBÜHL [SWITZERLAND]

09:00 IS-PM12-3  
INCREASING MUSCLE CARNITINE AVAILABILITY IN HUMANS AND ITS IMPACT ON MUSCLE FUEL SELECTION AND REGULATION IN EXERCISE AND HEALTH  
STEPHENS, F. [UNITED KINGDOM]

## Deutschland/South IS-PM14

### EXERCISE TESTING AND TRAINING IN CLINICAL POPULATIONS - FROM HIGH PERFORMANCE SPORTS TO PATIENTS

Chair(s):  
Scharhag-Rosenberger, F. [Germany]  
08:00 IS-PM14-1  
EXERCISE TESTING IN CLINICAL POPULATIONS  
SCHARHAG-ROSENBERGER, F. [GERMANY]

08:30 IS-PM14-2  
"HIT THE PATIENT" - STRENGTH AND ENDURANCE TRAINING IN CLINICAL POPULATIONS  
HELGERUD, J. [NORWAY]

09:00 IS-PM14-3  
AEROBIC EXERCISE INTENSITY PRESCRIPTION AND HIGH-INTENSITY LOW VOLUME EXERCISE <HIIVE> IN DEPRESSIVE DISORDERS  
DONATH, L. [SWITZERLAND]

## Panorama/West OP-PM37

### TRAINING AND EXERCISE IN CLINICAL POPULATIONS 3

Chair(s):  
Aagaard, P. [Denmark]  
Schaar, B. [Germany]

08:00 OP-PM37-1  
IS BOUTED MODERATE-VIGOROUS PHYSICAL ACTIVITY ASSOCIATED WITH FIBROMYALGIA SEVERITY IN FEMALE FIBROMYALGIA PATIENTS? THE AL-ÁNDALUS PROJECT  
SEGURA-JIMÉNEZ, V. ET AL [SPAIN]

# Oral & Invited Presentations

08:15 OP-PM37-2  
INFLUENCE OF A SIX-MONTH HIGH-INTENSITY EXERCISE INTERVENTION ON AUTONOMIC FUNCTION DURING EXERCISE FOR CHILDREN AND ADOLESCENTS WITH ASTHMA  
MCNARRY, M.A. ET AL [UNITED KINGDOM]

08:30 OP-PM37-3  
INTENSIVE LIFESTYLE INTERVENTION IN TYPE 2 DIABETES IMPROVES GLYCAEMIC CONTROL WITH USE OF LESS MEDICATION <THE U-TURN STUDY>: A RANDOMISED, ASSESSOR-BLINDED, PARALLEL GROUP, CONTROLLED TRIAL  
JOHANSEN, M. ET AL [DENMARK]

08:45 OP-PM37-4  
CARDIORESPIRATORY FITNESS IS ASSOCIATED WITH FATIGUE EVEN AFTER CONTROLLING FOR DEPRESSION IN PERSONS MULTIPLE SCLEROSIS  
SEBASTIAO, E. ET AL [UNITED STATES]

09:00 OP-PM37-5  
ACTIVITY PACING, FATIGUE, PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR IN ADULTS WITH MULTIPLE SCLEROSIS: DATA FROM THE RESPECT STUDY  
ABONIE, U.S. ET AL [UNITED KINGDOM]

## Berlin/West IS-BN08

### MUSCLE EMG ACTIVITIES IN SPORT SCIENCES

Chair(s):  
Finni, T. [Finland]

08:00 IS-BN08-1  
ANALYSING AND INTERPRETING ELECTROMYOGRAPHY  
DARIO FARINA [GERMANY]

08:30 IS-BN08-2  
FROM MUSCLE SYNERGIES TO MUSCLE FORCE: TOWARD A BETTER UNDERSTAND-

ING OF MUSCLE COORDINATION STRATEGIES  
HUG, F. [FRANCE]

09:00 IS-BN08-3  
MUSCLE INACTIVITY AND ACTIVITY DURING NORMAL DAILY LIFE  
FINNI, T. [FINLAND]

## Rheinland/South OP-PM32

### ENDURANCE PERFORMANCE TESTING

Chair(s):  
Kilding, A. [New Zealand]  
Hartmann, U. [Germany]

08:00 OP-PM32-1  
PREDICTION OF PERFORMANCE BY HEART RATE-DERIVED PARAMETERS IN RECREATIONAL RUNNERS  
IRAZUSTA, J. ET AL [SPAIN]

08:15 OP-PM32-2  
HIGHER ACCURACY OF THE LACTATE MINIMUM TEST COMPARED TO ESTABLISHED THRESHOLD CONCEPTS <OBLA/MDMAX> TO DETERMINE MAXIMAL LACTATE STEADY STATE IN RUNNING  
WAHL, P. ET AL [GERMANY]

08:30 OP-PM32-3  
DIFFERENT EXHAUSTIVE PROTOCOLS AFFECT ESTIMATES OF CRITICAL SPEED AND D'  
TRISKA, C. ET AL [AUSTRIA]

08:45 OP-PM32-4  
COMPARABILITY OF COMMON POOL TESTING PROTOCOLS FOR OPEN WATER SWIMMERS  
PYNE, D. ET AL [AUSTRALIA]

09:00 OP-PM32-5  
ESTIMATING SUBMAXIMAL AND PEAK OXYGEN UPTAKE BASED ON POSTEXERCISE MEASUREMENTS IN SWIMMING  
CHAVERRI, D. ET AL [SPAIN]

09:15 OP-PM32-6  
CRITICAL VELOCITY RELATIONSHIP TO VENTILATORY GAS EXCHANGE PARAMETERS AND MAXIMAL LACTATE STEADY STATE IN SWIMMING  
ESPADA, M. ET AL [PORTUGAL]

## New York/West IS-SH09

### THE PSYCHOLOGY OF JUDGMENTS AND DECISION-MAKING IN SPORT AND EXERCISE

Chair(s):  
Raab, M. [Germany]

08:00 IS-SH09-1  
THE POWER OF SIMPLICITY: WHY LESS-IS-MORE IN SPORT AND EXERCISE CHOICES  
RAAB, M. [GERMANY]

08:30 IS-SH09-2  
THE POWER OF PARALLEL PROCESSING: EXPERTS USE OF MULTIPLE CUES IN AN INSTANT PLESSNER, H. [GERMANY]

09:00 IS-SH09-3  
THE NEED TO TAKE COMPLEXITY AND CONTEXT OF DECISION-MAKING INTO CONSIDERATION  
MACMAHON, C. [AUSTRALIA]

## Mailand/West OP-BN15

### MODELING SPORTS PERFORMANCE

Chair(s):  
Hopkins, W. [Australia]  
Pfeiffer, M. [Germany]

08:00 OP-BN15-1  
THE LINEAR MIXED MODEL TO THE RESCUE: WHEN YOUR DATASET DOESN'T MEET THE ASSUMPTIONS OF A REPEATED MEASURES ANOVA  
WELVAERT, M. ET AL [AUSTRALIA]

08:15 OP-BN15-2  
PRELOAD FOR A MORE REASONABLE PERFORMANCE PREDICTION WITH THE FITNESS FATIGUE MODEL  
LUDWIG, M. ET AL [GERMANY]

08:30 OP-BN15-3  
MIXED LINEAR MODELLING OF TRAINING-PERFORMANCE RELATIONSHIP IN ELITE SWIMMERS  
RODRÍGUEZ, F.A. ET AL [SPAIN]

08:45 OP-BN15-4  
PERFORMANCE PREDICTION USING ANTAGONISTIC MODELS IN ROWING  
RASCHKE, C. ET AL [GERMANY]

09:00 OP-BN15-5  
INDIVIDUALIZED DETECTION OF FATIGUE AND RECOVERY USING MULTIVARIATE DATA  
PITSCH, W. ET AL [GERMANY]

09:15 OP-BN15-6  
THE PREDICTION OF DISADAPTATION STATE OF CARDIOVASCULAR SYSTEM IN ELITE ATHLETES FOR THE PREVENTION OF CARDIOVASCULAR DISEASES  
ARUTYUNOV, Y. ET AL [RUSSIA]

## Brüssel/West OP-PM56

### SLEEP: THE GOOD AND THE BAD

Chair(s):  
Lemyre, P. [Norway]  
McCuaig, L. [Australia]  
08:00 OP-PM56-1  
SLEEP AND RECOVERY IN AN ELITE SUPER RUGBY UNION TEAM.  
DUNICAN, I. ET AL [AUSTRALIA]

08:15 OP-PM56-2  
SELF-REPORTED SLEEP CHARACTERISTICS OF TRIATHLETES COMPETING IN THE 2015 IRON-

MAN@ WORLD CHAMPIONSHIP  
PAHNKE, M. ET AL [UNITED STATES]

08:30 OP-PM56-3  
THE IMPACT OF SLEEP ON COGNITIVE AND SPORT-SPECIFIC PERFORMANCE IN ELITE ATHLETES  
KNUFINKE, M. ET AL [NETHERLANDS]

08:45 OP-PM56-4  
EFFECTS OF SLEEP DEPRIVATION ON CARDIAC AUTONOMIC MODULATION AND ENDURANCE PERFORMANCE IN TRAINED CYCLISTS  
ROBERTS, S.S.H. ET AL [AUSTRALIA]

09:00 OP-PM56-5  
NIGHT GAMES: PHYSIOLOGICAL, NEUROENDOCRINE AND PSYCHOMETRIC MECHANISMS TO EXPLAIN POOR SLEEP IN ATHLETES  
JULIFF, L.E. ET AL [AUSTRALIA]

## L/South OP-PM33

### FATIGUE AND PERFORMANCE

Chair(s):  
Coutts, A. [Australia]  
Fernandez-Fernandez, J. [Spain]

08:00 OP-PM33-1  
MULTIPLE TENNIS MATCHES IN ONE DAY: THE EFFECT OF FATIGUE IN JUNIOR TENNIS PLAYERS  
DUFFIELD, R. ET AL [AUSTRALIA]

08:15 OP-PM33-2  
THE EFFECT OF SHORT-TERM FATIGUE ON SUBSEQUENT SKILL PERFORMANCE OF ELITE U-19 HONG KONG SOCCER PLAYERS  
O'REILLY, J. ET AL [HONG KONG]

08:30 OP-PM33-3  
IMPACT OF MENTAL AND PHYSICAL FATIGUE ON BASKETBALL-SPECIFIC PERFORMANCE  
SMITH, M. ET AL [AUSTRALIA]



08:45 OP-PM33-4  
EFFECT OF MUSCLE FATIGUE FOLLOWING RESISTANCE EXERCISE ON POSTURAL CONTROL IN HEALTHY YOUNG ADULTS  
TSCHAN, H. ET AL [AUSTRIA]

09:00 OP-PM33-5  
DOES MENTAL EXERTION INFLUENCE ROWING PERFORMANCE IN YOUNG ATHLETES?  
FILIPAS, L. ET AL [ITALY]

OP-PM33-6  
RECOVERY OF NEUROMUSCULAR FATIGUE FOLLOWING COMPETITIVE FOOTBALL MATCH-PLAY  
BROWNSTEIN, C.G. ET AL [UNITED KINGDOM]

## M/South OP-PM68

### CEREBRAL BLOOD FLOW AND OXYGENATION

Chair(s):  
Hannukainen, J. [Finland]  
Maassen, N. [Germany]

08:00 OP-PM68-1  
CORRELATION BETWEEN CEREBRAL BLOOD FLOW AND BLOOD PRESSURE DURING AND POST EXERCISE IS REPRESENTED IN CENTRAL AUTONOMIC NETWORK; A POSITRON EMISSION TOMOGRAPHY STUDY USING OXYGEN-15-LABELED WATER  
HIURA, M. ET AL [JAPAN]

08:15 OP-PM68-2  
REGIONAL DIFFERENCES IN CEREBRAL OXYHEMOGLOBIN CHANGES DURING MODERATE-INTENSITY CYCLING EXERCISE: A NEAR-INFRARED SPECTROSCOPY STUDY  
TSUBAKI, A. ET AL [JAPAN]

08:30 OP-PM68-3  
THE BREATHLESS BRAIN: EEG OSCILLATIONS DURING PROLONGED BREATH-HOLDING IN

EXPERT APNEA-DIVERS AND NOVICES  
STEINBERG, F. ET AL [GERMANY]

08:45 OP-PM68-4  
CEREBRAL OXYGENATION DURING CORTICAL ACTIVATION: THE DIFFERENTIAL INFLUENCE OF THREE EXERCISE TRAINING MODALITIES  
COETSEE, C. ET AL [SOUTH AFRICA]

09:00 OP-PM68-5  
EFFECT OF AGE ON CEREBRAL BLOOD FLOW RESPONSES TO INTERVAL AND CONTINUOUS EXERCISE  
KLEIN, T. ET AL [AUSTRALIA]

09:15 OP-PM68-6  
CEREBRAL BLOOD FLOW RESPONSE TO APNEA IN HUMANS: INFLUENCE OF HYPERVENTILATION  
PÉREZ-VALERA, M. ET AL [SPAIN]

## N/South OP-PM71

### WINTERSPORTS, ATHLETICS, AND ROWING

Chair(s):  
Holmberg, H. [Sweden]  
Federolf, P. [Austria]

08:00 OP-PM71-1  
START PERFORMANCE IN SKI- AND SNOWBOARD CROSS: IMPORTANCE AND OPTIMIZATION IN COMPETITIVE SPORT  
OLVERMANN, M. ET AL [GERMANY]

08:15 OP-PM71-2  
THE INFLUENCE OF MATURITY STATUS AND RELATIVE AGE ON TRAUMATIC AND OVERUSE INJURIES AND ILLNESSES IN ELITE YOUTH ALPINE SKI RACERS – A TWO-SEASON PROSPECTIVE STUDY  
MÜLLER, L. ET AL [AUSTRIA]

08:30 OP-PM71-3  
LABORATORY-BASED FACTORS PREDICTING PERFORMANCE IN BIATHLON SKIING  
LAAKSONEN, M. ET AL [SWEDEN]

08:45 OP-PM71-4  
CHARACTERISTICS OF HURDLE CONTACT PATTERN AND ITS RELATION WITH RACE PERFORMANCE IN 110M HURDLES  
IWASAKI, R. ET AL [JAPAN]

09:00 OP-PM71-5  
ESTIMATING OPTIMAL STRIDE FREQUENCIES IN RUNNING FROM TRAINING DATA  
VAN OEVEREN, B. [NETHERLANDS]

09:15 OP-PM71-6  
TEAM SYNERGIES IN ROWING: HOW RECIPROCAL COMPENSATION CHANGED UNDER THE EFFECT OF VARYING CADENCES  
RKIOUAK, M. ET AL [FRANCE]

# Saturday, July 8<sup>th</sup>, 2017

## 09:45 - 11:15

## Europa/West OP-PM54

### PHYSIOLOGY OF HIGH-INTENSITY EXERCISE AND TRAINING

Chair(s):  
Gaffney, C. [United Kingdom]  
Sperlich, B. [Germany]

09:45 OP-PM54-1  
THE ACUTE RESPONSE TO EXERCISE IN ENDOTHELIAL FUNCTION IS BLUNTED AFTER AEROBIC INTERVAL EXERCISE BUT NOT AFTER

MODERATE INTENSITY EXERCISE TRAINING  
LYALL, G.K. ET AL [UNITED KINGDOM]

10:00 OP-PM54-2  
THE ENERGETIC COST OF RUNNING ON A NON-MOTORIZED TREADMILL – PRELIMINARY FINDINGS  
SCHOENMAKERS, P.P.J.M. ET AL [UNITED KINGDOM]

10:15 OP-PM54-3  
THE INFLUENCE OF A SIX-MONTH, HIGH-INTENSITY INTERVAL TRAINING INTERVENTION ON THE PULMONARY OXYGEN UPTAKE KINETICS IN ADOLESCENTS WITH AND WITHOUT ASTHMA  
WINN, C.O.N. ET AL [UNITED KINGDOM]

10:30 OP-PM54-4  
CONSIDERATIONS FOR THE DOSE RESPONSE IN SPRINT INTERVAL TRAINING INTERVENTIONS  
O'CONNOR, D. ET AL [IRELAND]

10:45 OP-PM54-5  
EXERCISE TRAINING IMPROVES DEPOT SPECIFIC ADIPOSE TISSUE METABOLISM REGARDLESS OF BASELINE GLUCOSE TOLERANCE AND SEX  
MOTIANI, P. ET AL [FINLAND]

## Deutschland/South OP-PM50

### PROTEINS AND CARBOHYDRATES

Chair(s):  
Schmidt, W. [Germany]  
Paoli, A. [Italy]

09:45 OP-PM50-1  
SELF-REPORTED CARBOHYDRATE DURING EXERCISE ASSESSED BY A STANDARDIZED QUESTIONNAIRE IS HIGHER THAN THE OBSERVED CARBOHYDRATE INTAKE.  
WARDENAAR, F.C. ET AL [NETHERLANDS]

10:00 OP-PM50-2  
THE EFFECT OF CARBOHYDRATE MOUTH RINSE ON INTERMITTENT SPRINT PERFORMANCE IN SOCCER PLAYERS  
KARAYIGIT, R. ET AL [TURKEY]

10:15 OP-PM50-3  
EFFECTS OF CARBOHYDRATE INGESTION ON MAXIMAL SPRINT PERFORMANCE AND NEUROHORMONAL RESPONSES  
FAM, K.D. ET AL [SINGAPORE]

10:30 OP-PM50-4  
EFFECTS OF INGESTING A PLACEBO ON ENDURANCE PADDLING TRAINING  
ATAEI, L. [CYPRUS]

10:45 OP-PM50-5  
THE EFFECT OF PROTEIN INTAKE ON MUSCLE MASS, MUSCLE STRENGTH AND MUSCLE FUNCTION IN PHYSICALLY ACTIVE ELDERLY  
NUIJTEN, M.A.H. ET AL [NETHERLANDS]

11:00 OP-PM50-6  
AEROBIC-STRENGTH TRAINING AND DIET COMPOSITION IN RELATION WITH FUNCTIONAL STATUS, METABOLISM AND COGNITIVE FUNCTIONS IN ELDERLY INDIVIDUALS.  
SLOBODOVÁ L. ET AL [SLOVAKIA]

## Panorama/West OP-PM36

### PHYSICAL ACTIVITY AND HEALTH PROMOTION

Chair(s):  
Effenberg, A. [Germany]  
Gabriel, H. [Germany]

09:45 OP-PM36-1  
NATURE OF APPROACHES TO PROMOTE PHYSICAL ACTIVITY IN BREAST CANCER SURVIVORS; LITERATURE REVIEW  
GHOLIZADEH, Z. [GERMANY]



# Oral & Invited Presentations

10:00 OP-PM36-2  
UNDERSTANDING FOLLOW UP NON-ATTENDANCE TO A COMMUNITY-BASED PHYSICAL ACTIVITY MOTIVATIONAL INTERVIEW SESSION AMONGST AT-RISK INDIVIDUALS.  
WADE, M. ET AL [UNITED KINGDOM]

10:15 OP-PM36-3  
AN EXPERIMENTAL FIELD-STUDY ON ACTIVE AND PASSIVE WORK BREAKS IN A STRESSFUL WORK ENVIRONMENT  
SCHOLZ, A. ET AL [GERMANY]

10:30 OP-PM36-4  
PHYSICAL ACTIVITY AND BEHAVIORAL PATTERNS ASSOCIATED WITH MEDICINES USAGE IN MIDDLE-AGED ADULTS: A POPULATION BASED CROSS-SECTIONAL STUDY  
KRASNIQI, E. ET AL [KOSOVO]

10:45 OP-PM36-5  
NATURE EXPERIENCES IN IMMERSIVE VIRTUAL ENVIRONMENTS: A NEW CONCEPT FOR GREEN EXERCISE STUDIES AND HEALTH PROMOTION  
LITLESKARE, S. ET AL [NORWAY]

## Berlin/West OP-PM46

### MOLECULAR BIOLOGY 2

Chair(s):  
Bishop, D. [Australia]  
Bloch, W. [Germany]

09:45 OP-PM46-1  
SEVERE CALORIC RESTRICTION ELICITS NF-KBETA SIGNALLING IN HUMAN SKELETAL MUSCLE: INFLUENCE OF EXERCISE AND PROTEIN CONTENT IN THE DIET  
MORALES-ALAMO, D. ET AL [SPAIN]

10:00 OP-PM46-2  
SYNTHESIS, ABUNDANCE AND DEGRADATION RESPONSES OF HUMAN MUSCLE

PROTEINS TO RESISTANCE EXERCISE TRAINING  
BURNISTON, J.G. ET AL [UNITED KINGDOM]

10:15 OP-PM46-3  
THE DAMAGING EFFECTS OF RUGBY COMPETITION: ARE THESE ATHLETES IN A LEAGUE OF THEIR OWN?  
MOREHEN, J. ET AL [UNITED KINGDOM]

10:30 OP-PM46-4  
THE APOPTOSIS PATHWAY AND GENETIC RISK FACTORS FOR ACUTE AND OVERUSE INJURIES  
COLLINS, M. ET AL [SOUTH AFRICA]

10:45 OP-PM46-5  
VASCULAR ENDOTHELIAL GROWTH FACTOR <VEGF> AND CAPILLARIZATION IN HUMAN SKELETAL MUSCLE IN RESPONSE TO ENDURANCE EXERCISE IN HYPOXIA, HYPEROXIA AND NORMOXIA  
PRZYKLENK, A. ET AL [GERMANY]

11:00 OP-PM46-6  
THE INTRA-/ INTERMUSCULAR FLUID AFTER SEVERE MUSCLE STRAIN INJURIES HAS A PRO-INFLAMMATORY PROFILE AND DIFFERENTIALLY AFFECTS ISOLATED MUSCLE AND CONNECTIVE TISSUE CELLS  
BAYER, M.L. ET AL [DENMARK]

## Rheinland/South OP-PM48

### BACK PAIN IN SPORTS

Chair(s):  
Stecco, C. [Italy]  
Arampatzis, A. [Germany]

09:45 OP-PM48-1  
PREVALENCE OF BACK PAIN IN ELITE ATHLETES AND A PHYSICALLY ACTIVE CONTROL GROUP  
TROMPETER, K. ET AL [GERMANY]

10:00 OP-PM48-2  
CHRONIC LOW BACK PAIN - EFFECTS OF SUPPLEMENTAL HEAT THERAPY ON BIOMECHANICAL PARAMETERS

CHANICAL PARAMETERS  
FREIWALD, J. ET AL [GERMANY]

10:15 OP-PM48-3  
CAN PHYSICAL PERFORMANCE PREDICT LOW BACK PAIN?  
KREUZPOINTNER, F. ET AL [GERMANY]

10:30 OP-PM48-4  
WHAT ARE THE RISK FACTORS FOR LOW BACK PAIN IN KAYAKERS?  
JUNKO, W. ET AL [JAPAN]

10:45 OP-PM48-5  
CLINICAL OUTCOME OF ISOLATED LUMBAR EXTENSION RESISTANCE TRAINING FOR CHRONIC LOWER BACK PAIN – A RETROSPECTIVE STUDY ON 626 PATIENTS  
SPANG, C. ET AL [SWEDEN]

11:00 OP-PM48-6  
EFFECTS OF SENSORIMOTOR TRAINING INTERVENTION ON TRUNK STABILITY AND BACK PAIN  
FETT, D. ET AL [GERMANY]

## New York/West OP-PM55

### BOXING AND THE EYE: MIXED SESSION

Chair(s):  
MacMahon, C. [Australia]  
Schindler, L. [Austria]

09:45 OP-PM55-1  
ACUTE BRAIN CHANGES FOLLOWING ROUTINE SUB-CONCUSSIVE IMPACTS: EVIDENCE FROM BOXING  
DI VIRGILIO, T.G. ET AL [UNITED KINGDOM]

10:00 OP-PM55-2  
EFFECT OF THE APPLIED ANCIENT BOXING EXERCISE ON STRENGTH OF LOWER EXTREMITIES AND QUALITY OF LIFE IN WARICHAPHUM SAKONNAKON PROVINCE OSTEOARTHRITIS: A RANDOMIZED

CONTROLLED TRIAL  
KATTIYAJAN, N. [THAILAND]

10:15 OP-PM55-3  
THE MODIFIED ANCIENT BOXING EXERCISE ON PHYSICAL PERFORMANCE IN THAI ELDERLY: A RANDOMIZED CONTROLLED TRIAL  
Srisamai, T. [Thailand]

10:30 OP-PM55-4  
THE ASSOCIATION BETWEEN INTRAOCULAR PRESSURE AND BLOOD PRESSURE DURING A MAXIMAL INCREMENTAL TEST  
VERA, J. ET AL [SPAIN]

10:45 OP-PM55-5  
VISUAL REQUIREMENTS AND VISUAL PERFORMANCE PROFILE IN FOOTBALL  
OERTZEN-HAGEMANN, V. ET AL [GERMANY]

11:00 OP-PM55-6  
THE EFFECT OF PHYSIOLOGICAL AROUSAL ON THE QUIET EYE OF ELITE BADMINTON PLAYERS.  
GAWIN, W. ET AL [GERMANY]

## Maidland/West OP-BN16

### BIOMECHANICS OF JUMPING

Chair(s):  
Gollhofer, A. [Germany]  
Hagen, M. [Germany]

09:45 OP-BN16-1  
DIFFERENT MOTION PATTERNS DURING FORWARD JUMP LANDING IN ATHLETES WITH CHRONIC ANKLE INSTABILITY, ANKLE SPRAIN COPERS AND HEALTHY CONTROLS  
LIN, J.Z. ET AL [TAIWAN]

10:00 OP-BN16-2  
DOES THE FOOT MUSCLE STRENGTH RELATE TO THE POSTURAL STABILITY?  
KOYAMA, K. ET AL [JAPAN]

10:15 OP-BN16-3  
MUSCLE ACTIVITY ONSET DURING LANDING FOLLOWING ACL RECONSTRUCTION  
THEISEN, D. ET AL [LUXEMBOURG]

10:30 OP-BN16-4  
SURFACE INSTABILITY DOES NOT ADVERSELY AFFECT JUMPING PERFORMANCE: A MULTI-VARIABLE BIOMECHANICAL INVESTIGATION  
POLLITT, L. ET AL [UNITED KINGDOM]

10:45 OP-BN16-5  
A BIOMECHANICAL COMPARISON OF CMJ PERFORMANCE FOLLOWING SHORT-TERM TRADITIONAL AND DAILY-UNDULATED LOADED VERTICAL JUMP TRAINING IN AMATEUR ATHLETES  
PELZER, T. ET AL [GERMANY]

11:00 OP-BN16-6  
SEX AND MATURATION DIFFERENCES DURING THE TUCK JUMP ASSESSMENT IN YOUNG ATHLETES  
FORT VANMEERHAECHTE, A. ET AL [SPAIN]

## Brüssel/West OP-BN17

### METHODS IN MUSCLE AND TENDON BIOMECHANICS

Chair(s):  
Wakeling, J. [Canada]  
Nosaka, K. [Australia]

09:45 OP-BN17-1  
EFFECTS OF STATIC STRETCHING, DYNAMIC STRETCHING AND SUBMAXIMAL ISOMETRIC CONTRACTIONS ON MECHANICAL PROPERTIES OF PLANTAR FLEXOR MUSCLES  
OPPLERT, J. ET AL [FRANCE]

10:00 OP-BN17-2  
LOADING RATE AND CONTRACTION TYPE EFFECTS ON THE HUMAN ACHILLES TENDON FORCE-ELONGATION RELATIONSHIP  
MCCRUM, C. ET AL [NETHERLANDS]

10:15 OP-BN17-3  
DIFFERENT PATELLA MOMENT ARM FUNCTIONS ALTER THE FORCE PREDICTIONS AND SHAPE OF THE VASTUS LATERALIS MUSCLE FORCE-LENGTH RELATIONSHIP  
BAKENECKER, P. ET AL [GERMANY]

10:30 OP-BN17-4  
SHOULD WE USE THE SLACK TEST TO MEASURE MAXIMAL SHORTENING VELOCITY OF HUMAN MUSCLE FASCICLES?  
HAGER, R. ET AL [FRANCE]

## L/South OP-SH15

### MENTAL FATIGUE AND RECOVERY

Chair(s):  
Lane, A. [United Kingdom]  
Raab, M. [Germany]

09:45 OP-SH15-1  
MENTAL FATIGUE IMPAIRS SPORT-SPECIFIC REACTION TIME.  
ROELANDS, B. ET AL [BELGIUM]

10:00 OP-SH15-2  
MONITORING SLEEP OF THE GERMAN JUNIOR ROWING TEAM DURING THE WORLD ROWING JUNIOR CHAMPIONSHIPS FOLLOWING WESTWARD TRAVEL  
KÖLLING, S. ET AL [GERMANY]

10:15 OP-SH15-3  
THE EFFECT OF STRENUOUS CONCURRENT EXERCISE ON COGNITION, MOOD AND RATINGS OF ENERGY AND FATIGUE  
BROWNE, S. ET AL [UNITED KINGDOM]

10:30 OP-SH15-4  
INFLUENCE OF MATCH DEMANDS ON RECOVERY/STRESS STATES IN ELITE YOUTH FOOTBALL PLAYERS  
PELKA, M. ET AL [GERMANY]

10:45 OP-SH15-5  
THE EFFECT OF RECOVERY-STRESS IMBALANCE ON EMOTIONAL EXHAUSTION IN GERMAN COACHES  
SCHAFFRAN, P. ET AL [GERMANY]

## N/South OP-PM72

### TOOLS AND TESTING IN SPORTS

Chair(s):  
Kellmann, M. [Germany]  
Senner, V. [Germany]

09:45 OP-PM72-1  
ESTIMATION OF LACTATE THRESHOLD USING MACHINE LEARNING TECHNIQUES  
ETXEGARAI, U. ET AL [SPAIN]

10:00 OP-PM72-2  
A FUTURE APPLICATION FOR WEARABLES IN SPORT. ASSESSMENT IN PHYSICAL ACTIVITY USING OXYGEN SATURATION DETERMINATION FOR PREDICTING VENTILATORY AND LACTATE THRESHOLD  
MARTIN-ESCUDEO, P. ET AL [SPAIN]

10:15 OP-PM72-3  
RELIABILITY AND VALIDITY OF FIELD-BASED STRENGTH TESTS FOR ELDERLY TO BE USED IN YOUNGER KOSOVOAN ADULTS  
BOSHNIJAKU, A. ET AL [KOSOVO]

10:30 OP-PM72-4  
AGE-SPECIFIC ACCELEROMETER CUT-POINTS FOR PHYSICAL ACTIVITY INTENSITY  
PARK, S. ET AL [KOREA, SOUTH]

10:45 OP-PM72-5  
DEVELOPMENT OF TWO ECONOMIC AND SENSITIVE TOOLS TO ASSESS ACUTE RECOVERY AND STRESS IN SPORTS  
KELLMANN, M. ET AL [GERMANY]

# Saturday, July 8<sup>th</sup>, 2017

## 14:00 - 15:30

## Europa/West OP-PM43

### HYPOXIA AND BLOOD FLOW RESTRICTION 2

Chair(s):  
Verdijk, L. [Netherlands]  
Laaksonen, M. [Sweden]

14:00 OP-PM43-1  
SKELETAL MUSCLE OXIDATIVE METABOLISM FOLLOWING ISCHAEMIC PRECONDITIONING  
JEFFRIES, O. ET AL [UNITED KINGDOM]

14:15 OP-PM43-2  
ISCHEMIC PRECONDITIONING IMPROVES EXERCISE PERFORMANCE FOLLOWING EXHAUSTIVE EXERCISE WITHOUT CHANGES IN OXYGEN KINETICS  
ANGELL, P.J, LOWRIE, J. ET AL [UNITED KINGDOM]

## Deutschland/South OP-PM45

### FLUID AND BICARBONATE INTAKE

Chair(s):  
Raastad, T. [Norway]  
Krusche, T. [Germany]

14:00 OP-PM45-1  
CHANGES IN BODY COMPOSITION AFTER LIQUID FOOD-WATER INTAKE IN YOUNG HEALTHY MALES  
BULUT, S. ET AL [TURKEY]

14:15 OP-PM45-2  
THE CONSUMPTION OF LIQUID DIET PRE-EXPERIMENTAL TRIALS IMPROVES ADHER-

ENCE COMPARED TO SOLID DIET IN ATHLETES  
EL-CHAB, A. ET AL [UNITED KINGDOM]

14:30 OP-PM45-3  
WATER INTAKE AFTER DEHYDRATION MAKES MUSCLES MORE SUSCEPTIBLE TO CRAMP, BUT ELECTROLYTES REVERSE THE EFFECT  
LAU, W.Y. ET AL [AUSTRALIA]

14:45 OP-PM45-4  
SWEAT RATE, SWEAT SODIUM CONCENTRATION, CARBOHYDRATE AND FLUID INTAKE IN PROFESSIONAL FEMALE FOOTBALL PLAYERS DURING HIGH INTENSITY TRAINING  
TARNOWSKI, C.A. ET AL [UNITED KINGDOM]

## Panorama/West OP-PM35

### HEALTHY AGEING

Chair(s):  
Gabriel, H. [Germany]  
Thiel, C. [Germany]

14:00 OP-PM35-1  
RELATIONSHIP BETWEEN PHYSICAL FITNESS, QUALITY OF LIFE AND SHORT-TERM VERBAL MEMORY IN NURSING HOME RESIDENTS.  
RODRIGUEZ, A. ET AL [SPAIN]

14:15 OP-PM35-2  
EFFECTS OF A GIANT EXERCISING BOARD GAME INTERVENTION ON AMBULATORY PHYSICAL ACTIVITY AMONG NURSING HOME RESIDENTS: A PRELIMINARY STUDY  
MOUTON, A. ET AL [BELGIUM]

14:30 OP-PM35-3  
RELATIONSHIP OF COGNITIVE DECLINE WITH SOCIAL ACTIVITY, REGULAR EXERCISE AND PHYSICAL PERFORMANCE AMONG COMMUNITY-DWELLING OLDER PEOPLE IN NORTHERN JAPAN  
KOZAKAI, R. ET AL [JAPAN]

14:45 OP-PM35-4  
THE ASSOCIATION OF THE DENSITY OF GROCERY STORES WITH LIFE SPACE AREA AMONG OLDER PEOPLE LIVING ALONE OR LIVING WITH OTHERS  
PAVELKA, B. [FINLAND]

15:00 OP-PM35-5  
EFFECTS OF A PHYSICAL ACTIVITY INTERVENTION PROGRAM ON NUTRITIONAL STATUS AND HEALTH-RELATED PHYSICAL FITNESS OF THAI OLDER ADULTS IN BANGKOK METROPOLITAN AREA, THAILAND.  
OUTAYANIK, B. ET AL [THAILAND]

15:15 OP-PM35-6  
COMBINED PHYSICAL ACTIVITY AND SEDENTARISM LEVELS ARE RELATED WITH DIFFERENT BLOOD LIPID PROFILES  
APARICIO UGARRIZA, R. ET AL [SPAIN]

## Berlin/West OP-PM47

### MOLECULAR BIOLOGY 3

Chair(s):  
Wessner, B. [Austria]  
Kadi, F. [Sweden]

14:00 OP-PM47-1  
ALTERED MRNA EXPRESSION LEVELS IN A GENETIC SUSCEPTIBILITY MODEL FOR MUSCULOSKELETAL SOFT TISSUE INJURIES  
SEPTEMBER, A.V. ET AL [SOUTH AFRICA]

14:15 OP-PM47-2  
HYPERTROPHY OF HUMAN SKELETAL MUSCLE CELLS IN RESPONSE TO IN VITRO ELECTRICAL-PULSE-STIMULATION EXERCISE MODEL  
TARUM, J. ET AL [SWEDEN]

14:30 OP-PM47-3  
THE EFFECTS OF TFAM EXPRESSION BY ENDURANCE EXERCISE TRAINING ON AMPK, PPAR &#946;/&#948; AND PGC-1&#945;

# Oral & Invited Presentations

IN MOUSE SKELETAL MUSCLE  
KIM, K. ET AL [KOREA, SOUTH]

## Rheinland/South OP-PM42

### EXERCISE AND CANCER

Chair(s):  
Bloch, W. [Germany]  
Scharhag-Rosenberger, F. [Germany]  
14:00 OP-PM42-1  
LIBRE- PILOT: FEASIBILITY AND RESULTS OF  
STRUCTURED ENDURANCE TRAINING IN  
BRCA1 AND BRCA2 MUTATION CARRIERS  
BERLING-ERNST, A. ET AL [GERMANY]

14:15 OP-PM42-2  
THE PHYSICAL ACTIVITY AND FITNESS IN EU-  
ROPEAN CHILDHOOD CANCER SURVIVORS  
STUDY – EUROPACCS  
GRYDELAND, M. ET AL [NORWAY]

14:30 OP-PM42-3  
EVALUATING PHYSICAL FUNCTION IN CHILD-  
REN WITH CANCER DURING INTENSE  
TREATMENT –CHALLENGES AND FEASIBILITY  
IN CLINICAL PRACTICE  
NIELSEN, M.K.F. ET AL [DENMARK]

14:45 OP-PM42-4  
EVALUATION OF A HOME-BASED PHYSICAL  
ACTIVITY INTERVENTION USING ACTIVITY  
TRACKERS IN PEDIATRIC CANCER PATIENTS  
GÖTTE, M. ET AL [GERMANY]

15:00 OP-PM42-5  
CHANGES IN MUSCLE STRENGTH DURING  
THE FIRST YEAR OF TREATMENT FOR CHILD-  
HOOD CANCER IN A SAMPLE OF CHILDREN  
TAKING PART IN A CLINICAL EXERCISE IN-  
TERVENTION  
SÖNTGERATH, R. ET AL [GERMANY]

## New York/West OP-PM34

### ACUTE RESPONSES TO EXERCISE

Chair(s):  
Rønnestad, B. [Norway]  
Schneider, C. [Germany]  
14:00 OP-PM34-1  
INDIVIDUAL STRESS RESPONSES TO DIFFERENT  
TRAINING LOADS IN ENDURANCE ATHLETES  
HAKKARAINEN, A. ET AL [FINLAND]

14:15 OP-PM34-2  
A PHYSIOLOGICAL PROFILE OF THE STRESS  
RESPONSE FOLLOWING RESISTANCE EXERCISE  
JACKMAN, J. ET AL [UNITED KINGDOM]

14:30 OP-PM34-3  
ACUTE PHYSIOLOGICAL RESPONSES TO RE-  
SISTED SLED SPRINT TRAINING AT LIGHT OR  
HEAVY SLED LOADS  
MONAHAN, M.. ET AL [IRELAND]

14:45 OP-PM34-4  
IS HEART RATE VARIABILITY A USEFUL TOOL  
TO ASSESS PHYSIOLOGICAL RESPONSES TO  
AN ACUTE TRAINING OVERLOAD IN YOUTH  
FEMALE ROWERS?  
EGAN-SHUTTLE, J. ET AL [UNITED STATES]

15:00 OP-PM34-5  
METABOLIC RESPONSE DURING SUBMAXI-  
MAL AND MAXIMAL ERGOMETER TESTS IN  
ELITE SPRINT KAYAKERS  
ELGH, T. ET AL [SWEDEN]

## Maidland/West OP-BN18

### NEUROMUSCULAR ASPECTS OF STRENGTH

Chair(s):  
Lauber, B. [Germany]  
Nosaka, K. [Australia]

14:00 OP-BN18-1  
EFFECTS OF 4-WEEKS OF LOCAL VIBRATION  
TRAINING ON KNEE EXTENSION FORCE  
PRODUCTION AND CORTICAL VOLUNTARY  
ACTIVATION IN ELDERLY AND YOUNG POPU-  
LATIONS  
SOURON, R. ET AL [FRANCE]

14:15 OP-BN18-2  
RAPID UTILISATION OF AVAILABLE MAXIMUM  
STRENGTH IN EXPLOSIVE EFFORTS IS INFLU-  
ENCED BY CONTRACTION TYPE AND SPEED  
TILLIN, N.A. ET AL [UNITED KINGDOM]

14:30 OP-BN18-3  
MODULATION OF H-REFLEX IN BEAM WALK-  
ING OF DIFFERENT WIDTHS  
SMAJLA, D. ET AL [SLOVENIA]

15:00 OP-BN18-4  
EXPLOSIVE VS. CLASSIC STRENGTH TRAINING  
INDUCE TASK-SPECIFIC NEURAL PLASTICITY  
GIBOIN, L. ET AL [GERMANY]

15:15 OP-BN18-5  
A COMPARATIVE STUDY ON THE EFFECTS  
OF DIFFERENT TYPES OF HIGH-INTENSITY  
ISOTONIC LEG-EXTENSION TRAINING AT  
DIFFERENT VELOCITIES ON QUADRICEPS  
MUSCLE VOLUME  
UNLÜ, G. ET AL [TURKEY]

## Brüssel/West OP-BN19

### MUSCLE DAMAGE AND FOAM ROLLING

Chair(s):  
Cabri, J. [Norway]  
Racinais, S. [Qatar]

14:00 OP-BN19-1  
THE EFFECT OF PRECONDITIONING WITH  
ULTRASOUND DIATHERMY ON MUSCLE  
DAMAGE  
JHUANG, Y. [TAIWAN]

14:15 OP-BN19-2  
EFFECTS OF FOAM ROLLING ON MUSCLE  
ARCHITECTURE, EMG-ACTIVITY AND SUB-  
MAXIMAL ISOMETRIC STRENGTH  
DOEWELING, A. ET AL [GERMANY]

## L/South OP-PM66

### VASCULAR PHYSIOLOGY AND HEALTH

Chair(s):  
Birch, K. [United Kingdom]  
Jones, H. [United Kingdom]

14:00 OP-PM66-1  
HABITUAL EXERCISE DECREASES SYSTOLIC  
BLOOD PRESSURE DURING LOW-INTENSITY  
RESISTANCE EXERCISE IN HEALTHY MIDDLE-  
AGED AND OLDER INDIVIDUALS  
OTSUKI, T. ET AL [JAPAN]

14:15 OP-PM66-2  
EFFECT OF CONTRACTION INTENSITY ON LEG  
VASCULAR CONDUCTANCE KINETICS DURING  
PLANTAR FLEXION EXERCISE IN YOUNGER  
AND OLDER ADULTS  
ASKEW, C.D. ET AL [AUSTRALIA]

15:00 OP-PM66-5  
THE ACUTE EFFECTS OF EXERCISE INTENSITY  
ON BRACHIAL ARTERY ENDOTHELIAL FUNC-  
TION IN ABDOMINAL AORTIC ANEURYSM

PATIENTS  
BAILEY, T.G. ET AL [AUSTRALIA]

15:15 OP-PM66-6  
RELATIONSHIPS BETWEEN CENTRAL AND  
LOCAL ARTERIAL STIFFNESS IN OLDER ADULTS  
SHKREDOVA, D. ET AL [NETHERLANDS]

## M/South OP-PM67

### INJURY PREVALENCE AND PREVENTION IN TEAM SPORTS

Chair(s):  
Fett, D. [Germany]  
Jaitner, T. [Germany]

14:00 OP-PM67-1  
THE COMPARISON OF <11+> AND <MODI-  
FIED 11+> WARM-UP PROGRAMS ON INJURY  
PREVENTION, AGILITY AND SPEED DRIBBLING  
IN YOUNG MALE SOCCER PLAYERS  
ASGARI, S.M. ET AL [IRAN]

14:15 OP-PM67-2  
CORE STABILITY RELATED FMS ITEMS AS MAIN  
PREDICTORS OF INJURY RISK IN AMATEUR  
MALE SOCCER PLAYERS  
KOŁODZIEJ, M. ET AL [GERMANY]

14:30 OP-PM67-3  
HEAD COACHES' RETURN TO PLAY DECISION  
MAKING AFTER INJURIES IN TEAM SPORT  
ATHLETES: UPON WHO OR WHAT THEY  
RELY ON?  
NIEDERER, D. ET AL [GERMANY]

14:45 OP-PM67-4  
IS THE MESSAGE GETTING THROUGH?  
AWARENESS AND USE OF THE FIFA11+  
WARM-UP PROGRAM IN AMATEUR LEVEL  
FOOTBALL CLUBS  
WILKE, J. ET AL [GERMANY]

15:00 OP-PM67-5  
AN AGE-SPECIFIC WARM-UP PROGRAMME  
TO PREVENT INJURIES IN CHILDREN'S FOOT-  
BALL REDUCES HEALTH CARE COSTS: AN  
ECONOMIC IMPACT STUDY  
RÖSSLER, R. ET AL [SWITZERLAND]

15:15 OP-PM73-6  
A RESEARCH ON CHARACTERISTICS OF EN-  
ERGY CONSUMPTION IN BADMINTON ON  
CHINESE RESIDENTS  
ZHANG, Y. [CHINA]

**N/South OP-PM73**

**METABOLISM IN DIFFERENT SPORTS**

Chair(s):

Gaffney, C. [United Kingdom]

Williams, C. [United Kingdom]

14:00 OP-PM73-1  
EFFECT OF ACCUMULATED WALKING AND  
STANDING ON POSTPRANDIAL METABOLISM  
IN INACTIVE ADOLESCENT GIRLS  
TOLFREY, K. ET AL [UNITED KINGDOM]

14:15 OP-PM73-2  
EFFECT OF SMALL-SIDED FOOTBALL ON POST-  
PRANDIAL LIPAEMIA IN ADOLESCENT BOYS:  
A COMPARISON WITH MODERATE-INTENSITY  
EXERCISE  
SMALLCOMBE, J. [UNITED KINGDOM]

14:30 OP-PM73-3  
MAXIMAL FAT OXIDATION IS RELATED TO  
PERFORMANCE IN AN IRONMAN TRIATHLON  
FRANDSEN, J. ET AL [DENMARK]

14:45 OP-PM73-4  
A GREATER MAXIMAL FAT OXIDATION RATE  
OCCURS AT A HIGHER EXERCISE INTENSITY  
DURING EXERCISE IN A COLD ENVIRONMENT  
GAGNON, D.D. ET AL [CANADA]

15:00 OP-PM73-5  
NEGATIVE VO<sub>2</sub> SLOW COMPONENT DURING  
DOWNHILL RUNNING  
LEMIRE, M. ET AL [FRANCE]



## Mini-Oral Presentations

Thursday, July 6<sup>th</sup>, 2017

14:00 - 15:00

### MO-PM01 Clinical aspects of health and fitness

LECTURE ROOM: EUROPA/WEST  
Chair(s):

Ainsworth, B. [United States]  
Williams, C. [United Kingdom]

#### MO-PM01-1 [YIA]

MEMORY FLEXIBILITY IS A LINK BETWEEN PHYSICAL-ACTIVITY RELATED ENDURANCE AND HIPPOCAMPAL MEMORY IN YOUNG ADULTS  
SUWABE, K. ET AL [JAPAN]

#### MO-PM01-2 [YIA]

EFFECT OF EXERCISE TRAINING ON CARDIAC INFLAMMATION AND FIBROSIS IN HYPERTENSIVE OVARECTOMIZED RATS  
LIN, Y.Y. ET AL [TAIWAN]

#### MO-PM01-3

PHYSICAL PERFORMANCE IN ADVANCED LUNG CANCER PATIENTS AFTER A 12-WEEK EXERCISE INTERVENTION: PRELIMINARY RESULTS OF THE POSITIVE STUDY  
TITZ, C. ET AL [GERMANY]

#### MO-PM01-4

EFFECTS OF 10 WEEKS ATORVASTATIN TREATMENT ON MUSCLE DAMAGE, MUSCLE STRENGTH, AND MITOCHONDRIAL FUNCTION IN RAT SKELETAL MUSCLES  
KWAK, H.B. ET AL [KOREA, SOUTH]

#### MO-PM01-5

EFFECTS OF INCREASING CENTRAL ARTERIAL STIFFNESS ON CEREBRAL BLOOD FLOW PULSATILITY IN RESISTANCE-TRAINED MEN  
NAKAMURA, N. ET AL [JAPAN]

#### MO-PM01-6

ADVANCED VASCULAR AGING IN APPARENTLY HEALTHY MALE ADOLESCENTS: THE ROLE OF CARDIORESPIRATORY FITNESS  
SHERIDAN, S.E. ET AL [HONG KONG]

#### MO-PM01-7

AN INVESTIGATION INTO THE PHYSICAL FUNCTION IN DDH PATIENTS DIAGNOSED WITH LEG LENGTH DISCREPANCY FOLLOWING SALTER OSTEOTOMY  
LI, G.J. ET AL [TAIWAN]

### MO-PM03 Nutrition and supplements

LECTURE ROOM: DEUTSCHLAND/SOUTH  
Chair(s):

Verdijk, L. [Netherlands]  
Paoli, A. [Italy]

#### MO-PM03-1 [YIA]

UPREGULATION OF NICOTINAMIDE N-METHYLTRANSFERASE IN SKELETAL MUSCLE FOLLOWING PROLONGED EXERCISE AND CALORIC RESTRICTION  
MARTIN-RINCON, M. ET AL [SPAIN]

#### MO-PM03-2 [YIA]

EFFECTS OF CAFFEINE INGESTION ON EXECUTIVE FUNCTION AND CEREBRAL PERFUSION  
TAKAGI, Y. ET AL [JAPAN]

#### MO-PM03-3 [YIA]

SODIUM NITRATE INGESTION INCREASES SKELETAL MUSCLE NITRATE CONTENT IN HUMANS  
NYAKAYIRU, J. ET AL [NETHERLANDS]

#### MO-PM03-4 [YIA]

EFFECTS OF DIETARY NITRATE ON PHYSIOLOGICAL RESPONSES, COGNITIVE FUNCTION, AND EXERCISE PERFORMANCE AT SIMULATED HIGH AND VERY-HIGH ALTITUDE  
SHANNON, O.M. ET AL [UNITED KINGDOM]

#### MO-PM03-5

EFFECT OF A 9-DAY PALAEOLITHIC DIET ON ENDURANCE PERFORMANCE AND ENERGY SUPPLY  
WEINGARTEN, K. ET AL [GERMANY]

#### MO-PM03-6

DXA LEAN MASS ARTEFACT MASKS CHANGE IN RESTING ENERGY EXPENDITURE FOLLOWING 3 WEEK LOW CARBOHYDRATE HIGH FAT DIET.  
BONE, J. ET AL [AUSTRALIA]

#### MO-PM03-7

DOES MULTIDAY DIETARY NITRATE SUPPLEMENTATION HAVE AN ERGOGENIC EFFECT ON INTERMITTENT EXERCISE PERFORMANCE AND OXYGEN PARAMETERS?  
APPEL, K. ET AL [GERMANY]

#### MO-PM03-8

IMPACT OF A PROTEIN-BASED NUTRITIONAL SUPPLEMENT UPON DIETARY BALANCE IN TRAINED GAMES PLAYERS  
ELLMORE, M. [UNITED KINGDOM]

### MO-PM02 Training and testing: endurance

LECTURE ROOM: PANORAMA/WEST  
Chair(s):

Wagenmakers, A. [United Kingdom]  
Lane, A. [United Kingdom]

#### MO-PM02-1 [YIA]

EFFECTS OF TOPOGRAPHY, ROAD GRADIENT AND RIDER SPECIALITY ON MAXIMAL MEAN POWER OUTPUT DURING PROFESSIONAL CYCLING  
METCALFE, A.J. ET AL [AUSTRALIA]

#### MO-PM02-2

IMPACT OF TYPES OF 400 KILOMETER MILITARY MARCH TRAINING ON LOWER LIMB FUNCTION AND MENTAL STATES IN

KOREAN SPECIAL FORCE SOLDIERS  
SUNG, B. [KOREA, SOUTH]

#### MO-PM02-3

EFFECTS OF SIX WEEKS SPEED ENDURANCE TRAINING WITH TREADMILL ON HURDLE ATHLETE'S PERFORMANCE  
TIEN-NING, T. [TAIWAN]

#### MO-PM02-4

FACTORS THAT IMPROVE THE ENDURANCE RUNNING PERFORMANCE IN ELEMENTARY SCHOOL BOYS IN JAPAN  
NAKATSUKA, H. ET AL [JAPAN]

#### MO-PM02-5

THE STRESS OF BACKPACKING  
THYS, S. ET AL [GERMANY]

#### MO-PM02-6

INFLUENCE OF TRAINING INDUCED-FATIGUE ON PERFORMANCE INDICATORS IN CYCLISTS  
SCHWINDLING, S. ET AL [GERMANY]

#### MO-PM02-7

IMPACT OF ENDURANCE EXERCISE IN HYPOXIA ON ACID-BASE BALANCE AND POTASSIUM KINETICS  
SUMI, D. ET AL [JAPAN]

#### MO-PM02-8

THE RELATIONSHIP BETWEEN TIMING OF ENDURANCE EXERCISES AND PHYSIOLOGICAL RESPONSES DURING EVENING AND NIGHT-TIME SLEEP  
NISHIMURA, K. ET AL [JAPAN]

### MO-BN01 Neurophysiology and motor learning

LECTURE ROOM: BERLIN/WEST  
Chair(s):

Levin, O. [Belgium]

#### MO-BN01-1 [YIA]

EFFECTS OF ACUTE AEROBIC EXERCISE ON EXECUTIVE FUNCTION: AN FMRI STUDY  
KOBAYASHI, A. ET AL [JAPAN]

#### MO-BN01-2 [YIA]

NEURAL DECODING OF MUSCLE SYNERGY ACTIVATIONS FROM EEG SIGNALS IN HUMAN WALKING  
YOKOYAMA, H. ET AL [JAPAN]

#### MO-BN01-3

INFLUENCE OF MENTAL LOAD ON VOLUNTARY ACTIVATION DURING REPETITIVE LOW-INTENSITY THUMB TRACKING TASK  
STEINHILBER, B. ET AL [GERMANY]

#### MO-BN01-4

TEACHING POSTURAL PERFORMANCE AND SELF-PERCEPTION IN HANDSTANDS. DOES THE FEEDBACK STRATEGY MATTER?  
ROHLEDER, J. ET AL [GERMANY]

#### MO-BN01-5

THE DIFFERENCES OF ADAPTABILITY AMONG ACQUIRED PATTERNS IN LEARNING TO JUGGLE  
YAMAMOTO, K. ET AL [JAPAN]

#### MO-BN01-6

THE EFFECT OF VISUOSPATIAL WORKING MEMORY TRAINING ON EFFICACY OF EXECUTIVE FUNCTION & PERFORMANCE  
FATHIREZAIE, Z. ET AL [IRAN]

#### MO-BN01-7

EFFECT OF MOTOR IMAGERY SPEEDS ON SOCCER DRIBBLING AMONG SKILLED PLAYERS  
ZAMANI SANI, S.H. ET AL [IRAN]

#### MO-BN01-8

THE EFFECTS OF BLOCKED AND RANDOM IMAGERY ON LEARNING OF SOCCER SKILLS: WITH A FOCUS ON MEDIATING ROLE OF MENTAL IMAGERY ABILITY  
TAHMASBI, F. ET AL [IRAN]



## MO-PM06 Testing, training and recovery

LECTURE ROOM: RHEINLAND/SOUTH  
Chair(s):  
Hartmann, U. [Germany]  
Schulz, H. [Germany]

MO-PM06-1  
VALIDATION OF THE METHOD FOR EVALUATION OF ANAEROBIC THRESHOLD IN A WORKING MUSCLE  
ORLOVA, E.A. ET AL [RUSSIA]

MO-PM06-2  
RELATIONSHIP BETWEEN STRENGTH, JUMP AND VELOCITY PROFILE TO SPRINT PERFORMANCE OF SPRINTERS DURING A FOLLOW UP OF AN INDOOR SEASON.  
NUELL, S. ET AL [SPAIN]

MO-PM06-3  
THE EFFECT OF EXTENDED FAMILIARISATION ON ISOKINETIC AND ISOMETRIC MEASUREMENTS  
BISSAS, A. [UNITED KINGDOM]

MO-PM06-4 [YIA]  
THE EFFECT OF DIFFERENT DURATIONS OF HALF-TIME RE-WARM UP ON THE SUBSEQUENT SPRINT PERFORMANCE  
YANAOKA, T. ET AL [JAPAN]

MO-PM06-5 [YIA]  
A NOVEL D2O TECHNIQUE FOR DYNAMIC QUANTIFICATION OF SKELETAL MUSCLE RNA SYNTHESIS IN RELATION TO EXERCISE AND RIBOSOMAL BIOGENESIS  
BROOK, M.S. ET AL [UNITED KINGDOM]

## MO-PM14 Coaching: Practical questions

LECTURE ROOM: NEW YORK/WEST  
Chair(s):  
Ulbricht, A. [Germany]

MO-PM14-1  
CORELATION BETWEEN STATIC AND DYNAMIC BALANCE AMONG ADULTS. GENDER DIFFERENCES  
SHALAJ, I. ET AL [KOSOVO]

MO-PM14-2  
FEASIBILITY STUDY ON DIFFERENT KIND OF FLEXIBILITY TRAINING: VIBRATION VS. CLASSIC STRETCHING  
GAHLEN, M. ET AL [GERMANY]

MO-PM14-3  
THE INFLUENCE OF FOAM ROLLING ON FLEXIBILITY AND MUSCLE ARCHITECTURE  
YOSHIMURA, A. , INAMI, T. ET AL [JAPAN]

MO-PM14-4  
COMBINING PHYSICAL EXERCISE WITH COMPLEX TASKS CONTRIBUTES TO NEUROCOGNITIVE ACTIVATION  
KIMURA, K. , FUKUSHIMA, F. , YOSHIDA, M. 2, AND TANAKA, K. 1 [JAPAN]

MO-PM14-5  
RESEARCH ON THE DIFFERENCE BETWEEN THE PLAYER RETIRED AT THE YOUTH AGE IN TOP LEVELS, AND THE PLAYER WHO CONTINUED EVEN THE SENIOR  
UEMATSU, Y. ET AL [JAPAN]

MO-PM14-6  
PRACTICAL OVERTRAINING SYNDROME ON IMMUNITY IN ATHLETES  
HAN KYO, S. [KOREA, SOUTH]

## MO-PM15 Swimming and cycling

LECTURE ROOM: MAILAND/WEST  
Chair(s):  
Hohmann, A. [Germany]

MO-PM15-1  
EFFECT OF DIFFERENT POSITION OF THE FRONT AND REAR FEET ON THE KICK-START

PERFORMNACE IN MALE SUITO, H. ET AL [JAPAN]

MO-PM15-2  
HOW DOES STROKE RATE INFLUENCE ARM COORDINATION AND SWIM EFFICIENCY AT MAXIMAL SPEED  
SIMBANA-ESCOBAR, D. ET AL [FRANCE]

MO-PM15-3  
SHOULDER EXTERNAL/ INTERNAL ROTATOR MUSCLES TORQUES RATIO CHANGES IN RANGE OF MOTIONS IN MALE AMATEUR SWIMMERS  
PONTAGA, I. [LATVIA]

MO-PM15-4  
DOES POLARIZED TRAINING IMPROVE PERFORMANCE IN COMPETITIVE SWIMMERS ?  
PLA, R. [FRANCE]

MO-PM15-5  
EVALUATION OF TRUNK MUSCLE FORCE IN BICYCLE PEDALING UNDER VARIOUS CONDITIONS USING INVERSE DYNAMICS CALCULATION.  
KITAWAKI, T. ET AL [JAPAN]

MO-PM15-6  
INCREASE IN WORKRATE BY CADENCE PRODUCES GREATER GROSS EFFICIENCY WITHOUT IMPROVING PEDAL FORCE EFFECTIVENESS  
KAMBA, M. ET AL [JAPAN]

MO-PM15-7  
VALIDATION OF FITBIT CHARGE HR WEARABLE PHOTOPLETHYSMOGRAPHIC HEART RATE DEVICE DURING REST AND SUBMAXIMAL INCREMENTAL CYCLING  
SANDERSON, M. ET AL [UNITED KINGDOM]

MO-PM15-8  
THE EFFECTS OF CYCLING AND RICE BERRY CONSUMPTION ON CREATINE KINASE AND MUSCLE PAIN SCORE  
SILALERTDETKUL, S. [THAILAND]

## MO-PM23 Functional movement and injury prevention

LECTURE ROOM: BRÜSSEL/WEST  
Chair(s):  
Ullrich, B. [Germany]

MO-PM23-1  
FUNCTIONAL MOVEMENT SCREENING TO DETERMINE RISK OF INJURIES AND LOCOMOTOR SKILL PERFORMANCE IN YOUNG TRACK ATHLETES  
PUCSOK, J. M.. ET AL [HUNGARY]

MO-PM23-2  
THE RELATIONSHIP BETWEEN FUNCTIONAL MOVEMENT SCREEN SCORE AND INJURY IN HIGH SCHOOL WOMEN'S VOLLEYBALL PLAYERS.  
IDE, Y. [JAPAN]

MO-PM23-3  
INTER-TESTER RELIABILITY OF OVERHEAD SQUAT ASSESSMENT USING 2D MOTION ANALYSIS  
BATHIA, K. ET AL [INDIA]

MO-PM23-4  
DIFFERENCE IN THE EMG ACTIVITY OF HAMSTRING MUSCLES DEPENDING ON THE KNEE FLEXION ANGLE AND KINETIC CHANGE  
HIROSE, N. ET AL [JAPAN]

MO-PM23-5  
CROSS-SECTIONAL COMPARISON OF AGE-RELATED CHANGES OF THE QUADRICEPS FEMORIS IN BASKETBALL PLAYERS  
SEKINE, Y. ET AL [JAPAN]

MO-PM23-6  
LOWER LIMB ALIGNMENT AND FLEXIBILITY ASSOCIATED WITH KNEE ABDUCTION MOMENT AND ANGLE DURING SINGLE-LEG LANDINGS AND HOP & SIDESTEP  
SATO, S. ET AL [JAPAN]

MO-PM23-7  
THE EFFECT OF UPPER LIMB EXHAUSTIVE ACTIVITY ON CORTICOSPINAL EXCITABILITY AND MOTONEURON POOL RESPONSIVENESS OF LOWER LIMB  
GHARAKHANLOU, R. ET AL [IRAN]

MO-PM23-8  
PREVALENCE AND RISK FACTORS OF MTSS IN PETE STUDENTS  
BLIEKENDAAL, S. ET AL [NETHERLANDS]

## MO-SH05 Social sciences: mixed session

LECTURE ROOM: L/SOUTH  
Chair(s):  
Klein, M. [Germany]

MO-SH05-1 [YIA]  
WHY DO YOU COME TO PRACTICE? A QUALITATIVE STUDY OF MEMBERSHIP RETENTION IN A GERMAN SPORT-FOR-ALL VOLLEYBALL CLUB  
ZAVADSKA, A. ET AL [GERMANY]

MO-SH05-2  
ACTIVE HEALTHY KIDS BELGIUM 2016 REPORT CARD ON PHYSICAL ACTIVITY FOR CHILDREN AND YOUTH  
SEGHERS, J. ET AL [BELGIUM]

MO-SH05-3  
THE INFLUENCE OF EGO DEPLETION ON SPORTING PERFORMANCE: A META-ANALYSIS  
XIANG, M.Q. ET AL [CHINA]

MO-SH05-4  
CROSS-NATIONAL RELATIONS BETWEEN THE SOCIAL SIGNIFICANCE OF SPORT AND ECONOMIC DEVELOPMENT IN THE EUROPEAN UNION.  
NADER, M. [AUSTRIA]

## Mini-Oral Presentations

MO-SH05-5  
CHANGES OF SPORTS FOR ALL IN KOREA  
NAM, Y. [KOREA, SOUTH]

MO-SH05-6  
RESEARCH ON APPLICATION OF INSTITU-  
TIONAL REPOSITORY IN NATIONAL FITNESS  
XINHUA, L. ET AL [CHINA]

MO-SH05-7  
SEDENTARY BEHAVIOUR AMONG SAUDI  
BASKETBALL PLAYERS  
ALAHMADI, M. [SAUDI ARABIA]

### **MO-SH07 Mental health and psychological wellbeing**

LECTURE ROOM: M/SOUTH  
Chair(s):  
Heidari, J. [Germany]  
Kellmann, M. [Germany]

MO-SH07-1 [YIA]  
THE EFFECTS OF A 6-MONTH SCHOOL-  
BASED HIGH-INTENSITY INTERVAL TRAINING  
INTERVENTION ON MENTAL WELL-BEING  
AND QUALITY OF LIFE IN CHILDREN  
EDDOLLS, W.T.B. ET AL [UNITED KINGDOM]

MO-SH07-2  
HOW PERCEPTION OF GREEN AND RED EN-  
VIRONMENTS INFLUENCE THE DYNAMICS  
OF PREFERRED WALKING AND RUNNING  
PATTERNS  
MAJED, L. ET AL [QATAR]

MO-SH07-3  
PARENTS DEMANDS FOR JUNIOR TENNIS  
PLAYERS - EXPERIMENTAL STUDY  
MOSOI, A. A [ROMANIA]

MO-SH07-4  
OVERVIEW OF THE RELATIONSHIP BETWEEN  
PSYCHOLOGICAL STRESS AND BACK PAIN  
AMONG ATHLETES  
HEIDARI, J. ET AL [GERMANY]

MO-SH07-5  
COMPARISON OF NON-PEN AND PAPER  
AND NON-INVASIVE PSYCHOLOGICAL  
STRESS MEASUREMENT METHODS IN  
SPORTS THROUGH A METAANALYSIS- ARE  
THERE RELIABLE?  
BALOGH, L. ET AL [HUNGARY]

MO-SH07-6  
CHOKING AT THE FREE-THROW LINE: ELITE  
PLAYERS HAVE THEIR SAY  
MAHER, R. ET AL [AUSTRALIA]

MO-SH07-7  
SALIVARY TESTOSTERONE REACTIVITY,  
ANXIETY, AND PERCEIVED PERFORMANCE  
IN ELITE YOUTH BASKETBALL PLAYERS: THE  
EFFECT OF OPPONENT LEVEL  
MOREIRA, A. ET AL [BRAZIL]

**Thursday, July 6<sup>th</sup>, 2017**

**15:00 - 16:00**

### **MO-PM25 Exercise and training in disease**

LECTURE ROOM: EUROPA/WEST  
Chair(s):  
Aagaard, P. [Denmark]  
Gaffney, C. [United Kingdom]

MO-PM25-1  
ENDOTHELIAL FUNCTION AND PHYSI-  
CAL ACTIVITY IN HEALTHY VS CORONARY  
ARTERY DISEASE AND COPD PATIENTS: AN  
EXPLORATORY STUDY  
BERNARDI, E. ET AL [ITALY]

MO-PM25-2  
CHRONIC OBSTRUCTIVE PULMONARY  
DISEASE AND PHYSICAL ACTIVITY: A NEW  
METHOD TO ASSESS EXERCISE LIMITATIONS.  
MERLO, C. ET AL [ITALY]

MO-PM25-3  
EFFECT OF NEUROMUSCULAR ELECTRICAL  
STIMULATION TRAINING WITH PULMONARY  
REHABILITATION ON BALANCE IN PATIENTS  
WITH COPD.  
TRABELSI, Y. ET AL [TUNISIA]

MO-PM25-4  
IS THERE AN ASSOCIATION OF EARLY REPO-  
LARIZATION SYNDROME WITH MIGRAINE?  
ATHLETE'S SCREENING TESTS RESULTS  
RADZISHEVSKY, E. ET AL [ISRAEL]

MO-PM25-5  
FUNCTIONAL STATUS IMPROVES WITH  
ANGIOTENSIN CONVERTING ENZYMES IN-  
HIBITORS PLUS EXERCISE IN HYPERTENSIVE  
OLDER ADULTS  
BAPTISTA, L.C. ET AL [PORTUGAL]

MO-PM25-6  
EFFECTS OF 6-MONTH RESISTANCE TRAIN-  
ING ON PHYSICAL FITNESS IN PANCREATIC  
CANCER PATIENTS  
CLAUSS, D. ET AL [GERMANY]

MO-PM25-7  
EXERCISE PRESCRIPTION TO IMPROVE  
CLINICAL PRACTICE ON CANCER PATIENTS  
SUFFERING CHEMOTHERAPY-INDUCED  
PERIPHERAL NEUROPATHY UNDERGOING  
TREATMENT: A SYSTEMATIC REVIEW.  
VENDRAMIN, B. ET AL [ITALY]

MO-PM25-8  
REGULAR PHYSICAL ACTIVITY IN CHRONIC  
HEMODIALYSIS PATIENTS: EFFECTS ON DI-  
URNAL PATTERN OF STEROID HORMONES.  
GALLOT, M. ET AL [FRANCE]

MO-PM25-9  
BALANCE IMPAIRMENT IN KIDNEY TRANS-  
PLANT RECIPIENTS WITHOUT CONCURRENT  
PERIPHERAL NEUROPATHY.  
GOBBO, S. ET AL [ITALY]

MO-PM25-10  
A TAILORED PHYSICAL ACTIVITY INTERVEN-  
TION AND EXERCISE PRESCRIPTION TO  
IMPROVE CLINICAL PRACTICE FOR ONCO-  
HEMATOLOGY INPATIENTS  
DUREGON, F. ET AL [ITALY]

### **MO-PM07 Performance Testing**

LECTURE ROOM: DEUTSCHLAND/SOUTH  
Chair(s):  
Zemkova, E. [Slovakia]  
Wagner, H. [Austria]

MO-PM07-1 [YIA]  
TEST-RETEST VARIATION AND ENERGY CON-  
TRIBUTION DURING ANAEROBIC CAPACITY  
TESTING  
AREZZOLO, D. ET AL [AUSTRALIA]

MO-PM07-2  
A PILOT STUDY TO TEST RELIABILITY OF AN  
ACCOUSTIC-BASED JUDO-SPECIFIC BEEP  
TEST  
KUGER, J. ET AL [GERMANY]

MO-PM07-3  
OPTIMAL LOCATING THE SPORT SPACES  
BASED ON IMPLEMENTING ANALYTIC  
HIERARCHY PROCESS ALGORITHM IN GEO-  
GRAPHICAL INFORMATION SYSTEM  
AHMADI, A. ET AL [IRAN]

MO-PM07-4  
RELATIONSHIP BETWEEN INTERMITTENT  
SUB-MAXIMAL FIELD-BASED TEST AND YO-  
YO IR1 IN RECREATIONAL SOCCER PLAYERS  
PERRI, E. ET AL [ITALY]

MO-PM07-5  
VALIDITY/RELIABILITY OF A LOW-COST  
IMU-ENHANCED 50-HZ GPS RECEIVER FOR  
TEAM SPORT INVESTIGATIONS  
PADULO, J. ET AL [CROATIA]

MO-PM07-6  
SPORTS BRACELET DATA BASED EXERCISE  
INTENSITY EVALUATION  
ZHEN, Q. ET AL [CHINA]

MO-PM07-7  
VALIDITY WRISTABLE ACTIVITY MONITORS  
FOR ASSESSING CARDIO METABOLIC DE-  
MAND DURING TREADMILL WALKING/  
RUNNING IN YOUNG ADULTS  
OKITA, Y. ET AL [JAPAN]

### **MO-PM04 Interval training 1**

LECTURE ROOM: PANORAMA/WEST  
Chair(s):  
Lamberts, R. [South Africa]  
Bogdanis, G. [Greece]

MO-PM04-1 [YIA]  
HIGH-INTENSITY INTERVAL TRAINING EFFEC-  
TIVELY ENHANCES ADULT HIPPOCAMPAL

NEUROGENESIS COMPARED TO ENDURANCE TRAINING IN RATS  
OMURA, K. ET AL [JAPAN]

MO-PM04-2 [YIA]  
HIGH INTENSITY INTERVAL TRAINING IS A SAFE, EFFICIENT AND EFFECTIVE FORM OF EXERCISE FOR TYPE 1 DIABETES PATIENTS  
SCOTT, S. [UNITED KINGDOM]

MO-PM04-3 [YIA]  
HIGH-INTENSITY INTERVAL ECCENTRIC CYCLING TRAINING IMPROVES MUSCLE FUNCTION AND AEROBIC CAPACITY  
LIPSKI, M. ET AL [AUSTRALIA]

MO-PM04-4 [YIA]  
EFFECTS OF A SHORT TERM SPRINT INTERVAL TRAINING ON ENDURANCE CAPACITY AND NEUROMUSCULAR FATIGUE  
BERTSCHINGER, R. ET AL [GERMANY]

MO-PM04-5 [YIA]  
HIGH INTENSITY INTERVAL TRAINING ELICITS IMPROVEMENTS IN CARDIORESPIRATORY FITNESS WITHIN 31 DAYS IN UROLOGICAL BUT NOT COLORECTAL CANCER PATIENTS PRESENTING FOR SURGERY  
BLACKWELL, J.E.M. ET AL [UNITED KINGDOM]

MO-PM04-6  
THE EFFECT OF TWO WEEKS SPRINT INTERVAL TRAINING WITH SELF-REGULATED RECOVERY PERIODS ON PARAMETERS OF AEROBIC AND ANAEROBIC FITNESS  
PHILLIPS, S.M. ET AL [UNITED KINGDOM]

MO-PM04-7  
PHYSIOLOGICAL ADAPTATIONS OF AN 8-WEEK SUPRAMAXIMAL INTERMITTENT RUNNING TRAINING IN ELITE PROFESSIONAL SOCCER PLAYERS  
GONÇALVES ORTIZ, J. [BRAZIL]

MO-PM04-8  
EVIDENCE OF DISTURBED SLEEP IN ELITE RUGBY SEVENS PLAYERS DURING HIGH

TRAINING LOADS  
LELUC, C. ET AL [FRANCE]

### MO-PM05 Coaching and training: mixed session

LECTURE ROOM: BERLIN/WEST  
Chair(s):  
Hettinga, F. [United Kingdom]  
Skorski, S. [Germany]

MO-PM05-1 [YIA]  
THE ATHLETE-OPPONENT RELATIONSHIP ALTERS PACING DECISIONS AND INFORMATION-SEEKING BEHAVIOUR IN 4-KM CYCLING TIME TRIALS  
KONINGS, M. ET AL [UNITED KINGDOM]

MO-PM05-2  
EFFECTS OF VOLUNTARY ABDOMINAL BRACING AND HOLLOWING MANEUVERS DURING SWIMMING ON IAP AND PERFORMANCE  
MORIYAMA, S. ET AL [JAPAN]

MO-PM05-3  
THE PROFILE OF HEART RATE TRAINING ZONES IN NON-ELITE ROWERS ACROSS A WINTER TRAINING PHASE  
KEARNEY, R. ET AL [IRELAND]

MO-PM05-4  
CORRELATION BETWEEN HRV AND A NEW TRAINING LOAD QUANTIFICATION MODEL  
ROCAMORA, M. [SPAIN]

MO-PM05-5  
PASSING PERFORMANCE IN RELATION TO TRAINING LOAD AMONG YOUNG TALENTED SOCCER PLAYERS  
PORTELA, J. ET AL [GERMANY]

### MO-PM08 Thermoregulation and respiration

LECTURE ROOM: RHEINLAND/SOUTH  
Chair(s):  
González-Alonso, J. [United Kingdom]  
Racinais, S. [Qatar]

MO-PM08-1 [YIA]  
PHYSIOLOGICAL MODIFICATIONS INDUCED BY ACUTE AIRBORNE PARTICLE EXPOSURE DURING HIGH INTENSITY EXERCISE.  
BRACAGLIA, E. ET AL [ITALY]

MO-PM08-2  
EFFECT OF 8-WEEK INSPIRATORY MUSCLE TRAINING ON ELITE MALE RUNNERS  
CHIANG, C.H. ET AL [TAIWAN]

MO-PM08-3  
TIME-OF-DAY EFFECT OF SOLAR RADIATION ON THERMOREGULATION DURING OUTDOOR EXERCISE IN THE HEAT  
OTANI, H. ET AL [JAPAN]

MO-PM08-4  
EFFECTIVENESS OF HAND COOLING ON POST-EXERCISE COOLING RATE IN HYPERTHERMIC ATHLETES  
MARONI, T. ET AL [AUSTRALIA]

MO-PM08-5  
RELATION BETWEEN THERMOREGULATION AND VO2MAX IN MALE ENDURANCE ATHLETES  
GALÁN, J. ET AL [SPAIN]

### MO-PM19 Ageing and neurofunction

LECTURE ROOM: NEW YORK/WEST  
Chair(s):  
Schneider, S. [Germany]

MO-PM19-1  
EFFECTS OF DIFFERENT EXERCISE MODES ON NEUROPROTECTIVE GROWTH FACTORS AND NEUROCOGNITIVE PERFORMANCE IN OLDER ADULTS WITH MILD COGNITIVE IMPAIRMENT  
CHUANG, C.Y. ET AL [TAIWAN]

MO-PM19-2  
EFFECTS OF OPEN- AND CLOSED-SKILL EXERCISE INTERVENTIONS ON EXECUTIVE FUNCTIONS IN OLDER ADULTS  
GAN, Y.C. ET AL [TAIWAN]

MO-PM19-3  
SMART: INTERACTIONS BETWEEN PAIN, THE BRAIN, AND THE PEAK OXYGEN UPTAKE IN ELDERLY PERSONS: RESULTS FROM A RCT  
FLECKENSTEIN, J. ET AL [GERMANY]

MO-PM19-4  
TWO SUPERVISED EXERCISE PROGRAMS AND THEIR EFFECTS ON COGNITIVE AND PHYSICAL STATE OF OLDER PERSONS WITH MILD COGNITIVE IMPAIRMENT  
BAAKE, R. ET AL [GERMANY]

MO-PM19-5  
RELATIONSHIP BETWEEN SEDENTARY BEHAVIOUR AND COGNITIVE PERFORMANCE  
CARTER, S.E. ET AL [UNITED KINGDOM]

MO-PM19-6  
THE USE OF REAL AND IMAGINED TIMED UP AND GO TASKS IN ASSESSING COGNITIVE IMPAIRED OLDER PERSONS  
RUEDIGER, S. ET AL [GERMANY]

MO-PM19-7  
MOTIVATION AND PHYSICAL AND MENTAL HEALTH STATE IN "OVER FIFTIES" NON-SEDENTARY PEOPLE  
IONA, T. ET AL [ITALY]

MO-PM19-8  
THE EFFECTS OF BDNF EXPRESSION BY EXERCISE ON HIPPOCAMPUS AND SKELETAL

MUSCLE OF AGING RAT  
AHN, N. ET AL [KOREA, SOUTH]

### MO-PM28 Rehabilitation of back and shoulder

LECTURE ROOM: MAILAND/WEST  
Chair(s):  
Fett, D. [Germany]

MO-PM28-1  
EFFECTS OF A REHABILITATION PROGRAM USING PILATES EXERCISES ON LOW BACK PAIN IN ATHLETES  
MOBARK, A. ET AL [JAPAN]

MO-PM28-2  
EFFECT OF 4 WEEKS GLUTEUS MEDIUS STRENGTHENING EXERCISE ON BACK MUSCLE STRENGTH AND BODY BALANCE IN FEMALE 20'S WITH CHRONIC LOW BACK PAIN  
PIL HA, H. ET AL [KOREA, SOUTH]

MO-PM28-3  
EFFECTS OF SCHROTH EXERCISE ON IDIOPATHIC SCOLIOSIS IN PATIENTS WITH 4-CURVE DOUBLE TYPE: CASE REPORT  
LEE, S.Y. ET AL [KOREA, SOUTH]

MO-PM28-4  
THE EFFECT OF A CORRECTIVE FUNCTIONAL EXERCISE PROGRAM ON POSTURAL THORACIC KYPHOSIS IN TEENAGERS: A RANDOMIZED CONTROLLED TRIAL  
FENG, Q. ET AL [CHINA]

MO-PM28-5  
COMPARISON THE EFFECT OF AQUATIC EXERCISE AND KINESIO TAPING ON PAIN AND DISABILITY IN SUBJECTS WITH NON-SPECIFIC CHRONIC LOW BACK PAIN  
ALIKHAJEH, Y. ET AL [IRAN]

# Mini-Oral Presentations

## MO-PM28-6

ENERGY EXPENDITURE DURING FUNCTIONAL ELECTRICAL STIMULATION LEG CYCLING IN PEOPLE WITH SPINAL CORD INJURY: EFFECT OF ADDITIONAL MUSCLE RECRUITMENT  
JANSSEN, T.W.J. ET AL [NETHERLANDS]

## MO-PM28-7

MUSCLE ACTIVATION DURING COMMON REHABILITATION EXERCISES FOR SHOULDER IMPINGEMENT SYNDROME: A KINETIC CHAIN APPROACH  
MCMAHON, J. ET AL [UNITED KINGDOM]

## MO-PM28-8

SHOULDER AND ELBOW INJURY PREDICTION IN OVERHEAD ATHLETES WITH SCAPULAR DYSKINESIS TEST AND KERLEN-JOBE ORTHOPEDIC CLINIC SCORES  
TSURUIKE, M. ET AL [UNITED STATES]

## MO-PM12 Coaching: Tennis and golf

LECTURE ROOM: BRÜSSEL/WEST  
Chair(s):  
Wiewelhove, T. [Germany]

## MO-PM12-1

SERVICE GAME DEVELOPMENTS IN MENS WORLD CLASS TENNIS AT WIMBLEDON FROM 2002 TO 2015  
GRAMBOW, R. ET AL [GERMANY]

## MO-PM12-2

WHAT TO PRACTICE? APPROACHING SERVE-BEHAVIOURAL IMPACT FACING BREAK POINTS IN WORLD-CLASS MEN'S TENNIS AT WIMBLEDON 2016  
MEFFERT, D. ET AL [GERMANY]

## MO-PM12-3

SERVICE CHARACTERISTICS IN ELITE JUNIOR TENNIS PLAYERS OF DIFFERENT SEX AND

## AGE GROUPS

GATZKE, D. ET AL [GERMANY]

## MO-PM12-4

RELATIONSHIP BETWEEN THE YO-YO INTERMITTENT RECOVERY TEST LEVEL 1 AND THE TENNIS SPECIFIC HIT AND TURN TEST TO TENNIS PERFORMANCE  
ULBRICHT, A. ET AL [GERMANY]

## MO-PM12-5

TO EXAMINE THE RELATIONSHIP BETWEEN GOLF ABILITY AND PHYSICAL AND MOTORIC PERFORMANCE IN SCHOOL CHILDREN  
ODABAS, I. ET AL [TURKEY]

## MO-SH06 Physical education and pedagogics

LECTURE ROOM: L/SOUTH  
Chair(s):  
Raeder, C. [Germany]

## MO-SH06-1 [YIA]

A STATUS QUO ANALYSIS ON RACKET SPORTS TEACHING IMPLEMENTATIONS IN GERMAN PRIMARY SCHOOLS  
HOFFMANN, D. ET AL [GERMANY]

## MO-SH06-2

NEUROMOTOR EXERCISE PROGRAM FOR CHILDREN INCREASES MENTAL AGE  
REILLY, E. ET AL [UNITED STATES]

## MO-SH06-3

THE JOINT PLANNING BETWEEN TEACHER AND STUDENT IN THE CHILDREN SPORT PROGRAM  
REZENDE, D. [BRAZIL]

## MO-SH06-4

DEVELOPMENT OF AN EASY TO APPLY ASSESSMENT TOOL FOR PRE-SWIMMING SKILLS – A METHOD APPROACH IN (PRE) SCHOOL CHILDREN  
STAUB, I. [GERMANY]

## MO-SH06-5

PRESCHOOL MOTOR COMPETENCE AND ADOLESCENT PHYSICAL ACTIVITY: IS THERE AN ASSOCIATION?  
VENETSANOU, F. ET AL [GREECE]

## MO-SH06-6

ASSESSMENT OF SPORT INJURY PREVENTION MEASURES IN SCHOOLS WITH REGARD TO THEIR EFFECTIVENESS, APPLICABILITY AND ACCEPTANCE BY PHYSICAL EDUCATION TEACHERS AND PHYSIOTHERAPISTS  
DIETERICH, S. ET AL [GERMANY]

## MO-PM31 Elbow and knee

LECTURE ROOM: M/SOUTH  
Chair(s):  
Mayer, F. [Germany]

## MO-PM31-1

CORRELATION BETWEEN MEDIAL ELBOW PAIN AND ELBOW VALGUS INSTABILITY IN PREADOLESCENT BASEBALL PLAYERS  
HIROYOSHI, M. ET AL [JAPAN]

## MO-PM31-2

SITE-RELATED DIFFERENCE IN MUSCLE SIZE INFLUENCES BALLISTIC POWER-GENERATING CAPABILITY OF ELBOW FLEXORS  
NAKATANI, M. ET AL [JAPAN]

## MO-PM31-3

USEFULNESS OF SELF-CHECK FOR ELBOW AND SHOULDER PAIN IN ADOLESCENT BASEBALL PLAYERS ~COMPARISON OF EARLY AND LATE ADOLESCENCE~  
YUSUKE, S. ET AL [JAPAN]

## MO-PM31-4

TREATMENT OF LATERAL EPICONDYLOSIS USING ALLOGENEIC ADIPOSE-DERIVED MESENCHYMAL STEM CELLS: A PHASE II DOUBLE BLIND RANDOMIZED CONTROLLED

## TRIAL

CHUNG, S. [KOREA, SOUTH]

## MO-PM31-5

EFFECT OF A PROGRESSIVE AND MONITORED MUSCLE STRENGTHENING PROGRAM ON THE DEVELOPMENT OF UPPER LIMB STRENGTH IN PEOPLE DIAGNOSED WITH FIBROMYALGIA.  
MAESTRE-CASCALES, C. ET AL [SPAIN]

## MO-PM31-6

THE INFLUENCE OF CONTRALATERAL HIP BENDING ON KNEE VALGUS ANGLE AND THE ACTIVITIES OF ABDOMINAL AND HIP ABDUCTOR MUSCLES DURING SINGLE-LEG SQUATS  
ASO, T. ET AL [JAPAN]

## MO-PM31-7

EFFECT OF INFRAPATELLAR BRACE ON PAIN AND JUMPING PERFORMANCE IN PATELLAR TENDINOPATHY AMONG YOUNG ATHLETES  
DAR, G. ET AL [ISRAEL]

## MO-PM31-8

EFFECTS OF ISOLATED GLUTEAL MUSCLE FATIGUE ON KNEE VALGUS DURING A RUNNING TASK: IMPLICATIONS FOR INJURY AND COACHING.  
CONNOR, L. ET AL [UNITED KINGDOM]

Friday, July 7<sup>th</sup>, 2017

14:00 - 15:00

## MO-PM09 Training and testing: Football

LECTURE ROOM: EUROPA/WEST  
Chair(s):  
Gollhofer, A. [Germany]

## MO-PM09-1

RELATIONSHIPS BETWEEN MATCH STATISTICS AND TEAM'S MATCH PERFORMANCE IN THE GROUP STAGE OF UEFA CHAMPIONS LEAGUE FROM 2009 TO 2017  
YI, Q. [SPAIN]

## MO-PM09-2

MATCH OUTCOME, PLAYING POSITIONS AND DISTANCES COVERED AT VARIOUS SPEEDS IN MATCH PLAY BY ELITE GERMAN SOCCER PLAYERS  
CHMURA, P. ET AL [POLAND]

## MO-PM09-3

COMPARISON OF MATCH ACTIVITIES OF PROFESSIONAL AND NON-PROFESSIONAL SOCCER REFEREES  
JAKOB, S. ET AL [GERMANY]

## MO-PM09-4

RARITY AND DIFFICULTY OF BALL POSSESSION SKILL IN SOCCER.  
YAMADA, H. ET AL [JAPAN]

## MO-PM09-5

SPEED OF THOUGHT AND SPEED OF FEET: THE ANALYSIS OF PERCEPTUAL-COGNITIVE EXPERTISE AND SPRINT ABILITY IN ACADEMY FOOTBALL PLAYERS  
KELLY, A. L. ET AL [UNITED KINGDOM]



MO-PM09-6  
BEGINNER GOALKEEPERS' PREDICTIONS IN THE FAKE MOVEMENTS OF THE PENALTY KICK  
INOUE, Y. ET AL [JAPAN]

MO-PM09-7  
LOCATION AND OCCURRENCE OF JOINT AND MUSCULOSKELETAL PAIN IN FOOTBALL GOALKEEPERS DURING A 5-DAY TRAINING CAMP  
KAWCZYNSKI, A. ET AL [POLAND]

MO-PM09-8  
AN INVESTIGATION INTO ENGLISH PREMIER LEAGUE YOUTH SOCCER MAXIMUM VOLUNTARY FORCE, EFFECTS OF CURRENT TRAINING PRACTICES AND COMPARISON TO A CONTROL GROUP.  
BROWNEE, T. ET AL [UNITED KINGDOM]

MO-PM09-9  
A COMPARATIVE STUDY OF HEART RATE AND BLOOD LACTATE RESPONSE OF JUNIOR AND SENIOR FOOTBALL MIDFIELDERS DURING PRACTICE FOOTBALL MATCH PLAY  
GUPTA, S. ET AL [BARBADOS]

### MO-PM20 Nutrition: mixed session

LECTURE ROOM: DEUTSCHLAND/SOUTH  
Chair(s):  
Wardenaar, F. [Netherlands]  
Oertzen-Hagemann, V. [Germany]

MO-PM20-1  
FAVORABLE SUPPLEMENTAL FOODS DURING SUMMER TRAINING CAMP IN ADOLESCENT JAPANESE RUGBY PLAYERS  
NAGAYAMA, C. ET AL [JAPAN]

MO-PM20-2  
PROJECT SPRAOI: NUTRITIONAL KNOWLEDGE AND DIETARY PATTERNS OF CORK

SCHOOL CHILDREN  
MERROTSY, A. ET AL [IRELAND]

MO-PM20-3  
EFFECT OF XBOX ACTIVE VIDEO GAME AND NUTRITION EDUCATION INTERVENTION ON WEIGHT CONTROL, FITNESS AND THE CARDIOVASCULAR DISEASE RISK FACTORS IN OVERWEIGHT AND OBESE ADOLESCENT GIRL  
LEE, P.C. ET AL [TAIWAN]

MO-PM20-4  
A POST WORKOUT BLEND BEEF AND WHEY PROTEIN BEVERAGE PROMOTE BETTER BODY COMPOSITION CHANGES THAN INGESTED ONLY CARBOHYDRATE IN CROSS COUNTRY RUNNING ATHLETES.  
MORENO-PÉREZ, D. ET AL [SPAIN]

MO-PM20-5  
GLUCOSE-FRUCTOSE INGESTION INTERACT WITH MUSCLE LACTATE METABOLISM DURING TRAINING SESSIONS  
ROSSET, R. ET AL [SWITZERLAND]

MO-PM20-6  
EFFECT OF ERGOGENIC AID HMB SUPPLEMENT ON SIGNAL TRANSDUCTION PATHWAY DURING OSTEOCLAST PRECURSOR FORMATION  
WEI HUNG1. CHIH-LI LIN2, HORNG-CHIANG HSU3, YAO-HUNG KUO, CHEN-KANG CHANG1 [TAIWAN]

MO-PM20-7  
EFFECTS OF RAPID WEIGHT LOSS ON PERFORMANCE IN RUNNERS.  
TAKAE, R. ET AL [JAPAN]

MO-PM20-8  
INFLUENCE OF A 9-DAY MIMIC OF PALEOLITHIC LIFESTYLE ON METABOLIC GLUCOSE UTILIZATION IN YOUNG HEALTHY PEOPLE HOLDER, J. ET AL [GERMANY]

MO-PM20-9  
EFFECTS OF A 10 DAY PALEOLITHIC DIET INTERVENTION ON SUBMAXIMAL ENDURANCE PERFORMANCE AND ENERGY SUPPLY IN RECREATIONAL ATHLETES  
BROECKL, F. ET AL [GERMANY]

### MO-PM11 Training and testing in various sports 2

LECTURE ROOM: PANORAMA/WEST  
Chair(s):  
Tschan, H. [Austria]

MO-PM11-1  
SEASONAL VARIATIONS OF LACTATE KINETICS IN ALPINE SKIERS  
HOSHINO, H. ET AL [JAPAN]

MO-PM11-2  
ENERGY COST OF CONSTANT-SPEED RUNNING – ARE THERE DIFFERENCES REGARDING TYPE OF SPORT AND SEX?  
VENZKE, J. ET AL [GERMANY]

MO-PM11-3  
POSTURAL EVALUATION IN A GROUP OF ARTISTIC ROLLER SKATING ATHLETES.  
NART, A. ET AL [ITALY]

MO-PM11-4  
SHAKING THE HANDS ENHANCES INTERMITTENT HANDGRIP PERFORMANCE IN ROCK CLIMBERS  
BALAS, J. ET AL [CZECH REPUBLIC]

MO-PM11-5  
INFLUENCE OF BELAY TRAINING WITH A GRIGRI ON EXECUTION OF THE BRAKE HAND PRINCIPLE IN UNEXPERIENCED BELAYERS  
MATIAS SANTOS, V.M. ET AL [GERMANY]

MO-PM11-6  
SPEED AND JUMPING HEIGHT DISCRIMINATE BETWEEN FENCERS OF DIFFERENT

PERFORMANCE LEVEL, AGE AND SEX, BUT NOT BETWEEN ELITE FENCERS  
MENTZ, L. ET AL [GERMANY]

MO-PM11-7  
ACTN3 GENE POLYMORPHISM MAY PLAY A ROLE TO DETERMINE THE DURATION OF JUDO MATCHES  
ITAKA, T. ET AL [JAPAN]

MO-PM11-8  
INTENSITY AND ENERGY EXPENDITURE DURING THE DAKAR RALLY SPECIAL STAGE AT ALTITUDE 3500 - 4200 METERS IN ELITE OFF-ROAD RALLY ATHLETES.  
ZELENKOVA, I. ET AL [RUSSIA]

MO-PM11-9  
PHYSICAL FITNESS OF WOMEN AND THEIR ABILITY TO PASS AN ENTRY LEVEL FIRE FIGHTER TEST  
WILLIFORD, H. ET AL [UNITED STATES]

### MO-PM21 Injuries: risk factors, incidence and prevention

LECTURE ROOM: BERLIN/WEST  
Chair(s):  
Hopkins, W. [Australia]  
Federolf, P. [Austria]

MO-PM21-1  
NEUROMUSCULAR ADAPTATIONS TO EXERCISE-BASED INJURY PREVENTION PROGRAMMES IN YOUTH SPORTS: A SYSTEMATIC REVIEW WITH META-ANALYSIS OF RANDOMISED CONTROLLED TRIALS  
FAUDE, O. ET AL [SWITZERLAND]

MO-PM21-2  
ANTHROPOMETRIC VARIABLES AS RISK FACTORS FOR MUSCULOSKELETAL INJURIES IN ATHLETES AND MILITARY PERSONNEL: A SYSTEMATIC REVIEW  
MELLONI, M. [BRAZIL]

MO-PM21-3  
WHAT IS A RISK FACTOR FOR ANKLE SPRAIN?  
TAKESHI, T. ET AL [JAPAN]

MO-PM21-4  
INJURIES IN 17-19 YEAR-OLD MALE AMATEUR SOCCER PLAYERS  
ACKERMANN, S. ET AL [GERMANY]

MO-PM21-5  
THE EFFICACY OF INJURY PREVENTION WARM-UP PROGRAM FOR WOMEN HANDBALL PLAYERS  
MASHIMO, S. ET AL [JAPAN]

MO-PM21-6  
MUSCLE INJURIES AT DIFFERENT AGES IN AMATEUR FOOTBALL PLAYERS  
FERRARI, P. ET AL [ITALY]

MO-PM21-7  
VIDEO ANALYSIS OF TACKLING SITUATION IN WHICH CERVICAL INJURIES HAPPENED  
SUZUKI, K. ET AL [JAPAN]

MO-PM21-8  
HEAD INJURIES IN PROFESSIONAL MALE FOOTBALL – LOWER INCIDENCE RATES AFTER ALTERATION OF A RULE  
BEAUDOUIN, F. ET AL [GERMANY]

### MO-PM24 Molecular biology and biochemistry

LECTURE ROOM: RHEINLAND/SOUTH  
Chair(s):  
Mougios, V. [Greece]  
Wessner, B. [Austria]

MO-PM24-1  
SEX-SPECIFIC CHANGES IN MUSCLE FIBER AREA AND MYONUCLEAR CONTENT IN RESPONSE TO 10 WEEKS OF STRENGTH TRAINING  
CUMMING, K.T. ET AL [NORWAY]



## Mini-Oral Presentations

MO-PM24-2  
SATELLITE CELLS PROLIFERATIVE ACTIVITY IN ELITE KAYAKERS  
MORAWIN, B. ET AL [POLAND]

MO-PM24-3  
ROLE OF SIRTUIN RELATED MICRO-RNAS IN OVERLOAD-INDUCED HYPERTROPHY OF SKELETAL MUSCLE IN RAT  
KOLTAI, E. ET AL [HUNGARY]

MO-PM24-4  
EFFECT OF BRIGHT LIGHT EXPOSURE BEFORE SLEEP ON URINARY METABOLITES IN HUMANS  
NAKAMURA, Y. ET AL [JAPAN]

MO-PM24-5  
HYDROGEN WATER SUPPRESSES SKELETAL MUSCLE AND LIVER GLYCOGENOLYSIS DURING EXERCISE WHILE DOES NOT AFFECT OXIDATIVE STRESS, BLOOD ENERGY SUBSTRATE AND ENDURANCE PERFORMANCE IN RATS  
KAWAMURA, T. ET AL [JAPAN]

MO-PM24-6  
EFFECT OF INTENSE TRAINING ON MUSCULAR IMMUNITY IN PREPUBERAL RHYTHMIC GYMNASTS  
ANTUALPA, K. ET AL [BRAZIL]

MO-PM24-7  
EFFECT OF AEROBIC FITNESS ON PLASMA ASYMMETRIC DIMETHYLARGININE CONCENTRATIONS IN RESPONSE TO MAXIMAL EXERCISE TEST  
PAWLAK-CHAOUCH, M. ET AL [FRANCE]

### MO-BN02 Biomechanics: Running, cutting and jumping

LECTURE ROOM: NEW YORK/WEST  
Chair(s):  
Girard, O. [Qatar]  
Ishikawa, M. [Japan]

MO-BN02-1  
KINEMATIC AND KINETIC DIFFERENCES BETWEEN SPRINTERS AND DISTANCE RUNNERS  
PARADISIS, G. ET AL [GREECE]

MO-BN02-2  
INDICATION OF FATIGUE FROM GROUND REACTION FORCE CURVE FOR LONG DISTANCE RUNNERS  
ATTAAALLAH, M. ET AL [EGYPT]

MO-BN02-3  
REPEATED SPRINTING ON THIRD-GENERATION ARTIFICIAL TURF DOES NOT ALTER PLANTAR LOADING IN INTERNATIONAL MALE FOOTBALL PLAYERS USING A FATIGUE INDUCING PROTOCOL  
GIRARD, O. ET AL [QATAR]

MO-BN02-4  
ROLE OF TRUNK MUSCLE CO-CONTRACTION DURING DJ FROM DIFFERENT HEIGHTS AND INSTABILITY CONDITIONS  
PAULS, M. ET AL [GERMANY]

MO-BN02-5  
POTENTIATING EFFECTS OF FREE WEIGHT AND ELASTIC BAND BACK SQUAT EXERCISES ON SUBSEQUENT VERTICAL JUMP PERFORMANCE  
MINA, M.A. ET AL [UNITED KINGDOM]

MO-BN02-6  
DIFFERENCES AND SIMILARITIES OF KINEMATIC TRIPLE JUMP PARAMETERS BETWEEN YOUTH AND ELITE ATHLETES  
JASPERT, A. ET AL [GERMANY]

MO-BN02-7  
BIOMECHANICAL CHARACTERISTICS OF VOLLEY KICKING FOR A CROSS BALL WITH VARIOUS HEIGHTS IN SOCCER  
SHINKAI, H. ET AL [JAPAN]

MO-BN02-8  
MINIMAL MOMENTS OF INERTIA – AN ANALYSIS OF OPTIMAL TWIST AND SOMER-

SAULT POSITIONS  
SCHÜLER, A. ET AL [GERMANY]

### MO-PM27 Muscle function

LECTURE ROOM: MAILAND/WEST  
Chair(s):  
Nosaka, K. [Australia]  
McPhee, J. [United Kingdom]

MO-PM27-1  
OPTIMUM PORTION OF FORCE-DISPLACEMENT CURVE TO ASSESS MUSCLE HARDNESS WITH A PUSH-IN METER  
MURAYAMA, M. ET AL [JAPAN]

MO-PM27-2  
LOWER EXTREMITY MUSCLE CO-CONTRACTION CHARACTERS DURING DIFFERENT PLANE OF LUNGES IN HEALTHY INDIVIDUALS  
DAI, Y.X. ET AL [TAIWAN]

MO-PM27-3  
THE STUDY OF UPPER QUARTER FUNCTIONAL STABILITY IN DEAF ELITE MALE SWIMMERS  
LATIFI, S. ET AL [IRAN]

MO-PM27-4  
GENDER EFFECT ON BILATERAL IMPACT FORCE AND IMPACT TIME DURING PLYOMETRIC JUMPING WITH RELATIVE HEIGHT  
GU, C. [TAIWAN]

MO-PM27-5  
CHANGES IN BICEPS BRACHII MUSCLE HARDNESS ASSESSED BY ULTRASOUND STRAIN ELASTOGRAPHY AFTER ECCENTRIC EXERCISE OF THE ELBOW FLEXORS  
INAMI, T. ET AL [AUSTRALIA]

MO-PM27-6  
EFFECTS OF ACUTE LOCAL HEATING/COOLING ON RELATIONSHIPS BETWEEN MUSCLE HARDNESS, MUSCLE TIGHTNESS AND RANGE OF MOTION AT BICEPS FEMORIS

MUSCLES  
HIGASHINO, Y. ET AL [JAPAN]

MO-PM27-7  
LOCAL CONTINUOUS KNEE-COOLING AFFECTS FUNCTIONAL HOP PERFORMANCE.  
TASSIGNON, B. ET AL [BELGIUM]

### MO-PM26 Training and performance in the elderly

LECTURE ROOM: BRÜSSEL/WEST  
Chair(s):  
Breen, L. [United Kingdom]  
Abel, T. [Germany]

MO-PM26-1  
AUTONOMIC REGULATION IN PHYSICALLY FIT AND RECREATIONALLY ACTIVE YOUNG AND OLDER MEN  
KONISHI, M. ET AL [JAPAN]

MO-PM26-2  
IS THE FUNCTIONAL TRAINING AN ADDED VALUE TO AGED POPULATION PHYSICAL FITNESS?  
BEZERRA, P. ET AL [PORTUGAL]

MO-PM26-3  
EFFECTS OF EIGHT-WEEK MODERATE INTENSITY BODYWEIGHT EXERCISE ON WEIGHT LOSS AND FUNCTIONAL FITNESS IN ELDERLY  
YANG, K. [TAIWAN]

MO-PM26-4  
NORDIC WALKING CAN BE INCORPORATED IN THE EXERCISE PRESCRIPTION TO INCREASE AEROBIC CAPACITY, STRENGTH AND QUALITY OF LIFE FOR ELDERLY: A SYSTEMATIC REVIEW AND META-ANALYSIS  
BULLO, V. ET AL [ITALY]

MO-PM26-5  
EFFECTS OF LINEAR PERIODIZATION AND DAILY UNDULATORY PERIODIZATION ON FUNCTIONAL CAPABILITY IN ELDERLY

WOMEN  
SILVA, S.C.S. ET AL [BRAZIL]

MO-PM26-6  
EFFECTED OF ISAAN DANCE ON PHYSICAL PERFORMANCE IN THAI ELDERLY: A RANDOMIZED CONTROLLED TRIAL.  
SRIRAKSA, C. ET AL [THAILAND]

MO-PM26-7  
IMPROVEMENTS IN EXECUTIVE FUNCTION MIGHT IMPROVE LONG TERM ADHERENCE TO EFAM-UV© NEUROMOTOR TRAINING PROGRAM  
CORDELLAT, A. ET AL [SPAIN]

MO-PM26-8  
COMPARISON WITH THE STANDARDS TO ANALYSE PHYSICAL IMPROVEMENTS AFTER EFAM-UV© NEUROMOTOR TRAINING PROGRAM  
ROLDAN, A. ET AL [SPAIN]

MO-PM26-9  
ASSOCIATION OF PHYSIOLOGICAL CHANGES IN OLDER TAXI DRIVERS WITH MOTOR VEHICLE ACCIDENT INCIDENCE  
LAU, L.K. ET AL [SINGAPORE]

### MO-SH01 Health and fitness in children

LECTURE ROOM: L/SOUTH  
Chair(s):  
Gabriel, H. [Germany]  
Krusche, T. [Germany]

MO-SH01-1  
SEDENTARY TIME IN GERMAN PRIMARY SCHOOL CHILDREN  
HOFFMANN, B. ET AL [GERMANY]

MO-SH01-2  
PHYSICAL ACTIVITY LEVEL AND SEDENTARY BEHAVIOUR AMONG HEALTHY SCHOOL-CHILDREN IN SPAIN MEASURED BY TRI-

AXIAL ACCELEROMETRY  
BENÍTEZ-PORRES, J. ET AL [SPAIN]

MO-SH01-3  
PHYSICAL FITNESS AND PROPORTION OF PHYSICAL FITNESS GIFTEDNESS IN THIRD GRADERS LIVING IN THE FEDERAL STATE OF BRANDENBURG, GERMANY: A COMPARISON OF THE 2011 AND 2015 COHORT  
GOLLE, K. ET AL [GERMANY]

MO-SH01-4  
BLOOD VALUES AND AEROBIC POWER IN SIX-YEAR OLD CHILDREN  
MAMEN, A. ET AL [NORWAY]

MO-SH01-5  
PARTICIPATION IN COMMUNITY-BASED HEALTH PROMOTION PROGRAMS HAS BENEFICIAL EFFECTS ON BODY COMPOSITION AND FITNESS IN EARLY CHILDHOOD  
FERRARI, N. ET AL [GERMANY]

MO-SH01-6  
MOTOR COMPETENCE ASSESSMENT . FIRST RESULTS FROM A NOVEL ASSESSMENT INSTRUMENT.  
RODRIGUES, L.P. ET AL [PORTUGAL]

MO-SH01-7  
THE COMPARISON OF PREDICTIVE MOTOR CONTROL LEARNING IN DEVELOPMENTAL COORDINATION DISORDER AND TYPICALLY DEVELOPING CHILDRENS  
AHMADI, M. ET AL [IRAN]

MO-SH01-8  
DEVELOPMENTAL STUDY OF FUNDAMENTAL MOVEMENT AMONG PRESCHOOL CHILDREN PLAYING HOPSCOTCH  
SASAKI, R. ET AL [JAPAN]

MO-SH01-9  
CORRELATION BETWEEN THE OBSTRUCTIVE SLEEP APNEA SYNDROME, PHYSICAL PERFORMANCE AND PHYSICAL ACTIVE AND INACTIVE LEISURE TIME ACTIVITIES IN

JUVENILE OBESITY  
RÜSWEG, S. ET AL [GERMANY]

## MO-SH02 Sports in society: Mixed session

LECTURE ROOM: M/SOUTH  
Chair(s):  
McCuaig, L. [Australia]

MO-SH02-1  
THE ROLE OF HOSTING SPORT EVENTS ON URBAN DEVELOPMENT  
HEMATI-MORADABADI, J. ET AL [IRAN]

MO-SH02-2  
SPORT AS A CHANCE FOR PUBLIC GERMAN TV  
WERTH, M. [GERMANY]

MO-SH02-3  
PSYCHOPHYSIOLOGICAL EVALUATIONS ON CARDIOVASCULAR RESPONSE WHILE WATCHING DIFFERENT SKILL-LEVEL KENDO GAMES  
HOSHINO, S. [JAPAN]

MO-SH02-4  
ANTICIPATION AND EXPERTISE IN E-SPORTS PLAYERS  
KIM, H. [UNITED STATES]

MO-SH02-5  
EFFECT OF 16 WEEKS OF SUPERVISED FARTLEK-TRAINING PROGRAM ON PERCEIVED WELLNESS OF UNIVERSITY STUDENTS OF SAUDI ARABIA  
ANTONY, V.C. ET AL [SAUDI ARABIA]

MO-SH02-6  
COACHES' PERSPECTIVES ON THE USE AND EFFECTIVENESS OF EXERCISE AS PUNISHMENT  
KERR, G. ET AL [CANADA]

## Friday, July 7<sup>th</sup>, 2017

### 15:00 - 16:00

## MO-PM16 Training and testing in various sports 3

LECTURE ROOM: EUROPA/WEST  
Chair(s):  
Granacher, U. [Germany]

MO-PM16-1  
THE ACUTE HORMONAL AND PHYSIOLOGICAL RESPONSE TO KETTLEBELL SWINGS DIFFERS DEPENDING ON LOAD, WHEN TOTAL WORK IS HELD CONSTANT  
RAYMOND, L. ET AL [UNITED KINGDOM]

MO-PM16-2  
FORCES AND POSITIONS IN SUSPENSION LUNGE EXERCISE  
AGUILERA-CASTELLS, J. ET AL [SPAIN]

MO-PM16-3  
PEAK POWER OUTPUTS DURING TRUNK ROTATIONS OCCUR AT LIGHT TO MODERATE WEIGHTS, DEPENDING ON SPORTS SPECIALIZATION OF ATHLETES  
ZEMKOVÁ, E. ET AL [SLOVAKIA]

MO-PM16-4  
ASSESSMENT OF LOWER BODY AND ABDOMINAL STRENGTH IN PROFESSIONAL SOCCER PLAYERS  
MICHAELIDES, M. [CYPRUS]

MO-PM16-5  
THE EFFECTS OF HIGH-INTENSITY TREADMILL RUNNING PROTOCOL ON SPEED PERFORMANCE IN HURDLE ATHLETES  
YI-CHI, W. [TAIWAN]

MO-PM16-6  
RELATIONSHIP BETWEEN AFFECTIVE STATES AND PHYSIOLOGICAL STRESS AFTER MODERATE AND EXHAUSTIVE EXERCISE  
SUDO, M. ET AL [JAPAN]

MO-PM16-7  
RELATIONSHIPS BETWEEN VARIOUS AEROBIC FACTORS DURING AND AFTER MAXIMAL EXERCISE IN ELITE ATHLETES  
YAMAGISHI, T. ET AL [JAPAN]

MO-PM16-8  
GLOMERULAR FILTRATION RATE AND MILITARY PHYSICAL ACTIVITY DURING "2012 BRAZILIAN COMANDOS COURSE"  
ROLIM FILHO, N. ET AL [PORTUGAL]

MO-PM16-9  
CHANGES IN HEART RATE OF A JUMPER IN LONG JUMP ROPE  
YOSHIDA, N. ET AL [JAPAN]

## MO-PM29 Hypoxia and blood flow restriction 1

LECTURE ROOM: DEUTSCHLAND/SOUTH  
Chair(s):  
Raastad, T. [Norway]  
Hecksteden, A. [Germany]

MO-PM29-1  
THE CONTROL OF THE NORMOBARIC HYPOXIA INTENSITY IN OLDER AND YOUNG PEOPLE  
TÖRPEL, A. ET AL [GERMANY]

MO-PM29-2  
EFFECTS OF CYCLING EXERCISE AND AQUATIC EXERCISE IN HYPOBARIC HYPOXIA ON VASCULAR ADAPTATIONS AND GLUCOSE TOLERANCE  
OGITA, F. ET AL [JAPAN]

MO-PM29-3  
OLFACTORY IDENTIFICATION CAPACITY IS NOT AFFECTED DURING HIGH ALTITUDE CLIMBING  
FRON, K. ET AL [GERMANY]

MO-PM29-4  
RESISTANCE TRAINING WITH BLOOD FLOW RESTRICTION PROMOTES INCREASE MUSCLE MASS AND STRENGTH IN PEOPLE LIVING WITH HIV/AIDS  
ALVES, T.C. ET AL [BRAZIL]

MO-PM29-5  
THE EFFECT OF ACUTE OCCLUSION BURDEN ON MUSCLE-SPECIFIC MICORNA AND CONTEXTUAL GENE EXPRESSION PROFILE IN THIGH EXTENSOR MUSCLE  
TORMA, F. ET AL [HUNGARY]

## MO-PM18 Ageing: Balance and stability

LECTURE ROOM: PANORAMA/WEST  
Chair(s):  
Baudry, S. [Belgium]  
Donath, L. [Switzerland]

MO-PM18-1  
VALIDITY AND RELIABILITY OF A NOVEL INTEGRATIVE MOTOR PERFORMANCE TESTING AND TRAINING COURSE FOR SENIORS: THE "AGILITY CHALLENGE IN THE ELDERLY"  
LICHTENSTEIN, E. ET AL [SWITZERLAND]

MO-PM18-2  
MUSCLE QUALITY IN FRAIL ELDERLY INDIVIDUALS DETERMINED BY COMPUTED TOMOGRAPHY  
BREIT, M. ET AL [NORWAY]

MO-PM18-3  
THE EFFECTS OF FALL HISTORY ON KINEMATIC SYNERGY DURING WALKING  
YAMAGATA, M. ET AL [JAPAN]

## Mini-Oral Presentations

MO-PM18-4  
POSTURAL STRATEGY ADOPTED DURING PROLONGED UPRIGHT STANDING DIFFERS BETWEEN YOUNG AND OLDER ADULTS  
BOOGHS, C. ET AL [BELGIUM]

MO-PM18-5  
BIOMECHANICAL ANALYSIS OF ONE-LEGGED SIT-TO-STAND MOVEMENTS  
HOFFMANN, M. ET AL [GERMANY]

MO-PM18-6  
REACTIVE POSTURAL CONTROL BY NON-TRIPPED LEG IN RESPONSE TO TRIPPED LEG BEHAVIOR AFTER A TRIP  
NAKAJIMA, T. ET AL [JAPAN]

MO-PM18-7  
AGE-RELATED CHANGES IN REACTIVE MOTOR RESPONSES TO ACHILLES TENDON VIBRATIONS IN AN INHIBITORY STEPPING REACTION TIME TASK  
MAGNARD, J. ET AL [FRANCE]

### MO-PM22 Injuries in the lower limb

LECTURE ROOM: BERLIN/WEST  
Chair(s):  
Hagen, M. [Germany]

MO-PM22-1  
ANTERIOR CRUCIATE LIGAMENT CREEP AFFECTS NEUROMUSCULAR PERFORMANCE IN HEALTHY SOCCER PLAYERS  
NUCCIO, S. ET AL [ITALY]

MO-PM22-2  
THE FUNCTIONAL CHARACTERISTICS IN FEMALE ATHLETES WITH/WITHOUT FEAR OF RE-INJURY AFTER ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION  
SATOH, M. ET AL [JAPAN]

MO-PM22-3  
THE DEVELOPMENT OF DYNAMIC KNEE ALIGNMENT AFTER BALANCE AND JUMP TRAININGS TO PREVENT ANTERIOR CRUCIATE LIGAMENT INJURY  
GOHDA, Y. ET AL [JAPAN]

MO-PM22-4  
INVESTIGATING PHYSICAL FITNESS AS DETERMINANTS FOR THE ACL INJURY RISK IN FEMALE BASKETBALL PLAYER  
KAGAYA, Y. ET AL [JAPAN]

MO-PM22-5  
ILIOTIBIAL BAND STRAIN IS AFFECTED BY SEX AND POSITION  
KIM, D. ET AL [JAPAN]

MO-PM22-6  
THE ASSOCIATION BETWEEN TRANSVERSE ARCH AND INJURY OF ANKLE OR KNEE IN COLLEGE SOCCER PLAYERS  
NAKAYAMA, Y. ET AL [JAPAN]

MO-PM22-7  
THE EFFECT OF A NOVEL DYNAMIC TAPE ON PERFORMANCE IN INDIVIDUALS WITH CHRONIC ANKLE INSTABILITY  
KODESH, E. [ISRAEL]

MO-PM22-8  
MUSCLE ACTIVITY IN CHRONIC EXERTIONAL COMPARTMENT SYNDROME: A CASE-CONTROL STUDY  
ROBERTS, A. ET AL [UNITED KINGDOM]

MO-PM22-9  
IMPACT OF GLUCOCORTICOID DOSE AND CONDITIONING ON EXERCISE RESPONSE AND ADHERENCE IN PATIENTS RECEIVING ALLOGENEIC STEM CELL TRANSPLANTATION  
KUEHL, R. [GERMANY]

### MO-PM10 Training and testing: Basketball and rugby

LECTURE ROOM: RHEINLAND/SOUTH  
Chair(s):  
Holmberg, H. [Sweden]

MO-PM10-1  
PERFORMANCE PREDICTORS IN ELITE FEMALE BASKETBALL PLAYERS  
TORRES-UNDA, J. ET AL [SPAIN]

MO-PM10-2  
MONITORING A PRESEASON PREPARATION PERIOD IN SEMI-PROFESSIONAL BASKETBALL  
WELSCH, S. ET AL [GERMANY]

MO-PM10-3  
KINEMATICS OF LATERAL CUTTING AFTER THE JUDGMENT IN DEFENSIVE BASKETBALL PLAYERS  
KAMEDA, M. ET AL [JAPAN]

MO-PM10-4  
USEFULNESS OF A SUBMAXIMAL SHUTTLE-RUN IN WEEKLY MONITORING OF SEMI-PROFESSIONAL BASKETBALL PLAYERS  
VON FINTEL, J. ET AL [GERMANY]

MO-PM10-5  
NO CORRELATION BETWEEN ANKLE DORSIFLEXION RANGE OF MOTION AND VERTICAL JUMP HEIGHT IN MALE ELITE YOUTH BASKETBALLPLAYERS  
SEMPF, F. ET AL [GERMANY]

MO-PM10-6  
COMPARISON OF DEFINITIONS OF GPS HIGH SPEED RUNNING METRES AND THEIR CORRELATION WITH TRAINING LOAD  
LAWLOR, M. [IRELAND]

MO-PM10-7  
THE FREQUENCY, INTENSITY, DURATION AND VOLUME OF TRAINING AND MATCH PARTICIPATION OF ELITE YOUNG RUGBY PLAYERS IN DIFFERENT PHASES OF THE

SEASON  
HENDRICKS, S. ET AL [UNITED KINGDOM]

MO-PM10-8  
RUNNING- AND CONTACT- RELATED PERFORMANCE FLUCTUATIONS DURING INTERNATIONAL RUGBY SEVENS MATCH PLAY.  
PEETERS, A. ET AL [FRANCE]

MO-PM10-9  
MOVEMENT DEMANDS OF FRENCH TEAM UNDER-20S AND ELITE JUNIORS CLUB PLAYERS IN FRENCH RUGBY UNION  
MATHIEU, B. [FRANCE]

### MO-PM13 Coaching: Team sports

LECTURE ROOM: NEW YORK/WEST  
Chair(s):  
Tschan, H. [Austria]  
Triska, C. [Austria]

MO-PM13-1  
QUANTITATIVE MEASURED CHANGES OF PLAY BY LIMITED RULES - FROM CHILDREN'S BALL PASSING GAMES –  
TAZUKE, S. ET AL [JAPAN]

MO-PM13-2  
COMPETITION DYNAMICS OF DEFENDER VERSUS ATTACKER IN 1 VS. 1  
TSUTSUI, K. ET AL [JAPAN]

MO-PM13-3  
PLAYER ROTATION FACTORS AND INDIVIDUAL CHARACTERISTICS INFLUENCE PHYSICAL AND TECHNICAL PERFORMANCE IN PROFESSIONAL AUSTRALIAN RULES FOOTBALL  
COUTTS, A. ET AL [AUSTRALIA]

MO-PM13-4  
THE ROLE OF BODY COMPOSITION ON ATHLETIC PERFORMANCE IN MALE AUSTRIAN LACROSSE PLAYERS  
HAUER, R. ET AL [AUSTRIA]

MO-PM13-5  
EFFECT OF CONCURRENT SPECIFIC STRENGTH AND REPEATED SPRINT TRAINING ON IGF-1 CONCENTRATIONS IN FUTSAL PLAYERS: EFFECT OF INTRA-SESSION EXERCISE SEQUENCE  
PHONGSRI, K. ET AL [THAILAND]

MO-PM13-6  
EFFECT OF PRIOR TRAINING LOAD ON ENDOCRINOLOGICAL AND OXIDATIVE DAMAGE MARKERS IN TEAM SPORT PLAYERS  
SLATTERY, K. ET AL [AUSTRALIA]

MO-PM13-7  
OXYTOCIN VARIATION DURING COMPETITION IN TEAM SPORT PLAYERS  
CODRONS, E. ET AL [ITALY]

### MO-PM17 Obesity and bone: mixed session

LECTURE ROOM: MAILAND/WEST  
Chair(s):  
Kreuzpointner, F. [Germany]

MO-PM17-1  
BONE MINERAL DENSITY OF ELITE LEVEL KENYAN MALE AND FEMALE RUNNERS: PRELIMINARY DATA FROM RED-S STUDY  
MOOSES, M. ET AL [ESTONIA]

MO-PM17-2  
EFFECTS OF JUDO TRAINING ON BONES: A SYSTEMATIC LITERATURE REVIEW  
CIACCIONI, S. ET AL [ITALY]

MO-PM17-3  
FACTORS RELATED TO CALCANEAL BONE DENSITY IN WORLD-CLASS RACEWALKERS  
GOMEZ-EZEIZA, J. ET AL [SPAIN]

MO-PM17-4  
DO AGE AND SEX MODERATE THE PREDICTABILITY OF BMI ON THE FUTURE ONSET OF

LBP? A META ANALYSIS WITH MEGA TRIAL  
ERHARDT, R. ET AL [GERMANY]

MO-PM17-5  
EFFECT OF REGULAR EXERCISE ON VISUOSPATIAL ATTENTION IN YOUNG ADULTS WITH OBESITY  
 TSAI, C.L. ET AL [TAIWAN]

### MO-PM30 Assessment and promotion of PA

LECTURE ROOM: BRÜSSEL/WEST  
Chair(s):  
Thiel, C. [Germany]

MO-PM30-1  
THE ASSESSMENT OF PHYSICAL ACTIVITY AMONG ADULTS IN KOREA  
KO, B. ET AL [KOREA, SOUTH]

MO-PM30-2  
Screening for physical exercise in unsupervised training.  
TAKITO, M.Y. ET AL [BRAZIL]

MO-PM30-3  
EFFECTS OF A 12-WEEK PEDOMETER-BASED WORKPLACE INTERVENTION ON HEALTH PARAMETERS – A PILOT STUDY  
LUJTKEMEIER, L. ET AL [GERMANY]

### MO-SH03 Sport psychology and cognition

LECTURE ROOM: L/SOUTH  
Chair(s):  
Plessner, H. [Germany]  
Gerber, M. [Switzerland]

MO-SH03-1  
VISUAL SEARCH AND TACTICAL BEHAVIOURS OF DEFENSIVE SOCCER PLAYERS  
BAGATIN, R.T. ET AL [PORTUGAL]

MO-SH03-2  
THE RELATIONSHIP BETWEEN DIFFERENT METHODS OF TRAININGS AND EXECUTIVE FUNCTION IN JUNIOR SOCCER PLAYERS  
SAKAMOTO, S. [JAPAN]

MO-SH03-3  
COGNITIVE AND MOTIVATIONAL FUNCTIONS OF SELF-TALK IN ELITE ATHLETES: GENDER AND SPORTS TYPES  
HATAMI, F. ET AL [IRAN]

MO-SH03-4  
NEURAL CORRELATES OF TEMPORAL DYNAMICS OF COGNITIVE CONTROL IN BADMINTON PLAYERS  
LIN, C.C. ET AL [TAIWAN]

MO-SH03-5  
A NEUROBEHAVIORAL APPROACH ON INHIBITORY CONTROL IN RACKET VS. TEAM SPORTS ATHLETES  
SOGA, K. ET AL [JAPAN]

MO-SH03-6  
EFFECT OF CONSISTENT PREPARATION BEHAVIOR IN BASKETBALL FREE THROW  
NAGATA, N. [JAPAN]

MO-SH03-7  
BEHAVIOURAL OBSERVATION FORM- A PRACTICE-DRIVEN APPROACH TO ASSESS PSYCHOLOGICAL CHARACTERISTICS OF BOXING TALENTS  
WALTER, N. ET AL [GERMANY]

MO-SH03-8  
COPING WITH STRESS AND INJURY IN COMPETITIVE POWERLIFTING  
PAVELIC, M. ET AL [FINLAND]

MO-SH03-9  
THE EFFECT OF AEROBIC FITNESS ON FEATURE BINDING PROCESSING DURING WORKING MEMORY IN MALE YOUNG ADULTS  
LIN, J.T. ET AL [TAIWAN]

MO-SH03-10  
THE EFFECT OF AEROBIC FITNESS ON RESPONSE VARIABILITY AND POST-RESPONSE CONFLICT PROCESSING IN THE STROOP TASK  
CHANG, K.Y. ET AL [TAIWAN]

### MO-SH04 Leisure activity and health

LECTURE ROOM: M/SOUTH  
Chair(s):  
Fett, J. [Germany]

MO-SH04-1  
A BIG DATA ANALYSIS PERSPECTIVE: THE QUANTITY AND QUALITY OF STRUCTURED EXERCISE WITHIN HEALTH AND WELLNESS CLUBS  
BENVENUTI, P. ET AL [ITALY]

MO-SH04-2  
USER BEHAVIOR ANALYSIS OF OUTDOOR FITNESS EQUIPMENT  
WU, D.R. ET AL [TAIWAN]

MO-SH04-3  
PHYSICAL ACTIVITY LEVELS IN HEALTHY UNIVERSITY STUDENTS  
KUNO-MIZUMURA, M. ET AL [JAPAN]

MO-SH04-4  
EFFECTS OF SHUTTLECOCK KICKING ON BODY COMPOSITION IN PERIMENOPAUSAL FEMALES  
DING, H. [CHINA]

MO-SH04-5  
BENEFIT EFFECTS OF 6-HYDROXYMELATONIN SULPHATE AND SLEEP QUALITY BY FITNESS QIGONG IN MIDDLE-AGE WOMEN  
HUANG, L. [CHINA]

MO-SH04-6  
EFFECTS OF OUTDOOR ACTIVITIES ON THE SENSE OF SPIRITUALITY EXAMINED FROM

DIFFERENCES BETWEEN OUTDOOR ACTIVITIES AND COMPETITIVE SPORTS.  
KUJI, M. ET AL [JAPAN]

MO-SH04-7  
FINDING ENVIRONMENTAL KNOWLEDGE IN SCUBA-BASED TEXTUAL MATERIALS  
AYGUN, Y. ET AL [TURKEY]

### MO-BN3 Technology and methods

LECTURE ROOM: N/SOUTH  
Chair(s):  
Schmidt, M. [Germany]

MO-BN3-1  
THE EFFECT OF CONTACT ANGLE ON VARYING ELECTRONIC BODY PROTECTOR IN SIDE KICKS  
PENG, Y.C. ET AL [TAIWAN]

MO-BN3-2  
THE EFFECT OF SIDE KICKS ON DIFFERENT AREA OF ELECTRONIC BODY PROTECTOR  
LIU, T.T. ET AL [TAIWAN]

MO-BN3-3  
VALIDITY AND RELIABILITY OF DELSYS TRIGNO WIRELESS SENSOR COMPARED TO 3-D MOTION CAPTURE SYSTEM WHEN DETECTING JOINT ANGLES  
HO, H.Z. ET AL [TAIWAN]

MO-BN3-4  
AN ANALYSIS OF PERFORMING TIMES IN EVERYDAY LIFE MOVEMENTS THROUGHOUT LIFE  
ESPINOSA-SANCHEZ, M. [MEXICO]

MO-BN3-5  
INVESTIGATION MOVEMENT COORDINATION AND OUTCOME PERFORMANCE OF AIR PISTOL SHOOTING  
CHEN, H.H. ET AL [TAIWAN]



# Conventional Print Poster Presentations

**Thursday, July 6<sup>th</sup>, 2017**

**13:00 - 14:00**

## CP-SH05 Sport management

LECTURE ROOM: GRGROUND LEVEL/WEST

Chair(s):

Ainsworth, B. [United States]

### CP-SH05-1

PROVIDING A MODEL BETWEEN EMPOWERMENT AND PSYCHOLOGICAL CAPITAL AND COMPETITIVE ADVANTAGE OF IRAN SWIMMING FEDERATION

Hami, M. et al [Iran]

### CP-SH05-2

INTERPRETATION OF UEFA CLUB LICENSING AND FINANCIAL FAIR PLAY REGULATIONS UNDER MERITON FUNCTIONALIST THEORY ANALYSIS PERSPECTIVE AND ENLIGHTENMENT

Yu, T. [China]

### CP-SH05-3

DO CITY COLLEGE STUDENTS LIKE DOING PHYSICAL ACTIVITIES MORE THAN RURAL COLLEGE STUDENTS?

Lianghui, L. et al [China]

### CP-SH05-4

THE EFFECT OF SPORT STAR ADVERTISING ACTIVITY ON THE PSYCHOLOGICAL SENSE OF COMMUNITY

KIM, H.N. et al [Korea, South]

### CP-SH05-5

A STUDY OF THE RELATIONSHIP BETWEEN TEAM LOYALTY ACCORDING TO THE IMAGE OF SPORT TEAMS

SEO, H. et al [Korea, South]

### CP-SH05-6

THE EFFECT OF PERCEIVED CSR ON TEAM IDENTIFICATION AND TEAM LOYALTY IN PROFESSIONAL FOOTBALL IN KOREA

Park, J. et al [Germany]

## CP-PM05 Training and testing in various sports 1

LECTURE ROOM: GRGROUND LEVEL/WEST

Chair(s):

Tschan, H. [Austria]

### CP-PM05-1

MAPPING THE ECOLOGICAL VALIDITY OF EQUINE GAIT ANALYSIS RESEARCH: A REVIEW OF LITERATURE 1978 – 2015

Egan, S. et al [Ireland]

### CP-PM05-2

EQUESTRIAN BALANCE

Delemarre, S. et al [Netherlands]

### CP-PM05-3

ACUTE EFFECTS OF STATIC VS. BALLISTIC STRETCHING ON H/Q RATIO BETWEEN BALLET DANCERS AND RESISTANCE TRAINED WOMEN

Lima, C.D. et al [Canada]

### CP-PM05-4

PREVALENCE OF CHEERLEADING INJURY IN KOREAN CLUB SPORTS YOUNG CHEERLEADERS

Yun, S. et al [Korea, South]

### CP-PM05-5

POTENTIAL MUSCLE IMBALANCES IN CLUB LEVEL FENCERS

Bottoms, L. et al [United Kingdom]

### CP-PM05-6

TREE TACTICS IN FENCING: ELITE EPEE MEN'S

Iglesias, X. et al [Spain]

### CP-PM05-7

THE USE OF ANTHROPOMETRIC FACTORS IN TALENT ION IN SWIMMING

Altmann, K. [Germany]

### CP-PM05-8

EFFECT OF BLOCKED VISION ON THE REPRODUCIBILITY OF BALLET LEG POSITIONS IN ELITE JAPANESE SYNCHRONIZED SWIMMERS

Komori, Y. et al [Japan]

### CP-PM05-9

PROGRESSION AND AGE AT PEAK PERFORMANCE OF ELITE MALE TRIPLE JUMPERS

Niessen, M. et al [Germany]

### CP-PM05-10

SEX-RELATED DIFFERENCES IN GROWTH AND PATTERNS OF DEVELOPMENT OF THIGH MUSCLE THICKNESS, ANAEROBIC POWER, AND SKATING PERFORMANCE IN JUNIOR SPEED SKATERS

Kumagawa, D. et al [Japan]

### CP-PM05-11

EFFECT OF BLOOD LACTATE AND ACTIVE OXYGEN ON HOLDER TRAINING OF ELITE SPORT CLIMBING ATHLETES

Son, Y.H. et al [Korea, South]

### CP-PM05-12

ISCHAEMIC PRECONDITIONING DOES NOT IMPROVE REPEATED SPRINT ABILITY IN ELITE RUGBY SEVENS PLAYERS.

Patterson, S. et al [United Kingdom]

## CP-PM12 Cardiovascular physiology

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

González-Alonso, J. [United Kingdom]

### CP-PM12-1

EFFECTS OF TWO TYPES OF PHYSICAL TRAINING EXERCISE ON VENTRICULAR CARDIOMYOCYTES REMODELING OF HYPERTENSIVE RATS.

DELPECH, N. et al [France]

### CP-PM12-2

KINETIC OF LEFT VENTRICULAR FUNCTION AND MECHANIC DURING THE TRANSITION FROM REST TO EXERCISE IN TRAINED CYCLISTS.

IZEM, O. [France]

### CP-PM12-3

EFFECT OF 8 WEEKS TRAINING WITH AND WITHOUT POMEGRANATE ON BLOOD PRESSURE AND VO2MAX IN MIDDLE AGE WOMEN

Sadegh Eghbali F. et al [Iran]

### CP-PM12-4

EFFECTS OF ORAL CONTRACEPTIVES AND PHYSICAL HABITS ON HEMODYNAMICS AND ARTERIAL STIFFNESS IN YOUNG WOMEN

Enea, C. et al [France]

### CP-PM12-5

THE IMPACT OF TYPE OF SPORT, GENDER AND AGE ON RED BLOOD CELL DEFORMABILITY OF ELITE ATHLETES: A CROSS-SECTIONAL STUDY

Tomschi, F. et al [Germany]

### CP-PM12-6

MIR-214 AND MIR-126 WERE ASSOCIATED WITH RESTORATION OF ENDOTHELIAL FUNCTION IN YOUNG OBESE ADULTS AFTER EXERCISE AND DIETARY INTERVENTION

Hu, M. et al [China]

### CP-PM12-7

AQUATIC EXERCISE DECREASES ARTERIAL STIFFNESS AFTER TRAINING CAMP IN FEMALE ATHLETES

Kaori, S. et al [Japan]

## CP-PM13 Muscle injuries and damage

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Nosaka, K. [Australia]

Racinais, S. [Qatar]

### CP-PM13-1

ENERGY ABSORPTION STRATEGY IN THE LOWER EXTREMITY BY KNEE VALGUS/VARUS ALIGNMENT DURING VERTICAL JUMPS

Tamura, A. et al [Japan]

### CP-PM13-2

ALIGNMENT OF TRUNK AND LOWER EXTREMITY DURING STAR EXCURSION BALANCE TEST MIGHT BE USEFUL FOR EVALUATION OF ACL INJURY RISK

Uebayashi, K. et al [Japan]

### CP-PM13-3

KNEE ROTATION RELATED TO GENDER, KNEE ANGLE AND APPLIED TORQUE

Seiya, M. et al [Japan]

### CP-PM13-4

ASSOCIATION ANALYSIS OF ACTN3 R577X POLYMORPHISM WITH MUSCLE STIFFNESS AND MUSCLE STRAIN INJURY

Miyamoto-Mikami, E. et al [Japan]

### CP-PM13-5

INVESTIGATION OF CONTRALATERAL ARM DESIGN FOR ASSESSING MUSCLE DAMAGE IN HUMANS

Chino, K. et al [Japan]

### CP-PM13-6

INJURY SURVEILLANCE OF NON-PROFESSIONAL SALSA DANCE

Domene, P.A. et al [United Kingdom]

### CP-PM13-7

CONFORMITY BETWEEN MUSCLE HARDNESS TESTER AND O-RING TEST RESULTS

Choi, H.S. et al [Korea, South]

### CP-PM13-8

ACUTE EFFECTS OF FOAM-ROLLING ON VOLUME ALTERATIONS OF THE LOWER LIMBS AND PERCEIVED PAIN

Kühnemann, M. et al [Germany]

### CP-PM13-9

EFFECT OF LOWER LEG BALANCE TAPING ON BODY BALANCE

Kim, J.W. et al [Korea, South]

## CP-PM14 Internal medicine

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

de Marées, M. [Germany]

### CP-PM14-1

BODY COMPOSITION CHANGES AFTER RESISTANCE, AEROBIC AND COMBINED TRAINING AND DETRAINING IN CORONARY ARTERY DISEASED PATIENTS

Panayiotou, G. et al [Cyprus]

### CP-PM14-2

EFFECT OF INTRADIALYSIS EXERCISE PROGRAM ON PHYSICAL FITNESS IN CHRONIC KIDNEY DISEASE

Cobo Vicente, F. et al [Spain]

### CP-PM14-3

IMPACT OF PHYSICAL INACTIVITY ON THE RISK OF DEVELOPMENT HEPATIC STEATOSIS IN WOMEN

Sá Pinto Montenegro, C. et al [Brazil]



CP-PM14-4

THE BENEFITS OF REGULAR PHYSICAL ACTIVITY ON DOXORUBICIN-INDUCED KIDNEY COLLAGEN DEPOSITION ON RATS  
Cardoso, D. et al [Portugal]

CP-PM14-5

PRE-PARTICIPATION CARDIAC SCREENING IN ATHLETES-10 YEARS' <2007-2017> EXPERIENCE  
Stoian, I.M. et al [Romania]

CP-PM14-6

FEASIBILITY OF MYOCARDIAL PERFUSION SPECT IN DIAGNOSTICS OF NONCORONARY DISMETABOLIC HEART DISEASES IN ATHLETES  
Bondarev, S.A. et al [Russia]

CP-PM14-7

GENDER DIFFERENCES IN SEVERAL HEALTH INDICES AFTER A SHORT AND MIXED WEIGHT REDUCING PROGRAM  
Joffroy, S. et al [France]

CP-PM14-8

HEMODYNAMIC RESPONSES IN MAXIMAL AND SUBMAXIMAL STRENGTH TEST IN HYPERTENSIVE ELDERLY  
Leite, T. et al [Brazil]

**CP-PM15 Orthopaedics and rehabilitation: mixed session**

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Mayer, F. [Germany]

CP-PM15-1

WHAT IS THE EFFECTIVE STRETCHING POSITION FOR ELONGATING NECK EXTENSOR MUSCLES? AN ULTRASONIC SHEAR WAVE ELASTOGRAPHY STUDY  
Yanase, K. et al [Japan]

CP-PM15-2

EFFECTS OF 300 SECONDS OF STRETCHING ON FLEXIBILITY AND ISOMETRIC MUSCLE FORCE DO NOT DIFFER BETWEEN STRETCHING METHODS  
Matsuo, S. et al [Japan]

CP-PM15-3

FEATURE OF TRUNK MUSCLE ACTIVITIES DURING SWIMMING IN SWIMMERS WITH LOW BACK PAIN  
Kitamura, G. et al [Japan]

CP-PM15-4

EFFECTS OF WELL-ROUNDED EXERCISE TRAINING ON CARTILAGE METABOLISM IN FEMALES WITHOUT RADIOLOGICALLY KNEE OSTEOARTHRITIS  
Yasuda, T. et al [Japan]

CP-PM15-5

CLINICAL EFFECT OF DEEP NECK BENDING EXERCISE APPLIED TO CHRONIC NECK PAIN PATIENTS  
Seo, Y.H. et al [Korea, South]

CP-PM15-6

RTD EVALUATION AS FUNCTIONAL REHABILITATION AND RTS CRITERIA FOR HAMSTRING STRAIN INJURIES. A PRELIMINARY STUDY.  
Bikandi, E. et al [Spain]

CP-PM15-7

LOWER LIMB ELECTROMYOGRAPHY IN PATIENTS WITH ACHILLES TENDON REPAIR DURING RAMP ANKLE ASCENDING AND DESCENDING EXERCISE  
Kuo, C.Y. et al [Taiwan]

CP-PM15-8

USE OF WALKING POLES FOR POSTURAL STABILITY DURING STANDING IN PATIENTS WITH KNEE AND HIP OSTEOARTHRITIS  
Fukusaki, C. et al [Japan]

CP-PM15-9

RADIOGRAPHIC COMPARISON OF KNEE OSTEOARTHRITIS, PAIN AND FUNCTION BETWEEN EX-ELITE MALE TABLE TENNIS PLAYERS AND THEIR AGED MATCHED CONTROLS  
Meghdadi, N. et al [Iran]

**CP-PM16 Females, elite athletes and vibration: mixed session**

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Trompeter, K. [Germany]

CP-PM16-1

BASILINE CHARACTERISTICS OF WOMEN WHO COMPLETED OR NOT AN ENDURANCE TRAINING PROGRAM  
Garnier, S. et al [France]

CP-PM16-2

THE EFFECT OF HIGH-INTENSITY TABATA EXERCISE ON THE MAXIMAL OXYGEN UPTAKE AND BLOOD VARIABLES OF MIDDLE-AGED WOMEN  
Yoon, S.M. et al [Korea, South]

CP-PM16-3

ALTERATIONS TO SALIVARY IMMUNOGLOBULIN-A AND CORTISOL RESPONSES TO PROFESSIONAL RUGBY LEAGUE PRE-SEASON TRAINING  
Thornton, H.R. et al [Australia]

CP-PM16-4

EFFECT OF ACUTE MODAFINIL INGESTION ON COGNITIVE AND PHYSICAL PERFORMANCE FOLLOWING MENTAL EXERTION  
Rattray, B. et al [Australia]

CP-PM16-5

THE RELATIONSHIP BETWEEN CENTRAL AND PERIPHERAL FATIGUE IN TERMS OF WITH OR WITHOUT SLEEP DEPRIVATION  
SHIODA, K. et al [Japan]

CP-PM16-6

PAIN THRESHOLDS AFTER ROWING AT DIFFERENT INTENSITIES  
Krüger, S. et al [Germany]

CP-PM16-7

VARIABILITY SLIDING UPON A NOVEL SLIDE VIBRATION BOARD AT DIFFERENT VIBRATION FREQUENCIES  
Gisbert, J.F. et al [Spain]

CP-PM16-8

EFFECTS OF VIBROTACTILE FEEDBACK ON SEDENTARY BEHAVIORS OF ADULTS: A PILOT RANDOMIZED CONTROLLED TRIAL  
Nishimura, M. et al [Japan]

**CP-PM17 Ventilation, hypoxia, health and fitness**

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Venzke, J. [Germany]

CP-PM17-1

MEASURING THE ENERGY OF VENTILATION AND CIRCULATION DURING HUMAN WALKING USING INDUCED HYPOXIA  
Horiuchi, M. et al [Japan]

CP-PM17-2

THE RELATIONSHIP BETWEEN LUNG FUNCTION AND PHYSICAL FITNESS PARAMETERS  
Imai, T. et al [Japan]

CP-PM17-3

EFFECTS OF VOLUNTARY DIAPHRAGMATIC BREATHING ON NATURALLY INDUCED STRESS DURING A HIKING TOUR: A PILOT STUDY  
Kaldewey, K. et al [Germany]

CP-PM17-4

THE EFFECTS OF ELASTIC BAND EXERCISE ON RESPIRATORY MUSCLE STRENGTH AND FUNCTIONAL CAPACITY IN THORACOTOMY PATIENTS  
Erdogan, M. et al [Turkey]

CP-PM17-5

ACUTE EFFECTS OF NORMOBARIC HYPOXIA ON DUAL-TASK GAIT VARIABILITY  
Brennicke, M. et al [Germany]

CP-PM17-6

MORPHOLOGICAL CHANGES OF MUSCLE AND MOTOR END PLATE DURING RECOVERY FROM MUSCLE ATROPHY  
Nishizawa, T. [Japan]

CP-PM17-7

WORKPLACE HEALTH PROMOTION FOR PUBLIC TRANSPORTATION SERVICE EMPLOYEES  
Wilke, C. et al [Germany]

CP-PM17-8

EFFECT OF WATER INTAKE ON OWNERS WALKING THEIR DOG IN A HOT ENVIRONMENT  
FURUMOTO, K. et al [Japan]

**CP-PM18 Brain and cognition**

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Levin, O. [Belgium]

CP-PM18-1

DOES CEREBRAL BLOOD FLOW AND OXYGENATION AFFECT IMPAIRMENT IN COGNITIVE FUNCTION DURING EXERCISE?  
Komiyama, T. et al [Japan]

CP-PM18-2

IMPACT OF COGNITIVE AND COORDINATIVE INTERVENTIONS ON PAIN PROCESSING IN YOUNG HEALTHY MEN  
Herzig, M. et al [Germany]

CP-PM18-3

EFFECT OF ESTRADIOL/PROGESTERONE RATIO ON COGNITIVE FUNCTION AT REST AND DURING EXERCISE IN HEALTHY YOUNG WOMEN  
Sawai, A. et al [Japan]

CP-PM18-4

EXECUTIVE FUNCTION AND BDNF CONCENTRATIONS DID NOT DIFFER BETWEEN WELL TRAINED FUTSAL PLAYERS, SWIMMERS AND SEDENTARY MALE ADOLESCENTS AT REST.  
Prado, L.S. et al [Brazil]

CP-PM18-5

EFFECTS OF BRAIN ENDURANCE TRAINING ON ENDURANCE  
Dallaway, N. et al [United Kingdom]

CP-PM18-6

PHYSICAL ACTIVITY BEFORE 16 YEARS OF AGE IS ASSOCIATED WITH THALAMUS VOLUME AND VERBAL MEMORY IN HEALTHY ADULT SUBJECTS  
Prats-Puig, A. [Spain]

CP-PM18-7

TREADMILL RUNNING DECREASES THE ACCUMULATION OF AMYLOID IN LACTATIONAL DEHP-EXPOSED AGED RATS  
Lee, Y.C. et al [Taiwan]

# Conventional Print Poster Presentations

CP-PM18-8

WHOLE-HAND WATER IMMERSION DOES NOT CHANGE CORTICOSPINAL EXCITABILITY IN HUMANS

Sato, D. et al [Japan]

CP-PM18-9

MODELLED BEHAVIOR AND ERROR DETECTION IN AN ABSTRACT SEQUENCING TASK

Gulde, P. et al [Germany]

## CP-PM19 Children and adolescents

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Fett, J. [Germany]

CP-PM19-1

INVESTIGATION OF SHOULDER INJURIES AMONG JAPANESE FEMALE WATER POLO PLAYERS

Iizuka, S. et al [Japan]

CP-PM19-2

DETERIORATION OF THE SPRINT MOTION CAUSED BY ADOLESCENT AWKWARDNESS FOR ELEMENTARY SCHOOL CHILDREN

Kokudo, S. [Japan]

CP-PM19-3

STRESS SONOGRAPHY OF THE ULNAR COLLATERAL LIGAMENT OF THE ELBOW IN JUDO PLAYERS

Fukuda, Y. et al [Japan]

CP-PM19-4

FATIGUE, PHYSICAL FUNCTION AND PHYSICAL ACTIVITY IN YOUNG ADULT WOMEN.

Azevedo, L.M.M. et al [Brazil]

CP-PM19-5

INVESTIGATION OF MOTOR SKILLS OF 11-14 AGED ADOLESCENT ACCORDING TO BMI

gozel tepe, z. [Turkey]

CP-PM19-6

PREFERENCES OF PHYSICAL EDUCATION AND PLAYS IN 10-12 YEAR-OLD CHILDREN IN EAST ASIA

Ikedo, T. et al [Japan]

CP-PM19-7

HEALTH-RELATED PHYSICAL FITNESS IN ELEMENTARY SCHOOL-AGED CHILDREN IN NORTH CYPRUS

Kirmizigil, B. et al [Cyprus]

CP-PM19-8

THE SPECIFIC EFFECTS OF DEVELOPMENTAL STAGE ON PHYSICAL ABILITY IN ADOLESCENT FEMALE FOOTBALL PLAYERS

Inoue, Y. [Japan]

CP-PM19-9

EXAMINING THE EFFECT OF ETHNICITY AND LANGUAGE ON FUNDAMENTAL MOVEMENT SKILLS IN CHILDREN FROM LOW SES BACKGROUNDS IN COVENTRY, UK.

Eyre, E.L.J. et al [United Kingdom]

CP-PM19-10

PERFORMANCE ANALYSIS FOR ESTABLISHING AN INNOVATIVE LECTURE STYLE AT UNIVERSITY.

Magome, T. et al [Japan]

Friday, July 7<sup>th</sup>, 2017

13:00 - 14:00

## CP-SH03 Sport psychology 1

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Lane, A. [United Kingdom]

CP-SH03-1

RELATIONSHIP BETWEEN PSYCHOLOGICAL EFFECTS AND SUBJECTIVE SATISFACTIONS BY VIEWING MOTIVATIONAL VIDEO FOR OLYMPIC ATHLETES

YAMAZAKI, M. [Japan]

CP-SH03-2

RELATION BETWEEN RESILIENCE AND STARTING AGE IN THEIR SPORT IN MEXICAN ATHLETES

Castellanos, L. et al [Mexico]

CP-SH03-3

STUDY OF COACH-ATHLETE RELATIONSHIP AND SUCCESSFUL MOTIVATION OF NATIONAL ARCHERS OF IRAN AND UNITED STATES.

Haji Anzehaei, E. [Iran]

## CP-SH04 Sport psychology 2

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Plessner, H. [Germany]

CP-SH04-1

DEVELOPMENT OF AN INSTRUMENT FOR QUALITY ASSURANCE IN COMPETITIVE YOUTH SOCCER

Loch, F. et al [Germany]

CP-SH04-2

CAN REACTIVITY TO ELECTRONIC DEVICES IMPROVE SWIMMING PERFORMANCE? AN ORIGINAL STUDY

Vandoni, M. [Italy]

CP-SH04-3

INJURY AND DISORDERED EATING BEHAVIORS: WHAT IS THE CONNECTION FOR FEMALE PROFESSIONAL DANCERS?

Reel, J. et al [United States]

CP-SH04-4

THE EFFECT OF ACUTE AEROBIC EXERCISE ON ATTENTION FUNCTION IN HEALTHY OLDER ADULTS

Shimura, Y. et al [Japan]

CP-SH04-5

SOCIAL COGNITIVE THEORY AND PHYSICAL ACTIVITY AMONG KOREAN MALE HIGH SCHOOL STUDENTS

Lee, C.G. [Korea, South]

CP-SH04-6

THE EVASKIP-STUDY: IS PHYSICAL PERFORMANCE AND HEALTH RELATED QUALITY OF LIFE ASSOCIATED WITH DIFFERENT SCHOOL TYPES IN GERMANY?

Schulz, T. et al [Germany]

## CP-BN04 Coordination and motor control

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Federolf, P. [Austria]

CP-BN04-1

LINKING COLLECTIVE VARIABLE, SYNERGIES AND TASK OUTCOME: THE ROLLERBALL EXAMPLE

Liu, Y. et al [Taiwan]

CP-BN04-2

IDENTIFYING UNITS OF DISCRETE MOVEMENT IN SPACE-TIME CONSTRAINTS

Tsung-Yu, H. et al [Taiwan]

CP-BN04-3

THE IMPACT OF VISUAL OCCLUSION ON THE KINEMATICS OF THE BASKETBALL DRIBBLE

Dunton, A. et al [Ireland]

CP-BN04-4

THE RELATIONSHIP BETWEEN GOLF PUTTING PRECISION AND VARIABILITY IN INITIAL BALL DIRECTION AND VELOCITY

Miyake, Y. et al [Japan]

CP-BN04-5

OVERESTIMATION OF SUCCESS-RATE IS STRONGER IN MOTOR CONDITION THAN IN EQUIVALENT NON-MOTOR CONDITION IN TWO-CHOICE DECISION TASK

Onagawa, R. et al [Japan]

CP-BN04-6

INFLUENCES OF LONG-TERM MOTOR TRAINING ON THE EXCITABILITY OF THE CORTICOSPINAL TRACT DURING DUAL-TASK

Fukumoto, H. et al [Japan]

CP-BN04-7

CHANGES IN BRAIN GRAY MATTER VOLUME IN UNIVERSITY-LEVEL SOCCER PLAYERS

Kamibayashi, K. et al [Japan]

## CP-BN03 Neuromuscular function 1

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Girard, O. [Qatar]

Ishikawa, M. [Japan]

CP-BN03-1

ACUTE EFFECTS OF A SPECIFIC POST-ACTIVATION POTENTIATION PROTOCOL ON SWIMMING START PERFORMANCE OF COMPETITIVE SWIMMERS

Vieira, L. et al [Brazil]

CP-BN03-2

INFLUENCE OF POLYURETHANE MIDSOLE ON GROUND REACTION FORCE DURING STRETCH-SHORTENING-CYCLE MOVEMENT

Noro, H. et al [Japan]

CP-BN03-3

CO-CONTRACTION AND SSC IN VOLLEYBALL OVERHEAD PASS

Ozawa, Y. et al [Japan]

CP-BN03-4

BICEPS BRACHII MECHANOMYOGRAPHIC AND ELECTROMYOGRAPHIC ACTIVITY CHANGES AFTER ECCENTRIC EXERCISE OF THE ELBOW FLEXORS

Shima, N. et al [Japan]

## CP-BN03-5

CAFFEINE AMELIORATES THE TRANSIENT DEPRESSION OF FORCE FOLLOWING UNILATERAL RESISTANCE EXERCISE IN TRAINED ADULT MALES  
Davies, R.W. et al [Ireland]

## CP-BN03-6

THE EFFECT OF SEX AND MOTONEURON POOL ON CENTRAL FATIGUE  
Yacyshyn, A.F. et al [Canada]

## CP-BN03-7

INCREASED VASTUS LATERALIS' HARDNESS AFTER 15 WEEKS OF RESISTANCE TRAINING: AN ULTRASOUND STRAIN ELASTOGRAPHY STUDY  
Armada, P. [Portugal]

## CP-BN03-8

EFFECT OF ELECTRODE POSITION FOR LOW NEUROMUSCULAR ELECTRICAL STIMULATION ON THE QUADRICEPS  
Watanabe, K. [Japan]

## CP-BN03-9

MORPHOLOGICAL DETERMINANTS OF EXPLOSIVE STRENGTH  
Maden-Wilkinson, T.M. et al [United Kingdom]

## CP-BN03-10

FORCE-VELOCITY PROFILES OF A LEG-EXTENDING MODEL MUSCLE FOR MALE ATHLETES IN THE THROWING EVENTS  
Schleicherdt, A. et al [Germany]

### CP-PM04 Training and performance in team sports

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Zemkova, E. [Slovakia]  
Schulz, H. [Germany]

## CP-PM04-1

EFFECTS OF A PRE-SEASON PREPARATION ON ANTHROPOMETRIC AND PHYSICAL CAPACITIES IN A TOP-LEVEL MALE GERMAN HANDBALL TEAM  
Brochhagen, J. et al [Germany]

## CP-PM04-2

THE INFLUENCE OF VOLLEYBALL SPECIFIC REPEATED JUMPS ON LOWER BODY NEUROMUSCULAR FUNCTION AND BILATERAL ASYMMETRY  
McManus, C. et al [United Kingdom]

## CP-PM04-3

PERFORMANCE OF FEMALE RINK HOCKEY PLAYERS  
Stephan, H. et al [Germany]

## CP-PM04-4

EFFECT OF ADDITIONAL CONCURRENT SPECIFIC STRENGTH AND REPEATED SPRINT TRAINING DURING PRESEASON ON PERFORMANCE IN FUTSAL PLAYERS  
Phongsri, K. et al [Thailand]

## CP-PM04-5

AGE RELATED AND TRAINING INDUCED CHANGES IN SOMATOTYPE COMPONENTS OF YOUTH ELITE MALE SOCCER PLAYERS  
Androulakis, N. et al [Greece]

## CP-PM04-6

CHANGES IN BODY COMPOSITION AND PERFORMANCE IN ADOLESCENT AMERICAN FOOTBALL PLAYERS FOLLOWING THREE WEEKS OF DETRAINING  
Gavanda, S. et al [Germany]

## CP-PM04-7

INFRASPINATUS MUSCLE THICKNESS BILATERAL DIFFERENCE IN BASEBALL PITCHERS AND OTHER ATHLETES  
Tanimoto, M. et al [Japan]

### CP-BN05 Kinematic analyses in biomechanics

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Holmberg, H. [Sweden]  
Hopkins, W. [Australia]

## CP-BN05-1

STUDY OF SPRINT-ASSISTED TRAINING FOR SWIMMERS  
TANAKA, T. et al [Japan]

## CP-BN05-2

THE INFLUENCE DEGREE OF RELEASE PARAMETERS ON BALL ARRIVAL POSITION IN BASKETBALL SHOOTING  
Nakano, N. et al [Japan]

## CP-BN05-3

THE ANALYSIS OF MECHANISM TO INCREASE ENERGY OF PELVIS IN BASEBALL PITCHING  
Arata, K. et al [Japan]

## CP-BN05-4

KINEMATIC ANALYSIS OF BASEBALL PITCHING MOTION WITH THE DIFFERENT RANGES OF MOTION IN NON-PITCHING ARM JOINTS  
Ueda, A. et al [Japan]

## CP-BN05-5

DIFFERENCES BETWEEN MOTION ANALYSIS SYSTEMS IN CALCULATING KNEE ANGLE IN ELITE RACE WALKING  
Hanley, B. et al [United Kingdom]

## CP-BN05-6

CORRELATION OF PADDLING POWER OUTPUT WITH KINEMATICS IN ELITE ABLE-BODIED FLAT-WATER KAYAKERS AND ELITE PARA-KAYAKERS  
Bjerkfors, A. et al [Sweden]

### CP-PM06 Lifestyle, physical activity and health

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Thiel, C. [Germany]  
Abel, T. [Germany]

## CP-PM06-1

EXCESSIVE PHYSICAL ACTIVITY AND MORTALITY RISK: A META-ANALYSIS  
Blond, K. et al [Denmark]

## CP-PM06-2

CAN A PEDOMETER INTERVENTION REDUCE SEDENTARY BEHAVIOR IN OLDER ADULTS?  
Swartz, A. et al [United States]

## CP-PM06-3

PHYSICAL ACTIVITY IN WORKPLACE-SETTINGS: PRELIMINARY RESULTS OF TRISEARCH  
Rudolf, K. et al [Germany]

## CP-PM06-4

BARRIERS TO HEALTHY LIFESTYLE IMPLEMENTATION AND CONDITIONS TO OVERCOME THEM FOR WOMEN IN FITNESS: CASE STUDY  
Cuprika, A. et al [Latvia]

## CP-PM06-5

THE ROLE OF PHYSICAL ACTIVITY IN THE ASSOCIATION OF SCREEN-BASED MEDIA USE AND HEALTH-RELATED QUALITY OF LIFE IN CHILDREN AND ADOLESCENTS  
Thomandl, L. et al [Germany]

## CP-PM06-6

PHYSICAL AND PSYCHOLOGICAL EFFECTS OF LIGHT FOOT EXERCISE: A PILOT STUDY FOR AN EXERCISE SYSTEM TO IMPROVE PERFORMANCE OF ADL  
Hosono, M. et al [Japan]

## CP-PM06-7

A WEB PLATFORM TO PROMOTE HEALTHY BEHAVIOURS AMONG YOUNG ADULTS: USAGE DATA AND REASONS FOR NON-USAGE  
Stassen, G. et al [Germany]

## CP-PM06-8

'AESTHETIC DOPING': USE OF OIL INJECTIONS FOR BODY CONSTRUCTION AMONG BRAZILIAN BODYBUILDERS  
Santos, A. et al [Brazil]

## CP-PM06-9

USING A SOCIAL MEDIA PLATFORM TO PROMOTE PHYSICAL ACTIVITY OF ADULTS: A RANDOMIZED CONTROLLED TRIAL  
Grieben, C. et al [Germany]

### CP-PM07 Ageing

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Wagenmakers, A. [United Kingdom]

## CP-PM07-1

THE EFFECTS OF URSOLIC ACID AS AN EXERCISE PILL FOR ANTI-AGING  
Kim, S. [Korea, South]

## CP-PM07-2

EFFECTS OF A 12-WEEK MULTICOMPONENT EXERCISE INTERVENTION ON EXECUTIVE FUNCTIONS AND EPISODIC MEMORY IN HEALTHY ELDERLY: A PILOT STUDY  
Stroehlein, J.K. et al [Germany]

## CP-PM07-3

PHENOTYPE PROFILE OF FUNCTIONAL CAPACITY AMONG COMMUNITY-DWELLING ELDERLY WOMEN AGED 60 YEARS AND OLDER FROM THREE DIFFERENT COUNTRIES  
Bui, H.T. et al [Canada]

## CP-PM07-4

RUNNING AT 'PACE WITH A SMILE' AND AT LACTATE THRESHOLD IN ELDERLY PEOPLE  
Sakamoto, M. [Japan]

## CP-PM07-5

IMPROVEMENT OF PHYSICAL FITNESS LEVELS IN HEALTHY ELDERLY PEOPLE LIVING IN RURAL JAPANESE AREAS  
UEKI, S. et al [Japan]

## CP-PM07-6

HEALTH CONDITION, LIFESTYLE AND COGNITIVE FUNCTION CLASSIFIED BY EXERCISE BEHAVIOR AMONG COMMUNITY-DWELLING OLDER PEOPLE IN NORTHERN JAPAN  
Sasaki, H. et al [Japan]

## CP-PM07-7

EFFECTS OF WHOLE BODY VIBRATION ON COGNITION AND MOTOR FUNCTION IN AGED RATS  
Tóth, K. et al [Hungary]

## CP-PM07-8

EFFECT OF CHRONIC ACTIVE AND PASSIVE EXERCISE FOR PSYCHOMOTOR AND COGNITIVE FUNCTIONS IN SENESCENT RATS  
Timea, T. et al [Hungary]

# Conventional Print Poster Presentations

## CP-BN06 Balance and proprioception

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):  
Baudry, S. [Belgium]  
Donath, L. [Switzerland]

CP-BN06-1  
EVALUATION OF BIOFEEDBACK BALANCE PLATFORM TRAINING OVER 6 MONTHS  
Schiff, M. et al [Germany]

CP-BN06-2  
THE EFFECT OF STATIC AND DYNAMIC STRETCHING ON KNEE JOINT PROPRIOCEPTION AND STRENGTH  
Walsh, G. [United Kingdom]

CP-BN06-3  
ANKLE INVERSION DISCRIMINATION WHEN WEARING DANCING OR EVERYDAY SHOES IN PRE-SCHOOL RECREATIONAL DANCERS  
Lu, L. et al [China]

CP-BN06-4  
THE INFLUENCE OF HEARING LOSS ON POSTURAL, CERVICAL ROM AND NECK EMG PARAMETERS  
Thomas, E. et al [Italy]

CP-BN06-5  
EFFECTS OF THERAPEUTIC EXERCISE ON PAIN, RANGE OF MOTION, STRENGTH AND BALANCE IN A PATIENT WITH ANTERIOR ANKLE IMPINGEMENT: A CASE STUDY  
Lee, S.A. et al [Korea, South]

CP-BN06-6  
EVALUATION OF BALANCE BY THE STABILOMETRY OF BRAZILIAN JIU JIUTSU ATHLETES BEFORE AND AFTER FIGHTS  
Eduardo, A. et al [Brazil]

CP-BN06-7  
EFFECT OF CROSS-TAPING OF PLANTAR CALLUSES ON DYNAMIC AND STATIC BALANCE IN SOCCER PLAYERS  
Kim, S.J. et al [Korea, South]

CP-BN06-8  
EFFECTS OF THE USE OF SEMI-RIGID ANKLE STABILIZERS IN VERTICAL JUMP IN VOLLEYBALL

ATHLETES  
Reys, F. et al [Brazil]

CP-BN06-9  
DIFFERENCE IN UNILATERAL POSTURAL STABILITY BETWEEN THE FUNCTIONALLY DOMINANT AND NON-DOMINANT LIMB OF MALE COLLEGE BASKETBALL PLAYERS  
Ondra, L. et al [Czech Republic]

CP-BN06-10  
ACCURACY OF PEDOPED INSOLE FORCE-SENSORS FOR THE QUANTIFICATION OF RUNNING-RELATED PARAMETERS  
Seiberl, W. et al [Germany]

## CP-PM10 Strength training

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):  
Granacher, U. [Germany]  
Bogdanis, G. [Greece]

CP-PM10-1  
ACUTE EXERCISE-ASSOCIATED SKIN SURFACE TEMPERATURE CHANGES AFTER STRENGTH TRAINING WITH DIFFERENT EXERCISE INTENSITIES  
Weigert, M. et al [Germany]

CP-PM10-2  
EFFICACY OF 12 WEEKS OF COMBINED ENDURANCE AND RESISTANCE TRAINING AMONG WOMEN WITH MULTIPLE SCLEROSIS  
Correale, L. et al [Italy]

CP-PM10-3  
THE EFFECT OF A THREE MONTH, LOW-WEIGHT-HIGH- REPETITIONS EXERCISE PROGRAM ON PHYSICAL FITNESS AND BODY COMPOSITION IN ADULT WOMEN  
Giannaki, C. et al [Cyprus]

CP-PM10-4  
COMPARISON OF THE RECOVERY RESPONSE FROM HIGH INTENSITY AND HIGH VOLUME RESISTANCE EXERCISE IN TRAINED MEN.  
Bartolomei, S. [United States]

CP-PM10-5  
BIOMECHANICAL MUSCLE PHYSIOLOGY – MUSCLE QUALITY AND ITS INFLUENCE ON STRENGTH

CAPACITY IN SPINE AND THIGH MUSCLES  
Inhuber, S. et al [Germany]

CP-PM10-6  
LIVER FUNCTIONS AND HORMONES LEVEL IN KUWAIT RECREATIONAL BODYBUILDING ANABOLIC-ANDROGENIC STEROID ABUSERS  
Yousef, H. et al [Kuwait]

CP-PM10-7  
GREATER INCREASE IN MUSCLE MASS AND IN TYPE I-FIBRE NUMBER AFTER QUADRICEPS STRENGTH TRAINING WITH ECCENTRIC OVERLOAD DURING REHABILITATION AFTER ACL-RECONSTRUCTION  
Proft, F. et al [Germany]

CP-PM10-8  
THE EVALUATION OF BALANCE, FLEXIBILITY AND EXPLOSIVE STRENGTH IN ELITE REFEREES AND ASSISTANT REFEREES  
Angin, E. et al [Cyprus]

**Saturday, July 8<sup>th</sup>, 2017**

**13:00 - 14:00**

## CP-SH01 Physical education

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):  
Grimminger-Seidensticker, E. [Germany]

CP-SH01-1  
INVESTIGATION OF THE JOB SATISFACTION AND CREATIVITY LEVELS OF PHYSICAL EDUCATION AND SPORTS TEACHERS  
Tekin, M. et al [Turkey]

CP-SH01-2  
ANALYSIS OF LIFE HISTORY INTERVIEWS OF TWO WOMEN PHYSICAL EDUCATION TEACHERS IN KOREA: 1960~2000  
CHO, M. [Korea, South]

CP-SH01-3  
THE EFFECTIVENESS OF AN EXPERIENTIAL LEARNING PROGRAM TO PROMOTE STUDENTS' TEAM BUILDING IN UNIVERSITY PHYSICAL EDUCATION  
TAKANASHI, M. et al [Japan]

CP-SH01-4  
A STUDY ON THE CHARACTERISTICS OF SCHOOL PHYSICAL EDUCATION IN ZAMBIA  
Yokota, C. et al [Japan]

CP-SH01-5  
CONTENT STANDARDS' ANALYSIS AND INSPIRATION OF NATIONAL PHYSICAL EDUCATION HIGH SCHOOL LEVEL CURRICULUM IN THE UNITED STATE  
Zhang, J. et al [China]

CP-SH01-6  
DEVELOPMENT OF BADMINTON TEACHING ASSISTANT APP AND ITS EFFECTIVENESS IN PHYSICAL EDUCATION  
Lin, K.C. et al [Taiwan]

CP-SH01-7  
PERCEPTION OF EXPRESSIVE BODY MOVEMENTS BY INDIVIDUALS WITH AUTISM SPECTRUM DISORDER  
Sevdalis, V. et al [Germany]

## CP-SH02 Health and fitness in children and adolescents

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):  
Krusche, T. [Germany]

CP-SH02-1  
RELATIONSHIPS AMONG WEIGHT PERCEPTION, DIET AND EXERCISE BEHAVIORS AND PHYSICAL FITNESS IN KOREAN ELEMENTARY SCHOOL STUDENTS  
Jung, A.R. et al [Korea, South]

CP-SH02-2  
GENDER DIFFERENCES IN DEVELOPMENT OF THE CHILDREN'S MOTOR ABILITY AND PARENTAL COGNITION OF ACTIVE PLAY  
Takeda, N. [Japan]

CP-SH02-3  
TWO-WEEKS OF SPRINT INTERVAL TRAINING IMPROVES IVE ATTENTION IN UNIVERSITY STUDENTS  
Medeiros, A.R. et al [Brazil]

CP-SH02-4  
THE EFFECTS OF EIGHT WEEKS PHYSICAL EXERCISES WITH MUSIC ON THE TEST ANXIETY OF ELEMENTARY SCHOOL GIRL'S STUDENTS  
Safavi Hamami, S. [Iran]

CP-SH02-5  
BENEFITS OF YOGA ON MENTAL AND PHYSICAL HEALTH: A 13-WEEK STUDY ON REQUIRED PHYSICAL EDUCATION CLASSES AT CHINESE UNIVERSITY OF HONG KONG  
Hon, S. [Hong Kong]

CP-SH02-6  
RESULTS OF A SOCCER TEACHING PROGRAM INTENDED TO HELP STUDENTS IMPROVE AND ACQUIRE KNOWLEDGE OF PHYSICAL FITNESS  
Tsuda, R. [Japan]



CP-SH02-7  
THE TIME SPENT ON PHYSICAL ACTIVITY BY PRE-SCHOOL CHILDREN ON WEEKENDS - COMPARISON BETWEEN ACTIVE AND INACTIVE CHILDREN - Ishizawa, J. et al [Japan]

CP-SH02-8  
STUDENTS' LEARNING EFFECTS OF IMPLEMENTING DIFFERENCE CHARACTER EDUCATION STRATEGIES FOR UNIVERSITY PHYSICAL EDUCATION COURSES Pan, Y.H. et al [Taiwan]

## CP-PM01 Game analysis

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Winter, C. [Germany]

CP-PM01-1  
THE RELATIONSHIP AMONG THE ASSIST POSITION, THE ATTACKING STRATEGY AND SHOOTING AREAS IN SUPER BASKETBALL LEAGUE OF TAIWAN Lan, Y.C. et al [Taiwan]

CP-PM01-2  
ANALYSIS OF GAME ACTIONS IN PROFESSIONAL MALE PADEL Mellado, O. et al [Spain]

CP-PM01-3  
MARKERS OF SUCCESSFUL FOOTBALL MATCH PLAY AT THE UEFA EURO 2016 Zaizafoun, F. et al [Germany]

CP-PM01-4  
RELATIONS BETWEEN MEN'S EFFICIENCY IN BLOCK AND ATTACK AND THEIR WEIGHT AND HEIGHT IN POOL B OF EUROPEAN VOLLEYBALL CHAMPIONSHIP 2015 Stamm, R. et al [Estonia]

CP-PM01-5  
QUANTIFYING TEAM SYNCHRONIZATION BY TRANSFER ENTROPY IN SOCCER GAMES Tanaka, T. et al [Japan]

CP-PM01-6  
IDENTIFYING THE KEY PERFORMANCE INDICATORS IN PHYSICAL AND TECHNICAL RELATED SITUATIONAL VARIABLES IN 2012 CHINA SUPER LEAGUE Gai, Y. [Spain]

CP-PM01-7  
EXPLORING THE EFFECT OF DIFFERENT OP-  
PONENTS AND MATCHES ON PERFORMANCE  
INDICATOR OF INDIVIDUALS IN TABLE TENNIS - A  
CASE STUDY  
Chuang, K.L. et al [Taiwan]

CP-PM01-8  
EFFECT OF COMPETITIVE LEVEL AND POINT DIFFER-  
ENCE IN GAME ON THE SHARING  
Sugimoto, R. et al [Japan]

## CP-BN01 Muscle-Tendon func- tion and running

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Raiteri, B. [Germany]

CP-BN01-1  
RELATIONSHIP BETWEEN SPEED CHANGE AND  
SUBJECTIVE EFFORT FOR TOP-LEVEL HIGH-  
SCHOOL 400-M HURDLE RUNNERS  
Yusuke, O. [Japan]

CP-BN01-2  
FUNCTIONAL SWING-SUPPORT LEG STRENGTH  
EXERCISES FOR SPRINT RUNNERS  
KIJIMA, K. et al [Japan]

CP-BN01-3  
DOES FOOT STRIKE PATTERN DURING SHUTTLE  
RUNNING CHANGE WITH RUNNING PACE?  
Takeshita, T. et al [Japan]

CP-BN01-4  
EFFECT OF DIFFERENT TRAINING METHODS ON  
100 M SPRINT PERFORMANCES  
Cetin, E. et al [Turkey]

CP-BN01-5  
MECHANICAL PROPERTIES ON QUADRICEPS  
FEMORIS MUSCLES AND PATELLAR TENDON  
UNDER THE ISOMETRIC KNEE EXTENSION  
Tanaka, S. et al [Japan]

CP-BN01-6  
LANDING IMPACT FORCE AND LEG STIFFNESS  
ASYMMETRY WITH CHANGES IN HEIGHT  
Wang, L.I. et al [Taiwan]

CP-BN01-7  
STRUCTURAL MUSCLE CHARACTERISTICS IN  
MUSCLE CONTRACTION UNDER TRANSVERSE  
LOADING  
Ryan, D. et al [Canada]

CP-BN01-8  
THE EFFECT OF WEIGHT BEARING AND KNEE  
ANGLE ON TENSION OF THE POPLITEUS MUSCLE.  
Yagi, M. et al [Japan]

## CP-BN02 Sports technology

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Fett, J. [Germany]  
Hohmann, A. [Germany]

CP-BN02-1  
DEVELOPMENT AND EVALUATION OF A MARKER  
MODEL FOR KINEMATIC COMPARISON OF THE  
TENNIS SERVE VELOCITY - A CASE STUDY  
Vuong, J. et al [Germany]

CP-BN02-2  
THE APPLICATION OF A KINEMATIC GPS DEVICE  
TO THE ANALYSIS OF AERODYNAMIC FORCE DUR-  
ING SKI JUMPING  
Tsunoda, K. [Japan]

CP-BN02-3  
QUANTIFYING FRONT-CRAWL AND OPEN-WATER  
SWIMMING STROKES USING THREE INERTIAL  
SENSORS  
Baba, Y. et al [Japan]

CP-BN02-4  
A MODERN INDUCTIVE BASED POOL EDGE  
WARNING-SYSTEM FOR SAFE TURNS IN PARALYM-  
PIC SWIMMING  
Wippich, A. et al [Germany]

CP-BN02-5  
EVALUATION OF THE MOTION CHARACTERISTICS  
OF PERSONAL WATER CRAFT AND EXERCISE  
STRESS OF RIDER IN JET SPORTS USING ACCELER-  
OMETER AND ELECTROMYOGRAPHY  
Toshiyuki, O. et al [Japan]

CP-BN02-6  
ASSESSMENT OF SHOULDER FLEXION IN THE  
SAGITTAL PLANE FOR THE DESIGN OF AN EXO-  
SKELETON  
Argubi-Wollesen, A. et al [Germany]

CP-BN02-7  
EFFICACY OF A NOVEL SHOE INSOLE ON PLANTAR  
PRESSURE DURING RUNNING  
Sukdolak, C. et al [Austria]

## CP-PM02 Strength and power

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Paoli, A. [Italy]  
Raastad, T. [Norway]

CP-PM02-1  
EFFECT OF 16 WEEKS OF CROSSFIT TRAINING  
ON BOTH SEX ADULTS MORPHOFUNCTIONAL  
RESPONSE  
Martins, AP. et al [Brazil]

CP-PM02-2  
LONG-TERM RESPONSES TO SHORT REST INTER-  
VALS IN HIGH-LOAD RESISTANCE TRAINING  
Fusi, J. et al [Italy]

CP-PM02-3  
EFFECT OF A STRENGTH TRAINING METHOD  
CHARACTERIZED BY A DECREMENTAL NUMBER  
OF REPETITIONS ACROSS SETS AND A VERY SHORT  
REST INTERVAL  
Stragier, S. et al [Belgium]

CP-PM02-4  
IS THERE AN OPTIMAL LOAD FOR FORCE PRO-  
DUCTION IN THE STRAIGHT BAR DEADLIFT:  
FORCE-TIME CHARACTERISTICS IN STRENGTH  
TRAINED ADULTS  
Lawson, C. et al [United Kingdom]

CP-PM02-5  
EFFECT OF POST-ACTIVATION POTENTIATION  
INDUCED BY ONE, TWO OR THREE HALF-SQUATS  
ON REPEATED SPRINT ACCELERATION PERFOR-  
MANCE  
Goebel, R. et al [Qatar]

CP-PM02-6  
THE EFFECTS OF RESISTANCE TRAINING ON  
SWIMMING PERFORMANCE AND TECHNICAL  
PARAMETERS  
Crowley, E. et al [Ireland]

CP-PM02-7  
WHAT IS APPROPRIATE UPPER BODY POWER TEST  
FOR COMPETITIVE SWIMMERS?  
Takeda, M. et al [Japan]

CP-PM02-8  
DOES DECEIVE STRENGTH TRAINING PRACTITION-  
ERS CAN IMPROVE PERFORMANCE?  
Motoyama, Y. et al [Brazil]

CP-PM02-9  
EFFECT OF BETA-HYDROXY-BETA-METHYLBUTY-  
RATE SUPPLEMENT ON GROWTH HORMONE  
AND MYOSTATIN RESPONSE FOLLOWING LOW  
INTENSITY RESISTANCE EXERCISE WITH PARTIAL  
BLOOD FLOW RESTRICTION  
KIM, SH. et al [Korea, South]

## CP-PM03 Endurance training and testing

LECTURE ROOM: GROUND LEVEL/WEST  
Chair(s):  
Hartmann, U. [Germany]  
Wiewelhoe, T. [Germany]

CP-PM03-1  
THE EFFECT OF TRAINING INTENSITY ON MAXIMAL  
FAT OXIDATION RATE  
Zacharogiannis, E. et al [Greece]

CP-PM03-2  
COMPARISON OF ISOCALORIC ENDURANCE EX-  
ERCISE METHODS AND THE IMPACT ON EXCESS  
POST-EXERCISE OXYGEN CONSUMPTION  
Haibel, C. et al [Austria]

CP-PM03-3  
SHORT DURATION OF SPORT SPECIFIC HIGH IN-  
TENSITY INTERVAL TRAINING IMPROVED ANAERO-  
BIC PERFORMANCE SIMILAR AS SUPRAMAXIMAL  
HIGH-INTENSITY INTERVAL TRAINING IN YOUNG  
MALE ATHLETES  
Chaipatprecha, N. et al [Thailand]

# Conventional Print Poster Presentations

## CP-PM03-4

EFFECTS OF TWO TYPES OF REPEATED CYCLING SPRINT TRAINING IN HYPOXIA ON SEA LEVEL RUNNING AND CYCLING PERFORMANCE  
Gatterer, H. et al [Austria]

## CP-PM03-5

STEP DURATION, LACTATE PERFORMANCE CURVE AND LACTATE THRESHOLDS IN TREADMILL RUNNING  
Krämer, K. et al [Germany]

## CP-PM03-6

A COMPARISON OF THE PHYSIOLOGICAL STRESS IN A MULTI STAGE STEP TEST WITH TWO DIFFERENT EXERCISE PROTOCOLS  
Baumgärtel, L. et al [Germany]

## CP-PM03-7

COMPARISON OF THREE DIFFERENT EXERCISE TEST PROTOCOLS FOR TRAIL RUNNERS  
Ramme, K. et al [Germany]

## CP-PM03-8

VALIDITY AND RELIABILITY OF THE MODIFIED SHUTTLE WALK TEST IN OLDER ADULTS  
Horton, E. et al [United Kingdom]

## CP-PM08 Energy metabolism

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Gaffney, C. [United Kingdom]

Oertzen-Hagemann, V. [Germany]

## CP-PM08-1

THE EFFECT OF RUNNING SPEED IMMEDIATELY BEFORE SPEED UP ON OXYGEN UPTAKE KINETICS DURING SUBSEQUENT HEAVY INTENSITY RUNNING  
Migita, T. [Japan]

## CP-PM08-2

EFFECTS OF SPRINT INTERVAL TRAINING COMBINED WITH INSPIRATORY MUSCLE RECOVERY ON AEROBIC CAPACITY AND EXERCISE TOLERANCE  
Cheng, C.F. et al [Taiwan]

## CP-PM08-3

EFFECT OF HYPEROXIA ON STATIC MUSCULAR ENDURANCE  
Kojima, Y. et al [Japan]

## CP-PM08-4

VO2PEAK DURING DECREMENTAL LOAD EXERCISE: A COMPARISON OF DIFFERENT RATES OF DECREASE IN LOAD  
Pattison, J. et al [United Kingdom]

## CP-PM08-5

ACUTE HIGH-INTENSITY INTERVAL EXERCISE ENHANCES FAT OXIDATION AND ATTENUATES POSTPRANDIAL INSULIN CONCENTRATION IN HEALTHY MEN  
Lee, C.L. et al [Taiwan]

## CP-PM08-6

ENERGY EXPENDITURE IN YOUNG CHILDREN DURING ACTIVE VIRTUAL REALITY SOCCER PLAY  
Lee, D.T. et al [Korea, South]

## CP-PM08-7

CHANGES IN ENERGY COST AND MECHANICAL WORK DURING WALKING IN ELDERLY AND YOUNG SUBJECTS, OBSERVED AFTER BED REST AND FOLLOWING PHYSICAL TRAINING  
Floresani, M. et al [Italy]

## CP-PM08-8

IMPACT OF STRENGTH AND ENDURANCE VARIABLES ON THE PHYSIOLOGICAL DEMANDS OF FIREFIGHTING IN DIFFERENT ENVIRONMENTS  
Windisch, S. et al [Germany]

## CP-PM08-9

INFLUENCE OF ENERGY RESTRICTION AND MODERATE INTENSITY EXERCISE TRAINING ON SERUM BETA-AMINOISOBUTYRIC ACID  
Ishihara, M. et al [Japan]

## CP-PM09 Biochemistry and nutrition

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

Venzke, J. [Germany]

## CP-PM09-1

PLASMA IL-6 AND LIPIDS IN MALE100-KM ULTRA-MARATHONERS  
Chiu, Y.H. et al [Taiwan]

## CP-PM09-2

EFFECTS OF EXERCISE TRAINING ON ANTIOXIDANT ACTIVITY AND GENE EXPRESSION IN RAT HIPPOCAMPUS  
Fusi, J. et al [Italy]

## CP-PM09-3

THE DIFFERENCE OF THE ORDER OF CONCURRENT TRAINING ON MUSCLE HYPERTROPHY AND METABOLISM  
Shirai, T. et al [Japan]

## CP-PM09-4

DIURNAL VARIATION OF THE POSTEXERCISE URINE LACTATE CONCENTRATION  
Mougiou, V. et al [Greece]

## CP-PM09-5

URINE SPECIFIC GRAVITY, WATER INTAKE AND SUBJECTIVE FEELINGS OF ADOLESCENT STUDENT-ATHLETES OVER THREE CONSECUTIVE DAYS  
Aphamias, G. et al [Cyprus]

## CP-PM09-6

THE EFFECTS OF MONTMORENCY TART CHERRY JUICE SUPPLEMENTATION ON FAT OXIDATION DURING FATMAX EXERCISE AND CARDIO-METABOLIC MARKERS AT REST  
Desai, T. et al [United Kingdom]

## CP-PM09-7

LOW-DOSE OF CAFFEINE IMPROVES INTERMITTENT CYCLING PERFORMANCE IN HOT AND HUMID ENVIRONMENTS  
NAKAMURA, D. [Japan]

## CP-PM09-8

EFFECTS OF PROTEIN INTAKE DURING A 10-DAYS MILITARY EXERCISE WITH ENERGY DEFICIT ON

MUSCULAR PERFORMANCE

Øfsteng, S. et al [Norway]

## CP-PM11 Muscle physiology and repair

LECTURE ROOM: GROUND LEVEL/WEST

Chair(s):

McPhee, J. [United Kingdom]

Breen, L. [United Kingdom]

## CP-PM11-1

INFLUENCE OF RESISTANCE TRAINING INTENSITY ON MUSCLE SWELLING IN HEALTHY YOUNG MEN  
Hirono, T. et al [Japan]

## CP-PM11-2

DOES WHOLE BODY CRYOTHERAPY IMPROVE MUSCLE RECOVERY AFTER DAMAGING ECCENTRIC EXERCISE  
Rose, C. et al [Australia]

## CP-PM11-3

EFFECTS OF RECOVERY WITH COMPRESSION GARMENTS ON POWER PERFORMANCE AND PERCEIVED MUSCLE SORENESS AFTER A STRENGTH TRAINING WORKOUT  
Arlegui, L. et al [Sweden]

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LEG TEMPERATURE AND CREATINE KINASE CHANGES IN SPRINTERS DURING AN 11-DAY TAPERING PERIOD  
Zieliński, J. et al [Poland]

**EP-UD01-20**  
DEVELOPMENT OF A VO<sub>2</sub>PEAK PREDICTION EQUATION IN ELDERLY  
Peralta-Brenes, M. et al [Costa Rica]

**EP-UD01-21**  
SIMILAR ACUTE-EXERCISE-INDUCED EFFECTS OF AEROBIC VERSUS RESISTANCE EXERCISE ON ADIPONECTIN AND LIPIDS 30 MINUTES POST-EXERCISE  
Roche, D.M. et al [United Kingdom]

**EP-UD01-22**  
STIMULATION EFFECT BY HIGH FREQUENCY ON MECHANICAL PROPERTIES IN THE ELBOW FLEXOR MUSCLES.  
Hiratsuka, K. et al [Japan]

**EP-UD01-23**  
RELATIONSHIP BETWEEN ACUTE CHANGES IN FMD AND VO<sub>2</sub> MAX IN HEALTHY MEN  
Dawson, E.A. et al [United Kingdom]

**EP-UD01-24**  
LIFELONG COMPETITIVE TRAINING ATTENUATES OXIDATIVE STRESS IN MASTER ATHLETES OF DIFFERENT MODALITIES.  
Aguar, S. et al [Brazil]

**EP-UD01-25**  
NO IMPACT OF HIGHER VIGOROUS PHYSICAL ACTIVITY ON VASCULAR HEALTH, CARDIORESPIRATORY FITNESS OR BODY COMPOSITION IN ACTIVE ADULTS  
Hopkins, N. [United Kingdom]

**EP-UD01-26**  
PRELIMINARY RESULTS: AEROBIC EXERCISE INCREASES LEPTIN LEVELS IN WHITE AND BROWN ADIPOSE TISSUES  
Gencoglu, C. et al [Turkey]

## Psychology

**EP-UD01-1**  
DOES DAILY EXERCISE MODERATE THE EFFECT OF SENSORY-PROCESSING SENSITIVITY ON DEPRESSIVE TENDENCY?  
Yano, K. et al [Japan]

**EP-UD01-2**  
ATTENTIVELY TRACKING MULTIPLE MOVING OBJECTS IN BALL SPORT ATHLETES AND NON-ATHLETES  
Wu, S.K. et al [Taiwan]

**EP-UD01-3**  
MENTAL SKILLS ASSESSMENT OF JAPANESE HANDBALL REFEREES  
Murakami, K. et al [Japan]

**EP-UD01-4**  
NEURAL CORRELATES OF SUPERIOR ACTION ANTICIPATION DURING A SPORT-SPECIFIC ATTENTIONAL CUEING TASK IN RACKET SPORT PLAYERS  
Wang, C.H. et al [Taiwan]

**EP-UD01-5**  
EFFECTS OF THE IMPACT SOUND ON OUTCOME ESTIMATIONS IN GOLF PUT-

## TING

Iwami, M. et al [Japan]

## EP-UD01-6

THE EFFECT OF ALTITUDE ON FOOTBALL REFEREEING

Gaoua, N. et al [United Kingdom]

## EP-UD01-7

THE ROLE OF PASSION IN PREDICTING BURNOUT IN VOCATIONAL DANCERS

Castillo, I. et al [Spain]

## EP-UD01-8

PERFORMANCE, MOOD, AND ANXIETY DURING A CLIMB OF MOUNT EVEREST

Karinen, H. et al [Finland]

## EP-UD01-9

INTEGRABILITY OF RECOVERY TOOLS IN THE PREVENTION OF BACK PAIN – THE BETSI-PROGRAM AT MEDICOS.AUF-SCHALKE

Kruse, N. et al [Germany]

## EP-UD01-10

THE CORRELATION BETWEEN MINDFULNESS AND THE RECOVERY-STRESS STATE AFTER PHYSICAL PERFORMANCE AND FOLLOWING RECOVERY

Hof zum Berge, A. et al [Germany]

## Rehabilitation and Physiotherapy

## EP-UD01-1

RELATIONSHIP BETWEEN FUNCTIONAL MOVEMENT SCREEN RESULTS AND HISTORY OF PHYSICAL PROBLEMS IN HIGH SCHOOL FOOTBALL PLAYERS AND RUNNERS IN JAPAN

Nakagawa, K. et al [Japan]

## EP-UD01-2

ASSOCIATION BETWEEN LOCOMOTIVE SYNDROME AND PHYSICAL FUNCTION IN COMMUNITY-DWELLING OLDER ADULTS: A LONGITUDINAL STUDY

Ikezo, T. et al [Japan]

## EP-UD01-3

THE EFFECT OF CARBONATED ICE BATH ON MUSCLE FATIGUE RECOVERY

Kudo, H. et al [Japan]

## EP-UD01-4

RELIABILITY OF LOWER LIMB ELECTROMYOGRAPHY AND BIOMECHANICS OF HEALTHY YOUNG PARTICIPANTS DURING RAMP ANKLE ASCENDING AND DESCENDING

Wang, P.Y. et al [Taiwan]

## EP-UD01-5

PARASPINAL MYOFASCIAL TISSUE CHARACTERISTICS ARE LUMBAR LEVEL DEPENDENT

Kurz, E. et al [Germany]

## EP-UD01-6

DEVELOPMENT OF A NEW METHOD FOR COUNTING STEPS TAKEN WHILE WALKING USING A THREE-AXIS ACCELEROMETER IN PEOPLE WITH STROKE

Shimizu, S. et al [Japan]

## EP-UD01-7

CORRELATION BETWEEN THE HAM-STRINGS MUSCLE ACTIVITIES AND THE KNEE ROTATION ANGLE DURING ISOMETRIC KNEE FLEXION

Aoki, N. et al [Japan]

## Sociology

## EP-UD01-1

THE EMPIRICAL ANALYSIS ON THE INFLUENCE FACTORS OF COMPETITION IN TRADITIONAL OLYMPIC COUNTRIES

Weidong, S. [China]

## Sport Management and law

## EP-UD01-1

DEVELOPING A STRATEGIC PLAN FOR IRAN'S WRESTLING FEDERATION USING

## SWOT ANALYSIS

Riahi, E. et al [Iran]

## EP-UD01-2

EVALUATION FOR SERVICE QUALITY PROVIDED BY A LOCAL SPORTS CLUB

Bizen, Y. et al [Japan]

## Sport Statistics and Analyses

## EP-UD01-1

DIFFERENCES IN SELF-EVALUATION OF BODY SHAPE BASED ON WHETHER DIETING OR NOT, GENDER, AND BETWEEN JAPANESE STUDENTS AND ASIAN INTERNATIONAL STUDENTS

Aoyagi, O. et al [Japan]

## EP-UD01-2

CRITERION-REFERENCED EVALUATION OF TEAM BATTING SKILL FROM GAME DATA OF PROFESSIONAL BASEBALL

Yasuhiro, T. [Japan]

## EP-UD01-3

SCALING OF CRITERION-REFERENCED EVALUATION OF SOCCER DEFENSIVE TACTICAL SKILL BY USING TRACKING DATA

MATSUOKA, H. et al [Japan]

## EP-UD01-4

BLOOD LACTATE TESTING AFTER 6 MIN 100% VO2 MAX SPEED

CHUANG, W.A. et al [Taiwan]

## EP-UD01-5

STATISTICAL PERFORMANCE ANALYSIS OF PB SWIM TIMES FROM THE 2016 RIO OLYMPICS.

Petersen, C. et al [New Zealand]

## EP-UD01-6

AGE-RELATED DECREASE IN PERFORMANCE OF MASTER ATHLETES IN SPRINT, SPRINT-ENDURANCE AND ENDURANCE EVENTS

Sousa, C.V. et al [Brazil]

## Sport Technology

## EP-UD01-1

VALIDATION OF THE PLAYSIGHT SMART-COURT'S TENNIS SERVE SPEED MEASUREMENT.

Oberschelp, N. et al [Germany]

## EP-UD01-2

MUSCLE QUALITY AND FAT CONTENT EVALUATION USING ELECTRICAL IMPEDANCE MYOGRAPHY: INTER-DAY REPEATABILITY

Vago, P. et al [Italy]

## EP-UD01-3

ACCURACY OF A MINUTIZED, FACE WORN VO2 ANALYZER

Vafa R. et al [Germany]

## EP-UD01-4

MOVEMENT CHARACTERISTICS AND PHYSIOLOGICAL RESPONSES DURING COMPETITIVE MATCH-PLAY IN ELITE GAA REFEREES

Brady, A.J. et al [Ireland]

## Sports Medicine and Orthopedics

## EP-UD01-1

REGENERATION EFFECTS OF DEXTROSE PROLOTHERAPY ON CONTUSION INDUCED MUSCLE INJURY

Tsai, S.W. et al [Taiwan]

## EP-UD01-2

THE EFFECTS OF 12-WEEK FUNCTIONAL TRAINING FOR POSTOPERATIVE POSTERIOR CRUCIATE LIGAMENT RECONSTRUCTION

CHAO, W.C. et al [Taiwan]

## EP-UD01-3

EFFECTS OF LOW-INTENSITY PULSED ULTRASOUND EXPOSURE ON MUSCLE REGENERATION AFTER CARDIOTOXIN-INDUCED MUSCLE INJURY.

Sakamoto, M. et al [Japan]

## EP-UD01-4

EFFECTS OF SHOULDER THROW, SHOULDER RANGE OF MOTION, AND SHOULDER INJURY IN ELITE JUDO PLAYERS

Tejima, R. et al [Japan]

## EP-UD01-5

INJURIES IN AMATEUR FOOTBALL. COLLECTING DATA FOR INJURY PREVENTION.

Fischer, F. et al [Austria]

## EP-UD01-6

EFFECTS OF CORRECTIVE EXERCISE ON PELVIC ALIGNMENT, ASYMMETRY IN THE LOWER EXTREMITY MUSCLE STRENGTH AND MOBILITY IN A YOUTH SOCCER PLAYER: A CASE REPORT

Kim, A.R. et al [Korea, South]

## EP-UD01-7

LATENT MUSCLE REACTION TIMING OF SHOULDER MUSCLES IN BASEBALL PITCHERS: COMPARISON WITH TRANSITIONAL PERIODS OF PAST THROWING INJURY HISTORY

Tsuga, Y. et al [Japan]

## EP-UD01-8

THE EFFECT OF PRESS TACK NEEDLE ON MUSCULAR POWER OUTPUT DURING KNEE EXTENSION EXERCISE - SHAM-CONTROLLED STUDY -

Kaneko, Y. et al [Japan]

## EP-UD01-9

DISTINCT EXPRESSION OF THE TNF-ALPHA RECEPTORS IN NERVES WITH AXONAL LOSS - STUDIES ON TENDINOPATHIES

Renström, L. et al [Sweden]

## EP-UD01-10

INTRACLASST RELIABILITY OF THE ANTERIOR TALOFIBULAR LIGAMENT AND ANTEROINFERIOR TIBIOFIBULAR LIGAMENT MEASURED BY USING STRESS ULTRASONOGRAPHY

Tamai, Y. et al [Japan]

## EP-UD01-11

FALLS IN MOUNTAIN HIKERS ARE MAINLY CAUSED BY SLIPPING – PRELIMINARY RESULTS OF A 3-YEAR PROJECT

Faulhaber, M. et al [Austria]

## Training and Testing

## EP-UD01-1

CHANGE OF PHYSICAL AND FUNCTIONAL CAPACITY IN ROWERS DURING THEIR PREPARATION FOR OLYMPIC GAMES 2016

Milasius, K. et al [Lithuania]

## EP-UD01-2

STUDY OF MEAN POWER, PEAK POWER, MINIMUM POWER, TOTAL WORK IN MODERN PENTATHLON ATHLETES OF KNSU

Yoon, J.R. et al [Korea, South]

## EP-UD01-3

DETERMINATION OF ANAEROBIC CAPACITY - RELIABILITY AND VALIDITY OF SPRINT RUNNING TESTS

Wawer, C. et al [Germany]

## EP-UD01-4

INTER-RATER AND INTRA-RATER RELIABILITY OF STAR EXCURSION BALANCE TEST IN SCHOOL BOYS

NG, S.K. et al [China]

## EP-UD01-5

ANTHROPOMETRIC CHARACTERISTICS OF MALE AND FEMALE SPORT CLIMBERS IN JAPAN

Hakamada, N. et al [Japan]

## EP-UD01-6

THE EFFECTS OF HOME-BASED RESISTANCE-TRAINING PROGRAMS AND MOTIVATIONAL EDUCATION ON JUNIOR HIGH SCHOOL BASEBALL PLAYERS

Terada, K. et al [Japan]

## EP-UD01-7

HIGH INTENSITY INTERVAL TRAINING IMPROVES CARDIO- RESPIRATORY FITNESS

OF VARSITY FEMALE BALL PLAYERS  
KIMURA, Y. et al [Japan]

EP-UD01-8  
EFFECTS OF SPECIFIC PROGRAMMED  
TRAINING ON MORPHOLOGICAL CHAR-  
ACTERISTICS, MOTORIC AND FUNCTION-  
AL ABILITIES OF ELITE JUDOKAS  
Drid, P. et al [Serbia]

EP-UD01-9  
POWER OF LOWER LIMBS AND MAXI-  
MUM SYMPTOM-LIMITED EFFORT OF  
WOMEN'S BASKETBALL AND VOLLEYBALL  
TEAMS OF PREMIER POLISH LEAGUE  
Ozimek, M. et al [Poland]

EP-UD01-10  
COMPARISON OF TRUNK FLEXION  
MUSCLE POWER BY PLAYER POSITION IN  
VOLLEYBALL  
Okawa, M. et al [Japan]

EP-UD01-11  
INFLUENCE OF CONSTANT KENDO  
PRACTICE FOR PHYSICAL FITNESS IN  
COLLEGE KENDO ATHLETES  
Hirono, J. et al [Japan]

EP-UD01-12  
THE BUILDING OF AN AIDED CALIBRA-  
TION METHOD FOR ROUTINE SPORTS  
BIOCHEMISTRY BLOOD ANALYZERS  
Li, P.F. et al [China]

EP-UD01-13  
FAST ISOINERTIAL KNEE EXTENSION  
TORQUE SHOWS GOOD RELATION TO  
SQUAT JUMP PERFORMANCE  
de Ruiter, C.J. et al [Netherlands]

EP-UD01-14  
EFFECT OF OVERHEAD SQUAT TRAINING  
FOR 8 WEEKS POSTURAL CORRECTION  
ON BODY DEFORMATION CHANGE OF  
ELEMENTARY SCHOOL STUDENTS  
Gi Duck, P. et al [Korea, South]

EP-UD01-15  
A HOPPING EXERCISE INTERVENTION  
IMPROVES POSTURAL STABILITY IN

OLDER ADULTS: A RANDOMIZED CON-  
TROLLED TRIAL  
Nakatani, T. et al [Japan]

EP-UD01-16  
APPLICATION OF VT AND RCP IN MONI-  
TORING OF GAME INTENSITY DURING  
POLISH VOLLEYBALL NATIONAL TEAM  
COMPETITION  
Gabrys, T. et al [Poland]

EP-UD01-17  
INTERNAL LOAD CHANGES IN RESPONSE  
TO EXTERNAL LOAD CHANGES DURING  
EFFORT IN CONDITIONS OF NORMOXIA,  
AND HIGH-ALTITUDE HYPOXIA IN  
ALPINE SKIERS  
Szmajda-Gabrys, U. et al [Poland]

EP-UD01-18  
NORMALIZING VO<sub>2</sub>MAX TO BODY  
COMPOSITION: GENDER DIFFERENCES IN  
HIGHLY TRAINED ENDURANCE ATHLETES  
Kantani, A. et al [Poland]

EP-UD01-19  
GAIN IN PERFORMANCE PARAMETERS  
BUT NOT IN AEROBIC CAPACITY BY  
HIGH INTENSITY INTERVAL TRAINING IN  
YOUNG WOMEN  
Sallerberg, M. et al [Germany]

EP-UD01-20  
DEVELOPMENT OF VIRTUAL REALITY  
COGNITIVE PERFORMANCE TEST FOR  
SOCCER REFEREES AND ITS RELATION-  
SHIP WITH CONCENTRATION GRID-  
EXERCISE TEST  
Yamauchi, H. et al [Japan]

EP-UD01-21  
EFFECT OF ACUTE STATIC STRETCHING  
ON VERTICAL JUMP PERFORMANCE IN  
TRAINED CHILDREN  
DONTI, O. et al [Greece]

EP-UD01-22  
THE PHYSICAL STRENGTH CHARAC-  
TERISTICS OF SPECIFIC POWER TESTS IN  
COLLEGE MEN'S TENNIS PLAYER  
Suzukawa, K. et al [Japan]

EP-UD01-23  
CHANGES IN BODY SURFACE TEMPERA-  
TURE DURING INCREMENTAL TREADMILL  
TEST IN HIGHLY-TRAINED ATHLETES OF  
DIFFERENT SPORTS  
Korman, P. et al [Poland]

EP-UD01-24  
THE INFLUENCE OF PHYSICAL EXERCISE  
ON FLOW-EXPERIENCE IN A SUBSE-  
QUENT COGNITIVE TASK - A PILOT  
STUDY  
Stallmann, C. et al [Germany]

EP-UD01-25  
LOAD ADJUSTMENT FOR WEIGHTED  
VEST RESISTED SPRINT TRAINING IN  
SEMIPROFESSIONAL SOCCER PLAYERS  
Carlos-Vivas, J. et al [Spain]

EP-UD01-26  
THE EFFECT OF STATIC PASIVE STRETCH-  
ING ON REDUCTION OF GLENOHUMER-  
AL INTERNAL ROTATION DEFICIT  
Solana-Tramunt, M. et al [Spain]

EP-UD01-27  
COMPARISON OF DIFFERENT TYPES OF  
JUMP ABILITY IN BASKETBALL PLAYERS  
Koyama, T. et al [Japan]

EP-UD01-28  
EFFECTS OF KNEE ANGLE ON PEAK  
FORCE AND FATIGUE DURING MAXIMAL  
ISOMETRIC SQUATS  
Bogdanis, G.C. et al [Greece]

EP-UD01-29  
RELATIONSHIP BETWEEN AEROBIC  
FITNESS AND RSA TEST PARAMETERS IN  
ELITE MALE BASKETBALL PLAYERS  
Stanula, A. et al [Poland]

EP-UD01-30  
RELATIONSHIP BETWEEN AEROBIC  
FITNESS AND RSA TEST PARAMETERS IN  
ELITE FEMALE BASKETBALL PLAYERS  
Mikotajec, K. et al [Poland]

EP-UD01-31  
EFFECT OF THE ORDER OF EXERCISES  
RESISTED IN THE NUMBER OF REPETI-  
TIONS IN ELDERLY WOMEN  
Costa, L. et al [Brazil]

EP-UD01-32  
LACTATE INDICES WITHIN ONE CYCLE  
WEEK OF TRAINING OF HIGH SKILLED  
WEIGHTLIFTERS  
Sivokhin, I. et al [Kazakhstan]

EP-UD01-33  
MAXIMUM ISOMETRIC GRIP STRENGTH  
IN TOP-LEVEL CZECH TENNIS PLAYERS  
Strašilová, K. et al [Czech Republic]

EP-UD01-34  
PERFORMANCE DOES NOT DIFFER  
BETWEEN OFFICIAL AND SIMULATED  
ARCHERY COMPETITIONS  
Monzoni, R. et al [Italy]

## Exhibitors profiles

### 1080 Motion AB [Sweden]

1080 Sprint is portable resistance training and testing device for sprints, skating, swimming and change direction movements. It uses intelligent variable resistance technology to provide a very smooth and controllable resistance. It measures power, force, speed and acceleration with high accuracy.  
<http://www.1080motion.com>

### Activinsights Ltd [United Kingdom]

Since 2008, Activinsights have used lifestyle insight from wearables and connected devices to support healthcare services in over 40 countries around the world. Our technologies and data analysis approaches are supported by over 100 peer-reviewed scientific papers. Activinsights manufacture in England and is a privately held company based in Cambridgeshire.  
<http://www.activinsights.com>

### AMTI [USA]

AMTI's multi-axis force platforms and instrumented treadmills provide accurate, repeatable force data for many different sports science studies. These six-component force measuring systems have high measuring sensitivity, a wide dynamic range, excellent repeatability, and unsurpassed accuracy. Configurations include floor mounted, portable, dual force platform treadmills, instrumented stairs, and more.  
<http://www.amti.biz>

### Artinis Medical Systems B.V. [The Netherlands]

Artinis Medical Systems is a Dutch innovative company producing near infrared spectroscopy equipment (NIRS) to measure both brain and muscle tissue saturation oxygenation levels. We have a range of products, from 48 channel flexible, fast and sensitive laboratory equipment like the OXYMON to small and wireless instruments like the PortaMon and the PortaLite. The latter ones have the size of cell phone and can be used inside and outside. They are not only popular with researchers, they are being used more and more

by (Olympic) athletes to optimize their training protocols!  
<http://www.artinis.com>

### BIOPAC Systems, Inc. [USA]

Physiological data acquisition amplifiers, transducers, software—NEW MP160 System, NEW smart BioNomadix BioShirt, the wireless, wearable BioNomadix Logger, BioNomadix Wireless Transmitter-Receiver Amplifiers. Mobita wireless biopotential system with 32 channels of high fidelity data. fNIR optical brain imaging. Synchronize Eye Tracking and Physiological data with new Mobile and Portable Eye Tracking solutions.  
<http://www.biopac.com>

### BTS Bioengineering [Italy]

BTS Bioengineering develops and produces innovative technologies to improving the quality of everybody life. We praise a thirty years long experience in motion analysis for Physical Medicine, Sports Science, Sports and Human Performance, Biomechanics and Gait/Orthopaedics. Our products provide the starting point for sport improvement, performance enhancement and injury recovery.  
<http://www.btsbioengineering.com/>

### Bundesinstitut für Sportwissenschaft (BISp) [Germany]

BISp is responsible for supporting and optimizing top level sports by:

- initiating, promoting and coordinating research in the field of top level sport
- identifying, evaluating and transferring scientific results into top level sport
- consulting the Federal Ministry of the Interior in the area of sport policy
- providing information on current sport science literature and research projects

<http://www.bisp.de>

### CamNtech Ltd. [United Kingdom]

Actiheart is one of the most widely used research tools for determining energy expenditure in free living. This miniature wearable device uses a branched model to Determine Activity Energy Expenditure in Kcals and METS, helping the data to be more readily interpreted and compared. Visit the CamNtech stand for more information.  
<http://www.camntech.com/>

### CareFusion Germany 234 GmbH [Germany]

With over 60 years' experience CareFusion's Respiratory Diagnostics division is active in over 120 countries and headquartered in Germany and USA. With over 500 employees at Carefusion RDx, we strive to continue the rich tradition of supplying reliable, professional and accessible cardiopulmonary diagnostic devices and services such as the JEGER Oxygen Mobile or the JAEGER Vyntus CPX.  
<http://www.carefusion.co.uk>

### Catapult Sports Pty Ltd [United Kingdom]

Catapult empowers elite coaches globally with scientifically-validated metrics for the advancement of athlete performance. Catapult engineers wearable technology that provides objective information behind athlete risk, readiness and return to play. The company was born out of the Australian Institute of Sport (AIS) and a scientific research organization and provides an all-encompassing solution with research-based insights in to athlete management.  
<http://catapultsports.com/>

### Checkmylevel [Finland]

Checkmylevel provides an exact assessment of your recovery and readiness enabling you to optimize training and recovery. The method is especially useful for sports requiring speed strength skill and coordination

but also works great with endurance sports. With Checkmylevel you have real-time information on the recovery status of your nerves and muscles, helping you to avoid overtraining syndrome and reduce injuries.  
<http://www.checkmylevel.com>

### Contemplas GmbH [Germany]

CONTEMPLAS GmbH, with its headquarter in Kempen/Germany, develops and distributes worldwide software solutions for gait, posture and general motion analysis in the medical and sports market. The CONTEMPLAS motion analysis software TEMPLO offers the possibility to do analysis in different fields of applications, as Clinical Gait Analysis, 2D/3D Posture Analysis, Running Analysis, etc. With the easy data acquisition and integration of other systems in the analysis process, such as EMG and pressure/force measuring systems, TEMPLO becomes an essential tool in the field of sport, medicine and science. User-friendliness and dedicated analysis protocols based on the integration of the latest video technology help you while performing your analyses.  
<http://www.contemplas.com>

### CORTEX Biophysik GmbH [Germany]

As world market leader in mobile Cardiopulmonary Exercise Testing systems CORTEX is pleased to present to you at the ECSS comprehensive information about professional athletes' performance diagnostics. Our diagnostic systems allow our customers to obtain precise measurement results in the areas of: performance diagnostics, training evaluation, prevention, therapy and rehabilitation.  
<http://www.cortex-medical.com>

### COSMED S.r.l. [Italy]

With more than 30 years of experience in the Sport Science & Human Performance field, COSMED designs, manufactures and sells worldwide solutions for Cardiopulmonary, Metabolic and Body Composition assessment.



COSMED boasts a complete range of products for the measurement of Pulmonary Gas Exchange during exercise and at rest, including the brand new K5 (<http://www.cosmed.com/weoriti>), the 4th generation of the World's best selling metabolic system for field and laboratory testing. COSMED advanced diagnostic equipment includes also the Quark CPET, a fully-featured and highly accurate metabolic cart, and the Fit-mate PRO, a desktop device for a new approach to CPET and REE testing. COSMED is also the provider of the BOD POD, the practical Gold Standard solution, based on air displacement plethysmography technology, for the measurement of body composition in adults and children. <http://www.cosmed.com>

## Delsys Inc. [USA]

Delsys, being at the forefront of innovative developments in electromyography (EMG) for more than 20-years, have established the foundation for unmatched signal quality, consistency and reliability. Both the Delsys Trigno wireless technology and ground breaking surface decomposition EMG technology (dEMG) are demonstrations of unrivalled, empirically led solutions in assisting the research community. <http://www.delsys.com>

## ECSS Dublin 2018 [Ireland]

On behalf of University College Dublin and Ulster University, we would like to extend a warm welcome to join us at the 23rd Annual Congress of the ECSS in Dublin, Ireland, from the 4th - 7th July, 2018. The conference will take place right in the heart of the city at the newly built and inspirational Convention Centre overlooking the River Liffey, surrounded by all the amenities this dynamic city has to offer. We are confident that you will find the multidisciplinary academic programme, delivered by some of the leading exponents and thinkers in our field, invigorating and enjoyable, arising as it does from the combined expertise of University College Dublin (Centre for Sports Studies; Institute for Sport and Health) and Ulster University School of Sport. Our congress theme is "Sport Science at the Cutting Edge" and we aim to provide every opportunity for delega-

tes to learn from, and contribute to the latest developments in Sports and Exercise science in a stimulating social and professional setting. See you in Dublin 2018 <http://www.ecss-congress.eu/2018>

## Exelio Srl [Italy]

EXELIO is the Italian company that develops GPEXE®, the tracking system that grants elite sport technical staff to analyze the physical performance of the athletes through high technology wearables. In its products, the company provides with scientific rigor the most innovative metrics implementing metabolic and muscular analysis of the performance. <http://www.gpexe.com>

## Firstbeat Technologies Ltd. [Finland]

Firstbeat is the leading provider of physiological analytics for sports, fitness, performance and wellbeing. Firstbeat facilitates better training optimization, reduces injury risks, and helps fast-track player development. Over 700 elite sports teams in top leagues around the world rely on Firstbeat to take the guesswork out of coaching decisions. <http://firstbeat.com>

## Gait Up SA [Switzerland]

Combining smart sensors and biomechanics, Gait Up provides objective motion analysis solutions for Sports and Health with wearables that rival accuracy of legacy motion labs. Based on inertial sensors called Physilog®, we propose motion analysis software for different applications including Running Analysis, Gait Analysis, Physical Activity monitoring,.... Our technology differs from usual wearables by providing products with research-grade reliability, drift-free accuracy, auto-calibration convenience, and robust customization to specific applications. <http://www.gaitup.com>

## h/p/cosmos sports & medical GmbH [Germany]

Through the long history of more than 25 years in producing running-machines, h/p/cosmos has become THE treadmill specialist for sports, true medical (MDD) and oversize treadmills. h/p/cosmos produces a range of running machine systems from robust, reliable and MDD-certified machines to oversize machines for wheelchair athletes, cyclists and skiers. There are over 100 different models which include unweighting systems, safety systems, software solutions and other patented support solutions. <http://www.h-p-cosmos.com/en>

## Human Kinetics Europe Ltd [United Kingdom]

Human Kinetics is committed to providing quality informational and educational products in physical activity and health fields. Our customers include students who study physical activity and health issues, professionals who apply sport, physical activity and health knowledge in delivering useful services, and the public who engage in fitness and sports activities in many forms. <http://www.humankinetics.com/>

## HUR [Finland]

HUR is a world leading vendor of intelligent exercise equipment and performance testing products. In Essen we are introducing our brand new exercise equipment solutions with automated Power and Intensity measurement. All data is automatically gathered during a regular workout session and stored in our cloud based HUR SmartTouch system for easy but comprehensive analysis and reporting. HUR is also a manufacturer of balance and jump testing platforms with versatile analysis software. Please visit us at the exhibition for a demonstration. <http://www.hur.fi>

## InBody [Germany]

InBody is one of the global leaders in body composition analysis. Thousands of fitness, medical and research professionals, in over 70 countries around the world, are using InBody's analyzers. In less than one minute the InBody precisely estimates the amounts of e.g. muscle mass, fat mass, water and lean mass and fat in each body segment. InBody's results are highly correlated with gold standard methods like DEXA. <http://www.inbody.com>

## Journal of Sport and Health Science (JSHS) [China]

Launched in May 2012, SCI/SSCI IF: 1.685  
Editors-in-chief: Pei-Jie Chen (China); Walter Herzog (Canada)  
Office locate: Shanghai, China  
Publisher: Elsevier  
JSHS on SD: <http://www.sciencedirect.com/science/journal/20952546>  
<http://www.jshs.org.cn>

## Kistler Instrumente AG [Switzerland]

Kistler force plates were first introduced in 1969 and have consistently proved their worth as precise, reliable measuring instruments. The unique piezoelectric measuring system offers numerous advantages and makes Kistler force plates a cost effective investment for biomechanical laboratories. Longevity, high accuracy, linearity and sensitivity provide reliable and reproducible results. <http://www.kistler.com/biomechanics>

## Lode B.V. [The Netherlands]

Lode is renowned as a manufacturer of high quality ergometers. The Lode brand stands for accuracy, durability and ergonomic design.

## Exhibitors profiles

The Lode product range varies from bicycle ergometers and treadmills to recumbent, arm and supine ergometers and ergometry software.  
<http://www.lode.nl>

### MDT Int'l s.a. [Switzerland]

MDT Int'l SA is dedicated fully to the development of medical devices based on Hyaluronic Acid in a number of specialized therapeutic areas such as orthopedics and sports medicine (musculoskeletal). Established in Geneva, Switzerland, since 2007, we continuously cater to the market by providing customers with a portfolio of innovative and quality patented medical devices, and we pride ourselves in being creative and pro-active in new concepts and approaches.  
<http://www.mdt.ch/>

### Medicap Homecare GmbH [Germany]

Medicap was founded in 1981 in Ulrichstein/Germany. Medicap's product portfolio today consists of certified medical devices like oxygen concentrators, oxygen conserving devices, IPPB devices and optical transcutaneous oximetry devices/tcpO2 for the field of vascular medicine, Diabetology, angiology and wound therapy.  
<https://www.medicap.de/english/>

### MICROGATE SRL [Italy]

Microgate works in four fields: Professional Training, Training & Sport, Medical Rehab and Engineering. In Training field the main products are: OptoJump Next (Run and Jump analysis), Gyko (inertial measurement tool for the analysis of the movement of any body segment), Witty Timer and WittySEM (smart indicator for training for reactivity, agility, motor-cognitive abilities)  
<http://www.microgate.it>

### Monark Exercise AB [Sweden]

The new generation of Monark bikes is developed with the cyclist in mind. With a perfect position, modern force and open source connect ability it offers models for any situation within Sports & Medical area.  
<http://www.monarkexercise.se>

### Moticon GmbH [Germany]

Moticon develops, manufactures, and distributes fully integrated sensor insoles and software for analyzing human foot dynamics. The sensor insole have unique characteristics such as its wireless design, the outstanding ease of use and its high data quality.  
<http://www.moticon.de>

### movisens GmbH [Germany]

movisense combines expertise in the mobile sensing of psychological and physiological data to provide research grade tools for ambulatory assessment.  
<http://www.movisens.com/en/>

### myon AG [Switzerland]

myon offers wireless, very small and lightweight sensors that are very easy to use and still perfectly fulfill the high measurement standards required by international scientific societies. These are EMG sensors and inertial measurement units (IMUs, including a 3-axial gyroscope, accelerometer and magnetometer) as well as foot switches. Through use of a constant and low latency transmission, you can measure in real time and synchronise with other systems.  
<http://www.myon.ch>

### PAL Technologies Ltd [Scotland, UK]

PAL Technologies' award winning activPAL™ is the researcher's preferred choice for quantifying free-

living sedentary, upright and ambulatory activities, providing the evidence to link sedentary behaviors to chronic disease risk. PAL's Activator™ provides researchers with real-time feedback on sedentary behavior and physical activity, allowing dynamic behavioral interventions to be delivered.  
<http://www.paltechnologies.com>

### PhysioFlow / Manatec Biomedical [France]

PhysioFlow® is a unique range of non-invasive hemodynamic monitors that perform the most accurate and validated continuous measurements of cardiac output in the world, even at max exercise. Some of our systems are wireless and portable. The combination of advanced miniaturized hardware and software enables new applications in the lab and for the first time in the field, for trainers and exercise physiologists.  
<http://www.physioflow.com>

### PHYSIOMED ELEKTROMEDIZIN AG [Germany]

We offer high-quality products for physical and biomechanical diagnostics and therapy forms based upon state of the art technology. Our mission is to realise innovative solutions with the objective of perfecting therapeutic work and to develop new groundbreaking approaches to therapy and diagnostics.  
<http://www.physiomed.de>

### Podo Medi Netherlands B.V. [The Netherlands]

Podo Medi is specialized in health management via vitamins and interesting products. Effectivity of health in sports is our vision.  
<http://www.podomedi.com/>

### POWERbreathe International Ltd [United Kingdom]

POWERbreathe International Ltd (United Kingdom) POWERbreathe is the World's #1 provider of breathing training devices. For nearly 20-years, POWERbreathe has been the breathing training device of choice for experts in the field of Human Performance and in Health & Medical. POWERbreathe Inspiratory Muscle Training (IMT) devices include the World's 1st Intelligent Digital Breathing Trainers, with an independent, International, 6 Nation, Clinical Medical Research study endorsing these as 'Gold Standard' devices.  
[www.powerbreathe.com](http://www.powerbreathe.com) POWERbreathe Altitude & Environmental Systems (United Kingdom) POWERbreathe Altitude & Environmental Systems (PBAES) provide the most comprehensive range of simulated altitude and environmental condition devices in the market place. The innovative, affordable and extensive range of inflatable modular rooms, includes an exclusive, bespoke design for the h/p/cosmos Saturn, Venus and other models of treadmills. Bespoke systems available on request.  
<http://www.powerbreathe.com>

### RBM elektronik-automation GmbH [Germany]

The Cyclus2 is an innovative state-of-the-art cycling ergometer packed with electronic and IT solutions, comprising of standardized performance tests, isokinetic mode, lateral oscillation, and training- and programming applications. Due to its versatility, functionality and user-friendliness it is used by sports scientists, high performance centres, coaches and top-class cyclists worldwide.  
<http://www.cyclus2.com/en/home.htm>

## Realtrack Systems [Spain]

Wimu Pro is the most advanced professional sports performance tracking system for use indoors and outdoors. Real time performance data is available on pitch-side tablets & raw data available post session/post-match for investigative and historical evaluation. Equipped with multiple sensors and the latest intel processors, Wimu Pro is fast and reliable, easy to install and already used by leading organisations, research facilities, sports science and sports medicine teams around the globe.  
<http://www.realtracksystems.com>

## Renew Health Limited [Ireland]

Renew ECP Therapy uses compression of the calves, thighs & buttocks in time with certain stages of the cardiac cycle. The result is significantly enhanced blood flow throughout the body. Early data from research with elite athletes shows great potential as both an acute recovery, and long-term performance enhancement modality.  
<http://renewhealthlimited.com/>

## Routledge Taylor & Francis Group [United Kingdom]

As a leading publisher in the field of Sports and Leisure, Routledge proudly offers a wealth of highly-cited journal content and primary research. Routledge journals dominate the Hospitality, Leisure, Sport and Tourism category of the Social Sciences Citation Index® as well as hosting a prestigious book publishing program. Discover more on Routledge Journals at <http://explore.tandfonline.com/sport> And Routledge books at <http://www.routledge.com/sport>  
<http://www.tandfonline.com/tejs>

## S. Karger AG [Switzerland]

Karger Publishers is a leading international publisher of books and journals in basic and clinical sciences. During the ECSS we are pleased to present the latest publications in the book series 'Medicine and Sport Science' ([www.karger.com/MSS](http://www.karger.com/MSS)) and a wide range of related publications.  
<http://www.karger.com/>

## Simi Reality Motion Systems GmbH [Germany]

Simi systems are high-speed camera based systems using state of the art industrial image processing technology. Our mission is to develop high end image based movement analysis technology with a clear focus on the user friendliness and new technology algorithms with focus on a state of the art markerless motion tracking.  
<http://www.simi.com>

## SRM - Schoberer Rad Meßtechnik GmbH [Germany]

The SRM High Performance Ergometer with integrated SRM Training System level of sports performance measurement to the laboratory or university setting. Each SRM ErgoMeter is tested, calibrated and certified for protocol measurements with data accuracy with less than 0.5% error.  
<http://www.srm.de>

## TMG-BMC d.o.o. [Slovenia]

TMG provides relevant information about muscle contractile properties in an objective, selective and non-invasive way. It gives insights into: muscle composition, muscle functional characteristics, local muscle fatigue, atrophy, muscle inhibition, spasticity, tonus, and more. High repeatability enables long term monitoring of acute and chronic changes in muscle function.  
<http://www.tmg.si>

## UCAM University [Spain]

UCAM University promotes sports and physical activity science. We provide to our students the opportunity their sports modality at all levels. UCAM provides high reputed masters in the field of sports such as High Performance Sports: Strength and conditioning, MBA Sport Management and Physical conditioning and rehabilitation in soccer.  
<http://www.sportsmanagement.ucam.edu/>

## Velamed GmbH, Qualisys AB, Bertec Corp. [Germany]

Velamed GmbH was founded in 2005 as a medical distribution company in Cologne, Germany. As European distributor for biomechanical measuring systems the key company competence is to equip laboratories with biomechanical measurement solutions combined with qualified product and planning consultancy. Velamed is distributor for Noraxon EMG and sensor systems, Qualisys optical Motion Capture systems and Bertec instrumented treadmills and force plates. For further information please see:  
[www.noraxon.com](http://www.noraxon.com)  
[www.qualisys.com](http://www.qualisys.com)  
[www.bertec.com](http://www.bertec.com)  
<http://www.velamed.com>

## Vicon Motion Systems Ltd. [United Kingdom]

Vicon delivers 3D movement analysis systems in sports training and research department's worldwide. Its flagship camera line, the Vantage, offers the highest resolution, frame rates and accuracy available, allowing detailed motion capture in almost any environment. Vero is Vicon's next generation camera, combining size, power, and price performance into one amazing solution.  
<https://www.vicon.com>

## Wisepress Ltd [United Kingdom]

Wisepress.com, Europe's leading conference book-seller, attend around 200 conferences every year. We have an extensive range of books and journals relevant to the themes of this conference available at our booth. We also have a comprehensive range of STM titles available on our online bookshop. Follow us on Twitter @WisepressBooks.  
<http://www.wisepress.com>

## Woodway GmbH [Germany]

WOODWAY treadmills are specifically requested by professional sports teams, medical & rehabilitation facilities and high-usage fitness facilities worldwide because of their patented design that provides a superior running surface for users, owners and operators. With scientific accuracy, great ride feel and fully adjustable setup, the WATTBIKE is the world's most advanced indoor training bike.  
<http://www.woodway.de>





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it counts



**Kistler delivers unique solutions for dynamic force measurement with maximum precision**

How to understand human movement? How to improve performance?

Coaches, physiotherapists and kinesiologists seek the answers to these questions. We can help to find them.

Kistler force measurement systems capture highly dynamic forces with maximum precision and provide key performance indicators. This is the basis to understanding and improving.

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[www.kistler.com/biomechanics](http://www.kistler.com/biomechanics)

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## Wednesday 5<sup>th</sup> July 2017

Time	Europa/West	Deutschland/South	Panorama/West	Berlin/West	Rheinland/South	New York/West
08:00	Opening of registration					
09:00 - 10:30	Satellite Symposia/Workshops/General Assembly (see page 15)					
10:30 - 12:00	Satellite Symposia/Workshops/General Assembly (see page 15)					
12:00 - 13:30 Orals	<b>OP-PM03</b> ENDURANCE AND PERFORMANCE	<b>OP-PM02</b> ASPETAR FOOTBALL SCIENCE AWARD	<b>OP-PM61</b> CARDIOVASCULAR EFFECTS OF EXERCISE	<b>OP-BN02</b> MUSCLE-TENDON FUNCTION	<b>OP-PM60</b> STROKE AND PARKINSON DISEASES	<b>OP-PM05</b> PARALYMPICS
13:30 - 14:00	Break - Snack at exhibition hall 1A					
14:00 - 15:30 Orals	<b>OP-PM07</b> HYPOXIA AND ALTITUDE	<b>OP-PM01</b> GSSI NUTRITION AWARD	<b>OP-PM53</b> ANKLE AND ACL INJURIES	<b>OP-PM09</b> PERFORMANCE AND RECOVERY	<b>OP-PM39</b> HEALTH AND FITNESS IN CHILDREN AND ADOLESCENTS 1	<b>OP-BN04</b> NEUROPHYSIOLOGY
15:30 - 17:00 Invited & Orals	<b>IS-PM04</b> INDIVIDUALISATION IN RECOVERY SCIENCE	<b>OP-PM06</b> NUTRITION AND SUPPLEMENTS 1	<b>OP-PM04</b> GENOMICS, PROTEOMICS AND MUSCLE MOLECULAR BIOLOGY	<b>OP-PM10</b> HEALTH AND FITNESS IN CHILDREN AND ADOLESCENTS 2	<b>OP-PM11</b> COACHING: PERFORMANCE	<b>OP-BN03</b> BIOMECHANICS: COORDINATION AND RUNNING
17:00 - 17:15	Coffee break					
17:15 - 18:30	Plenary Session I - INDIVIDUALITY - SOCIAL AND PHYSIOLOGIC PERSPECTIVES FOR FITNESS AND HEALTH					
18:30 - 19:00	Industry awards					
19:00 - 20:00	Opening ceremony					
20:00 - 21:00	Opening Reception sponsored by City of Essen					

## Wednesday 5<sup>th</sup> July 2017

Time	Mailand/West	Brüssel/West	L/South	M/South	N/South
<b>12:00 - 13:30</b> Orals	<b>OP-BN09</b> MOVEMENT VARIABILITY	<b>OP-BN01</b> MOTOR CONTROL: SKILL ACQUISITION	<b>OP-PM16</b> TRAINING IN KINDERGARTEN AND SCHOOL	<b>OP-SH01</b> COGNITION AND WELLBEING	<b>OP-SH03</b> SPORT ORGANISATION AND POLITICS
<b>14:00 - 15:30</b> Orals	<b>OP-BN07</b> BIOMECHANICS: SOCCER	<b>OP-PM17</b> COMBAT SPORTS	<b>OP-PM62</b> METHODS IN EXERCISE PHYSIOLOGY 1	<b>OP-SH02</b> HISTORY AND ETHICS	<b>OP-SH04</b> DETERMINANTS OF PA IN ADULTS
<b>15:30 - 17:00</b> Invited & Orals	<b>OP-BN21</b> NEUROMUSCULAR FATIGUE	<b>OP-PM59</b> EFFECTS OF EXERCISE IN OBESITY	<b>IS-SH08</b> SERIOUS GAMES IN SPORT AND HEALTH – CHANCES AND CHALLENGES	<b>OP-SH05</b> PHYSICAL EDUCATION AND LEARNING	<b>OP-SH06</b> SPORT MANAGEMENT AND SOCIETY

# Thursday 6<sup>th</sup> July 2017

Time	Europa/West	Deutschland/South	Panorama/West	Berlin/West	Rheinland/South	New York/West
<b>08:00 - 09:30</b> Invited & Orals	<b>IS-PM03</b> TRAINING CHILDREN'S HEARTS	<b>IS-PM08</b> DIETARY NITRATE AS AN ERGOGENIC AID	<b>OP-PM08</b> ESSA – ECSS EXCHANGE:THERMOREGULATION	<b>IS-BN04</b> RESIDUAL FORCE ENHANCEMENT	<b>OP-PM18</b> COACHING OF ATHLETES	<b>OP-DTB1</b> DTB TENNIS AWARD 1
<b>09:30 - 09:45</b>	Coffee break					
<b>09:45 - 11:15</b> Invited & Orals	<b>IS-EX02</b> JSPFSM-ECSS EXCHANGE SYMPOSIUM	<b>IS-SP01</b> NUTRITION FOR MUSCLE AND TENDON ADAPTATION - SPONSORED BY GSSI	<b>OP-PM12</b> ECCENTRIC EXERCISE	<b>IS-BN06</b> NEW INSIGHTS IN BIOMECHANICS OF MUSCLE CONTRACTION	<b>OP-PM13</b> CARDIOVASCULAR PHYSIOLOGY	<b>OP-DTB2</b> DTB TENNIS AWARD 2
<b>11:15 - 11:30</b>	Break					
<b>11:30 - 12:45</b>	Plenary Session II - DEVELOPMENT OF TALENTED PLAYERS TO WORLD CHAMPIONS IN FOOTBALL					
<b>12:45 - 14:00</b>	Lunch break / <b>Boothtalk at h/p/cosmos booth No 4:</b> the NEW instrumented treadmill for 3D force measurement and other special high-performance treadmills (exhibition hall 1A)					
<b>13:00 - 14:00</b> Print posters I	<b>13:00 CONVENTIONAL PRINT POSTER SESSIONS</b> IN GROUND LEVEL-WEST	<b>CP-SH05</b> SPORT MANAGEMENT	<b>CP-PM05</b> TRAINING AND TESTING IN VARIOUS SPORTS 1	<b>CP-PM12</b> CARDIOVASCULAR PHYSIOLOGY	<b>CP-PM13</b> MUSCLE INJURIES AND DAMAGE	<b>CP-PM14</b> INTERNAL MEDICINE
<b>14:00 - 15:00</b> Mini - Orals A	<b>MO-PM01</b> CLINICAL ASPECTS OF HEALTH AND FITNESS	<b>MO-PM03</b> NUTRITION AND SUPPLEMENTS	<b>MO-PM02</b> TRAINING AND TESTING: ENDURANCE	<b>MO-BN01</b> NEUROPHYSIOLOGY AND MOTOR LEARNING	<b>MO-PM06</b> TESTING, TRAINING AND RECOVERY	<b>MO-PM14</b> COACHING: PRACTICAL QUESTIONS
<b>15:00 - 16:00</b> Mini - Orals B	<b>MO-PM25</b> EXERCISE AND TRAINING IN DISEASE	<b>MO-PM07</b> PERFORMANCE TESTING	<b>MO-PM04</b> INTERVAL TRAINING 1	<b>MO-PM05</b> COACHING AND TRAINING: MIXED SESSION	<b>MO-PM08</b> THERMOREGULATION AND RESPIRATION	<b>MO-PM19</b> AGEING AND NEUROFUNCTION
<b>16:00 - 16:15</b>	Coffee break					
<b>16:15 - 17:45</b> Invited & Orals	<b>IS-PM10</b> STRATEGIES FOR OPTIMIZING ELITE ENDU- RANCE EXERCISE PERFORMANCE	<b>IS-PM05</b> HOT TOPICS IN ALTITUDE MEDICINE AND ALTITUDE TRAINING	<b>OP-PM14</b> BODY COMPOSITION	<b>OP-PM15</b> ENERGY METABOLISM AND HORMONES	<b>OP-PM20</b> INTERVAL TRAINING 2	<b>OP-BN06</b> FATIGUE
<b>17:45 - 18:00</b>	Break					
<b>18:00 - 19:30</b> Invited & Orals	<b>IS-SP02</b> SPORTS ENGINEERING METHODS ... SPONSORED BY ADIDAS	<b>IS-PM01</b> THE ROLE OF THE SYSTEMIC AND LOCAL ENVIRONMENT IN SKELETAL MUSCLE ...	<b>OP-PM21</b> TALENT IDENTIFICATION AND DEVELOP- MENT	<b>IS-BN03</b> MUSCLE-TENDON UNIT PROPERTIES AND RUNNING ECONOMY	<b>SIG-Nutr</b> SPECIAL INTEREST GROUP - SPORTS NUTRITION	<b>OP-PM22</b> STRENGTH TRAINING



## Thursday 6<sup>th</sup> July 2017

Time	Mailand/West	Brüssel/West	L/South	M/South	N/South
<b>08:00 - 09:30</b> Invited & Orals	<b>OP-BN05</b> INJURY PREVENTION	<b>OP-PM63</b> METHODS IN EXERCISE PHYSIOLOGY 2	<b>OP-PM40</b> TRAINING IN LEISURE SPORT	<b>OP-PM65</b> EFFECTS OF TRAINING: MIXED SESSION	<b>OP-SH07</b> EXPERIENCES IN SPORT
<b>09:45 - 11:15</b> Invited & Orals	<b>OP-PM19</b> DEVELOPING YOUNG ATHLETES	<b>OP-PM64</b> TRAINING IN THE ELDERLY	<b>OP-PM41</b> OCCUPATIONAL ASPECTS OF HEALTH AND PHYSICAL ACTIVITY	<b>IS-SH01</b> LEVERAGING SPORT EVENTS FOR SPORT PARTICIPATION AND DEVELOPMENT	<b>OP-SH08</b> PERFORMANCE ANALYSIS
<b>13:00 - 14:00</b> Print posters I	<b>CP-PM15</b> ORTHOPAEDICS AND REHABILITATION: MIXED SESSION	<b>CP-PM16</b> FEMALES, ELITE ATHLETES AND VIBRATION: MIXED SESSION	<b>CP-PM17</b> VENTILATION, HYPOXIA, HEALTH AND FITNESS	<b>CP-PM18</b> BRAIN AND COGNITION	<b>CP-PM19</b> CHILDREN AND ADOLESCENTS
<b>14:00 - 15:00</b> Mini - Orals A	<b>MO-PM15</b> SWIMMING AND CYCLING	<b>MO-PM23</b> FUNCTIONAL MOVEMENT AND INJURY PREVENTION	<b>MO-SH05</b> SOCIAL SCIENCES: MIXED SESSION	<b>MO-SH07</b> MENTAL HEALTH AND PSYCHOLOGICAL WELLBEING	<b>SIG-Elite</b> SPECIAL INTEREST GROUP - ELITE SPORT PERFORMANCE I
<b>15:00 - 16:00</b> Mini - Orals B	<b>MO-PM28</b> REHABILITATION OF BACK AND SHOULDER	<b>MO-PM12</b> COACHING: TENNIS AND GOLF	<b>MO-SH06</b> PHYSICAL EDUCATION AND PEDAGOGICS	<b>MO-PM31</b> ELBOW AND KNEE	<b>SIG-Elite</b> SPECIAL INTEREST GROUP - ELITE SPORT PERFORMANCE II
<b>16:15 - 17:45</b> Invited & Orals	<b>OP-BN10</b> BIOMECHANICS: GAIT	<b>IS-BN09</b> MODALITIES OF INTERPERSONAL COORDINATION	<b>IS-SH02</b> STRESS REGULATION AND PHYSICAL ACTIVITY	<b>OP-SH09</b> SPORT EVENTS AND SOCIETY	
<b>18:00 - 19:30</b> Invited & Orals	<b>OP-BN08</b> SPORT TECHNOLOGY	<b>OP-PM23</b> ACUTE EFFECTS OF HIT	<b>IS-SH03</b> GETTING THE MOVES: BODILY LEARNING IN THREE MOVEMENT CULTURES	<b>OP-SH10</b> CURRICULUM DEVELOPMENT	

# Friday 7<sup>th</sup> July 2017

Time	Europa/West	Deutschland/South	Panorama/West	Berlin/West	Rheinland/South	New York/West
<b>08:00 - 09:30</b> Invited & Orals	<b>IS-PM02</b> EXERCISE AND THE BRAIN	<b>OP-PM44</b> EFFECTS OF CAFFEINE, TYROSINE AND CREATINE ON PERFORMANCE	<b>IS-EX01</b> CSSS-ECSS EXCHANGE SYMPOSIUM: EXERCISE PERFORMANCE...	<b>IS-BN07</b> BIG DATA IN SPORTS	<b>OP-BN11</b> ADAPTATIONS OF THE MUSCLE-TENDON SYSTEM	<b>OP-PM24</b> TESTING IN GAME SPORTS
<b>09:30 - 09:45</b>	Coffee break					
<b>09:45 - 11:15</b> Invited & Orals	<b>IS-SP03</b> ACHIEVING TOP PERFORMANCE... SPONSORED BY ASPETAR	<b>OP-PM52</b> NUTRITION AND SUPPLEMENTS 2	<b>IS-PM11</b> RESISTANCE TRAINING IN YOUTH ATHLETES	<b>IS-BN02</b> BRAIN AND NEUROMUSCULAR FUNCTION IN OLD AGE	<b>OP-PM27</b> INTERVENTIONS TO OPTIMIZE RECOVERY	<b>OP-PM26</b> SPORTS TECHNOLOGY: GAME SPORTS
<b>11:15 - 11:30</b>	Break					
<b>11:30 - 12:45</b>	Plenary Session III - INCLUSION IN SPORT					
<b>12:45 - 14:00</b>	Lunch break (exhibition hall 1A)					
<b>13:00 - 14:00</b> Print posters II	<b>13:00 CONVENTIONAL PRINT POSTER SESSIONS</b> IN GROUND LEVEL-WEST	<b>CP-SH03</b> SPORT PSYCHOLOGY 1	<b>CP-SH04</b> SPORT PSYCHOLOGY 2	<b>CP-BN04</b> COORDINATION AND MOTOR CONTROL	<b>CP-BN03</b> NEUROMUSCULAR FUNCTION 1	<b>CP-PM04</b> TRAINING AND PERFORMANCE IN TEAM SPORTS
<b>14:00 - 15:00</b> Mini - Orals - A	<b>MO-PM09</b> TRAINING AND TESTING: FOOTBALL	<b>MO-PM20</b> NUTRITION: MIXED SESSION	<b>MO-PM11</b> TRAINING AND TESTING IN VARIOUS SPORTS 2	<b>MO-PM21</b> INJURIES: RISK FACTORS, INCIDENCE AND PREVENTION	<b>MO-PM24</b> MOLECULAR BIOLOGY AND BIOCHEMISTRY	<b>MO-BN02</b> BIOMECHANICS: RUNNING, CUTTING AND JUMPING
<b>15:00 - 16:00</b> Mini - Orals - B	<b>MO-PM16</b> TRAINING AND TESTING IN VARIOUS SPORTS 3	<b>MO-PM29</b> HYPOXIA AND BLOOD FLOW RESTRICTION 1	<b>MO-PM18</b> AGEING: BALANCE AND STABILITY	<b>MO-PM22</b> INJURIES IN THE LOWER LIMB	<b>MO-PM10</b> TRAINING AND TESTING: BASKETBALL AND RUGBY	<b>MO-PM13</b> COACHING: TEAM SPORTS
<b>16:00 - 16:15</b>	Coffee break					
<b>16:15 - 17:45</b> Invited & Orals	<b>IS-PM06</b> FASCIA - AN EXTENSIVELY OVERLOOKED TISSUE	<b>IS-EX03</b> ACSM-ECSS EXCHANGE SYMPOSIUM	<b>OP-PM49</b> MOLECULAR BIOLOGY 1	<b>IS-BN05</b> VARIABILITY AND COORDINATION IN HUMAN MOVEMENT	<b>OP-PM28</b> PHYSIOLOGY AND TRAINING IN CYCLING	<b>OP-BN13</b> EXERCISE AND THE BRAIN
<b>17:45 - 18:00</b>	Break					
<b>18:00 - 19:30</b> Invited & Orals	<b>IS-PM07</b> THE INDIVIDUAL HUMAN PHENOTYPE	<b>IS-PM13</b> MACRO AND MICRO VASCULAR DYSFUNCTION	<b>OP-PM51</b> NUTRITIONAL STATUS AND ANALYSIS	<b>IS-BN01</b> SPECIFICITY OF BALANCE AND BALANCE TRAINING	<b>OP-PM31</b> PACING IN CYCLING AND WINTER SPORTS	<b>OP-PM30</b> ATHLETIC TRAINING IN GAME SPORTS

# Friday 7<sup>th</sup> July 2017

Time	Mailand/West	Brüssel/West	L/South	M/South	N/South
<b>08:00 - 09:30</b> Invited & Orals	<b>OP-PM25</b> PERFORMANCE IN JUMPING AND SPRINTING	<b>OP-SH11</b> DEVELOPMENT OF YOUTH FOOTBALL PLAYERS	<b>IS-SH07</b> VOLITION IN SPORT AND PHYSICAL ACTIVITY	<b>OP-PM38</b> HEALTH AND PHYSICAL ACTIVITY IN DIFFERENT CONDITIONS	
<b>09:45 - 11:15</b> Invited & Orals	<b>OP-BN12</b> BALANCE AND POSTURE	<b>OP-PM58</b> TRAINING AND EXERCISE IN CLINICAL POPULATIONS 1	<b>IS-SH05</b> DOPING PREVENTION – THE ROLE OF COACHES	<b>OP-SH12</b> FACTORS INFLUENCING PHYSICAL ACTIVITY	<b>OP-PM74</b> PHYSIOLOGY IN LONG DISTANCE SPORTS
<b>13:00 - 14:00</b> Print posters II	<b>CP-BN05</b> KINEMATIC ANALYSES IN BIOMECHANICS	<b>CP-PM06</b> LIFESTYLE, PHYSICAL ACTIVITY AND HEALTH	<b>CP-PM07</b> AGEING	<b>CP-BN06</b> BALANCE AND PROPRIOCEPTION	<b>CP-PM10</b> STRENGTH TRAINING
<b>14:00 - 15:00</b> Mini - Orals A	<b>MO-PM27</b> MUSCLE FUNCTION	<b>MO-PM26</b> TRAINING AND PERFORMANCE IN THE ELDERLY	<b>MO-SH01</b> HEALTH AND FITNESS IN CHILDREN	<b>MO-SH02</b> SPORTS IN SOCIETY: MIXED SESSION	
<b>15:00 - 16:00</b> Mini - Orals B	<b>MO-PM17</b> OBESITY AND BONE: MIXED SESSION	<b>MO-PM30</b> ASSESSMENT AND PROMOTION OF PA	<b>MO-SH03</b> SPORT PSYCHOLOGY AND COGNITION	<b>MO-SH04</b> LEISURE ACTIVITY AND HEALTH	<b>MO-BN3</b> TECHNOLOGY AND METHODS
<b>16:15 - 17:45</b> Invited & Orals	<b>OP-PM29</b> MONITORING TEAM SPORT ATHLETES	<b>OP-PM57</b> TRAINING AND EXERCISE IN CLINICAL POPULATIONS 2	<b>IS-SH06</b> HOW TO INTEGRATE PEDAGOGY OF HEALTH AND PHYSICAL EDUCATION...	<b>OP-SH13</b> ATHLETIC CAREER	<b>OP-PM70</b> RESPIRATION AND OXYGEN UPTAKE
<b>18:00 - 19:30</b> Invited & Orals	<b>OP-BN14</b> PERFORMANCE ANALYSIS IN TEAM SPORTS	<b>OP-BN20</b> CORTICAL AND CORTICOSPINAL EXCITABILITY	<b>IS-SH04</b> PREVENTION OF SEXUAL HARASSMENT AND ABUSE IN SPORTS	<b>OP-SH14</b> SOCIAL FACTORS AND SPORT	<b>OP-PM69</b> METHODS IN EXERCISE PHYSIOLOGY 3

# Saturday 8<sup>th</sup> July 2017

Time	Europa/West	Deutschland/South	Panorama/West	Berlin/West	Rheinland/South	New York/West
<b>08:00 - 09:30</b> Invited & Orals	<b>IS-PM12</b> MUSCLE CARNITINE: THE KEY PLAYER IN MUSCLE FUEL SELECTION?	<b>IS-PM14</b> EXERCISE TESTING AND TRAINING IN CLINICAL POPULATIONS	<b>OP-PM37</b> TRAINING AND EXERCISE IN CLINICAL POPULATIONS 3	<b>IS-BN08</b> MUSCLE EMG ACTIVITIES IN SPORT SCIENCES	<b>OP-PM32</b> ENDURANCE PERFORMANCE TESTING	<b>IS-SH09</b> THE PSYCHOLOGY OF JUDGMENTS AND DECISION
<b>09:30 - 09:45</b>	Coffee break					
<b>09:45 - 11:15</b> Invited & Orals	<b>OP-PM54</b> PHYSIOLOGY OF HIGH-INTENSITY EXERCISE AND TRAINING	<b>OP-PM50</b> PROTEINS AND CARBOHYDRATES	<b>OP-PM36</b> PHYSICAL ACTIVITY AND HEALTH PROMOTION	<b>OP-PM46</b> MOLECULAR BIOLOGY 2	<b>OP-PM48</b> BACK PAIN IN SPORTS	<b>OP-PM55</b> BOXING AND THE EYE: MIXED SESSION
<b>11:15 - 11:30</b>	Break					
<b>11:30 - 12:45</b>	Plenary Session IV - BACK PAIN - PREVENTION AND THERAPY IN THE MODERN SOCIETY					
<b>12:45 - 14:00</b>	Lunch break (Foyer West)					
<b>13:00 - 14:00</b> Print posters III	<b>13:00 CONVENTIONAL PRINT POSTER SESSIONS</b> IN GROUND LEVEL-WEST	<b>CP-SH01</b> PHYSICAL EDUCATION	<b>CP-SH02</b> HEALTH AND FITNESS IN CHILDREN AND ADOLESCENTS	<b>CP-PM01</b> GAME ANALYSIS	<b>CP-BN01</b> MUSCLE-TENDON FUNCTION AND RUNNING	<b>CP-BN02</b> SPORTS TECHNOLOGY
<b>14:00 - 15:30</b> Orals	<b>OP-PM43</b> HYPOXIA AND BLOOD FLOW RESTRICTION 2	<b>OP-PM45</b> FLUID AND BICARBONATE INTAKE	<b>OP-PM35</b> HEALTHY AGEING	<b>OP-PM47</b> MOLECULAR BIOLOGY 3	<b>OP-PM42</b> EXERCISE AND CANCER	<b>OP-PM34</b> ACUTE RESPONSES TO EXERCISE
<b>15:30 - 16:45</b>	YIA presentations					
<b>16:45 - 17:15</b>	Presidential Lecture					
<b>17:15 - 17:30</b>	Break					
<b>17:30 - 18:00</b>	YIA Awards					
<b>18:00 - 19:00</b>	Closing ceremony					
<b>20:00 - 03:00</b>	Congress Party at Schöner Alfred (Delta Essen)					



# Saturday 8<sup>th</sup> July 2017

Time	Mailand/West	Brüssel/West	L/South	M/South	N/South
<b>08:00 - 09:30</b> Invited & Orals	<b>OP-BN15</b> MODELING SPORTS PERFORMANCE	<b>OP-PM56</b> SLEEP: THE GOOD AND THE BAD	<b>OP-PM33</b> FATIGUE AND PERFORMANCE	<b>OP-PM68</b> CEREBRAL BLOOD FLOW AND OXYGENATION	<b>OP-PM71</b> WINTERSPORTS, ATHLETICS, AND ROWING
<b>09:45 - 11:15</b> Invited & Orals	<b>OP-BN16</b> BIOMECHANICS OF JUMPING	<b>OP-BN17</b> METHODS IN MUSCLE AND TENDON BIOMECHANICS	<b>OP-SH15</b> MENTAL FATIGUE AND RECOVERY		<b>OP-PM72</b> TOOLS AND TESTING IN SPORTS
<b>13:00 - 14:00</b> Print posters III	<b>CP-PM02</b> STRENGTH AND POWER	<b>CP-PM03</b> ENDURANCE TRAINING AND TESTING	<b>CP-PM08</b> ENERGY METABOLISM	<b>CP-PM09</b> BIOCHEMISTRY AND NUTRITION	<b>CP-PM11</b> MUSCLE PHYSIOLOGY AND REPAIR
<b>14:00 - 15:30</b> Invited & Orals	<b>OP-BN18</b> NEUROMUSCULAR ASPECTS OF STRENGTH	<b>OP-BN19</b> MUSCLE DAMAGE AND FOAM ROLLING	<b>OP-PM66</b> VASCULAR PHYSIOLOGY AND HEALTH	<b>OP-PM67</b> INJURY PREVALENCE AND PREVENTION IN TEAM SPORTS	<b>OP-PM73</b> METABOLISM IN DIFFERENT SPORTS

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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